**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

The content is provided daily by Cision and Google Alerts. The views expressed are those of the individual journalists/outlets: they are intended to represent the breadth of media coverage, not endorsement by BMJ or the media relations team.

**Coverage for 2 - 8 May 2022**

**PRESS RELEASES**

- [The BMJ](https://www.bmj.com/)
  - Trauma Surgery & Acute Care Open | BMJ Open

**EXTERNAL PRESS RELEASES**

- [BMJ Open](https://www.bmj.com/)
  - BMJ Open Gastroenterology
- [BMJ Sexual & Reproductive Health](https://www.bmj.com/)
  - BMJ Supportive & Palliative Care
- [Journal of Epidemiology & Community Health](https://www.bmj.com/)

**OTHER COVERAGE**

- [The BMJ](https://www.bmj.com/)
  - Annals of the Rheumatic Diseases
- [Archives of Disease Childhood](https://www.bmj.com/)
  - BMJ Case Reports | BMJ Global Health
- [BMJ Nutrition Prevention & Health](https://www.bmj.com/)
  - BMJ Open | BMJ Open Diabetes Research & Care
- [BMJ Open Respiratory Research](https://www.bmj.com/)
  - BMJ Quality & Safety
- [British Journal of Ophthalmology](https://www.bmj.com/)
  - British Journal of Sports Medicine
- [Evidence-Based Mental Health](https://www.bmj.com/)
  - General Psychiatry
- [Gut](https://www.bmj.com/)
  - Heart | Journal of Epidemiology & Community Health
- [Journal of Investigative Medicine](https://www.bmj.com/)
  - Journal of Medical Ethics
- [Journal of NeuroInterventional Surgery](https://www.bmj.com/)
  - Journal of Neurology, Neurosurgery & Psychiatry
- [Occupational & Environmental Medicine](https://www.bmj.com/)
  - Open Heart | RMD Open
- [Thorax](https://www.bmj.com/)
  - Tobacco Control

**The BMJ press release coverage**

Research: [Rapid Recommendations: PCSK9 inhibitors and ezetimibe for the reduction of cardiovascular events: a clinical practice guideline with risk-stratified recommendations](https://www.bmj.com/content/300/6750/1769) (PR)
Mix new drugs with statins to protect heart **The Times** 05/05/22

Experts recommend additional cholesterol-lowering medications for adults at high risk of heart disease **Houston Mirror** 06/05/22

Experts recommend additional cholesterol-lowering medications for adults at high risk of heart disease **The Print (IN)** 06/05/22

Also in:


**Other** Wealth Creation Living, Latestly, UK Today News, Fact News, Mantras, Latestly, Knowledia News

Research: **Variation in revascularisation use and outcomes of patients in hospital with acute myocardial infarction across six high income countries: cross sectional cohort study** (PR)

Study finds large differences in heart attack care across six high income countries **Newsbreak** 05/05/22

Heart attack mortality rate higher in the US compared to other high-income countries **Honest Columnist** 06/05/22

Also in:

Healthy lifestyle may increase life expectancy, research suggests The Washington Post 03/05/22 (Previous PR)
Also in: Diabetes Self Management, The Philippine Star, ALZinfo, IOL (South Africa), The Star Green
Doctors have been told not to use belittling words [...] (Previous PR) (Print) The Daily Mail 02/04/22
Also in: Vietnam Explorer, Vigour Times, The Advisory Board Company
The #1 Best Bread to Eat if You Have Diabetes, Says Dietitian (Previous PR) Pehal News 02/04/22
Also in: Yahoo Lifestyle, MSN, Eat This Not That! The Chestnut Post
Communities with high vaccine rates have low number of Covid-19 deaths, study finds (Previous PR) News 24 02/05/22
Also in: Infectious Disease Advisor, Technology Networks, Medical Brief (South Africa)
Is Breakfast Really The Most Important Meal Of The Day? (Previous PR) South Florida Reporter 02/05/22
F.D.A. Rushed a Drug for Preterm Births. Did It Put Speed Over Science? (Previous PR) News Sniffer 02/05/22
Flu vaccination during pregnancy saves lives, says Wilcox (Environmental Factor, August 2019) (Previous PR) eGreenNews
Keto diet vs low carb: what’s the difference? (Previous PR) Healthy Duke 02/05/22
Also in: WDC TV News, Live Science, Quick Telecast, Verve Times
World facing measles ‘epidemic’ with more than one in 10 children in UK unvaccinated (Previous PR) 03/05/22
Awareness aids healthy choices, even with fast food (Previous PR) Weekly Citizen 04/05/22
How does air pollution affect health? (Previous PR) Medical News Bulletin 04/05/22
Arguments for and against calorie-count menus (Previous PR) The Week 04/05/22
Antiseptic pill that can stop urine infections returning (Previous PR) The Irish News 06/05/22

Thunderstorm Asthma: How Weather Can Affect Allergens Health Central 02/05/22
Light meal biz does heavy lifting of health China Daily 02/05/22
When Medical Advice is Hard to Swallow (Print, regarding Dr Oz) Arab News (Saudi Arabia) 02/05/22
How Much Coffee Is Healthy To Drink On A Daily Basis? Huffington Post 02/05/22
Hospital design is key to health and wellbeing - Christoph Ackermann The Scotsman + 03/05/22
Banning white coats was a mistake that has put lives at risk The Mail + 03/05/22
After the Supreme Court Breaks Roe, Who Picks Up the Pieces? The Washington Post 06/05/22
Also in: Bloombery Quint, World News Era
WHO Pandemic Treaty And The Banality Of Evil Swift Telecast 06/05/22
Bloating got you down? Here’s the big mistake to avoid when tackling inflammation Stylist 06/05/22
Revamped, digitized library inaugurated at SGPGI Hindustan Times 06/05/22
Rescuing women’s rights from the trap of identity politics Spiked 06/05/22

JOURNALS
BMJ Open

Research: **Epidemiological trends in opioid-only and opioid/polysubstance-related death rates among American Indian/Alaska Native populations from 1999 to 2019: a retrospective longitudinal ecological study** (PR US Focus)

*Indigenous Americans see fivefold increase in fatal opioid overdoses over two decades, study says* The Hill 03/05/22

*Opioid overdose loss of life toll has risen greater than 5-fold amongst Indigenous Americans over previous decade* The Healthnews Express 02/05/22

*American Indians, Alaska Natives see 5-fold rise in overdose deaths, study finds* UPI 02/05/22


Protocol: **Peer-led family-centered Problem Management Plus for Immigrants (PMP-I)** for mental health promotion among immigrants in the United States: protocol for a pilot, randomized controlled feasibility trial (External PR)

*Peer-led family-centred problem management plus for immigrants (PMP-I) for mental health promotion among immigrants in USA: protocol for a pilot, randomised controlled feasibility trial* 05/05/22 Healthcare Newsdesk

Review finds ‘promising evidence’ for osteopathic manipulation MD Alert 02/05/22 (Previous PR)

Also in: Safety+Health, Your Life Choices

*A new study linked a spike in summer night temperatures to a higher chance of males dying from heart disease; learn more* (Previous PR) The Times Bureau 04/05/22

Also in: ET Healthworld, The Times Bureau

**Benefit of risk-guided strategy to prevent secondary heart events** Mirage News 06/05/22

Also in: The National Tribune (AU)

**Schools call in parents over unhealthy packed lunches** The Times + Scottish + Irish editions 07/05/22 (Previous PR)


**Trauma Surgery & Acute Care Open**
Research: A decade of hospital costs for firearm injuries in the United States by region, 2005–2015: government healthcare costs and firearm policies (PR US Focus)

US regions with lax gun control laws bear brunt of firearm injury costs Science Newsnets 04/05/22
Costs From Gun Injuries Highest in U.S. Regions With Weak Gun Laws US News & World Report 03/05/22
U.S. regions with weak gun laws have highest costs from gun injuries UPI 03/05/22


Annals of the Rheumatic Diseases
STAR aims to be ‘gold standard’ for outcome measures in Sjögren’s syndrome Healio 03/05/22

Cannabis for Arthritis: Why Don’t We Know More by Now? Everyday Health 05/05/22

Archives of Disease in Childhood
Extremely preterm infant lung function lower vs term-born children in adulthood Healio 03/05/22
‘Holistic’ approach best for long COVID, say researchers Practice Business 05/05/22 (Previous PR)

BMJ Nutrition Prevention & Health
Plant-based diets reduce the risk of severe COVID-19 Earth.com 03/05/22 (Previous PR)

BMJ Open Diabetes Research & Care
Impact of Stress on Diabetes: Cause, Effects and Ways to Cope Modern Ghana 05/05/22
Also in: News Patrolling, Business News Week, Media Bulletins, International News & Views Corp

BMJ Open Gastroenterology
Research: Lost microbes of COVID-19: Bifidobacterium, Faecalibacterium depletion and decreased microbiome diversity associated with SARS-CoV-2 infection severity (External PR)

COVID-19 Severity Tied to Gut Health, New Study Finds RFD TV 07/05/22
BMJ Sexual & Reproductive Health
Drug Combo Shows Promise as On-Demand Contraceptive (Previous PR) Medscape 02/05/22
Also in: Medical News Today, South Florida Reporter

Research: Physician perspectives of abortion advocacy: findings from a mixed-methods study (External PR)
Study gauges physician perspectives on abortion advocacy Medical Xpress 05/05/22

BMJ Supportive & Palliative Care
Research: Hypnosis and music interventions for anxiety, pain, sleep and well-being in palliative care: systematic review and meta-analysis (External PR)
Palliative care: hypnosis and music for pain Turned News 04/05/22

British Journal of Ophthalmology
Pregabalin during LASEK surgery reduces pain and affects corneal nerve sensitivity Medical Dialogues India 03/05/22

Fresh six-year MiYOSMART data unveiled at ARVO Insight News (AU) 05/05/22

HOYA Vision Care Releases Results of First of its Kind Six-Year MiYOSMART Spectacle Lens Follow-up Clinical Study Voice of ASEAN 06/05/22

British Journal of Sports Medicine
BJSM issues statement on plagiarism by its former editor-in-chief Medical Brief (South Africa) 04/05/22

1 hour a week of strength training ‘lowers risk of death by up to 20%’, Lifestyle News – Latest News (Previous PR) Latest Breaking News 03/05/22
Also in: Prestige Magazine, Physician’s Weekly, Wellness Letter

Walking faster may slow down ageing The Daily Telegraph 02/05/22
Also in: Vietnam Explorer

High physical activity may have a role in increasing coronary artery calcification Physician’s Weekly 03/05/22
Also in: Medical Dialogues

Ease Stress from Diabetes American Diabetes Association 03/05/22

Rock climbing brings unexpected benefits CNN 06/05/22
Can walking really make you fitter? Experts explain why walking is such good cardio exercise. Stylist Magazine 06/05/22

The science says let transgender women play women's sport. Cosmos Magazine 06/05/22 (Previous PR)

What Your Running Shoe Wear Patterns Mean. Business Today Malaysia 06/05/22

Drug and Therapeutics Bulletin
No Improvement Found in Quality of Life Over Time with Antidepressants, Say Researchers. Breast Cancer News 05/05/22 (Previous PR)

Evidence-Based Mental Health
This Vitamin Deficiency Is Linked To Dementia. PsyBlog 02/05/22 (Previous PR)

General Psychiatry
It's Not Too Late. You Can Boost Your Brainpower at Any Age. Consumer Reports 05/05/22 (Previous PR)

Gut
TikTok Promises Gut Health Solutions So We Asked Gastroenterologists Which Ones Really Work. Buzzfeed 02/05/22

Wellness Wednesday: Count your daily plant consumption instead of your calories. The Observer (Canada) 03/05/22 (Previous PR)

Heart
'Double-edged sword': The supplement linked to 'perilous' side effects like a heart attack. Daily Express 06/05/22 (Previous PR)

Journal of Epidemiology & Community Health
Research: Treatment gaps, 1-year readmission and mortality following myocardial infarction by diabetes status, sex and socioeconomic disadvantage. (External PR; Flagged)

Socioeconomic status impacts your risk of hospital readmission and death following heart attack. Mirage News 04/05/22

Journal of Investigative Medicine
7 Foods To Eat And 7 To Avoid When You Have A Sore Throat. Health Digest 02/05/22

Vitamin D: The Pac-Man of Viruses, Bacterial Infections, & Cancer Cells. The Jewish Voice 04/05/22
Journal of Medical Ethics
British scientist says US anti-abortion lawyers misused his work to attack Roe v Wade
The Guardian 08/05/2022

Journal of NeuroInterventional Surgery
Elon Musk’s Neuralink rival Synchron begins human trials of its BRAIN IMPLANT that lets the wearer control a computer using thought alone
Daily Mail 05/05/22
Also in: The Sun, The News Amed, WhatsNew2Day, Newsfeeds, DUK News, UK Today

Journal of Neurology, Neurosurgery & Psychiatry
Epilepsy: Causes, symptoms & treatments
Live Science 02/05/22
Also in: WDC TV News, WISC TV, True Viral News, Swift Telecast

Occupational & Environmental Medicine
Disinfectant use during pregnancy linked to childhood asthma and eczema
Cape Business News (South Africa) 03/05/22 (Previous PR)
Also in: The Shillong Times

Open Heart
The ultimate checklist to naturally reverse your biological age while extending your life span
Inquirer.net 05/05/22

RMD Open
Nurse-led education prevents adverse effects in rheumatoid arthritis, SpA treatment
Healio 02/05/22

Thorax
Could Asthma Treatment Raise Your Odds for Obesity?
Medicine.net 02/05/22

Ten remarkable benefits losing half a stone does for your health
(Previous PR) Wales Online 05/05/22
Also in: The World News, Daily Record, The World News

Shiftwork linked to much higher risk of COVID infection
Daily Advent 06/05/22 (Previous PR)
Also in: Newsbreak

Tobacco Control
Opinion: No more studies: Menthol cigarettes must be banned now
The Washington Post 06/05/22