**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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**Coverage for December 20 to January 2**

**BMJ**

**PRESS RELEASES**

The BMJ | BMJ Global Health | BMJ Nutrition, Prevention & Health
BMJ Open | Drug and Therapeutics Bulletin

**EXTERNAL PRESS RELEASES**

Annals of the Rheumatic Diseases | BMJ Global Health
BMJ Open | Journal for ImmunoTherapy of Cancer
Journal of Neurology, Neurosurgery & Psychiatry
Sexually Transmitted Infections

**OTHER COVERAGE**

The BMJ | Annals of the Rheumatic Diseases
Archives of Disease in Childhood | BMJ Case Reports | BMJ Global Health
BMJ Innovations | BMJ Nutrition, Prevention & Health | BMJ Open
BMJ Open Diabetes Research & Care | BMJ Open Respiratory Research
BMJ Paediatrics Open | British Journal of Sports Medicine
Drug and Therapeutics Bulletin | Emergency Medicine Journal | Gut
Journal for ImmunoTherapy of Cancer | Journal of Epidemiology & Community Health
Journal of NeuroInterventional Surgery
Journal of Neurology, Neurosurgery & Psychiatry | Lupus Science & Medicine
Open Heart | Regional Anesthesia & Pain Medicine
Sexually Transmitted Infections | Thorax

**BMJ**

BMJ corporate announcement: Professor Wasim Hanif and Dr Hemal Desai join BMJ Board as non-executive directors (PR)

BMJ appoints two new non-executive directors InPublishing 22/12/2021
Also in: KnowledgeSpeak

The BMJ press release coverage
Further coverage for risk of heart inflammation after covid vaccination (PR)
More Myocarditis After Moderna COVID Vax, But Rates Low Overall Medscape 20/12/2021

Further coverage for two doses of Moderna effective against all covid variants (PR)
Mixing booster jabs: What’s the best combination of Covid vaccine for your third jab? True Hollywood Talk 20/12/2021

Further coverage for BMJ open letter to Facebook on incompetent “fact check” claim (PR)
World’s Most Prestigious Medical Journal Roasts Facebook Over “Inaccurate, Incompetent & Irresponsible” Fact Check invesBrain 21/12/2021

Further coverage for hip hop song linked to reduction in suicides in the US (PR)
Could a Song Prevent Suicide? Real Health 20/12/2021
Also in: OverSixty, myScience (UK), Rajasthankik Habar, Ten Pieces of Eight, WPTZ-TV plus other local media, TuSalud mag, Bullfrag, World News Era, Verywell Health, Savoir Flair, KUAF plus extensive local radio coverage

Further coverage for cleverness of rocket scientists and brian surgeons (PR)
It's Really Not Rocket Science Carrier Management 20/12/2021
Also in: European Commission, theCHIVE, Midweek Sport, Sudbury Star, Wallaceburg Courier Press, Kingston This Week, Paris Star, Simcoe Reformer, Standard-Freeholder, Times Now News, MSN South Africa, MSN UK, 24HTECH, SPACE.com, Head Topics, UK Today News, Medical Xpress, Bullfrag, News Fox 24

Further coverage for nursery rhymes and safe play (PR)
Research Examines History of Head Injuries in Classic Nursery Rhymes Mirage News Australia 21/12/2021
Also in: The Spokesman-Review, The Star (Malaysia)

Further coverage for superhero behaviour clue to health in later life (PR)
Could we build a synthetic digestive system for Vision to make him more human? Techtosee 31/12/2021
Also in: Asia Post

Other notable coverage
Addressing persistent long COVID-19 symptoms Ophthalmology Times 21/12/2021
Expert reveals key symptom difference between Omicron and a cold Daily Star 20/12/2021
Do Your Fingers Reveal If You’re Lucky? Why a Scientist Thinks His Own Study Is BS RealClearScience 22/12/2021
Also in: WND

It’s beginning to read a lot like Christmas… The Medical Independent 22/12/2021
COVID-19 Vaccine Post-Authorization Reviews Begin Precision Vaccinations 26/12/2021
Everything you need to know about Omicron symptoms The World News 28/12/2021
Also in: Western Mail, Futures TradingCharts, Pound Sterling Live

GB News (skip to 20:39 mins) 27/12/2021, Sussex Live, Kent Live
NHS doctor slams ‘incomprehensible’ decision-making to not get Covid vaccine Edinburgh Live 30/12/2021
Also in: Daily Record, Daily Advent, Hull Daily Mail, Western Mail

JOURNALS

BMJ Global Health

Commentary: ‘Warning: ultra-processed’ — A call for warnings on foods that aren’t really foods (PR)

Junk food ‘should get cigarette-style health warnings’: Ultra-processed meals laden with sugar, fat and salt need to carry alerts, researchers say Daily Mail 22/12/2021
Junk food ‘should get cigarette-style health warnings’, researchers say NewsTV Pakistan 22/12/21
These foods need scary ‘tobacco-style’ health warnings, experts say New York Post 22/12/21


International

Other
Research: **Preceding group A streptococcus skin and throat infections are individually associated with acute rheumatic fever: evidence from New Zealand** (External PR)

**Study finds rheumatic fever link** Otago Daily Times 21/12/2021

Serosurvey in sierra leone points to underreporting of cases, risk of new variants  Global Health Newswire 22/12/21
Also in: California News Times, Clinical Lab Manager

Red and processed meat trade linked to diet-related NCDs in Europe  Food Navigator 23/12/21 (Previous PR)

The challenges of defining global health research  ReliefWeb 31/12/2021

BMJ Nutrition, Prevention & Health

Research: **Comparing McDonald’s food marketing practices on official Instagram accounts across 15 countries** (PR)

McDonald’s social media strategy targets children in developing countries  TRT World 22/12/21
McDonald's targets kids in lower-income countries with social media posts, study finds  UPI 22/12/21
McDonald’s targets kids in lower-income countries with social media posts, study finds  Breitbart News 22/12/21


Other

BMJ Open

Research: **Consultation patterns and frequent attenders in UK primary care from 2000 to 2019: a retrospective cohort analysis of consultation events across 845 general practices** (PR)
Just 10% of patients account for 40% of appointments with GPs  The Times (plus Irish and Scottish editions) 21/12/2021

Almost half of all face-to-face GP appointments being taken up by 'frequent attenders' Daily Telegraph 21/12/2021

Frequent attenders account for four in 10 GP appointments, finds study Pulse 20/12/2021


International
Mirage News Australia, Florida News Times, California News Times, Vietname Explorer, New York Times Post, MSN MY, MSN Philippines, MSN Singapore, Health Europa, Mixpoint (IN), 24HTech Asia, Nigeria.on-24, 247 news around the world

Other

Research: Burden of chronic diseases associated with periodontal diseases: a retrospective cohort study using UK primary care data (External PR)

Gum disease could be linked to mental health, other chronic illnesses, study finds Miami Herald 23/12/21


Further coverage for zinc and respiratory tract infection (PR)
The best ‘natural’ cold remedies you should buy now Daily Telegraph 30/12/2021


SUGAR CONTENT IN UK YOGURTS “WELL ABOVE” RECOMMENDED LEVELS Food Ingredients Brazil 27/12/21 (Previous PR)
The 5 best women’s multivitamins in 2021, backed by medical experts INSIDER 28/12/21
(Previous PR)

Drug and Therapeutics Bulletin

Research: **Newer generation antidepressants and withdrawal effects: reconsidering the role of antidepressants and helping patients to stop** (PR)

*Doctors should stop dishing out antidepressants because there is 'no decent proof they work better than a placebo', study finds* Daily Mail + Irish edition 21/12/2021
*Stop dishing out antidepressants, doctors told* The Times (+ Irish, Scottish editions) 21/12/2021
*Prescribe fewer antidepressants, and for shorter periods, doctors advised* Scienmag 21/12/2021


International


Other


Annals of the Rheumatic Diseases

**EULAR: Imaging favored over palpation for guiding procedures at joints, nerves** Healio 22/12/2021

*Also in*: Physician’s Weekly

Research: **Whole gut virome analysis of 476 Japanese revealed a link between phage and autoimmune disease** (External PR)

*CrAss viral content: When it's in your gut, it might be good for your health* Medical Xpress 22/12/2021

*Also in*: Scienmag

Inflammatory arthritis tied to infertility in men: study Medical Dialogues India 28/12/21

*Also in*: Verywell Family
Archives of Disease in Childhood
**New bed-sharing advice 'puts babies at risk'** The Times + Scottish edition 29/12/2021

Study finds a clear link between asthma and bullying victimization in children The Medical Progress 31/12/21 (Previous PR)

**BMJ Case Reports**
**It's Possible to Accidentally Develop an Allergy to Red Meat. Here's The Science** ScienceAlert 25/12/21

Rare side-effects of COVID-19 vaccines top 2021’s most-read medical case studies CTV News 27/12/21 (Previous PR)
**Also in:** News Concerns, NewsCaf, The World News

**LIFE Diet Eases Migraine Pain** NewsMax 28/12/21 (Previous PR)
**Also in:** CDi Dispatch, Texarkana Gazette, Telegraph Herald, ArcaMax

**BMJ Innovations**
**New treatment for glue ear in children** Daily Mail + Irish Edition 21/12/2021(Previous PR)

**BMJ Open Diabetes Research & Care**
American Diabetes Association Welcomes 2022 Principal Officers and New Members to National Board of Directors Markets Insider 22/12/2021
**Also in:** Yahoo Finance, Finanzen.net, TickerTech.com, One News Page, Mystery Shopper Teacher, Interndaily, Roseman Solutions, Newsblaze, plus extensive financial and business media coverage

CKD incidence varies widely among Singapore’s ethnic groups MIMS News 29/12/2021

**BMJ Open Respiratory Research**
**Anxiety and depression ‘common’ in severe Covid survivors** Nursing in Practice 20/12/2021
**Also in:** The Pharmacist

**BMJ Paediatrics Open**
Further coverage for medical marijuana for epilepsy in children (PR)
Whole Plant Medicinal Cannabis Could Be More Effective Than CBD In Epilepsy Treatment The Fresh Toast 21/12/2021
**Also in:** DOPE Magazine, Exclusive Global News, High Times, Normi, Integrative Practitioner, Moms.com, MediCircle (IN), NORML, Medscape

**British Journal of Sports Medicine**
79% of Hamstring Injuries Involve Biceps Femoris: Here’s Why Orthopedics This Week 27/12/2021

HANDS UP From relationships to the size of your manhood... what your finger length says about YOU The Sun 02/01/22

**Emergency Medicine Journal**
Further coverage for high pressure oxygen for COVID-19 breathing problems (PR)

Hyperbaric oxygen helps treat severe hypoxemia in COVID-19 McKnight’s Senior Living 20/17/2021
Also in: Dermatology Advisor

Gut
Healthy gut bacteria can reduce severity of Covid-19, UAE researchers say The National UAE 23/12/21 (Previous PR)

Cancer: The popular UK drink 'doubling' the risk of bowel cancer - it's drunk by millions Daily Express 23/12/21 (Previous PR)
Also in: The Mirror

Journal for ImmunoTherapy of Cancer

Research: Clinical characteristics, time course, treatment and outcomes of patients with immune checkpoint inhibitor-associated myocarditis (External PR)

Early Troponin Monitoring Can Help Detect Immunotherapy-Related Myocarditis Buffalo Healthy Living 31/12/2021
Also in: PublicNow

Journal of Epidemiology & Community Health
6 uncommon things that can help to increase your longevity Times of India 23/12/21

Almost one in 10 moms isn't sure who fathered their baby: poll New York Post 28/12/21 (Previous PR)
Also in: The World News

Journal of NeuroInterventional Surgery
Brain chip allows paralysed man to post first ever direct-thought Tweet The Independent 27/12/21
Also in: Unilad, News Concerns, Yahoo Finance UK, MSN UK + South Africa, Asia Newsday, Vietnam Explorer, Wired Focus, TechRegister, Canada News

Journal of Neurology, Neurosurgery & Psychiatry

Research: Frailty, lifestyle, genetics and dementia risk (External PR)

Healthy habits fight frailty in old age and cut dementia risk The Times (plus the Scottish and Irish editions) 22/12/2021
Reducing frailty could reduce dementia risk, study finds The Irish Times 22/12/2021

Research: The heritability of amyloid burden in older adults: the Older Australian Twins Study (Flagged)

Environmental link strong in Alzheimer's Australian Associated Press 26/12/2021
Also in: The Times (AU), Harden Murrumburrah Express, Advocate Tribune plus extensive local media coverage, MSN (AU)

Reward processing disrupted in Parkinson's disease, tied to dopamine therapy, psychiatric disorders MD Alert 30/12/2021

Lupus Science & Medicine
Why smoking cessation should be promoted in systemic lupus erythematosus patients Medical Dialogues India 22/12/21

What Counts as Remission in SLE? Task Force Releases Recommendations American Journal of Managed Care 27/12/2021

Open Heart
Pre-existing heart disease improves survival after out-of-hospital cardiac arrest Hospital Healthcare Europe 29/12/21

Regional Anesthesia & Pain Medicine
Further coverage for recent cannabis use linked to sleep duration (PR)
Regular Marijuana Use May Lead to Sleep Problems Everyday Health 20/12/2021
Also in: 420intel, Sleep Review, MediCircle (IN)

Sexually Transmitted Infections

Research: Impacts of COVID-19 on sexual behaviour in Britain: findings from a large, quasi-representative survey (Natsal-COVID) (External PR)

How Did Lockdown Affect People's Sex Lives in Britain? The Financial 27/12/2021

Thorax
Twin variants: Heavy smokers at high risk of Covid-19 associated deaths Daily Times 30/12/2021
Also in: The World News (Previous PR)