BMJ in the News is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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Coverage for 15-21 November

**BMJ**

**PRESS RELEASES**

*The BMJ* | *BMJ Case Reports*

*BMJ Global Health* | *BMJ Sexual & Reproductive Health*

*Journal of Medical Ethics*

**EXTERNAL PRESS RELEASES**

*The BMJ* | *BMJ Global Health*

*BMJ Open Diabetes Research & Care* | *Journal of Clinical Pathology*

**OTHER COVERAGE**

*The BMJ* | *Annals of the Rheumatic Diseases*

*Archives of Disease in Childhood* | *BMJ Nutrition, Prevention & Health*

*BMJ Open* | *British Journal of Sports Medicine*

*Heart* | *Journal for ImmunoTherapy of Cancer*

**BMJ**

*New BMJ podcast explores new ways to make health systems healthier* InPublishing 15/11/2021

**The BMJ press release coverage**

Research: *Effectiveness of public health measures in reducing the incidence of covid-19, SARS-CoV-2 transmission, and covid-19 mortality: systematic review and meta-analysis*

+ Editorial: *Public health measures for covid-19* (PR)

*Mask-wearing cuts Covid incidence by 53%, says global study* The Guardian 18/11/21

*Mask Wearing Cuts New Covid-19 Cases By 53%—It’s The Best Public Health Measure Against The Virus, Study Finds* Forbes 18/11/21

*Masks more effective than distancing and handwashing* x2 The Times 19/11/21

*So you’re vaccinated. How much risk do you really face now?* Sydney Morning Herald
Daily visitors to bmj.com up to 7 days after embargo lift


Head to Head: Should all babies have their genome sequenced at birth? (PR)

Stop screening DNA of healthy babies because data could be hacked or sold by Governments in future, ethics expert says Daily Mail 17/11/21

Also in: MSN UK, California News Times, Florida News Times, Medical Xpress

Research: Sex differences in mortality among binational cohort of people with chronic kidney disease: population based data linkage study (External PR)

Kidney disease affects women more than men COSMOS 17/11/21

Also in: Mirage News, Medical Xpress

Other notable coverage
The truth about waning immunity after the Covid vaccine The Telegraph 15/11/21
Food Tastes Like 'Sewage' for 11-Year-Old With Long COVID Who Can't Eat Newsweek 15/11/21
Why a hit of caffeine could be keeping you healthy The Telegraph 17/11/21
How the Qld reopening will be different to NSW and Victoria Sydney Morning Herald 21/11/21

Further coverage for Pfizer whistleblower investigation
BBC Radio 4 You and Yours (skip to 15:00 mins) 16/11/21
Also in: Sign of the Times,

*Further coverage for exercise after breast cancer surgery (PR)*

**Exercise Reduces Arm Problems After Breast Cancer Surgery** Medscape 17/11/21

**JOURNALS**

**BMJ Sexual & Reproductive Health**

**Letter:** [Time to rethink miscarriage bereavement leave in the UK](https://www.bmj.com/content/369/bmjnose16) (PR)

**Recognize each miscarriage as a bereavement, UK authorities urged** Healthnews Express 15/11/21

**Recognize Every Miscarriage as a Bereavement: UK Government** MedIndia 16/11/21


**Journal of Medical Ethics**

**Current controversy:** [A vaccine tax: ensuring a more equitable global vaccine distribution](https://www.bmj.com/content/369/bmjnose16) (PR)

**BBC News Channel - World Business Report** (author interview, skip to 8:00 mins)


**BMJ Case Reports**

**Case report:** [Chronic migraine reversal and prevention with the LIFE diet: a nutrient dense whole food plant-based diet (WFPBD)](https://www.bmj.com/content/369/bmjnose16) (PR)

**A man had severe, day-long migraines for 12 years and nothing worked. His doctors say they vanished after they prescribed leafy greens and cutting out red meat.** Business Insider 19/11/21

**Man’s severe migraines ‘completely eliminated’ on plant-based diet** The Guardian 18/11/21

**Adopt a plant-based diet to relieve migraine symptoms says doctors:** Study Times of India 20/11/21
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International

Other

Surgeon Who Removed Woman's 44lb Tumor Warns Against Ignoring Symptoms
Newsweek 18/11/21

BMJ Global Health

Research: Global red and processed meat trade and non-communicable diseases (PR)

More meat on sale equates to 5,000 extra deaths a year The Times + Scottish, Irish editions 19/11/21
Diet-related illness increases with availability of red meat Manila Standard 19/11/21
Diet-related Illness Increases With Availability Of Red Meat: Study International Business Times Australia19/11/21

Research: **Assessing the impact of polio supplementary immunisation activities on routine immunisation and health systems: a systematic review** (External PR)

**Lessons we can learn from polio vaccination campaigns** Medical Xpress 15/11/21

**Med Students Call for ‘Virginity Testing’ Ban in U.S.** MedPage Today 15/11/21

**Also in:** Medically Prime

**Q&A: Prioritizing ‘basic actions’ could help prevent deaths from critical illness** Healio 16/11/21

**Economic Impacts of Obesity Substantial Across Countries** Endocrinology Advisor (Previous PR) 16/11/21

**Also in:** Practice Update

**Annals of the Rheumatic Diseases**

**Eli Lilly-Funded Study Claims Side Effects of Olumiant Do Not Warrant Same Adverse Label Warnings as Xeljanz** About Lawsuits.com 16/11/21

**Archives of Disease in Childhood**

**COVID-19 Fatality Rate Among Children in England** Medscape 16/11/21

**BMJ Nutrition, Prevention & Health**

**Nutritious diet linked to mental well-being in children** Food and Beverage Insider 12/11/21 (Previous PR)

**BMJ Open**

**Adding Rituximab to Belimumab Offers No Help for Lupus** Medscape 15/11/21

**Also in:** Biznews Post

**How to get rid of a cold quickly according to experts** MSN IE 16/11/21 (Previous PR)

**Also in:** Birmingham Mail, MSN UK, Ode, People’s Pharmacy, Harvard Health Newsletter

**Patient views of care affected by nurse staffing levels and skill mix, study shows** Nursing Times 19/11/21

**BMJ Open Diabetes Research & Care**

Research: **Evaluation and management of COVID-19-related severity in people with type 2 diabetes** (External PR)

**Long-term glycemic levels predict the risk of COVID-19 severity among diabetics** News-Medical.net 19/11/21

**Also in:** Endocrinology Network, Mirage News

**British Journal of Sports Medicine**

**The Complete Guide To Building Muscle For Women** Women’s Health 15/11/21

**Olympics To Scrap Rules on Testosterone Suppression for Trans-Identified Males** Lipstick Alley 16/11/21 (Previous PR)

**Also in:** Christian Broadcasting Network, Christian Post
Heart
Clot-busting drugs on NHS to prevent thousands of strokes. The Times + Irish edition
16/11/21

Journal of Clinical Pathology

Research: Putrefaction in the pandemic: a comparative study of the frequency of advanced decomposition change in coronial autopsies since the start of the COVID-19 pandemic (External PR)

Huge spike in people left to die at home and not found for ‘weeks’ during pandemic. Daily Telegraph 19/11/21
Huge rise in bodies found decomposed as deaths at home soar during pandemic. Metro 21/11/21
Also in: Daily Mail, inews