BMJ in the News is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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Coverage for 27 Sept - 3 October

PRESS RELEASES

The BMJ | The BMJ Awards
BMJ Nutrition, Prevention & Health | Thorax

EXTERNAL PRESS RELEASES

Annals of the Rheumatic Diseases | BMJ Global Health
BMJ Open | British Journal of Sports Medicine
Journal of Neurology, Neurosurgery & Psychiatry | Occupational & Environmental Medicine

OTHER COVERAGE

The BMJ | Archives of Disease in Childhood
ADC: Fetal & Neonatal Edition |
BMJ Open Diabetes Research & Care | BMJ Open Ophthalmology
British Journal of Ophthalmology | Gut
Heart | Journal for ImmunoTherapy of Cancer
Journal of Medical Ethics | Medical Humanities
Occupational & Environmental Medicine | Regional Anesthesia & Pain Medicine
Tobacco Control

INFLUENCE

The BMJ press release coverage

Research: Use of menopausal hormone therapy and risk of dementia (PR)
Menopause hormone replacement therapy 'does not raise dementia risk' Daily Telegraph
29/09/21
Hormone replacement therapy not linked to an increased risk of developing dementia, study finds CNN 30/09/21
Hormone Replacement Therapies For Menopause Not Linked To Higher Risk Of Dementia, Says New Study Forbes 30/10/21


Feature: Our drug laws are racist, and doctors must speak out (PR)

'Racist' drug laws should be reformed, says former government adviser The Independent
29/09/21
'Systemic racism' experienced by black communities through UK's drug laws, says former government adviser Sky News 29/09/21

Also in: The Guardian, MSN (AU), Daily Post Wales, Liverpool Echo, Birmingham Mail, Coventry Telegraph, Today News Post, UK News Today, Western Mail, Isle of Wight Radio, Hertfordshire Mercury Series, Florida News Times, California News Times, The World News, News-Medical.Net, Yahoo News UK + over 80 other UK regional newspapers and several local radio stations, Politics.co.uk,
Further coverage for menstrual changes after covid-19 vaccination (PR)


The BMJ Awards 2021 (PR)

Tackling racist abuse of staff by patients and reducing emissions from anaesthetic gases scoop prizes Mirage News Australia 30/09/21
For the second year in a row, The BMJ has selected a publication co-authored by Oxford researchers for their prestigious UK Research Paper of the Year Award My Science 30/09/21
RECOVERY Trial paper wins BMJ's 2021 UK Research Paper of the Year Award Academicgates 30/09/21
Also covered by 107 Jack FM (Berkshire)
West Hertfordshire virtual hospital to tackle Covid awarded  Watford Observer 30/09/21

Hospital trust wins award for calling patients by their preferred names  Worcester News 03/10/21

Other notable coverage
Is it time to change the law on helping people to end their own lives? Daily Mail 29/09/21
Have you been struck down by the ‘worst cold ever’? Daily Telegraph 29/09/21
Should we be rushing to vaccinate young children against COVID?  (quotes Russell Viner on TBMJ covid webinar) Observer News Canada 29/09/21
Also in: National Post Canada, Calgary Herald, Ottawa Citizen + another 60 local Canadian newspapers

Telegraph to suspend cartoonist for urging abuse of NHS doctor  The London Economic 29/09/21

Artificial intelligence is capable of predicting cardiac arrhythmias  (mentions recent study on effectiveness of AI in breast cancer screening) MSN 30/09/21

 Millions of allergy sufferers protected by new law after girl died eating Pret  Metro 01/10/21
‘Get out and get another job,’ Sajid Javid tells unvaccinated care workers  The Independent 02/10/21

JOURNALS

BMJ Nutrition, Prevention & Health

Research: Cross-sectional associations of schoolchildren's fruit and vegetable consumption, and meal choices, with their mental well-being: a cross-sectional study (PR)

![Graph showing daily visitors to journal site up to 7 days after embargo lift](10.1136/bmjnph-2020-000205)

Want to raise happy and intelligent kids? Feed them this Times of India 29/09/21
‘5 or more’: Higher fruit, vegetable servings linked to kids’ improved mental well-being  Fox News Channel 28/09/21
Five a day: UK children with healthy diet have best mental health  The Guardian 28/09/21


International
The Times (AU), International Business Times India + AU, Australian local news outlets, Vietnam Explorer, Gibraltar Chronicle, New Kerala, MSN South Africa, UPI, Karnataka Live,
World Vegetarian Day 2021: Know all about its date, history, significance

Hindustan Times
01/10/21

Thorax

Research: Smoking and COVID-19 outcomes: an observational and Mendelian randomisation study using the UK Biobank cohort

Editorial: A respiratory pandemic should focus the mind on tobacco control (PR)

Daily visitors to journal site up to 7 days after embargo lift

Smokers up to 80% more likely to be admitted to hospital with Covid, study says
The Guardian 28/09/21

Tobacco smoking and its effects on Covid, new study sheds vital clues
International Business Times India 28/09/21

Smokers with Covid-19 at higher risk of hospitalisation: study
South China Morning Post 29/09/21
Annals of the Rheumatic Diseases

Research: Lifetime risk of rheumatoid arthritis-associated interstitial lung disease in MUC5B mutation carriers (External PR)

Gene variant tied to risk for interstitial lung disease in RA Medical Xpress 28/09/21
Also in: Doctors Lounge, Drugs.com, Physician’s Briefing, Pulmonology Advisor

COVID-19 Vaccines Appear Safe in Patients With Rheumatic Musculoskeletal Diseases Physician’s Weekly 30/09/21

Archives of Disease in Childhood
Further coverage for funding lottery for kids with cancer (PR)
UK kids with cancer face funding lottery for fertility preservation services Oncology News 29/09/21

ADC: Fetal & Neonatal Edition
Illegal euthanasia of infants continues in Belgium BioEdge 03/10/21

BMJ Global Health
New Study Shows How Covid Could Someday Be Eradicated Forbes 28/09/21 (previous PR)
Also in: SmartBrief
Research: Paediatric surgical outcomes in sub-Saharan Africa: a multicentre, international, prospective cohort study (External PR)

Child deaths from surgical conditions found to be too high in Sub-Saharan Africa
News-Medical.net 28/09/21
Also in: Medical Xpress

African Researchers Say They Face Bias In The World Of Science, Here's One Solution
National Public Radio (US) 28/09/21 (Seye Ambibola quoted)
Also in: Medically Prime, extensive US broadcast outlets

BMJ Open

Research: Relationship between cerebral aneurysms and variations in cerebral basal arterial network: a morphometric cross-sectional study in Computed Tomography Angiograms from a neurointerventional unit (External PR)

Scientists find vital link to identify people at risk of aneurysms
Mirage News 29/09/21
Also in: ScienceDaily, News-Medical.net, Central Queensland Online News, Retail Pharmacy, Australian News Online, Medically Prime, Technology Times, NewsCaf, Science Newsnet, Healthnewsdigest, Newwise, USA Newswall, Megadoctornews

Study: Most patients helped, most of the time - Looking at safety in general practice
New Zealand Doctor Online 29/09/21

The Real Reason Women Are More Affected By Alcohol Than Men
Health Digest 29/09/21 (Previous PR)

Public Remains in Favour of Sugary Drinks Tax
Medscape 29/09/21

BMJ Open Diabetes Research & Care
Inactive Lifestyles Lead to More Frequent, Severe Hot Flashes: Study
WebMD 30/09/21
Also in: Medscape, Medical Progress

BMJ Open Ophthalmology
How COVID-19 can damage all five senses
National Geographic 28/09/21
Also in: News18, Vietnam Explorer, MSN India, IBN Live

British Journal of Ophthalmology
Some visual impairments associated with increased risk of dementia
Medical Brief South Africa 29/09/21 (Previous PR)

COVID-19 Pandemic Linked to Increased Nearsightedness in Kids
Rust Wire 01/10/21 (Previous PR)

British Journal of Sports Medicine
Bond’s a real heart stopper
Daily Mail + Scottish Daily Mail 27/09/21

Research: COVID-19 Pandemic and Exercise (COPE) trial: a multigroup pragmatic randomised controlled trial examining effects of app-based at-home exercise
At-home exercise reduced depression levels significantly during COVID-19 lockdowns, says research UK Today News 29/09/21

Also in: Mirage News Australia, Medical Xpress, Indo-Canadian Voice, Roosters, Education News Canada

14 Running Shoes to Take Your Runs to the Next Level AskMen 29/09/21

Health targets debunked: how much sleep, water and calories we need, and more The Times 02/10/21

Injection to perk up a man's love life: Jab of stem cells may offer a new way to tackle erectile dysfunction.. just don't tell him where it goes! MailOnline 27/09/21

Also in: Newscabal, Express Digest, UK Today News, Health Medici.net

Gut instinct: Covid-19 Mail + 28/09/21

World Heart Day: Eat these desi foods to keep heart healthy Times of India 29/09/21

Further coverage for exercise and artery calcification risk (PR)

Heart attack: most important aspect to help reduce your risk according to new study News Nation USA 28/09/21

This Is Why You Still Feel Tired After A Nap Health Digest 28/09/21 (Previous PR)

Are childhood cancers different? Understanding the immune response to tumors in pediatric neuroblastoma Science Newsnet (IN) 29/09/21

Also in: Newswise, Healthnewsdigest

4 tips for covering religious exemptions to vaccine mandates The Journalist’s Resource (Shorenstein Center on Media, Politics, and Public Policy) 28/09/21

'Bodies With Vaginas' and the Woke Dehumanization of Women Epoch Times 29/09/21

Experts Disagree on COVID-19 Vaccine Mandates for Health Care Providers Renal & Urology News 30/09/21 (Previous PR)

Also in: Cancer Therapy Advisor, mashupmd

'Mothers of Gynecology' monument honors enslaved Black women who were tortured to help advance science USA Today 02/10/21

Research: Anxiety and depression symptoms after COVID-19 infection: results from the COVID Symptom Study app (External PR)
Impact of COVID-19 infection on later anxiety and depression is small and short-lived
Medical Xpress 29/09/21
Also in: Florida News Times< UK Today News

Further coverage for blood lipids and motor neurone disease risk (PR)
Blood Lipid Biomarkers Associated with Lower Risk of ALS  Bioresearch International 30/09/21

Medical Humanities
Was Chopin epileptic?  BBC Music Magazine 30/09/21 (Previous PR)

Occupational & Environmental Medicine
Further coverage for health effects of 9/11 on responders (PR)
Cancer Among 9/11 Responders: Incidence and Risk Factors 20 Years Later  Medscape 29/09/21

Research: Technology-induced job loss risk, disability and all-cause mortality in Norway  (External PR)
No coverage

Regional Anesthesia & Pain Medicine
About 1 in 5 adults With Chronic Pain Use Rx Opioids  Physician’s Weekly 28/09/21
(Previous PR)

Tobacco Control
Menthol Ban Would Save 650,000 Lives in the Next 40 Years  RT Magazine 28/09/21
(Previous PR)

INFLUENCE
Positive feedback and ideas for continued collaboration from Lord Simon Woolley (author of drug laws feature - see coverage below):

“Two things that spring to mind from this: This is what good collaboration looks like; secondly, let's build upon this to organise an APPG meeting with medical professionals, police, past and present and others to have an adult conversation around drugs policy. I think the take up would be great.”