

Essential Mental Health resources to support healthcare professionals

Clinical guidance, online modules, BMJ articles and podcasts



Funded by Health Education England, free to all NHS staff and learners.

This is an interactive PDF, click on the blue boxes below to visit the resource relevant to you.

BMJ Best Practice

Fast access to the latest evidence-based diagnosis and treatment guidance to support your clinical decisions.

- ▶ Generalised anxiety disorder
- ▶ Patient leaflets: Anxiety
- ▶ Persistent depressive disorder
- ▶ Calculator: Depression (any) Screening by a Two Item PHQ-2
- ▶ Schizophrenia
- ▶ Patient leaflets: Schizophrenia

Download the BMJ Best Practice app for clinical decision support anytime, anywhere.

BMJ Opinion

Comment and opinion from The BMJ's international community of readers, authors and editors.

- ▶ Adrian James: The end of the Five Year Forward View - what is next for mental health?
- ▶ A year of covid-19: Alliances, lessons, and learning for the mental health sector
- ▶ Mental health beds are full, leaving patients without treatment and clinicians with difficult choices
- ▶ Protecting the rights of individuals who face both mental health and public health restrictions

The BMJ

The latest news and views, research papers and clinical reviews from *The BMJ*.

- ▶ **Editorials** | Mental health of children and young people during pandemic
- ▶ **Letters** | Digital approaches for mental health in the age of covid-19
- ▶ **News** | Covid-19 could widen mental health inequalities for a generation
- ▶ **Feature** | How mental health services are adapting to provide care in the pandemic
- ▶ **Analysis** | Integrating mental health with other non-communicable diseases

BMJ Talk Medicine Podcasts

The latest podcasts from *The BMJ* and specialist journals.

- ▶ **The BMJ** | Wellbeing - speaking out about mental health in the NHS
- ▶ **Sharp Scratch** | Anxiety
- ▶ **BMJ Best Practice** | Depression in adults
- ▶ **BMJ Best Practice** | Depression in children
- ▶ **BMJ Learning** | Building a therapeutic relationship with psychologically distressed patients

Please get in touch if you need further support
 bmj.com/hee
 nhsengland@bmj.com
 +44 (0) 20 7111 1105