

for GPs

## Fast access to clinical decision support anytime, anywhere

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Helps you discuss treatment options with patients. Best Practice has nearly 500 patient leaflets accredited by the Information Standard and reviewed by our Patient Panel.



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Provides access whether you are in the surgery, on the ward, at home, or on call, with online, mobile and offline access via the BMJ Best Practice app.



A 70-year-old woman complains of increasing shortness of breath for the last 2 days and now has shortness of breath at rest.

She has a history of hypertension for the last 5 years and smoked 20 cigarettes a day for thirty years. She stopped smoking two years ago. She currently takes hydrochlorothiazide. She has been prescribed lisinopril but did not fulfil the prescription.

On examination her blood pressure is 190/90 mmHg and her heart rate is 104 beats per minute. The jugular venous pressure is elevated 2 cm above normal. Lung examination reveals fine bibasal crepitations. There is no ankle oedema.



What is the most likely diagnosis?



What tests if any would you do?



What changes would you make to her drug regimen?

**Log in to BMJ Best Practice to find the answers to these questions.**

“I find BP to be the most useful of all Electronic clinical tools, it is logical and user friendly. I have BP & BNF open in my browser during most consultations and refer them frequently to ensure that my practice is in line with current thinking.”

**GP, UK**



### How to access

1. Visit [bestpractice.bmj.com/nhsinengland](https://bestpractice.bmj.com/nhsinengland)
2. Enter your **OpenAthens username and password** and click 'Sign in'\*
3. If you are a new user, you will need to now register for a BMJ Best Practice personal account. Use your personal account to download the app for access anywhere, anytime, even offline.

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