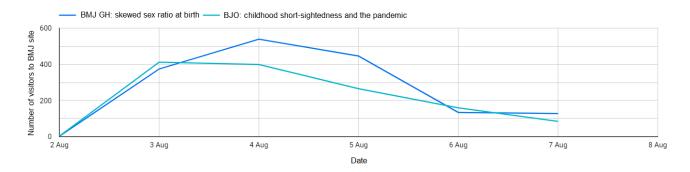


BMJ in the News is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

The content is provided daily by Cision and Google Alerts. The views expressed are those of the individual journalists/outlets: they are intended to represent the breadth of media coverage, not endorsement by BMJ or the media relations team.

Coverage for 2-8 August

Graph shows press releases that generated 500+ visitors to journal sites up to 7 days after embargo lift



PRESS RELEASES

The BMJ | BMJ Global Health
British Journal of Ophthalmology

EXTERNAL PRESS RELEASES

<u>Journal of Epidemiology & Community Health</u> | <u>Journal of Neurology, Neurosurgery & Psychiatry</u>

OTHER COVERAGE

The BMJ | Annals of the Rheumatic Diseases

BMJ Evidence-Based Medicine | BMJ Nutrition, Prevention & Health

BMJ Open | BMJ Open Respiratory Research

British Journal of Sports Medicine | Gut

Heart | Journal for ImmunoTherapy of Cancer

Journal of Medical Ethics

INFLUENCE

The BMJ press release coverage

Research: Effect of low glycaemic index or load dietary patterns on glycaemic control and cardiometabolic risk factors in diabetes: systematic review and meta-analysis of randomised controlled trials (PR)

Do Diabetics Benefit from Low Glycemic Diet? MedIndia 06/08/21

Also in: Medical Dialogues India, Mirage News Australia, Health Europa, Doctors Lounge, Drugs.com, Medical Xpress, News-Medical.Net, Sound Health & Lasting Wealth, Patient Talk, HealthDay, Diabetes in Control

Research: <u>Terminal decline in objective and self-reported measures of motor function</u> before death: 10 year follow-up of Whitehall II cohort study

Editorial: Monitoring changes in motor function in the years before death (PR)

Struggling to get off a chair is danger sign (print) The Times 05/08/21

Also in: The Sun + Scottish Sun, Medical Xpress, News-Medical.Net, Physician's Briefing, HealthDay, Healthgrades

Head to Head: Should covid vaccination be mandatory for health and care staff?

Commentary: Mandatory covid vaccination blames individual care home workers for government failures

Patient commentary: <u>Protect patients like me—make covid vaccines mandatory for all eligible staff in care settings</u> (PR)

<u>Forbid NHS staff who refuse Covid vaccine from treating patients, says Sage adviser</u> The Daily Telegraph 05/08/21

Vaccines prevented 66,900 hospital admissions The Daily Telegraph 05/08/21

Open Letter: <u>Every child deserves the best chance in life, here is how health professionals can help</u> (PR)

BBC Radio 4 Today 05/08/21 (skip to 1:50:37)

Marcus Rashford urges health staff to spread word about food vouchers The Guardian 04/08/21

Marcus Rashford: Poor families missing out on food vouchers BBC News 04/08/21

Also in: ITV News, MSN UK + IE, London News Today + UK local news outlets, Yahoo UK, HuffPost UK, talkRadio, BBC Radio Sussex + regional BBC Radio, BBC News TV, Greatest Hits Radio Manchester, BBC Radio 1 + 1Xtra, BBC Radio Asia, BBC Radio 2, LBC, UK Today News, Share Radio, Sky News Today, Daily Mirror, The Independent, inewspaper, The Daily Telegraph, The Scotsman, The People, Morning Star, BBC Parliament, Times Radio, BBC News24, BBC World Service, Florida News Times, Canada News, Morning Star, Business Fast, Nursery World, Sustain UK, Rocket News, Public Sector Catering

Further coverage for fatty acids and migraines (PR)

Why Migraine Sufferers May Want to Eat More Fish The New York Times 02/08/21 Suffering from migraine? You may want to eat more fish, flaxseeds and walnuts The Economic Times 03/08/21

Also in: The Irish Times,

Further coverage for ultra-processed food and IBD risk (PR)
IBD Risk Rises With Higher Ultraprocessed Food Intake Medscape 06/08/21

Other notable coverage

<u>The less common type of backache – and what can be done to fix it</u> The Telegraph 02/07/21 Unvaccinated students set to flood into Scotland The Times 02/07/21

Obscene imbalances in One Earth Balance Sheet The Jakarta Post 02/07/21

When standing becomes a pain The Daily Telegraph 02/07/21

VISITOR bans at care homes [...] Daily Mail 02/07/21

Why a 10 minute workout is the sweet spot for exercise The Daily Telegraph 02/08/21 The surprise new boost from HRT? You may LOOK years younger, too Daily Mail 02/08/21 Why fresh berries are the most healthy, age-fighting foods around The Washington Post 02/08/21

COVID vaccines offer the pharma industry a once-in-a-generation opportunity to reset its reputation. But it's after decades of big profits and scandals The Conversation 03/08/21 ACOG, SMFM Urge All Pregnant Women to Get COVID-19 Vaccine Medscape 03/08/21 Vaccines for 16-17 year olds sparks increase in misinformation undermining trust in the jab inews 04/08/21

Experts quit over call to drop exercise as treatment for ME The Times 05/08/21 Most seniors who died of Covid-19 lived outside nursing homes CNN 05/08/21 Nicola Sturgeon should focus on recovery, not referendum, says Sir Keir Starmer The Telegraph 05/08/21

<u>Bayer Sees A Golden Age For China's Pharmaceutical Market</u> Forbes 05/08/21 Divisions rife among chronic fatigue experts The Times 05/08/21

Now under-21s may be BANNED from buying cigarettes and flavoured vapes Daily Mail 06/08/21 (previous PR)

What patients should know about losing weight—and keeping it off AMA 06/08/21 (previous PR)

JOURNALS

BMJ Global Health

Research: Projecting sex imbalances at birth at global, regional and national levels from 2021 to 2100: scenario-based Bayesian probabilistic projections of the sex ratio at birth and missing female births based on 3.26 billion birth records (PR)

Nearly 5 million fewer girls to be born worldwide over next 10 years: study South China Morning Post (misattrib to The BMJ) 03/08/21

Millions of girls lost to sex selection is 'global timebomb' The Times 03/08/21 Nearly 5m fewer girls to be born worldwide over next 10 years Bangkok Post

Also in: UK Today News, The Daily Telegraph, Daily Mail, Yahoo News UK, Daily Star, Eastern Eye, RTE, Extra IE, The Spectator, The Scotsman, HerFamily.ie

International

Malay Mail, The Star Malaysia, Free Malaysia Today, International Business Times, Malaysia Yahoo, Yahoo Singapore + Canada + Philippines, GMA News, France24, Breitbart, Yahoo News Australia & NZ, TRT World, Bangkok Post, Florida News Times, Radio Fiji, Business Insider India, Vancouver Sun, usanewsguru, Khmer Times, The News International, Oman Observer, New Nation, Hiindia, Bangladesh Observer, Bangladesh Today, WION, MSN India

+ MY, Washington Newsday, Antigua Newsroom, The Standard Kenya, Taipei Times, Borneo Bulletin, Inquirer.net, Today Online, Jordan Times, The Dominion Post NZ, New Zealand Herald, KABC, Russia Today, abs-cbn, The Print (IN), Republic World, World Tribune, Sputnik International, USSA News, MENA FN, Bangladesh Today, Conservative Angle, xinsmn, USA Breaking News Online

Other

News-Medical.net, Medical Xpress, Newstral, What's New2day, Reddit.com, Trustinews, News Nation, health news express, News Colony, Medical News Today, Mic, Today Headline, News Sniffer, World News Here, Pledge Times, then24.com, newsround, thevibes.com, Market Research Telecast, Live Action, Futurism, Newsbinding, Life News, Care.org.uk, ScienceAlert, Newschant, National Right to Life News, Yahoo Sports, BioEdge, The World News, Market Monitor, Tech & Science Post, Idea HUNTR, WND, TheBL, ScienceAlert

Way sample collected might be inflating anaemia figures The Economic Times 03/08/21 Also in: Times of India,

<u>Indonesian drug outlets often dispense antibiotics without prescription</u> Center for Infectious Disease Research and Policy (CIDRAP) 05/8/21

British Journal of Ophthalmology

Research: Myopia incidence and lifestyle changes among school children during the COVID-19 pandemic: a population-based prospective study (PR)

<u>Short-sightedness in children linked to pandemic in new study</u> Daily Mail 03/08/21 <u>Covid restrictions and screens linked to myopia in children, study shows</u> The Guardian 03/08/21

Covid pandemic linked to nearsightedness in kids NBC News 03/08/21

Also in: Irish Independent, Irish Examiner, Independent, The Telegraph, The National, Yahoo UK, MSN UK, Wales Online, Evening Standard, LBC radio, Belfast Live, Bristol Post + widely covered by UK local and regional news outlets, Asian Image, Today UK News

California News Times, Philly Voice, CanIndia News, LatestLY, Mirage News, Top News USA, English Lokmat, Yahoo News Australia + Canada + India, msn.com, Gibraltar Chronicle, The Nation (Sri Lanka), Australian News Review, Florida News Times, Gulf News, Orissa Post, InGoaNews, The Tyee (Canada), Algeria.kivazen, TechiLive (IN), MedIndia, Singapore News Live, Prensa Latina, SABC News, New Kerala, Technology Times Pakistan, Editor 99 (US), International Business Times India, Ground Report (IN)

News-Medical.net, express digest, SciTechDaily, WhatsNews2Day, Medical Xpress, BBC Science Focus, Newschant, Newsbeezer, Jioforme, Insider-voice, The World News, Industry Update, Sify.com, Newschain, Yahoo Finance, Tech-gate, Sound Health and Lasting Wealth, 247newsaroundtheworld.com, Out News, Flipboard, News Colony, Today Prime News, ScienceAlert, Optometry Today, Futurism, Doctors Lounge, Health Medicine.net, Amkio, Exquisitely British, IFL Science, CIDRAP, Head Topics, Science Times, Health-Alerts, Association of Optometrists, Tech Times, Physician's Weekly, The Quint, Parents.com, Optometry Times, News Finale, Optical Insight, Englemed Health News, Remo News, Dadsnet, Newsazi, Medical Xpress, Physician's Briefing, HealthDay, TheHealthSite, Healio,

BollyInside, Kaiser Health News, Drugs.com, Sustain Health Magazine

Further coverage for corneal damage symptom of long COVID (PR) Eye Testing Reveals Long COVID MedIndia 03/08/21

Also in: Retail Crowd, Practice Update, Rheumatology Advisor, Insight News (AU), MedIndia

Annals of the Rheumatic Diseases

Vaccine supports immune response in immunosuppressed The Hippocratic Post 04/08/21

What Exactly Is Kinesiology Tape? Why Its Benefits Are Not Just Limited to Physical Therapy Good Housekeeping.com 06/08/21

Also in: Yahoo Lifestyle, xinmsn, MSN MY

BMJ Evidence-Based Medicine

What Happens To Your Body When You Eat Honey Every Day Health Digest 05/08/21 (Previous PR)

BMJ Nutrition, Prevention & Health

Low-carb diet WON'T harm your kidneys, new study suggests Daily Mail 03/08/21

There's been an 100% spike in search for probiotics for women: 7 brands a health coach recommends Marie Claire 05/08/21

<u>Are vegans more susceptible to Covid?</u> Metro 06/08/21 (Previous PR)

<u>Her health problems vanished after adopting a whole food plant-based diet</u> South China

Morning Post 06/08/21

Also in: Live Mint, Vietnam Explorer, xinmsn, simplenews

BMJ Open

Homeless People More Likely to Seek Emergency Admissions Medscape 02/08/21

<u>Bullying in medical faculties often goes unreported</u> The Star Malaysia 06/08/21 (previous PR)

Exam results week: a survival guide for parents The Times 07/08/21

BMJ Open Respiratory Research

Obstructive Sleep Apnea Doubles Risk of Death: Study About Lawsuits.com 06/08/21

British Journal of Sports Medicine

Openly Trans Athlete Fails to Advance After Olympic Committee Makes Sport 'Inclusive and Accessible' CBN (previous PR) 02/08/21

Also in: Conservative Angle, Daily Wire, Nwo Report, Al Khaleej Today, Daily Wire, Breitbart, MiddleEast-in 24, Guardian (Ng)

Study: Athletes Are More Likely to Develop Irregular Heartbeat Than Non-Athletes Very Well Health 03/08/21 (Previous PR)

Lack of exercise linked to increased risk of severe COVID-19 National Post Canada

05/08/21 (Previous PR) **Also in**: Ottawa Citizen

Physical Activity Offsets Serious Health Risks of Poor Sleep Medscape 06/08/21 (previous

Also in: WebMD, MSN South Africa

<u>Technological doping: The science of why Nike Alphaflys were banned from the Tokyo Olympics</u> BBC Science Focus 06/08/21

Also in: Tech Times

Young athletes are training too early, too hard, and with too little variety Popular Science 08/08/21

Also in: News AKMI

Focusing On Gym Class Could Help Students In All Subjects, Especially Math Moms.com 08/0821 (Previous PR)

Also in: Homeword

Gut

Further coverage for gut microbiome and autism risk (PR)

Scientists go with gut for early autism diagnosis Hong Kong Standard 06/08/21

Also in: Yahoo Finance, Jakarta Investor, Biotech Gate Database, Healthcare Asia, Moneycompass, IntellAsia, Markets Insider, Business Diary Philippines, Malaysia Voice, Saigon Economic Times, WorkSmart Asia, Magazines Today, Top10 Asia, Entrepreneur Insight, One News Page, ConnectWeb, AAP, Wellness Insider, The China Briefing, Newshub Asia, Shangri Times, ASEAN Briefing

Heart

Five good friends, one pet and 250 fewer calories a day – how to have a healthy heart in midlife. The Telegraph 04/08/21

Journal for ImmunoTherapy of Cancer

Society for Immunotherapy of Cancer Publishes Clinical Practice Guideline on Immunotherapy for the Treatment of Urothelial Cancer MedIndia 05/08/21

Also in: Biomedicine, IT News Online, NewsBlaze, Business Class News, Quertle, Magazines Today, Physician Family, Tech Social Net, Spoke, SF Gate, American Medical Association Alliance, Manhattan Week, One News Page, Benzinga

Journal of Epidemiology & Community Health

<u>Childhood Reading Problems Linked to Worse Mid-Life Memory</u> Medscape 06/08/21 (Previous PR)

Research: Early adulthood socioeconomic trajectories contribute to inequalities in adult cardiovascular health, independently of childhood and adulthood socioeconomic position (External PR)

<u>Early education and employment experiences impact cardiovascular health</u> Health Europa 06/08/21

Also in: Further Education News, Medical-News.net, New Zealand News Online, Study Finds, Yahoo Lifestyle UK, News Colony, Sound Health and Lasting Wealth, Rocket News,

Roosters, Mirage News, Medical Xpress, Health Europa, NewsColony,

Scots on road to 20mph speed limit in built-up areas Sunday Times + Scottish edition 08/08/21

Also in: Science Daily, Newscaf

Journal of Medical Ethics

<u>Leaders juggle hardline laws and incentives to tackle vaccine doubters</u> The Guardian 02/08/21

<u>Leaders tackle global question of how to persuade people to get Covid jab</u> The Guardian 02/08/21

<u>Bioethicist: Right to Transgender Healthcare Akin to Freedom of Religion</u> National Review 03/08/21

Also in: Flipboard

Vaccine and Other Health-Care Decisions for Minors Law.com 07/08/21

Who owns COVID-19 vaccines? Seattle Times 08/08/21

Journal of Neurology, Neurosurgery & Psychiatry

Research: Newborn screening for spinal muscular atrophy with disease-modifying therapies: a cost-effectiveness analysis (External PR)

<u>Testing and treating newborns for spinal muscular atrophy: Saving lives and healthcare costs</u>
Medical Xpress 03/08/21 **Also in:** News-Medical.net

<u>Your Skinny Jeans Can Possibly Be Affecting Your Health Adversely</u> Grazia India 04/08/21 (previous PR)

INFLUENCE

Richard Hurley, *The BMJ*'s features and debates editor, was on the Jeremy Vine show speaking about the legalisation of recreational drugs and decriminalisation of users Jeremy Vine on Channel 5 (skip to 11 mins) 04/08/21



'Hang on!' Jeremy Vine steps in as Owen Jones 'annoys' quest in legalising drug row Daily

Express 04/08/21