BMJ in the News is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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PRESS RELEASES

The BMJ | Gut
Journal of Epidemiology & Community Health | Journal of Neurology, Neurosurgery & Psychiatry

EXTERNAL PRESS RELEASES

BMJ Open | BMJ Simulation & Technology Enhanced Learning

OTHER COVERAGE

The BMJ | BMJ Case Reports
General Psychiatry | Tobacco Control

INFLUENCE

Interviews, awards, and Parliamentary mentions.

The BMJ press release coverage

Editorial: Mandatory covid-19 vaccination for care workers (PR)

Should COVID-19 vaccines be mandatory? Experts argue such measures aren't always effective The Globe and Mail 07/07/21

Also in: Somerset Live + UK local news, Daily Post Wales, Sound Health & Lasting Wealth

Research: Efficacy, acceptability, and safety of muscle relaxants for adults with non-specific low back pain: systematic review and meta-analysis (PR)

Muscle relaxant drugs for back pain are little better than placebos, study finds The Daily Telegraph 08/07/21

Muscle relaxants ineffective in reducing lower back pain, comes with adverse effects: Study Hindustan Times 10/06/21

Also in: Daily Mirror, Daily Express, The Times, OZ News Today, News for Business AU, Newswire NZ, Mirage News Australia, Yahoo New Zealand, Canberra Times + widely covered by regional Australian news outlets, AniNews.in, Fiji News, WebIndia123,
Research: **Common elective orthopaedic procedures and their clinical effectiveness: umbrella review of level 1 evidence** (PR)

'Lack of evidence' that hip and knee ops actually help Daily Mail 08/07/21

Head to Head: **Should we delay covid-19 vaccination in children?** (PR)

Mirage News Australia, News-Medical.Net, WND, Medical Xpress

*Further coverage for omega 3 diet and headaches (PR)*

*Diet with more fish fats, less vegetable oils can reduce migraine headaches* Medical Xpress 05/07/21


*Other notable coverage*

*The global tally that reveals the real test for Scott Morrison on vaccines* The Sydney Morning Herald 06/07/21

*Also in:* Brisbane Times + regional Australian news outlets

*A Billion Seashore Animals Cooked Alive During Pacific Northwest Heat Wave* Newsweek 07/06/21

*Mounting evidence of link between Covid and 'painfully crippling' bone death in India* The Independent 06/07/21

*Bone Death', A Post-COVID Complication, Sees An Uptick, Doctors Worried* International Business Times Australia 07/07/21

*Sheffield Children's Hospital: Baby 'doing OK' after SMA drug first* BBC News 07/07/21

*Age, sex, vaccine dose, chronic illness – insight into risk factors for severe Covid is growing* The Guardian 07/07/21

*Why 10 minutes is the sweet spot for exercise* The Telegraph 08/07/21

*Are Oncologists Liable for Pandemic-Related Treatment Delays?* Medscape 09/07/21

*All children to be offered flu jab this winter amid fears of worst season on record* The Daily Telegraph 09/07/21

*Overweight people to receive shopping vouchers and Fitbits to help them shed pounds* Meto 09/07/21

*ICMR survey finds 7% adolescents have experimented with tobacco* Times of India 10/07/21

*All children to be offered flu vaccines this winter amid fears of worst season on record* The Daily Telegraph 09/07/21

*Yes, you really can lower your immune age* The Daily Telegraph 12/07/21

*JOURNALS press release coverage*

*Gut*
**Letter:** Rapid resolution of COVID-19 after faecal microbiota transplantation (PR)

How poo transplants could 'cure' Covid after symptoms disappear in TWO DAYS

The Sun 07/07/21


**Colon Cancer Is Rising in Younger Adults. Do Sugary Drinks Play a Role?** (previous PR)

The New York Times 05/07/21


UK COVID-19 Update: Health Bill Pandemic Concerns, How COVID-19 Helped Med Students

Medscape 07/07/21

**Journal of Epidemiology & Community Health**

Research: Childhood reading problems and cognitive ageing across mid to later life (PR)

Reading problems in childhood tied to poorer memory scores in adulthood

Medical Xpress 09/07/21

Also in: News-Medical.Net

Cuts to children’s support centres in England linked to thousands more kids with obesity

Nutrition2me

**Journal of Neurology, Neurosurgery & Psychiatry**

Research: Long-term trajectories of decline in cognition and daily functioning before and after stroke (PR)

Signs of stroke may appear ‘10 years before incident occurs’

The Irish Times 07/07/21

Stroke patients show tell-tale mental signs a decade earlier

The Times 07/07/21

People display signs of a stroke up to 10 YEARS before it happens

Daily Mail 07/07/21


Research: GFAP as a biomarker in frontotemporal dementia and primary psychiatric disorders: diagnostic and prognostic performance (External PR)

BMJ Open

Research: Prospective observational cohort study on epidemiology, treatment and outcome of patients with traumatic brain injury (TBI) in German BG hospitals (External PR)

'Egg timer' test of fertility marketed 'misleadingly', study finds The Sydney Morning Herald 08/07/21
Also in: Brisbane Times + Australian regional news outlets, The World News

Research: Fitness, strength and severity of COVID-19: a prospective register study of 1 559 187 Swedish conscripts (External PR)

Physical fitness at a young age linked to protection against severe COVID-19 News-Medical.net 09/07/21
Also in: Scienmag, newswise, Science Newsnet, Medical Xpress, Mirage News

BMJ Simulation & Technology Enhanced Learning

Letter: Three principles for the progress of immersive technologies in healthcare training and education (External PR)

New report aims to improve VR use in healthcare education Scienmag 07/07/21
Also in: Rocket News, NewsCaf

British Journal of Sports Medicine

Research: High SARS-CoV-2 infection rate after resuming professional football in São Paulo, Brazil (External PR)

Also in: Scienmag, Medical Xpress

Further coverage for physical activity and sleep (PR)
Physical activity may counter negative effects of sleep deprivation Medical News Today 05/07/21
Can't sleep? The best ways to exercise to beat your insomnia The Times 06/07/21

Trans women athletes have unfair advantage over those born female: testosterone New York Post 10/07/21 (previous PR)
Also in: The News Amed, DNyuz, Today News Post, Latestnewspost

Other notable coverage

BMJ Case Reports
Covid-19: Now, steroids-linked bone tissue death worries doctors, Times of India 05/07/21
Also in: Hindustan Times

General Psychiatry
The link between poor gut health and your mood, IOL South Africa 05/07/21
Also in: MSN South Africa

Tobacco Control
Smokers of menthol cigarettes have a harder time quitting, large new study finds, Stat News 06/07/21

INFLUENCE

- Navjoyt Ladher shares her insight on where we’re at with the pandemic, BBC Radio 4 Inside Health 06/07/21

- Fiona Godlee won Editor of the Year at the Association of British Science Writers Awards. The judges said: “There was nothing more that anyone could ask for the title of Editor of the Year. Vision, creativity, leadership, execution and impact.”

- Lords debate, Covid-19 Update - Statement, (08/07/21) Baroness Thornton mentions a letter in The BMJ on trade-offs between relaxing restrictions and the impact on the NHS.