**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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**PRESS RELEASES**

**The BMJ | British Journal of Sports Medicine**

**BMJ Open**

**EXTERNAL PRESS RELEASES**

**BMJ Open | General Psychiatry**

**Journal for ImmunoTherapy of Cancer | Journal of Investigative Medicine**

**OTHER COVERAGE**

**The BMJ | Annals of the Rheumatic Diseases**

**Archives of Disease in Childhood | BMJ Case Reports**

**BMJ Nutrition, Prevention & Health | BMJ Open Ophthalmology**

**BMJ Sexual & Reproductive Health | Emergency Medicine Journal**

**Family Medicine & Community Health | Gut**

**Journal of Epidemiology & Community Health**

**INFLUENCE**

**The BMJ press release coverage**

Analysis: Could expanding the covid-19 case definition improve the UK's pandemic response? (PR)

Three Covid symptoms 'MUST be included on the official NHS list' The Sun + Scottish Sun 01/07/21

COVID-19: Official list of symptoms should be expanded as it could be missing cases Sky News 01/07/21

Author Alex Crozier interview BBC Radio 4 Today (54 mins into programme) 01/07/21

Covid: Scientists call for expanded list of symptoms BBC News 01/07/21

Research: Dietary alteration of n-3 and n-6 fatty acids for headache reduction in adults with migraine: randomized controlled trial
Editorial: Dietary omega 3 fatty acids for migraine (PR)

A fish a day keeps migraines away: study finds omega-3 reduces headaches The Daily Telegraph 01/07/21
Mediterranean diet with oily fish could help reduce migraine frequency The Guardian 01/07/21


International + other

Further coverage for health apps privacy concerns (PR)
Privacy Concerns Examined Regarding Use of Mobile Health Apps Pulmonology Advisor 28/06/21

Other notable coverage
Pop-up jab centres in London are dishing out early second doses Daily Mail 28/06/21
Brown sugar and white sugar: A comparison Medical News Today 29/06/21
Science journal editor says he quit over China boycott article The Guardian 30/06/21
A 6pm finish, three cups of coffee a day and one cold shower: the maths of a healthy middle-age The Daily Telegraph 30/06/21
What Covid could look like in the next seven years The Telegraph 02/07/21
New Supreme Court Case Could Eliminate Legal Barriers To School Choice Nationwide Forbes 02/07/21
Sexual harassment forcing women out of health care: global study (BMJ Opinion) New York Post 02/07/21
HOW I BLEW MY MIND (print) The Sunday Times 04/07/21
UK scientists caution that lifting of Covid rules is like building ‘variant factories’ BMJ Opinion 04/07/21
Targeted vaccination drive a better strategy: ICMR study The Times of India 04/07/21

Journals press release coverage

British Journal of Sports Medicine

Research: Sleep and physical activity in relation to all-cause, cardiovascular disease and cancer mortality risk (PR)
Bad night's sleep could be offset by a good morning at the gym. The Times + Irish + Scottish editions 30/06/21

How exercise can counter the harms of poor sleep. The Sydney Morning Herald 30/06/21

Physical activity helps avoid health issues related with poor sleep says study. Hindustan Times 04/07/21


International

Other

Research: Effects of physical education interventions on cognition and academic performance outcomes in children and adolescents: a systematic review and meta-analysis (PR)

Physical education classes can help schoolkids in other areas, analysis finds. UPI 29/06/21

Quality PE lessons may make children better at maths. The Daily Telegraph 30/06/21

PE ‘helps improve academic prowess’. iNewspaper 30/06/21

California Adds Five More States to Its 'Banned Travel List', Demanding a Transgender Agenda in Girls' Sports (previous PR) CBN 29/06/21

Children With Concussions Are Four Times More Likely to Sustain a New Concussion National Law Review 29/06/21

Further coverage for physical activity and COVID-19 severity (PR)
Physical inactivity associated with higher risk of COVID-19 severity: study Medical Dialogues India 29/06/21

30 tiny tweaks guaranteed to transform your health Irish Mail on Sunday 04/07/21 (print)

BMJ Open

Research: Lessons from countries implementing find, test, trace, isolation and support policies in the rapid response of the COVID-19 pandemic: a systematic review (PR)

Border controls and quarantine key to stopping pandemics in their tracks, study finds The Daily Telegraph 30/06/21
COVID-19: How to slow coronavirus and stop future pandemics? Experts think this blueprint has the answers Sky News 01/07/21


International + Other

Research: Comparison of predicted psychological distress among workers between artificial intelligence and psychiatrists: a cross-sectional study in Tsukuba Science City, Japan (External PR)

Using Artificial Intelligence To Overcome Mental Health Stigma Scienmag 29/06/21

Also in: Digital Health News, sciencecodex, Ramaoin Healthcare, Science Newsnet, Homeai, Newswise

Research: Association of socioeconomic status with medical assistance in dying: a case–control analysis (External PR)
Low-income patients may be less likely to receive medical assistance in dying  Scienmag 02/07/21
Also in: 7th Space, News-Medical.net, 4State News, Mirage News

What to do if a child with ADHD cannot sleep  Medical News Today 28/06/21

Adolescents in India have high level of exposure to risk factors for developing non-communicable diseases: Survey  The Indian Express 01/07/21
Also in: The Hindu, The World News

Research: India's pragmatic vaccination strategy against COVID-19: a mathematical modelling-based analysis (External PR)

Covid jabs to key workers, then elderly followed by comorbid people of 24-60 yrs hikes impact: ICMR study  New Indian Express 03/07/21

General Psychiatry

Research: Rates and risk factors for suicidal ideation, suicide attempts and suicide deaths in persons with HIV: a systematic review and meta-analysis (External PR)

People living with HIV have a significantly higher risk of suicide. Here's why  Hindustan Times 30/06/21
Suicide rates 100 times higher in HIV patients (print) The Daily Telegraph 30/06/21
People living with HIV have a significantly higher risk of suicide: Study  Times of India 01/07/21

Journal for ImmunoTherapy of Cancer

Research: Off-tumor IDO1 target engagements determine the cancer-immune set point and predict the immunotherapeutic efficacy (External PR)

Closer To Cure: New Imaging Method Tracks Cancer Treatment Efficacy In Preclinical Studies  ScienMag 01/07/21

Journal of Investigative Medicine

Research: Sex differences in the induction of angiotensin converting enzyme 2 (ACE-2) in mouse lungs after e-cigarette vapor exposure and its relevance to
COVID-19 (External PR)

No, Vaping Doesn't Make You More Susceptible To Coronavirus  Forbes 30/06/21
COVID-19: Could vaping make the virus more infectious? - study  The Jerusalem Post 02/07/21

Also in: Newswire, Techcodex, webIndia123, India New England, Kentucky Indian, Glamsham, Prokerala, Andhravilas, Daijiworld, Business Standard, News18, Lokmat Times, ummid, Social News XYZ, India4U, Carrier Management Online, 5Dariya News, MedIndia, TechiLive, New Kerala

Other notable coverage

Annals of the Rheumatic Diseases
Target TNF or IL-12/23 in Psoriatic Arthritis?  MedPage Today 30/06/21
Also in: Medically Prime

Archives of Disease in Childhood
Resuming in-person classes: Pediatricians weigh in  Inquirer.net 04/07/21

BMJ Case Reports
Man Broke Penis Vertically During Sex After It 'Buckled' on Partner's Body in Medical First  (misattributed to The BMJ) Newsweek 02/07/21
Man Broke His 'Package' During Sex, Here's What Made The Fracture More Unusual  Forbes 02/07/21

BMJ Nutrition, Prevention & Health
Further coverage for fortifying tea with folate and vitamin B12 in Indian women (PR)
This is how fortifying tea with folate, vitamin B12 can help tackle health issues in women  Times of India 28/06/21
Also in: MedIndia, Sound Health & Lasting Wealth, Eastcoastdaily, TheHealthSite, New Kerala, MedIndia

Climate-friendly diets may come at higher cost for New Zealand families  New Zealand Herald 29/06/21

Further coverage for plant based/pescatarian diets and COVID-19 severity (PR)
You're "Significantly Less Likely to Catch COVID" If You Eat This  Yahoo India Style 03/07/21
Also in: Yahoo Canada Style, MSN Arabia, The Newsy (Jakarta)

BMJ Open Ophthalmology
What Is Eye Strain–And How Do You Prevent It?  Forbes 29/06/21

BMJ Sexual & Reproductive Health
When you lose your virginity may be written in your GENES: Scientists discover 371 genetic variants linked to your age at first sex  Daily Mail 01/07/21
Also in: WS Tale, DUK News, Big World Tale, Times of News, Sound Health & Lasting
Wealth, What New2day, Breakingnews Time, expressdigest

**Family Medicine & Community Health**
STATINS can reduce the chances [...] Daily Mail 29/06/21

**Gut**
Nurture The Microbes For A Healthy Gut: Role Of Prebiotics In The Times Of COVID-19
TheHealthSite (Previous PR) The Health Site 29/06/21

**Journal of Epidemiology & Community Health**
From puberty and periods to the menopause: the link between female hormones and oral health The Guardian 02/07/21
Also in: Yahoo Style

**INFLUENCE**

- Fiona Godlee did an interview on Times Radio on Sajid Javid's intray (skip to 02:15:35) 28/06/21

- Fiona Godlee talking about the shortcomings in testing and a health secretary who “will be harshly treated by history” on CNN International’s Quest Means Business 29/06/21

https://twitter.com/questCNN/status/1409983763963076609

- At the Paris Forum, from 30 June to 2 July 2021, WHO will be launching The BMJ’s special series of papers on women’s health and gender equality, with an accompanying podcast series.

Generation Equality Forum – Paris 2021