**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

The content is provided daily by Cision and Google Alerts. The views expressed are those of the individual journalists/outlets: they are intended to represent the breadth of media coverage, not endorsement by BMJ or the media relations team.

**A total of 28 journals were picked up in the media last week (7-13 June)**

**Our highlights include:**

- Research published in *BMJ Nutrition, Prevention & Health* suggesting that plant-based and/or fish diets may help lessen the severity of COVID-19 infection made international headlines, including the *Times of India, New York Post*, and *The Jerusalem Post*.

- A letter published in *The BMJ* arguing that India’s national government has inappropriately prioritised people for covid-19 vaccination was picked up by the *Times of India, The Statesman*, and *India TV*.

- A study published in *Emergency Medicine Journal* revealing that e-scooter injuries are most likely to occur at weekends and after alcohol-fuelled risk taking made headlines in *The Times, The Daily Telegraph*, and the *Daily Mail*.

**BMJ PRESS RELEASES**

*The BMJ | BMJ Nutrition, Prevention & Health*  
*Emergency Medicine Journal*

**EXTERNAL PRESS RELEASES**

*Gut*

**OTHER COVERAGE**

*The BMJ | Annals of the Rheumatic Diseases*  
*Archives of Disease in Childhood | BMJ Case Reports*  
*BMJ Global Health | BMJ Open*  
*BMJ Open Diabetes Research & Care | BMJ Paediatrics Open*  
*BMJ Quality & Safety*  
*BMJ Supportive & Palliative Care | British Journal of Ophthalmology*  
*British Journal of Sports Medicine | Drugs and Therapeutics Bulletin*  
*Heart | International Journal of Gynecological Cancer*  
*Journal for ImmunoTherapy of Cancer | Journal of Clinical Pathology*
The BMJ press release coverage

Letter: Pandemic lessons from India: inappropriate prioritisation for vaccination (PR)

Vaccine policy causing avertable deaths: BMJ Times of India (print + online) 11/06/21
India’s Covid vax policy leading to avertable deaths: Experts The Statesman 10/06/21

Also in: Lokmat, Mirage News, Medical Xpress, Sify, India TV, Ahmedabad Mirror, Kentucky India, Hindu Business Line, Andhram, Prokerala, World News Network

Other notable coverage
NHS and social care worker burnout reaches emergency level, say MPs The Times 08/05/21
Analysis | Why Impact of 'Long Covid' Could Outlast the Pandemic The Washington Post 08/06/21
Journals Understate Systemic Racism (print) The New York Times 08/06/21
Sage modelling warns of risk of ‘substantial’ Covid third wave The Guardian 09/06/21
NHS Chief: Hospitals Can Cope (Chris Hopson BMJ Opinion) Daily Mail 10/06/21
Matt Hancock pledges to hand over any advice on discharges to care homes The Guardian 10/06/21
Doctors who mix up sex and gender ‘put patients at risk’ The Times 10/06/21

JOURNALS

BMJ Nutrition, Prevention & Health

Research: Plant-based diets, pescatarian diets and COVID-19 severity: a population-based case–control study in six countries (PR)

Plant, fish-based diet linked with less Covid-19 severity: Study Times of India 09/06/21
Vegan, fish-based diets result in lower COVID-19 severity - study The Jerusalem Post 08/06/21
Plant-based eaters are less likely to get severe COVID: study says New York Post 08/06/21


International
Vitamin D supplements may not protect against COVID-19  Medical News Today 10/06/21 (Previous PR)

Emergency Medicine Journal

Research: E-scooter incidents in Berlin: an evaluation of risk factors and injury patterns (PR)

E-scooter trial hits bump in the road just as it gets going The Times 08/06/21
E-scooter drivers ‘prone to alcohol-fuelled risk taking’, study says MSNBC TV News 08/06/21


Annals of the Rheumatic Diseases
EULAR issues recommendations on intra-articular therapies Medwire News 08/06/21
Further coverage for methotrexate and mRNA COVID-19 vaccines (PR)

Methotrexate May Impair Immune Response to mRNA COVID-19 Vaccine Dermatology Advisor 08/06/21
Also in: Neurology Advisor, Clinical Pain Advisor,

Patients With RA on Rituximab at Risk for Worse COVID Outcomes Medscape 08/06/21

JOINT REPLACEMENTS IN GOUT PATIENTS ARE PREVALENT AND COSTLY Medical Research.com 09/06/21

Secukinumab Effective for Treating JIA Patient Worthy 10/06/21
Also in: Healio

Inflammatory arthritis routine care should include self-management strategies Healio 09/06/21

The Risk of Heart Failure and Dementia Is Decreasing CreakyJoints 10/06/21

Archives of Disease in Childhood
Is your child having trouble sleeping? An expert recommends this gadget Today (NBC) 09/06/21
Also in: FromPress, MSN Philippines, MSN Lifestyle

BMJ Case Reports
Effects of cold water swimming on pain (Previous PR)
Interview with author Mike Tipton Alun Newman - BBC Radio Solent (skip to 1:43:00, misattributed to The BMJ) 11/06/21

BMJ Global Health
Is vaccine hesitancy in Africa linked to institutional mistrust? Health Europa 10/06/21
(Previous PR)

New evidence-based learning on abortions in India The Statesman 20/06/21

BMJ Open
Further coverage for number of siblings and heart disease risk (PR)
Being the eldest sibling may be good for the heart Irish Daily Mail (print) 08/06/21
Also in: Newsmax, WAAV-AM + US local broadcast outlets,

The facts about multivitamins The Washington Post 08/06/21 (Previous PR)

The heartbreaking reality of a teenage girl's sex life Daily Mail 09/06/21 (Previous PR)
Also in: Mylifestylemax, Mail Plus, Yahoo News

You Might Be Eating Too Much Pasta. Here's Why Healthdigest.com 09/06/21

X-Ray that will reveal if you really need statins The Irish News 10/06/21
Study finds too many healthy women are having their labour induced for no identified medical reason  MSN Lifestyle 10/06/21

Children’s risk of obesity increases with divorce of parents: study  Eminetra 11/06/21

Sleep Medications May Not Help Your Chronic Insomnia  Health Central 10/06/21 (Previous PR)

Pandemic underlines need to address physician burnout, study finds  Mirage News 11/06/21
Also in: Daily Hunt, Hindustan Times, HT Syndication

BMJ Open Diabetes Research & Care
Earlier Onset of T1D Linked With Poorer Glycemic Control  AJMC Managed Networks 07/06/21

Influence:  Economist Intelligence Unit cites research from BMJ O DRC on Perspectives of the changing nature of diabetes and its treatment over time among people with Type 2 diabetes and healthcare professionals

High rates of kidney disease among adults with diabetes, NUI Galway study shows  Galway Daily 13/06/21

BMJ Paediatrics Open
Home Phototherapy for Neonatal Jaundice: Should the UK Adopt It?  Medscape 09/06/21

BMJ Quality & Safety
The Health Wrap: on COVID-19, vaccines, social experiments, public health, palliative care, patient safety and more  The Croakey 12/06/21

BMJ Supportive & Palliative Care
Study of Victoria’s assisted dying prospective approval process in practice  Mirage News 07/06/21

British Journal of Ophthalmology
Black Glaucoma Patients Have More Visual Field Variability Than White Patients  Medscape 09/06/21
Also in: MDAlert

CBD Oil for Pain Management: Let’s Talk Step by Step  New Jersey Digest 11/06/21

British Journal of Sports Medicine
Are Maximalist Running Shoes Better?  Wellness Letter 11/06/2

Four easy exercises you can do while the kettle is boiling  Your Life Choices 07/05/21

The bans on transgender athletes - 6 facts  CBS 07/06/21 (Previous PR)
Also in: Sandhillsexpress, Texas News Today + extensive US local news outlets, USA Today, Yahoo Sports, The Christian Post
Study: lower stride rate associated with higher risk of bone stress injuries
Canadian Running Magazine 07/05/21

Health Benefits of Cherries
MedIndia 08/06/21 (Previous PR)

Can racket sports invigorate you and make you live longer?
Eminetra 08/06/21 (Previous PR)

One Secret Side Effect of Watching Too Much TV After 40, Says Study
MSN Health & Fitness 08/06/21
Also in: Eat This, Not That!

This 3-minute exercise trick can help people who sit at work
World Economic Forum 08/06/21

Online Exercise programme could prevent falls in elderly users
Health Europa 09/06/21

Does exercise help protect against severe COVID-19?
Harvard Health Newsletter 09/06/21 (Previous PR)
Also in: Healthy Life Zone, US Pharmacist

The Secret to Walking Your Way to a Lean Body, Say Experts
Eat This! Not That! 09/06/21
Also in: MSN Health & Fitness

Major Companies Are Publicly Supporting Naomi Osaka—Here’s What They Have To Say
Scary Mommy 10/06/21

The Benefits of Light Activity—Such as Walking or Stretching—According to New Research
Runner’s World 11/06/21

Simple Habits That Slow Aging, According to Science
Eat This, Not That! 12/06/21
Also in: Yahoo Lifestyle

Beware the threat of overuse injuries
The Post Newspaper 12/06/21

Drugs and Therapeutics Bulletin
The hay fever injection pros and cons
Yerepouni News 11/06/21

Gut

Research: Dysosmobacter welbionis is a newly isolated human commensal bacterium preventing diet-induced obesity and metabolic disorders in mice
(External PR)

A new bacteria, made in Belgium
Medical Xpress 09/06/21

New Research Says 150 Years Is the Likeliest Longest Lifespan for Humans—Here Are 8 Top Tips for Staying Healthy As You Age
MSN Philippines 07/06/21
Also in: MSN Health & Fitness, Well + Good,
I ate muffins that turned my poop blue, and learned my 'gut transit time' is up to 51 hours
MSN MY 05/06/21
Also in: CNET, Well + Good, 365 NewsX, Well + Good

Mediterranean diet: also the best option for a healthy liver The Saxon 10/06/21
Also in: Explica

12 silent signs your gut microbiome could be in trouble Reader's Digest Australia 11/06/21
Also in: MSN NZ + MSN AU

Scientists report 'strong candidate for next-gen beneficial bacteria targeting obesity'
NutraIngredients 12/06/21

Heart
5 Ways to Make Your Life Better in 5 Minutes, Say Experts Yahoo! India Style 09/06/21
Also in: Eat This!, Not That!, MSN IE+ Arabia + MY, MSN Health & Fitness, Yahoo India Lifestyle, xinmsn, Yahoo Canada Style

Algorithm Could Predict Risk of Heart Attack in Young People Technology Networks 11/06/21

Popular foods that cause Belly fat Opera News Nigeria 10/06/21

International Journal of Gynecological Cancer
Financial toxicity associated with cancer care impacts nearly 50% of women with gynecologic cancer ScienceNews Net India 11/06/21

Journal of Clinical Pathology
Cancer diagnosis rates have fallen during Covid-19, and that's not a good thing Arabian Business 07/06/21

BioAstin Review – Is BioAstin Effective For Cardiovascular and Joint Health? Health Insiders 10/06/21

Journal of Epidemiology & Community Health
Secret Side Effects of Owning a Dog, According to Science MSN Health & Fitness 09/06/21
Also in: Eat This! Not That!

The growing pressures single dads face raising children Offspring Magazine 11/06/21

Journal of Investigative Medicine
19 Ways You're Wrecking Your Immune System, Say Experts Yahoo Canada Style 11/06/21
Also in: MSN Health & Fitness, Eat This, Not That!

Journal of Medical Ethics
The Key Role Blockchain Is Playing In Healthcare ABC Money 08/06/21

Scientists Make Male Rat Give Birth National Review 11/06/21
Scientists Surgically Attach Uterus to Male Rats to Make Them Give Birth Conservative Angle 11/06/21
Also in: Life News
Journal of Medical Genetics
Worldwide Rare Disease Genetic Testing Industry to 2026 - Development in Genetic Testing Technologies is Driving Growth - ResearchAndMarkets.com  BusinessWire 09/06/21

Recurrent miscarriage: what if cause is genetic? Mirage News Australia 11/06/21

Journal of Neurology, Neurosurgery & Psychiatry
7 Super Brain Boosters | Stay Sharp & Focused Better Nutrition 07/06/21

This Scary Symptom Common Months After COVID, Research Shows Yahoo! Canada Style 07/06/21
Also in: Yahoo! India Style, Eat This, Not That!, Sound Health and Lasting Wealth, Global News Canada, Physician’s Weekly, Doctor’s Lounge, HealthDay

Medical Humanities
Organ transplantation: Challenging ethical questions on race, economics, and the meaning of life Genetic Literacy Project 10/06/21

Open Heart
What Does Sleep Deprivation Do to the Body The Science Times 10/06/21

Sexually Transmitted Infections
10 Things Doctors Want You To Keep Out Of Your Vagina Bustle 10/06/21

Tobacco Control
Illicit cigarettes' trade: Companies intentionally present inflated numbers Business Recorder 07/06/21
Also in: The World News, Pakistan Today