BMJ in the News is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

The content is provided daily by Cision and Google Alerts. The views expressed are those of the individual journalists/outlets: they are intended to represent the breadth of media coverage, not endorsement by BMJ or the media relations team.

A total of 28 journals were picked up in the media last week (14-20 June)

Our highlights include:

- A study in The BMJ finding “serious problems with privacy” in mobile health apps made headlines in the South China Morning Post, India Today, and The Guardian.

- Research published in Tobacco Control suggesting that ‘Ice’ flavoured e-cig use may be linked to nicotine dependence among young people was picked up by the Daily Mail, the Lokmat Times, and UPI.

- A study published in Occupational & Environmental Medicine suggesting that a junk food diet may boost the risk of dangerous driving among truck drivers was covered by the Daily Mail, The Daily Telegraph, and The National Scot.

BMJ

PRESS RELEASES

The BMJ | British Journal of Sports Medicine
Occupational & Environmental Medicine | Tobacco Control

EXTERNAL PRESS RELEASES

BMJ Open | BMJ Open Diabetes Research & Care
Journal for ImmunoTherapy of Cancer

OTHER COVERAGE

The BMJ | Annals of the Rheumatic Diseases
Archives of Disease in Childhood | BMJ Case Reports
BMJ Global Health | BMJ Nutrition, Prevention & Health
BMJ Open Ophthalmology | BMJ Open Respiratory Research
BMJ Open Sport & Exercise Medicine | British Journal of Ophthalmology
Drug and Therapeutics Bulletin | Emergency Medicine Journal
Gut | Heart
International Journal of Gynecological Cancer | Journal of Epidemiology & Community Health
Journal of Investigative Medicine | Journal of Medical Ethics
BMJ

BMJ becomes latest sponsor of NCTJ Journalism Diversity Fund Mirage News 14/06/21
BMJ becomes latest sponsor of NCTJ Journalism Diversity Fund InPublishing 15/06/21
Medical publisher to give financial backing to NCTJ diversity fund Hold the Front Page 15/06/21

WISH and "Nursing Now Challenge" to help position nurses at forefront of change WISH and "Nursing Now Challenge" to help position nurses at forefront of change MENA FN 20/06/21
Also in: The Peninsula, Gulf Times, Albawaba

The BMJ press release coverage

Research: Mobile health and privacy: cross sectional study
Editorial: Health apps are designed to track and share (PR)

Health is un-appy Daily Star 17/06/21
Health and fitness tracking app spying on you? Study finds your fear and concern is not unwarranted India Today 17/06/21
Health apps collecting sensitive user data pose privacy risk, says study South China Morning Post 17/06/21
Nine out of 10 health apps harvest user data, global study shows The Guardian 17/06/21


Letter: Daily contact testing trials in schools are unethical and extending them to include the delta variant puts everyone at risk (PR)

Scrap Covid tests in schools, says Oxford vaccine pioneer The Telegraph 27/06/21
Williamson rejects call to suspend school Covid tests The Times 18/06/21

Also in: Mirage News Australia, Yahoo Singapore

Other notable coverage
Mandatory Covid vaccines for NHS and care home staff The Times 16/06/21
Telling women to stop drinking is nothing short of sinister The Daily Telegraph 18/06/21
Medical bills have pushed crores of Indians into poverty. Ask Amit Paswan's widow The Times of India 21/06/21

JOURNALS
Consensus statement: **Selected issues in sport-related concussion (SRC|mild traumatic brain injury) for the team physician: a consensus statement** (PR)

**Strict Rest Not Recommended After Sports-Linked Concussion, Experts Say** US News & World Report 16/06/21

**Cure for concussion may be exercise not rest** The Daily Telegraph 16/06/21


**Does exercise help protect against covid-19?** Opera News Kenya 14/06/21 (Previous PR)

**8 Science-Backed Changes to Make to Help You Live to 100** MSN Health CA 14/06/21

**Also in:** MSN Arabia

**Light activity - such as walking or stretching - throughout the day is more beneficial than you think** MSN UK 14/06/21

**Also in:** Runner’s World

**Causes of Strokes in Young Adults** Sharecare 15/06/21

**Mom, Daughter Fight for Fairness in Women’s Sports in Transgender Era** The Daily Signal 15/06/21 (Previous PR)

**Also in:** Road2Info, USSA News

**Incredible Things That Happen When You Walk More, Say Experts** Eat This, Not That! 15/07/21

**Also in:** MSN Health & Fitness, MSN Health CA

**Want a Lean Body? Do This One Exercise Over All Others, Say Experts** Eat This, Not That! 16/06/21

**Get Bigger & Stronger With Eccentric Training** Men’s Fitness 16/06/21

**Best Low Back Pain Treatment for Athletes Still Unclear** Orthopedics This Week 16/06/21

‘You might not know who you are in 20 years’: NRL players told to stop hiding concussion Sydney Morning Herald 16/06/21

**Exercise hard for 3 minutes for every hour you spend sitting down, says research** fit&well.com 17/06/21
Are You Unhappy? Walk This Far Before Breakfast, Says Science MSN Health & Fitness 17/06/21
Also in: Eat This, Not That!

Coloring and sports make winning combo Queen’s Chronicle 17/06/21

A New Saliva Test for Concussions Shows Promise Orlando Health 17/06/21 (previous PR)

One Secret Side Effect of Walking You Never Knew, Says Study Eat This, Not That! 18/06/21

Children With Concussion Have 4X Repeat Risk Orthopedics This Week 18/06/21

Train Your Brain to Be More Creative HBR Ascend 18/06/21

Fit to fight off Covid-19 The Star Malaysia 20/06/21

Occupational & Environmental Medicine

Research: Effects of dietary patterns on driving behaviours among professional truck drivers: the mediating effect of fatigue (PR)

Truckers with poor nutrition are more likely to be dangerous drivers Daily Mail 16/06/21
Junk food side-effects can raise car crash risk The Daily Telegraph 17/08/21


International + other

Tobacco Control

Brief report: ‘Ice’ flavoured e-cigarette use among young adults (US Focus PR)

‘Ice’ flavoured e-cigarettes may be a gateway to nicotine dependence Daily Mail 15/06/21
‘Ice’ flavoured e-cigarette use tied to nicotine dependence among young adults: Study Lokmat Times 15/06/21
‘Ice’ flavored e-cigarettes may increase nicotine dependence risk in vapers UPI 14/06/21

Also in: The Herald + widely covered by UK local news, Today UK News, Wales Online
**Annals of the Rheumatic Diseases**
*Should I get the COVID-19 vaccine if I have rheumatoid arthritis?* Cleveland Jewish News 15/06/21

Further coverage for anti-inflammatories and COVID immune response (PR)
**Study Suggests Some Patients Taking Anti-Inflammatory Drugs May Have Weaker Immune Response to COVID-19 Vaccines** Pharmacy Times 16/06/21

**Worse COVID-19 Severity Among Patients With RA Receiving Rituximab or JAK Inhibitors vs TNF Inhibitors** Rheumatology Advisor 16/06/21

**Archives of Disease in Childhood**
*Pandemic Mitigation Efforts May Have Aggravated Pediatric T1D Presentation* AJMC Managed Networks 18/06/21

**BMJ Case Reports**
*KILLER HABIT I had a heart attack after drinking too many energy drinks* The Sun 19/06/21
(Previous PR)
**Also in:** The Scottish Sun, Usatodaypost, LadBible

**BMJ Global Health**
*New Evidence-based Learning on Abortions in India* IBNLive 11/06/21

**Caesarean section rates continue to rise, amid growing inequalities in access:** WHO int 16/06/21
*WebIndia123 18/06/21*
**Also in:** The Shillong Times, Prokerala, Andhravilas, Andhram, Window to News, Kentucky Indian, AustinIndian, Bhashkarlive, Npnews24, Social News XYZ, MENA FN, Lokmat Times, Daijiworld, New Kerala

**Racially biased academic publishing in need of decolonisation** University World News (Africa Edition) 17/06/21

**BMJ Nutrition, Prevention & Health**
*Further coverage for plant-based diet and COVID-19 (PR)*
**Could a Meat-free Diet Help Ward Off Severe COVID?** Cooking with Kathy Mann 14/06/21
**Can Covid-19 really be beaten with a plant-based diet?** Hiindia 15/06/21

Malaysia

**Diet May Impact COVID-19 Severity** Dermatology Advisor 17/06/21

**BMJ Open**

*Study Finds Bidirectional Relationship Between Migraine, Rheumatoid Arthritis* AJMC Managed Networks 14/06/21

**Pandemic underlines need to address physician burnout, study finds** Medical Xpress 14/06/21

**Also in:** Sound Health and Lasting Wealth

**How to combat stigma against Singapore healthcare workers amid Covid-19** Today 15/06/21

**No Known Expiration Date** Psychology Today 15/06/21

**Further coverage for sibling number and heart disease (PR)**
**Does the number of siblings you have affect your health?** News-Medical.net 15/06/21

**Also in:** Global News Entertainment

**Secret Tricks for Falling Asleep When You Can't Fall Asleep, Say Experts** Eat This! Not That! 16/06/21

**Research:** [Rapid realist review of the role of community pharmacy in the public health response to COVID-19](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8182360/) (External PR)

**Research finds pharmacies can play a 'key clinical role' in C-19 vacs** Pharmaceutical Services Negotiating Committee 17/06/21

**Also in:** Sound Health and Lasting Wealth, sciencecodex, Scienmag, Medical Xpress, Irish Medical Times,

Heartbreakingly heartbreakingly reality of a teenag girl's SEX LIFE (print) Irish Daily 17/06/21

**Little Evidence for the Long-Term Efficacy of Sleep Medication Among Women in Midlife** Psychiatry Advisor 17/06/21 (Previous PR)

**When You Get Hit By A Rubber Bullet, This Is What Happens To Your Body** Health Digest 18/06/21 (Previous PR)

**Feinstein Institutes gets $1.6M from NIH to study video palliative care services** Market Screener 18/06/21

**Also in:** Benzinga + US local news and online business outlets

**South Asian heritage citizens most likely to choose UK COVID vaccination** myscience.org 18/06/21

**BMJ Open Diabetes Research & Care**

**Research:** [Burden of chronic kidney disease and rapid decline in renal function among adults attending a hospital-based diabetes center in Northern Europe](https://doi.org/10.1136/bmjopen-2021-053849) (External PR)
High proportion of people with diabetes have chronic kidney disease, research reveals
News-Medical.Net 15/06/21
Kidney disease rates high in diabetic adults, study finds Health Europa 15/06/21

Rates of Reamputation High in Patients With Diabetes Drugs.com 15/06/21
Also in: Medical Xpress, Physician’s Briefing, HealthDay, MedPage Today, Medical Dialogues India

BMJ Open Ophthalmology
What Is the 20-20-20 Rule? Here’s How It Can Ease Digital Eye Strain The Healthy 16/06/21

BMJ Open Respiratory Research
Smart Inhalers: Pros and Cons HealthCentral 19/06/21

BMJ Open Sport & Exercise Medicine
Lifelong Exercise Adds Up to Big Health Care Savings The New York Times 16/06/21
Also in: Flipboard, MSN Lifestyle, Yahoo Lifestyle, Market Watch, Eat This, Not That!, MSN Money, Yahoo News, Daily Magazine, Top Ten Reviews, Diesel Gasoil, Press From

NRL players must start taking risk of concussion seriously (misattributed to BJSM) Sydney Morning Herald 16/06/21
Also in: WAToday, Brisbane Times, The Age Australia, Medically Prime, The Dominion Post, HorseTalk NZ

Serious runners have perfectly normal hip joints Podium Runner 17/06/21

British Journal of Ophthalmology
Obesity, BMI show inverse association with diabetic retinopathy Healio 15/06/21

Latin America Eyewear Market Analysis 2021 Reported Times 16/06/21

OCT Corneal Epithelial Mapping May Help Doctors Better Diagnose Dry Eye Medscape 18/06/21

Drug and Therapeutics Bulletin
HAY NOW Hay fever injection: How do I get one and is it safe? The Sun 16/06/21
Also in: The Scottish Sun + Sun IE, WS Buzz, USATodayPost

Emergency Medicine Journal
Further coverage for e-scooter accidents and timing of injuries (PR)
E-Scooter Accidents Most Common on Summer Weekends Infectious Disease Advisor 16/06/21

Gut
Scientists report ‘strong candidate for next-gen beneficial bacteria targeting obesity’ NutraIngredients 14/06/21

New Research Finds Link Between Sugary Drinks and Bowel Cancer Runner’s World 15/06/21 (Previous PR)
BitePRO Clothing Aims to Reduce Control and Restraint in Mental Health Care PharMed and Healthcare 17/06/21

Heart
Study links loneliness and heart disease Heart Health 21/06/21

International Journal of Gynecological Cancer

Research: Evaluating meaningful levels of financial toxicity in gynecologic cancers (External PR)
Financial toxicity impacts nearly 50% of women with gynecologic cancer 7th Space 15/06/21
Also in: Medical Xpress, Scienmag, News-Medical.net

Journal for ImmunoTherapy of Cancer

Research: Association between body mass index, dosing strategy, and efficacy of immune checkpoint inhibitors (External PR)
Study finds dosing strategy may affect immunotherapy outcomes Scienmag 13/06/21

Research: Non-invasive measurement of PD-L1 status and prediction of immunotherapy response using deep learning of PET/CT images (PR)
Team develops non-invasive approach to predict outcomes in lung cancer Medical Xpress 18/06/21
Moffitt develops non-invasive approach to predict outcomes in lung cancer Scienmag 18/06/21
Also in: Newwise, Science Newsnet, Health Medici Net

Weight-based dosing with immunotherapy in high-BMI patients key in kidney cancer Urology Times 18/06/21

Journal of Epidemiology & Community Health
8 Science-Backed Changes to Make to Help You Live to 100 Yahoo News 14/06/21
After a Suicide Tragedy, Will There Be Copycats? Psychology Today 15/06/21 (Previous PR)

Journal of Investigative Medicine
Does This Health Supplement Helps To Support Immune System? Consumer Health Digest 17/06/21

BreatheMD Reviews - Is It Safe To Use & Worth Trying? Health Insiders 18/06/21

Journal of Medical Ethics
Bicycle Helmet Law BBC Radio Scotland (skip to 2:45:20) 15/06/21
Also in: BBC Radio Highlands & Islands, BBC Radio Shetland, BBC Radio Orkney
Scientists Implant Uterus In Male Rat, Make It Give Birth
Alex Jones Show 15/06/21
Freak science experiment fuses two rats together and makes male one give birth
Daily Star 17/06/21
Also in: USSA News, The Epoch Times-Chicago, Big World Tale

Old sex robot created with grey hair and wrinkles after special build request
Daily Star 17/06/21 (Previous PR)

The Mark of the Empire & the Transformed Human
Beastwatchnews 17/06/21

Study uncovers serious shortcoming in holding Israel to account for torture
Middle East Monitor 18/06/21

Journal of Medical Genetics
Some recurrent miscarriages may have genetic cause
Futurity 15/06/21

Journal of Neurology, Neurosurgery & Psychiatry
Should Mild Guillain-Barré Syndrome Be Treated?
Physician’s Weekly 14/06/21

Covid-19 leaves trail of questions about effects on mental health
The Irish Times 14/06/21
Neurological, Neuropsychiatric Symptoms Common in COVID-19
Neurology Advisor 15/06/21
Also in: Florida News Times, News Nation USA

Prescribing New Alzheimer's Drug; Treating Guillain-Barre; Menopause and the Brain
MedPage Today 15/06/21

RMD Open
Artificial Intelligence Gives Rheumatologists an Assist
The-Rheumatologist.org 14/06/21

Q&A: Guselkumab in Active Psoriatic Arthritis
Rheumatology Network 16/06/21

Thorax
Research Sheds Light on Potential Immune Changes in IPAH
Pulmonary Hypertension News 16/06/21