**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

The content is provided daily by Cision and Google Alerts. The views expressed are those of the individual journalists/outlets: they are intended to represent the breadth of media coverage, not endorsement by BMJ or the media relations team.

A total of 23 journals were picked up in the media last week (10-16 May).

Our highlights include:

- A study in *The BMJ* suggesting that delaying the second dose of covid-19 vaccines could result in up to 20% lower mortality, but only under certain conditions, made headlines in *The Guardian*, *The Independent*, and *The Times*.

- Research in *BMJ Open* finding that long term use of prescription meds for insomnia is not linked to better quality sleep was covered widely, including the *Daily Mail*, *NBC News*, and *CNN*.

- A letter published in the *Archives of Disease in Childhood* revealing a fivefold rise in young children swallowing magnets over the past 5 years in the UK was picked up by *The Telegraph*, *The Guardian*, and *The Straits Times*.

**PRESS RELEASES**

- [The BMJ](https://www.bmj.com) | [Archives of Disease in Childhood](https://www.bmj.com)
- [BMJ Open](https://www.bmj.com) | [Journal of Medical Ethics](https://www.bmj.com)

**EXTERNAL PRESS RELEASES**

- [Thorax](https://www.bmj.com)

**OTHER COVERAGE**

- [The BMJ](https://www.bmj.com) | [Annals of the Rheumatic Diseases](https://www.bmj.com)
- [BMJ Case Reports](https://www.bmj.com) | [BMJ Evidence-Based Medicine](https://www.bmj.com)
- [BMJ Global Health](https://www.bmj.com) | [BMJ Nutrition, Prevention & Health](https://www.bmj.com)
- [BMJ Open Diabetes Research & Care](https://www.bmj.com) | [BMJ Open Ophthalmology](https://www.bmj.com)
- [BMJ Open Science](https://www.bmj.com) | [BMJ Quality & Safety](https://www.bmj.com)
- [British Journal of Ophthalmology](https://www.bmj.com) | [British Journal of Sports Medicine](https://www.bmj.com)
- [Gut](https://www.bmj.com) | [Heart](https://www.bmj.com)
- [Journal of Epidemiology & Community Health](https://www.bmj.com) | [Journal of Neurology, Neurosurgery & Psychiatry](https://www.bmj.com)
- [Lupus Science & Medicine](https://www.bmj.com) | [Occupational & Environmental Medicine](https://www.bmj.com)
- [RMD Open](https://www.bmj.com)
The BMJ press release coverage

Research: Public health impact of delaying second dose of BNT162b2 or mRNA-1273 covid-19 vaccine: simulation agent based modeling study (PR)

Delaying second Covid vaccine doses can save lives, study finds The Guardian 14/05/21
Covid vaccine: UK decision to delay second dose vindicated by new research The Independent 13/05/21
Millions face early second vaccine to slow Indian coronavirus strain The Times x3 14/05/21


International + other

Opinion: Covid-19 travel plan will let new variants into the UK (PR)

UK 'traffic light' system for foreign travel risks importing variants, experts warn The Independent 13/05/21
Covid-19 traffic light travel plan ‘will let variants into the UK’ inews 12/05/21


Other notable coverage
Times letters: Starmer and the future of the Labour Party The Times 10/05/21
Biting point The Times 10/05/21
Long-haul covid-19 renews push lo expand palliative care, activists say The Washington Post 11/05/21
The Olympics Are Too Risky. Call Them Off. (print) The Washington Post 12/05/21
A Sports Event Shouldn’t Be a Superspreader. Cancel the Olympics, New York Times 11/05/21
Forget BMI – these are the health tests you need to do today The Daily Telegraph 13/05/21
Why Tokyo thinks its Olympics show must go on (even as Covid-19 booms) South China Morning Post 15/05/21
Tokyo Olympics shouldn't be a superspreader. Cancel them The Straits Times 14/05/21

JOURNALS

Archives of Disease in Childhood

Letter: Foreign body ingestion in children: a magnet epidemic within a pandemic (PR)
Cases of children swallowing magnets have increased five-fold in five years, doctors say
The Telegraph 12/05/21

Doctors in London report fivefold increase in children swallowing magnets
The Guardian 11/05/21

Doctors sound alarm over fivefold jump in kids swallowing magnets
The Straits Times 12/05/21


International + other

BMJ Open

Research: Prescription medications for sleep disturbances among midlife women during 2 years of follow-up: a SWAN retrospective cohort study (PR)

Long-term prescription medication for insomnia does not improve sleep - study
Daily Mail 11/05/21

Prescription sleep pills not likely to help women in the long run, study finds
NBC News 11/05/21

Prescription pills don't equal better sleep in the long run for women, study suggests
CNN 12/05/21


International + other
Low-carb, nutritious alternatives to pasta  Medical News Today 11/05/21

Clinic to halt trans drugs for children  The Australian (Link unavailable) 11/05/21

Better Health Care Guidance Needed for Trans People  Medscape 11/05/21

No Known Expiration Date  Psychology Today 14/05/21

Covid deaths in England 'twice as high in Muslims as Christians'  Daily Mail 13/05/21

Also in: bigwnews

Journal of Medical Ethics

Clinical ethics: Spoonful of honey or a gallon of vinegar? A conditional COVID-19 vaccination policy for front-line healthcare workers (PR)

Hospitals 'should consider firing staff who refuse Covid jab'  iNews 12/05/21
Make job conditional on COVID-19 jab for frontline healthcare workers  OnMedica 12/05/17


Bill proposes pain relief for foetus during late-term abortions  The Irish Times 13/05/21

The problem with Ohio's $1 million vaccine lottery  The Week 13/05/21

Also in: MSN News, Allusanewshub

Annals of the Rheumatic Diseases

People with inflammatory diseases may have impaired antibody response to COVID-19 vaccination  medwireNews 10/05/21

Stopping IL-17 Drug for Axial Spondyloarthritis? Expect Spinal Flares  MedPage Today 11/05/21

NSAIDs don't make COVID-19 worse in hospitalized patients  The Hospitalist 11/04/21

Also in: Medscape, The Health Guild

Rituximab treatment 'may not preclude' COVID-19 vaccination  medwireNews 11/05/21

Vaccination effective in spite of immune disease  Mirage News 11/05/21

EULAR issues recommendations on self-management strategies for inflammatory arthritis  Medwire News 12/05/21

Connecting the dots: emerging trends in gout research encourage a more comprehensive approach to care  Rheumatology Advisor 13/05/21
COAST-Y supports continued ixekizumab treatment for patients with axSpA  
[medwire News 13/05/21]

Early data do not show fecal microbiota transplantation benefit in peripheral PsA  
[medwire News 14/05/21]

Real-world effectiveness may vary with adalimumab biosimilars  
[medWire News 15/05/21]

Psoriatic Arthritis Raises Crohn's Disease Risk  
[Everyday Health 14/05/21]

**BMJ Case Reports**

*Man Caught Three Whole Diseases From a Single Tick Bite*  
[Gizmodo 10/05/21]

**Also in:** International Business Times, DNyz, New York Post, Explica,

Bloody tears: Rare case of 'vicarious menstruation' diagnosed in India  
[CTV News 12/05/21]

Rare case of vicarious menstruation diagnosed in India  
[NewsCaf 12/05/21]

**Also covered by US TV outlets, CTV News**

Case Report: Withdrawing Immunosuppressive Therapy in RA After SARS-CoV-2 Infection and Increased Risk for Vasculitis  
[Rheumatology Advisor 12/05/21]

**BMJ Evidence-Based Medicine**

*Honey A Better Cough Remedy Than Over The Counter Medicines*  
[The Tide 12/05/21] (previous PR)

**BMJ Global Health**

*NHS partners with YouTube to promote vaccine uptake among young people*  
[inews 17/05/21] (previous PR)

**BMJ Nutrition, Prevention & Health**

*Do you have a hangover? Try this herbal remedy*  
[Eminetra.nz 10/05/21] (Previous PR)

**BMJ Open Diabetes Research & Care**

*CGM may trigger better hypoglycemia treatment, but not insulin refinement*  
[Medwire News 10/05/21]

Study Compares Mortality Risk Among Kidney Transplant Patients in US by Diabetes Status  
[Endocrinology Network 12/05/21]

The Ultimate Guide to the Health Benefits of Tea  
[Livestrong 14/05/21]

**BMJ Open Ophthalmology**

**BMJ Open Science**

*Lab rats are overwhelmingly male, and that's a problem*  
[CNN 14/05/21]

**Also covered widely by local US broadcast + print outlets, Erie News Now**

**BMJ Quality & Safety**

*New Automated Insulin Infusion System May Potentially Reduce Medical Errors, Improve Care*  
[Mirage News 13/05/21]
**British Journal of Ophthalmology**

*Type of Glaucoma Linked to Increased Risk of Cognitive Impairment*  
Today’s Geriatric Medicine 13/05/21

*SARS-CoV-2 mRNA Vaccine Might Trigger Corneal-Transplant Rejection*  
Medscape 13/05/21

**UK COVID-19 Update: Surge Testing, Surge Vaccination, GPs Return to Face-to-Face Appointments**  
Medscape 14/05/21

**This Is the Most Important Place to Apply Sunscreen (and You Probably Aren't Doing It)**  
Yahoo Lifestyle Singapore 16/05/21

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**British Journal of Sports Medicine**

*The Big Number: After a concussion, one-third of youths develop mental health issues*  
The Washington Post 10/05/21

*After a concussion, a third of youths develop mental health issues*  
Stuff.co.nz 11/05/21


*Physical inactivity is linked to more severe coronavirus infection, death, says new study*  
ET Healthworld 14/05/21 (Previous PR)

**Also in:** SciTech Daily, Healio, Before It’s News, Explica, Today's Geriatric Medicine, New Telegraph (Nigeria), The Guardian (Trinidad & Tobago),  
5 Ways to add eccentric training to your workouts so you get even stronger  
Glamour South Africa 12/05/21

**Everything You Need to Know About How to Make Walking a Workout**  
Everyday Health 13/05/21

**Kids Who Aren’t Glued to Their Classroom Chairs Learn Better**  
Psychology Today 14/06/21

**6 stress fracture warning signs all women should know about**  
MSN UK 14/05/21

**Also in:** Runner’s World UK

**How to Make Walking a Workout**  
Everyday Health 14/05/21

**How Exercise Affects Pregnant Women**  
Outside 14/05/21

**How Exercise Actually Affects Pregnant Women (And Their Placenta)**  
Women’s Health 16/05/21

**Keep fit without following the crowd**  
Irish Examiner 15/05/21

**Gut**

*Further coverage for sugary drinks and bowel cancer risk (PR)*

*Not-so-sweet effects of sugary drinks*  
Retail Pharmacy 10/05/21
Lowdown on consuming red meat; several substitutes for white flour

Hometown Focus 14/05/21

Heart

Further coverage for thinning bones and heart disease risk (PR)

Thin and brittle bones strongly linked to heart disease risk

Your Life Choices (AU) 11/05/21

Also in: Jioforme, Yahoo News UK, McKnight's Long Term Care News, msn.com, Atlanta News Now, Knowridge.com, Martha Stewart, Yahoo Finance, Endocrinology Network, AJC, Medical Research.com, Explica, Yahoo! Canada Style, Yahoo India Style, MSN Arabia, MSN Health & Fitness, Eat This, Not That!, Yahoo Lifestyle

DIY Ways to Strengthen Your Heart Valves

HealthCentral 15/05/21

How much will fried foods harm your heart?

Headtopics 16/05/21

Journal of Epidemiology & Community Health

Why sitting is bad for you

Fit&Well 12/05/21

Journal of Neurology, Neurosurgery & Psychiatry

What Is Foreign Accent Syndrome? Australian Woman Starts Speaking With an Irish Accent After Tonsil Surgery

MSN Lifestyle 12/05/21

Also in: MSN Health CA

Lupus Science & Medicine

Pregnant Women With Lupus Benefit From Multidisciplinary Clinical Pathway

Rheumatology Network 13/05/21

Occupational & Environmental Medicine

What Happens to Your Body When You Have a Busy Job, Says Science

Eat This Not That! 10/05/21

Also in: MSN Health & Fitness,

Walmart sales soared, essential workers got scant protection

Seattle Times 12/05/21

(Previous PR)

RMD Open

Q&A: Biologics Versus Targeted Therapies in Psoriatic Arthritis

Rheumatology Network 10/05/21

Rheumatoid arthritis: Symptoms that might not seem 'clearly related' to arthritis

Daily Express 11/05/21

Rheumatoid arthritis: Non-joint symptoms that may precede joint symptoms by five years
Continued Ixekizumab Therapy Proved More Effective Than Withdrawal in Patients With Psoriatic Arthritis Rheumatology Network 14/05/21

Thorax

Research: Bronchial gene expression signature associated with rate of subsequent FEV1 decline in individuals with and at risk of COPD (External PR)

Genes responsible for loss of lung function identified ScienceDaily 11/05/21
Researchers identify genes responsible for loss of lung function 7th Space 12/05/21

The Links Between Hay Fever And Exposure To Prenatal Pollutants Science2.0 12/05/21

Health outcomes differ between UK and US children with cystic fibrosis Mirage News 14/05/21

Also in: Newswise, 7th Space, Science Newsnet, Scienmag, Health Medici Net, RT: For Decision Makers in Respiratory Care