BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 27 journals were picked up in the media last week (29 March-4 April) - our highlights include:

- Research published in *The BMJ* finding that levels of adherence to the UK’s test, trace, and isolate system are low made national headlines, including *BBC News, The Guardian, and The Daily Telegraph.*

- A *BJSM* study suggesting that physical inactivity is responsible for up to 8% of non-communicable diseases and deaths worldwide was picked up by *CNN, ITV News, and Gulf Today.*

- A study in *The BMJ* revealing that people discharged from hospital after covid-19 appear to have increased rates of organ damage compared with similar individuals in the general population made headlines in the *Times of India, Huffington Post, and Asian Image.*

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**PRESS RELEASES**

*The BMJ | British Journal of Ophthalmology*
*British Journal of Sports Medicine | Thorax*

**EXTERNAL PRESS RELEASES**


**OTHER COVERAGE**

Seven blood clot deaths after AstraZeneca Covid vaccine (mentions BMJ Best Practice) The Times 03/04/21

The BMJ press release coverage

Research: Adherence to the test, trace, and isolate system in the UK: results from 37 nationally representative surveys
Editorial: Test, trace, and isolate in the UK (PR)

Covid-19: Few people with symptoms are self-isolating, study finds BBC News 01/04/21
Mass Covid testing in schools costing £120,000 for every positive case found The Daily Telegraph 01/04/21
Fewer than a quarter with Covid symptoms request test, UK study finds The Guardian 01/04/21


Research: Post-covid syndrome in individuals admitted to hospital with covid-19: retrospective cohort study (PR)

Study reveals increased rates of organ damage after discharge from hospital with Covid-19 Times of India 01/04/21
Covid Patients Are Suffering Organ Damage After Leaving Hospital The Huffington Post 31/03/21


News: Covid-19: mass testing at UK universities is haphazard and unscientific, finds BMJ investigation (PR)

Mass Covid testing in schools costing £120,000 for every positive case found The Telegraph 31/03/21

Also in: Medical Xpress, Medscape, Global Research, Infosurhoy, Yahoo News, Research
Letter: **Uniting for adolescents in covid-19 and beyond** (PR)

Governments and health leaders call for action on adolescent wellbeing Medical Xpress 31/03/21

Also in: The Telegraph, PAIRSonalties UK, Infosurhoy

Other notable coverage

**Loss of autonomy stymies growth of organ transplant** Times of India 30/03/21

**Alarm over growing use of powerful drugs to treat insomnia and anxiety (print)** The Times 29/03/21

Author Ilona Kickbusch interview on the case for an international pandemic treaty (skip to 31:50 mins) BBC World Service Newshour 30/03/21

Author Mohammad Razai interview on covid-19 vaccine hesitancy among ethnic minority groups (00:15:13-00:22:11) Times Radio 30/03/21

Also on LBC, Channel 4 News

Lessons From HIV And LGBTQ Sexual Health Can Help End The Pandemic Forbes 30/03/21

Reluctance to self-isolate The Times 31/03/21

Coronavirus reinfection: Senior citizens more likely to get reinfected, according to a new study Times of India 31/03/21

Thousands dead and a country in turmoil: Brazil’s countdown to Covid catastrophe The Telegraph 02/04/21

No 10’s race report used ‘cherry-picked’ data, say public health experts The Guardian 01/04/21

This poisonously patronising Sewell race report is historically illiterate | David Olusoga The Guardian 02/04/21

Boris Johnson’s most senior black adviser quits in row over race report Sydney Morning Herald 02/04/21

Doctors warned to stop mixing up sex and gender as patients are getting wrong treatments The Telegraph 02/04/21

Doctors who mix up sex and gender ‘put patients at risk’ The Times 03/04/21

'A growing concern': tens of thousands of NHS staff sick with long Covid, leaders say The Guardian 03/04/21

NHS adviser to review hormone use on young The Times 04/04/21

Wider influence

Report produced by the Commission on Race and Ethnic Disparities, Health, published 31/03/03 extensively cites The BMJ, BMJ Clinical Evidence, Archives of Disease in Childhood, BMJ Open, Gut, Heart, and JECH

**JOURNALS**

**British Journal of Ophthalmology**

Research: **Normal-tension glaucoma is associated with cognitive impairment** (PR)

Eyes offer window into cognitive impairment MedPage Today 30/03/21

New Study Creates A Link Between Glaucoma And Cognitive Impairment Technology Times Pakistan 30/03/21
MiyoSmart arrives in Spain, the ophthalmic lens that promises to reduce the progression of myopia by up to 60% 31/03/21

Scleral Buckling vs Pars Plana Vitrectomy in Retinal Detachment Practice Update 01/04/21

ForSight Robotics Raises $10 Million in Seed Round Medical Product Outsourcing 01/04/21

Also in: Medical Buyer

Research Highlights Eyeworld 01/04/21

British Journal of Sports Medicine

Research: Physical inactivity and non-communicable disease burden in low-income, middle-income and high-income countries (PR)

Physical inactivity could increase your risk of diseases such as dementia CNN 29/03/21
‘Substantial’ rates of death and disease linked to inactivity ITV News 30/03/21
Short on time? Here are 4 easy exercises you can do at home Gulf Today 01/04/21

Also in: The National Scot, Daily Mail + Scottish Daily Mail, Daily Mail - This is Money, Evening Express + widespread local news outlets, Evening Standard, iNewspaper, The Independent, AOL UK, BreakingNews.ie, RTE, Daily UK News

International

Other

UAB School Of Medicine Names New Associate Dean For Primary Care And Rural Health Patch.com 29/03/21

Will Testosterone Help Women Feel Strong and Sexy? People’s Pharmacy 29/03/21
Op-ed: Your child wants to be a pro athlete? Be realistic, Chicago Tribune 29/03/21

Social factors key in increased knee injuries among girls, women: Study WebIndia123 29/03/21

Benefits of coffee: can drinking caffeine before you exercise improve your fitness? Stylist 29/03/21

Further coverage for chemical ‘signatures for concussion in spit (PR)
Saliva test 94% accurate in head injury study Rugby Word 29/03/21

Your child wants to be a pro athlete? Be realistic, Chicago Tribune 30/03/21

How Staying Physically Fit May Help Kids’ Executive Functions Psychology Today 31/03/21

PREVENTING INJURIES ON THE GOLF COURSE THIS SEASON News Dakota 31/03/21

DOES PAST GROIN PAIN INCREASE RISK OF SOCCER INJURY? Orthopedics This Week 01/04/21

Exercise a fitting path to improved health American College of Physicians 01/04/21

Sports Medicine Market Changing Dynamics Of Competition With Forecast To 2030 The Bisouv Network 01/04/21

Further coverage on female transgender athletes (PR)
Kansas and Alabama Could Be Next States to Ban Trans Athletes From School Sports them. 30/03/21
The Republican crusade against trans athletes in women’s sports The Sydney Morning Herald 02/04/21
Also in: The Age Australia, Brisbane Times, Stuff.co.nz, Ex Bulletin, Guilfordian, WA Today.au, CBN.com

Further coverage for fitness apps and weight loss (PR)
Fitness Trackers Can Help Those With Obesity Lose Weight Endocrinology Advisor 01/04/21
Beware the rate of data decay ITProPortal 02/04/21

Combat sports athletes are using a deadly weight gain "hack" to game the weight classes Salon 04/04/21
Also in: MSN Sports

Thorax

Research: Impact of COVID-19 national lockdown on asthma exacerbations: interrupted time-series analysis of English primary care data (PR)
Research: Impact of COVID-19 lockdown on emergency asthma admissions and deaths: national interrupted time series analyses for Scotland and Wales (PR) + Research: Decrease in hospital admissions for respiratory diseases during the COVID-19 pandemic: a nationwide claims study (PR)

Asthma Attacks Being 'Dealt With At Home' During Pandemic, HuffPost UK 29/03/21


Further coverage for pre and postnatal exposure to pollutants (PR)
Prenatal, Postnatal Exposure to Fine Particulate Matter Linked to Allergic Rhinitis, Pulmonology Advisor 29/03/21

Annals of the Rheumatic Diseases
COVID-19 vaccination in RMD patients: Safety data “reassuring” MD Edge 29/03/21
Also in: Medscape

Most RMD patients have antibody response to COVID-19 vaccination medwireNews 31/03/21

What PsA Remission Really Means—and How to Get There, HealthCentral 01/04/21

Can Targeting RANKL in RA Heal Erosions?, MedPage Today 07/04/21

BMJ Case Reports
The common cause for little girl's 'strawberry tongue' Yahoo News Australia 29/03/21

Stomach-churning cause of man’s fever and pain Yahoo News 30/03/21

A 27-year-old woman developed a mysterious cannabis-related syndrome that left her vomiting and caused her to fall asleep while showering Insider 31/03/21
Also in: MSN Lifestyle, MSN India, MSN Philippines, Business Insider India

Mixed mood disorder secondary toBinswanger syndrome: a rare case report Medical Dialogues 31/03/21

Doctors Excited to Find 'Rare' Forked Uvula in Florida Man Gizmodo 01/04/21
Also in: Flipboard, Gizmodo Australia

'Only 130 cases': Rare diagnosis behind man's changing skin colour, Yahoo News Australia & New Zealand 02/04/21

BMJ Global Health
COVID-19 disrupting care for newborns Medical Xpress 31/03/21

Media must help to facilitate evidence-informed policies on road safety EIN News 01/04/21
**BMJ Nutrition, Prevention & Health**

National Nutrition Month: Catch up on the latest developments  
Healio 29/03/21

Further coverage for burnout/insomnia and COVID-19 risk (PR)

New Study Shows Sleep Could Be Linked To Lower Risk Of Covid-19  
HuffPost UK 30/03/21

Weekly Epidemiological Update on COVID-19 to week to March 30  
WHO 30/03/21

Also in: Yahoo UK, Clinical Pain Advisor, Feedimo, The Washington Post Live updates, Alkhaleej24 News, Becker’s Hospital Review, MD Alert, Dermatology Advisor

Research: Providing food to patients in primary care to induce weight loss: a systematic literature review (External PR)

Providing food to patients in primary care settings may aid weight loss  
Medical Xpress 01/04/21

Also in: India Education Diary

**BMJ Open**

The 6 best apps to help people recovering from alcohol addiction to stay sober  
Insider 29/03/21

Also in: MedicalBrief South Africa

Risk of Frailty Linked to Glucose Control in Older People With Type 2 - DSM  
Diabetes Self-Management 30/03/21

Further coverage for electronic media and behaviour problems in kids (PR)

High dose e-media use in children linked to adverse psychosocial behavior  
Medical Dialogues 31/03/21

Also in: Diabetes.co.uk, Federal Practitioner

Strong Link Between a Physician's Diagnostic Knowledge and Likelihood of Patient Death, ED visits or Hospitalizations, Study Says  
PR Leap 01/04/21

Also in: Local US print

What Happens to Your Body When You Give Up Processed Food  
MSN Health & Fitness 01/04/21

Also in: Eat this! Not that, MSN CA, MSN AU, MSN Arabia, xinmsn

Research: Beyond deaths per capita: comparatie COVID-19 mortality indicators (External PR)

Tracking how COVID-19 is changing life expectancy  
Medical Xpress 02/04/21

**BMJ Open Gastroenterology**

Malignant ascites treatment 2021  
Pharmiweb 01/04/21

**BMJ Open Ophthalmology**

Don't wear your contact lenses in the shower, doctor warns  
The Telegraph 29/03/21

Also in: The Sun + Scottish Sun, NewsColony, WS Tale, MSN MY + MSN Philippines, News-Medical.Net, HCP Live

**BMJ Open Science**
The failures of animal testing  The Ecologist 29/03/21

**BMJ Open Sport & Exercise Medicine**
*Obesity and depression: Investigating the link*  Medical News Today 01/04/21

**BMJ Supportive & Palliative Care**
*Palliative care and terminality in graduation: a way to enhance access to health*  The European Sting 03/04/21

**Gut**
*Further coverage for IBD biologic blunts immune response to COVID-19 (PR)*
*Inflammatory bowel disease treatment linked to reduced COVID-19 antibody response*  ZME Science 29/03/21

Research:  *Agonist that activates the μ-opioid receptor in acidified microenvironments inhibits colitis pain without side effects*  (External PR)

Targeted opioid relieves pain from IBD without causing side effects: Study  AniNews.in 01/03/21


Mice study points to a promising treatment for relieving colitis pain without side effects  News-Medical.Net 01/03/21

**Heart**
*Trainee-led study spurs change in chest pain care*  Mirage News Australia 29/03/21

This Relaxing Activity Can Decrease Your Risk of Heart Disease by 28%  First for Women 30/03/21

Further coverage for fried food dangers (PR)
*How much will fried foods harm your heart?*  Harvard Health Letter 01/04/21

**Journal for Immunotherapy of Cancer**
*Immunotherapy vaccine shows promise in prostate cancer patients*  European Pharmaceutical Review 30/03/21

**Blood Cell Score for Identifying Aggressive Melanoma**  Oncology Nurse Advisor 30/03/21

**Pancreatic Cancer Treatment: Obstacles and Opportunities**  AbiLogic 01/04/21

Research:  *MYC oncogene is associated with suppression of tumor immunity and targeting Myc induces tumor cell immunogenicity for therapeutic whole cell vaccination*  (External PR)

Tumour cell vaccine strategy developed for neuroblastoma and melanoma  Drug Target Review 01/04/21

Also in:  Medical Xpress, ScienMag, 7th Space, News-Medicali.net
Journal of Epidemiology & Community Health
How Does Your Personality Impact Your Likelihood of a Dog Bite? AKC.org 31/03/21

Coronavirus and poverty: The problematic connection Digital Journal 04/04/21

Journal of Medical Ethics
Letter: I urge the Legislature to pass compassionate aid-in-dying bill Stamford Advocate 29/03/21

Health Passports: Great in Theory, Difficult in Practice What's Up? Media 05/04/21

Journal of Medical Genetics
Sir Peter Harper Clinical geneticist who shed light on inherited diseases The Daily Telegraph 30/03/21

Journal of NeuroInterventional Surgery
First-pass success in mechanical thrombectomy lowers costs in treatment of acute ischemic stroke in Asia Pacific Hotelier Indonesia 01/04/21
Also in: NeuroNews International, IntellAsia.net

Journal of Neurology, Neurosurgery & Psychiatry
Stroke Survivors Have a Higher Risk of Suicide Everyday Health 31/03/21

New Perspectives on Brain Death Practice Update 03/04/21

Occupational & Environmental Medicine
Further coverage for night owls’ performance at work (PR)
‘Night owls’ more likely to underperform at work, study finds Safety + Health Magazine 29/03/21

Open Heart
Further coverage for poor blood pressure control in the UK (PR)
Disease Under Control for Only 38.1% With Treated Hypertension in the U.K. DocWire News 30/03/21

The Science of Spring Fever Medium 01/04/21
Also in: Elemental

Practical Neurology
What you need to know about concussions MSN Lifestyle 30/03/21
Also in: MSN Philippines, MSN AU

RMD Open
Improving RA patients’ cardiorespiratory fitness may reduce mortality rates MedWire News 31/03/21

Rheumatology Network's Top 5: April 2, 2021 Rheumatology Network 02/04/21
Stroke & Vascular Neurology

Research: Decline in subarachnoid haemorrhage volumes associated with the first wave of the COVID-19 pandemic (External PR)

Significant decline in subarachnoid hemorrhage hospitalizations due to COVID-19 Medical Xpress 02/04/21
Also in: 7th Space, Scienmag, News-Medical.net