BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of **30 journals** were picked up in the media last week (19-25 April) - our highlights include:

- Research published in **BMJ Nutrition Prevention & Health** suggesting that multivitamins, omega-3, probiotics or vitamin D supplements may lessen the risk of testing positive for SARS-CoV-2 was covered widely, including *Forbes*, *The Daily Telegraph*, and *The Huffington Post*.

- Further coverage for the **BJSM** study finding that physical inactivity is linked to more severe COVID-19 infection and death, including *Today*, *Reuters*, and *Japan Today*.

- The announcement of a new partnership between **BMJ Innovations** and WISH was picked up by *Knowledge Speak*, *MENA FN*, and the *Gulf Times*.

**BMJ PRESS RELEASES**

The BMJ | BMJ Nutrition, Prevention & Health
dtb | Thorax

**EXTERNAL PRESS RELEASES**

Archives of Disease in Childhood | BMJ Open
British Journal of Sports Medicine | Journal for ImmunoTherapy of Cancer

**OTHER COVERAGE**

The BMJ | Annals of the Rheumatic Diseases
BMJ Case Reports | BMJ Evidence-Based Medicine
BMJ Global Health | BMJ Innovations
BMJ Military Health | BMJ Open Diabetes Research & Care
BMJ Open Science
BMJ Open Sport & Exercise Medicine | British Journal of Ophthalmology
Gut | Heart
Journal of Clinical Pathology | Journal of Epidemiology & Community Health
Journal of Investigative Medicine | Journal of Medical Ethics
Journal of Medical Genetics | Journal of Neurology, Neurosurgery & Psychiatry
Open Heart | Regional Anesthesia and Pain Medicine
RMD Open | Trauma Surgery & Acute Care Open
 BMJ

BMJ Best Practice and BMJ Learning officially accredited by Ministry of Health Kazakhstan
Mirage News Australia 21/04/21

BMJ Innovations partners with WISH to accelerate sharing of health innovations
Mirage News Australia 19/04/21

BMJ Innovations and The World Innovation Summit for Health announce strategic partnership
Knowledge Speak 19/04/21

Also in: MENA FN, Al-Bawaba, Gulf Times

Other notable coverage

Vaccine passport. What next, the fat police? The Daily Telegraph 19/04/21
Will Japanese Olympians be vaccinated ahead of the public? Japan Today 20/04/21
Japan Rolls Out Vaccine Slowly, Despite Looming Olympics International Business Times Australia 23/04/21

Also in: Daily Mail

Pills in the post: how Covid reopened the abortion wars The Guardian 21/04/21

Opinion | The covid-19 vaccines are an extraordinary success story. The media should tell it that way. The Washington Post 20/04/21

Children who see mothers abused ‘more likely to suffer asthma, language problems’ Sydney Morning Herald 21/04/21

The vaccine success story needs to be told The Washington Post 21/04/21

Men and the middle-aged spread problem The Times 24/04/21

Forget BMI – these are the health tests you need to do today The Telegraph 25/04/21

Mystery shrouds growth in Covid cases in young people The Telegraph 25/04/21

JOURNALS

BMJ Nutrition, Prevention & Health


Taking vitamins ‘cuts risk of Covid infection by 13 per cent’ The Daily Telegraph 20/04/21

Which Vitamins Actually Reduce Your Risk Of Getting Covid-19? Forbes 19/04/21
Taking These Vitamins Could Lower Your Covid-19 Risk Huffington Post UK 24/04/21


International

Latin American Herald Tribune, MSN AU, Yahoo! Lifestyle Singapore, Asian Image, MSN South Africa, Orissa TV, English News Track Live, Progressive Radio Network, Yahoo! News Philippines + NZ + IN, IBN Live, Daily World (IN), The Week, Outlook India, DT Next, Food NDTV, Kentucky Indian, WebIndia123, AustinIndian, MedIndia.net, Daijjworld, MENA FN, Mashable SE Asia, Devediscourse, Newkerala, Agencia EFE Multimedia, Florida News Times, Millennium Post (IN), Economic Times, Global News India, Tribune India, La Prensa
dtb

Editorial: Time for transparency (PR)

Set up national registry to capture pharma company payments to clinicians and patient support groups, urges dtb OnMedica 15/04/21
National registry needs to be set up for capturing pharma industry payments to clinicians and patient support groups News-Medical.Net 22/04/21
Also in: Yahoo UK, Medical Xpress, Jioforme, Great Breaking News, Pharma Boardroom, Newsbeezer

Should you consider the hay fever injection? Yahoo Style 21/04/21
Also in: NetDoctor, Yerepouni Daily News, Yahoo Finance, msn.com

Thorax

Brief communication: Impact of chronic use of heat-not-burn cigarettes on oxidative stress, endothelial dysfunction and platelet activation: the SUR-VAPES Chronic Study +
Brief communication: Association of heated tobacco product use with tobacco use cessation in a Japanese workplace: a prospective study +
Commentary: Cooling off the heated controversy of a safer cigarette: heat-not-burn no better than traditional combustion cigarettes (PR)

‘Heat Not Burn’ Products May Be Almost as Harmful as Cigarettes Healthline 20/04/21


Annals of the Rheumatic Diseases

Metabolic Perturbations Identified Before RA Diagnosis, May Be Useful in Biomarker Development Rheumatology Advisor 19/04/21

Smoking-Gene Link in SLE Ups Myocardial Infarction, Lupus Nephritis Risks Renal & Urology news 23/04/21
Archives of Disease in Childhood

Research: Intimate partner violence and child outcomes at age 10: a pregnancy cohort (External PR)

How intimate partner violence affects children’s health: The Conversation UK + Australia 22/04/21


BMJ Case Reports

Further coverage for heavy energy drink intake and risk of heart failure (PR) WARNING OVER HEAVY ENERGY DRINK CONSUMPTION Retail Pharmacy 19/04/21

If You Drink This Every Day, Your Heart Could Be in Danger. Study Finds Best Life 20/04/21

Also in: Extra.ie, Newkerala, Sound Health & Lasting Wealth, MSN Health & Fitness, MSN Arabia, MSN IE, AboutLawsuits, News24, Newsweek, IndianSpice, Times of India, MedPage Today, The Tab

Further coverage for early puberty and cannabis oil (PR) A two-year-old boy shows signs of early puberty after using weed oil to treat severe epilepsy Edmonton Journal 19/04/21

Young people who use street drug spice are more likely to have a heart attack or a stroke Sound Health and Lasting Wealth 20/04/21 (previous PR)

TikTok dentist can tell if you’ve recently had oral sex The Citizen (South Africa) 21/04/21

BMJ Evidence-Based Medicine

Paper claiming cigarettes protect against covid retracted for ties to tobacco industry Neoscope 23/04/21

Scientific paper claiming smokers less likely to acquire Covid retracted over tobacco industry links The Guardian 22/04/21

Also in: Changing America, Business Fast, Yahoo UK, NewsCaf, The Independent, The Daily Beast

BMJ Global Health

Cut Covid-19 hospital costs by 70 per cent — MoH, Kemri The Star Kenya 22/04/21

BMJ Innovations

Online farmers’ markets valuable when crisis events like COVID occur Enews 21/04/21

BMJ Military Health

Joining army before turning 18 ‘does not increase the risk of PTSD’ The Times 21/04/21

Also in: Wales Online, Daily Mail, Asian Image, Glasgow Times, The National Scot, MyScience, Medical Xpress, UK local news outlets

BMJ Open

16 Sex Problems Marriage Counsellors Hear About All the Time MSN Health CA 19/04/21
Mediterranean diet may cut health risk Herald Sun 19/04/21 (link unavailable)

Research: COVID-19 symptom surveillance in immunocompromised children and young people in the UK: a prospective observational cohort study (External PR)

First Study Into Prevalence Of COVID-19 Symptoms Amongst High-risk Children World News Era 22/04/21
Study investigates the prevalence of COVID-19 symptoms among immunocompromised children News-Medical.Net 22/04/21
Study reveals children with weaker immune system not showing higher risk of severe COVID-19 infection Times of India 24/04/21

People with HIV diagnosed with dementia 13 years earlier POZ 23/04/21

Almost every young person in WA detention has a severe brain impairment News Pronto 25/04/21

BMJ Open Diabetes Research & Care
Trigger finger may warn of impending CVD complications in type 2 diabetes MedWire News 20/04/21

BMJ Open Science
Fifteen journals to outsource peer-review decisions Science Magazine 19/04/21
Also in: NewsCaf, Technology Breaking News

BMJ Open Sport & Exercise Medicine
Why you might not be as weight as you think! Irish Daily Mail 20/04/21

Sports stars' kinesiology tape injury treatment makes 'no difference' Medical Xpress 23/04/21

British Journal of Ophthalmology
CPS or FLACS yield similar results after 12 months of cataract surgery: Study Medical Dialogues 20/04/21

British Journal of Sports Medicine
Further coverage for physical inactivity and COVID-19 (PR)
New study suggests exercise could protect against severe COVID-19 Today 20/04/21

Long-Term Care News, Gulf Digital News, HealthyAging.net, Big Weal Gospel AM, Very Well Health, Renal & Urology News, Medical Market Analysis, Missiauga.com

**All you need to start running in your 50s** The Daily Telegraph 19/04/21

*Further coverage for fitness trackers and weight loss (PR)*

**Fitness Trackers Aid Weight Loss** Newsmax 19/04/21 (previous PR)

**Also in:** ArcaMax, The Union Leader

**Hacks to naturally boost your toddler's immunity | Review** Review (ZA) 19/04/21

**Also in:** Witbank News

**Research:** [Time-efficient intervention to improve older adolescents’ cardiorespiratory fitness: findings from the ‘Burn 2 Learn’ cluster randomised controlled trial](http://www.proxy.wisc.edu/directory/shared/) (External PR)

**Brief, intense exercise helps students cope with HSC and life stress** Sydney Morning Herald 20/04/21

**Also in:** WAToday, The World News, Age Australia

**According to This Study, This Is How Much Exercise You Need a Week To Live Longer** Men’s Health 21/04/21

**Also in:** MSN Lifestyle, Yahoo Sports, Yahoo Eurosports UK

**Exactly What Cardio Does for Your Body, Explained** Byrdie 22/04/21

**What you need to know about transgender children** SFGate 22/04/21

**Will weight loss protect you from COVID-19? Know the facts** GCC Business News 24/04/21

**Gut**

*Further coverage for diet and inflammatory microbiome (PR)*

**Are You Eating Foods That Harm Your ‘Microbiome’?** Doctors Lounge 20/04/21


**Foods Beneficial For Acid Reflux Sufferers** The Tide 20/04/21

**Large genetic study sheds light on causes of hemorrhoids** Mirage News 23/04/21

**One Major Effect of Eating Almonds, Says New Study** PressFrom 24/04/21

**Popular Diets That May Cause Lasting Damage to Your Liver, According to Science** Eat This, Not That! 24/04/21

**Also in:** MSN Arabia

**Heart**

**Surprising Truths You Need to Know About Eggs, Say Experts** Eat This! Not That! 24/04/21

**Also in:** MSN Lifestyle, MSN Arabia, MSN Health & Fitness,
Journal for ImmunoTherapy of Cancer

Research: Targeting resistance to radiation-immunotherapy in cold HNSCCs by modulating the Treg-dendritic cell axis (External PR)

Changing the treatment paradigm for ‘cold’ tumors News-Medical.Net 22/04/21
Also in: 7th Space, 15Minute News, Scienmag, Mirage News Australia,

Journal of Clinical Pathology
Unearthed UK report reveals extensive history of harvesting even ‘whole’ aborted babies for research Live Action 22/04/21

Journal of Epidemiology & Community Health
These Two Bad Habits Make Your Face Old Fast! Tek Deeps 23/04/21

Journal of Investigative Medicine
Eye and the storms AOA News 22/04/21

Journal of Medical Ethics
Trans athletes put women’s sports at risk Central Maine 23/04/21

Mandatory COVID Vaccines: Why Forcing People To Get A Shot May Backfire American Council on Science and Health 23/04/21 (Previous PR)
Also in: State Magazine

Journal of Medical Genetics
Europe Genetic Testing Market Size, Share, Key Profiles, Structure Report, Release CAGR of 8.5% during the forecast period The Courier 20/04/21

Journal of Neurology, Neurosurgery & Psychiatry
These Bad Habits Are Slowly Killing You, Says Science Eat This, Not That! 21/04/21
Also in: MSN Arabia, MSN MY

Brain images differentiate between different types of dementia Medical Physics Web 21/04/21
Also in: Physics World

Open Heart
Why Most People Are Deficient in Minerals The Epoch Times 19/04/21

Regional Anesthesia and Pain Medicine
Nurses or Physicians: Who Are at Highest Suicide Risk? Medscape 20/04/21

RMD Open
Connection Between Where You Live and Vasculitis Risk? Medically Prime 22/04/21
Also in: MedPage Today,

German rheumatologists encouraged to vaccinate patients against routine infections MedWire News 22/04/21

Trauma Surgery & Acute Care Open
No Difference in Venous Thromboembolism Based on Venous Injury Treatment With Repair or Ligation  
Hematology Advisor 22/04/21

Grey's Anatomy is unrealistic, but it might make junior doctors more compassionate  
News Pronto 21/04/21