BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 20 journals were picked up in the media last week (15-21 March) - our highlights include:

- Research in *BMJ Open* suggesting that preschoolers’ extensive electronic media use is linked to a heightened risk of emotional and behavioural problems made headlines in *Sky News*, *The Times*, and the *Hindustan Times*.

- A *BJSM* study finding that wearable fitness trackers and step counters help people who are overweight/obese to shed the pounds was covered widely, including *inews*, *UPI*, and *Doctor NDTV*.

- A study published by *The BMJ* shedding light on covid-19 risk for adults living with and without children was picked up by *The Times*, *ITV News*, and *ET Healthworld*.

**PRESS RELEASES**

*The BMJ | BMJ Open*

*British Journal of Sports Medicine*

**EXTERNAL PRESS RELEASES**

*BMJ Global Health | BMJ Open*

**OTHER COVERAGE**

*The BMJ | Annals of the Rheumatic Diseases*

*Archives of Disease in Childhood | BMJ Case Reports*

*BMJ Health & Care Informatics | BMJ Open Ophthalmology*

*BMJ Sexual & Reproductive Health | British Journal of Ophthalmology*

*Heart | Journal of Epidemiology & Community Health*

*Journal of Medical Ethics | Journal of Neurointerventional Surgery*

*Lupus Science & Medicine | Medical Humanities*

*Occupational & Environmental Medicine | Open Heart*

*Postgraduate Medical Journal*

**BMJ**

*BMJ Best Practice selected for EPR integration with Servelec’s Rio platform at Cumbria, Northumberland*  Mirage News 16/03/21
The BMJ press release coverage

Research: Association between living with children and outcomes from covid-19: OpenSAFELY cohort study of 12 million adults in England (PR)

Good news for parents (print) The Times 19/03/21
School attendance has ‘minimal impact on serious Covid-19 infection’ ITV News 19/03/21
Study sheds light on Covid-19 risk for adults living with, without children ETHealthworld 19/03/21


Other notable coverage
Fact check: does the AstraZeneca jab cause more blood clots? The Spectator 15/03/21
Warning! Don’t miss the signs of a heart problem (print) The Times 16/03/21
Keep your mask on. We’re not out of this yet. The Washington Post 15/03/21
Ventilators were embraced as pandemic lifesavers. Now some covid patients wrongly fear the machines will kill them. The Washington Post 16/03/21
Helen Salisbury interview on vaccine delay (skip to 19:06) BBC Radio 4 - The World Tonight 17/03/21

Also on: LBC
The BMJ research mentioned (skip to 04:35) BBC Newsline 17/03/21
Link between cerebral blood clots and AstraZeneca vaccine ‘not implausible’, says German regulator The Telegraph 17/03/21
Chandigarh: Death of three-day-old baby remains a mystery Times of India 18/03/21
Kamran Abbasi interview on Italian TV la7.it 18/03/21
Covid: viral shedding is greatest in afternoon, study suggests The Guardian 18/03/21
The World’s Largest Vaccine Maker Took A Multimillion Dollar Pandemic Gamble npr 18/03/21
Fauci says the variant from the U.K. likely accounts for up to 30% of Covid infections in U.S. CNBC 19/03/21
Europe has missed its chance to stop the third wave. The US could be next CNN 19/03/21
Patrick Vallance: the adviser who spoke scientific truth to power The Guardian 19/03/21
The truth about being a parent to a transitioning teen The Telegraph 23/03/21
How to lose weight: the nine rules The Times 20/03/21
Miami Beach Declares State Of Emergency Due To Spring Break Crowds, Announces 8 PM Curfew Forbes 20/03/21
Hungry, missing periods - but now a proud mum The Sunday Telegraph 21/03/21
BBC Radio 4 - Sunday Worship, Lost Years 21/03/21

JOURNALS

BMJ Open

Research: High-dose electronic media use in five-year-olds and its association with their psychosocial symptoms: a cohort study
Toddler tablet and phone use linked to behavioural and social problems Sky News 18/03/21
Pre-school screen risk The Times 18/03/21
Emotional, behavioural issues in preschoolers linked to electronic media use Hindustan Times 19/03/21


Study: Dry eye disease negatively affects physical and mental health as well as vision WebIndia123 15/03/21
Also in: Devdiscourse, AniNews.in, DT Next, Optician, OT (Optometry Today/Optics Today), Gilmore Health News

Ultraprocessed meals assault your bones and vertebrae Digital Industry Wire 16/03/21
If You Notice This Feeling Throughout the Day, See Your Doctor Best Life 16/03/21
Also in: MSN Arabia,

13 Benefits of Running That Will Make You Want to Log Some Miles FromPress 17/03/21

REDUCTION IN HEALTHCARE USE DURING PANDEMIC Retail Pharmacy 18/03/21

Research: Impact of COVID-19 pandemic on utilisation of healthcare services: a systematic review (External PR)
No coverage

Research: Prevalence and correlates of sex-selective abortions and missing girls in Nepal: evidence from the 2011 Population Census and 2016 Demographic and Health Survey (External PR)

Study Reveals Significant Concerns Over Growing Scale Of Sex Selective Abortions In Nepal Scienmag 18/03/21
1 In 50 Females ‘missing’ From Nepal’s Birth Records, Finds Latest Analysis Forbes 20/03/21
Also in: Medical Xpress, BioEngineer, News-Medical.net, Eurasia Review

Artificial intelligence used to identify unique COVID-19 patterns in lungs BlackburnNews 19/03/21

British Journal of Sports Medicine
Systematic review: **Health wearable devices for weight and BMI reduction in individuals with overweight/obesity and chronic comorbidities: systematic review and network meta-analysis (PR)**

Fitness trackers and step counters can help people who are overweight shed the pounds, **study confirms** inews (print + online) 17/03/21

*Weight Loss: Fitness Trackers And Step Counters Can Help Overweight People Shed Kilos: Study* Doctor NDTV

*Study: Wearable fitness trackers, step counters help users lose weight* UPI 17/03/21


*International + Other*


*Loughborough University experts shaping heat preparation for Tokyo Olympics* In Your Area 15/03/21

*How to live longer: Fast-paced walking could add years to your life expectancy says study* Daily Express 15/03/21

*Best Workout Tactics for Productivity* au.askmen 15/03/21

*13 Benefits of Running That Will Make You Want to Log Some Miles* Self 16/03/21

*Fact Check-Ongoing professional sports events are not proof the pandemic is a hoax* Reuters 17/03/21

*Why exercise won't help you lose weight and what actually works* Today.com 17/03/21

**Also in:** MSN Health & Fitness, Web Investigator KK

*NRL concussion shock: one in five players admit to hiding head knocks* Sydney Morning Herald 18/03/21

*I'd die for rugby league': Dragons forward ups ante in concussion debate* Sydney Morning Herald 18/03/21

**Also in:** WAToday + regional Australian news outlets, Ministry of Sport (AU), Wide World of Sports

*Smartphone apps and trackers may help boost physical activity* Harvard Heart Letter (April issue) 18/03/21
Tate Fegley Is the Little Lifter That Could  Men's Health 18/03/21

Coronavirus Today: What Alaska can teach us about vaccination  Los Angeles Times 18/03/21

10-Year-Old Tate Fegley Is Already a Lifting Legend  MSN Lifestyle 18/03/21

If you walk at this speed, you could live much longer  Ladders 20/03/21

How transgender mania wrecks sports equality  The American Thinker 20/03/21

Wearing This Can Help You Lose 10 Pounds Right Now, Study Finds  Best Life 19/03/21

Also in: MSN Health & Fitness,

The Power Of Love And Self Acceptance During Workouts  Women's Running 19/03/21

Annals of the Rheumatic Diseases
Rheumatic Patients Are At Risk for COVID Death  RheumNow 16/03/21

Modern Treatment Approach May Lower Disease Activity in Pregnant Women With RA  Rheumatology Advisor 15/03/21

Chinese researchers identify new biomarkers for rheumatoid arthritis  Ecn News (China) 17/03/21

Chinese researchers identify new biomarkers for rheumatoid arthritis  Xinhua 20/03/21

Archives of Disease in Childhood
Mothers caring for children with life-limiting conditions at greater risk of serious health problems and premature death  eHospice 16/03/21

Black, poorer children and those with key worker parents more at risk from rare Covid syndrome, experts warn  The Independent 17/03/21

Maternal Antibiotic Use During Pregnancy May Increase Risk of Childhood Asthma  Infectious Disease Advisor 18/03/21

Research: Sharing a household with children and risk of COVID-19: a study of over 300,000 adults living in healthcare worker households in Scotland  (External PR)

Coronavirus: Children may protect parents from risk of Covid  The Herald Scotland 19/03/21

Living with children who are attending school does not put adults at higher Covid risk, study suggests  The Scotsman 19/03/21

Also in: The Scottish Sun, Medscape, Glasgow Live, Edinburgh News, The Financial, widely covered by Scottish local news outlets, Evening Express, Planet Radio,

BMJ Case Reports
New study shines light on causes of dementia  China Daily 15/03/21

Woman Starts Bleeding From Her Eyes During Her Period In Extremely Rare Case  LADBible 17/03/21 (misattributed to The BMJ)

Also in: India.com, News18, Republic World, The Siasat Daily, Boldsky, Health Breaking
News

BMJ Global Health

Research: Small and sick newborn care during the COVID-19 pandemic: global survey and thematic analysis of healthcare providers’ voices and experiences (external PR)

WHO urges healthworkers to allow lifesaving mother-baby contact even with Covid-19
AsiaOne 16/03/21

COVID-19 inflicting unnecessary suffering, deaths to sick newborns: research
Xinhua 16/03/21


Further coverage for few African authors on African COVID-19 research (PR)
Few African scientists appear on the list of coronavirus researchers The East African (Kenya) 17/03/21

Critical Need To Address Africa’s Lagging Behind In Development, Science And Technology – OpEd
Eurasia Review 18/03/21
Also in: Technology Times

BMJ Health & Care Informatics

Further coverage for COVID symptom tracker treatment delays (PR)
Digital COVID-19 ‘Symptom Checkers’ Lack Treatment Priority MedIndia 17/03/21
Also in: Pulmonology Advisor, VOX Gibraltar

BMJ Open Ophthalmology

A Victorian girl visits Jon all the time, but he knows she’s not a ghost
Daily Mail 16/03/21
Also in: WhatsNew2Day, The Amed Post, Mogaz News, Newsfeeds, MSN UK + IE, Sound Health & Lasting Wealth, MSN AU, DiazHub, Unfold Times, expressdigest, Health Medici Net,

Teprotumumab shows promise in managing asymmetry linked to thyroid eye disease; BJO
Medical Dialogues 16/03/21

BJO Publishes New Data on Clearside Biomedical’s Investigational Treatment Xipere
Eyewire News 18/03/21

BMJ Sexual & Reproductive Health

Reproductive coercion ‘sets a trajectory’ for life (print only, misattributed to The BMJ) The Washington Post 17/03/21

British Journal of Ophthalmology

Global amblyopia prevalence predicted to climb
Healio 15/03/21
Also in: Primary Care Optometry News,
Teprotumumab shows promise in managing asymmetry linked to thyroid eye disease
Medical Dialogues India 17/03/21

Manuka honey eye drops promising therapy for meibomian gland dysfunction
Medical Dialogues 19/03/21

Heart
National Napping Day: 5 reasons you should nap, if you don't have 'coronasomnia'
CNN 15/03/21 (2019 PR)
Also in: WKBT-TV + US local broadcast

Further coverage for ‘significant’ racial disparities in care of heart patients
Tackling BAME Heart Risks: Can Doctors Do More?
Medscape 17/03/21
Also in: Harvard Health Newsletter (April issue)

Is It Really Okay to Eat Eggs Every Day?
Farming Portal 17/03/21

How much will fried foods harm your heart
Harvard Health Letter (April issue)

Journal of Epidemiology & Community Health
Antidepressants Still Linked to Increased Suicide Risk
Mad in America 15/03/21

Research: National movement patterns during the COVID-19 pandemic in New Zealand: the unexplored role of neighbourhood deprivation
MSN 16/03/21
Also in: Newshub

This is why you should lift weights as you get older
Health e-news 17/03/21

Journal of Medical Ethics
The States Will Have to Save Women’s Sports
The Patriot Post 15/03/21
Pro-Transgender Doctors Dismiss Male to Female Athletes as ‘an Imagined Problem’ for Women’s Sports
Breitbart.com 19/03/21

Lupus Science & Medicine
Increased Risk for Cardiovascular Events and Death in Patients With Long-Term Mild SLE
Rheumatology Advisor 19/03/21

Medical Humanities
Famed Cleveland neuroscientist Robert White’s life explored in new biography ‘Mr. Humble & Dr. Butcher’
Cleveland.com 15/03/21

Occupational & Environmental Medicine
After painful loss, Barrington nurse dedicated to colonoscopy awareness
Chicago Daily Herald 17/03/21
Renovating your kitchen? Help Australia’s tradies avoid silicosis by not choosing artificial stone The Conversation 19/03/21

Open Heart
Further coverage for poor UK blood pressure control (PR) Hypertension poorly controlled in most patients despite treatment Pulse Today 16/05/21

Also in: HealthDay

Postgraduate Medical Journal
If You’re Thinking About Taking Antidepressants Right Now, You’re Not Alone Headtopics 15/03/21