BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 30 journals were picked up in the media last week (1-7 March) - highlights include:

- A WHO guideline on drugs to prevent covid-19, published as part of The BMJ’s **Rapid Recommendations** series, was covered widely, incl. CNN and CBC News Canada

- A study in **BMJ Global Health** on the lack of covid research relevant to Africa generated international coverage, incl. *International Business Times*, *The Guardian*, and *The Jakarta Post*

- A study in **BMJ Open Diabetes Research & Care** linking birth weight to type 2 diabetes risk in adulthood generated widespread coverage, incl. *Daily Mail Online*, *Sky News*, and *Hindustan Times*

**PRESS RELEASES**

The BMJ | BMJ Open Diabetes Research & Care  
**BMJ Global Health** | BMJ Open

**EXTERNAL PRESS RELEASES**

BMJ Global Health | BMJ Open

**OTHER COVERAGE**

The BMJ | Annals of the Rheumatic Diseases  
Archives of Disease in Childhood | BMJ Case Reports  
BMJ Evidence-Based Medicine | BMJ Nutrition, Prevention & Health  
**BMJ Open Ophthalmology** | BMJ Sexual & Reproductive Health  
British Journal of Ophthalmology | British Journal of Sports Medicine  
Drug and Therapeutics Bulletin  
Emergency Medicine Journal | General Psychiatry  
Gut | Heart  
Injury Prevention | Journal of Clinical Pathology  
Journal of Epidemiology & Community Health | Journal of Investigative Medicine  
Journal of Medical Ethics | Journal of Medical Genetics  
Journal of NeuroInterventional Surgery | Journal of Neurology, Neurosurgery & Psychiatry  
Occupational & Environmental Medicine | Practical Neurology  
Thorax | Tobacco Control
The BMJ press release coverage

Rapid Recommendations: *A living WHO guideline on drugs to prevent covid-19* (PR)

**WHO panel issues strong advice against hydroxychloroquine for COVID-19** CBC News 02/03/21


*Investigation:* *Covid-19, trust, and Wellcome: how charity’s pharma investments overlap with its research efforts* (PR)

Charity's pharma investments raise questions around transparency and accountability Mirage News Australia 04/03/21

*Further coverage for opioids in pregnancy study*

*Using opioids during early pregnancy not linked to increased risk of congenital malformations, study finds* The Pharmaceutical Journal 05/03/21

*Further coverage of statin treatment and muscle symptoms study*

DR MICHAEL MOSLEY: Can statins save you from Covid as well as heart disease? Daily Mail 05/03/21

*Also in:* Business Fast, Diazhub, Ahmed Post, expressdigest.com, Health Medici Net, Tera News Online

*Further coverage for HRT and risk of breast cancer study*

Hormonal and struggling to sleep? HRT could be your saviour – if you can get it The Telegraph 04/03/21

*Other notable coverage*

Asian Network's Big Debate (mentions the Racism in Medicine special issue, skip to 1:45:05) BBC Radio Asia 01/03/21

'US support for IP waiver at WTO would be ground-changing' Times of India 03/03/21

Joggers should wear face masks to prevent spread of Covid, says Oxford expert The Daily Telegraph 02/03/21

'It is a thing': doctors call for more research on long Covid in children The Daily Telegraph 02/03/21

Cancer patients can't get full care with covid-19 bogging down hospitals (print) The Washington Post 02/03/21

UK government may start offering financial rewards for becoming healthier The Guardian 04/03/21 *Also covered by:* Men's Health, Republic World
McMaster-affiliated researcher broke embargo to leak hydroxychloroquine study to Trump administration: BMJ CTV News, The World News
Tastiest way to beat diabetes (mentions study on low carb diet and diabetes remission) Daily Mail 05/03/21
Also in: Sound Health and Lasting Wealth, WhatsNew2Day, MSN UK, NewsColony, Mogaz News, MSN (AU)

Diet advice missing from guidance on Covid safety Irish News 06/03/21
How to live longer: Adherence to Japanese diet linked to longer lifespan - what to eat Daily Express 06/03/21
Also in: MSN UK, IE, South Africa, simplenews.co

Coronavirus vaccine side effects: Bell's palsy has been linked to Pfizer jab - what is it? The Express 05/03/21

Why Are People Hesitant To Take The Covid Vaccine? Outlook India 05/03/21
NHS pay rise row could worsen staff shortages just as the health service faces biggest backlog on record iNews 05/03/21

Covid-19: What are rapid antigen tests and are they really any good? Stuff.co.nz 05/03/21
Covid symptoms: everything we now know about the virus and its variants (GPs write to The BMJ urging symptoms like a running or blocked nose, muscle pain, and headaches as criteria for a test) The Telegraph 05/03/21

DR AMIR KHAN: 'I vaccinated 100 people over 48-hour shift in Bradford. Every one of them was white' Daily Mail 06/03/21

We must have a grown-up debate about Covid, culture and race – or thousands more will die Daily Mail 06/03/21

Concerns over accuracy of lateral flow tests - covered widely across regional BBC radio stations 07/03/21

JOURNALS

BMJ Global Health

Commentary 1: African authorship on African papers during the COVID-19 pandemic
Commentary 2: Africa’s contribution to the science of the COVID-19/SARS-CoV-2 pandemic (PR)

Just 4% Of Covid Research Relevant To Africa: Study International Business Times 03/03/21
Brazilian states blast Bolsonaro (COVID Live) The Guardian 01/03/21
Just 4% of Covid research relevant to Africa: study The Jakarta Post 01/03/21


Research: An intersectional human rights approach to prioritising access to COVID-19 vaccines (External PR)

3 ways to improve Covid-19 vaccine distribution methods, suggest researchers Live Mint 01/03/21
Coronavirus digest: Twitter targets vaccine misinformation
   dw.com 02/03/21

Further coverage for role of grandmothers in newborn care (PR)
   Study: Grandmothers can play a key role in newborn care
   News-Medical.net 05/03/21

BMJ Open

Celebrating a decade of publishing (PR)

   From locked-in syndrome to rock and roll, and everything in between
   Mirage News Australia 02/03/21

   Is Hair Loss A Sign Of Other Health Issues?
   Newscase 28/02/21

   How this shed could beat air pollution - a silent killer
   Daily Mail 02/03/21

   Also in: The Amed Post, Mogaz News, WhatsNew2day, MSN UK + IE, Sound Health and Lasting Wealth, Health Medici Net

Research: A silent epidemic of grief: a survey of bereavement care provision in the UK and Ireland during the COVID-19 pandemic (External PR)

   ‘Silent epidemic of grief’ leaves bereaved and bereavement care practitioners struggling
   Scienmag 01/03/21

   Also in: Health Medici Network, Newswise, Study Finds, Medical Xpress, MedIndia, News-Medical.Net

Chronic pain: when the drugs don’t work, this doctor has a plan
   The Times 02/03/21

New algorithm can predict advanced liver disease
   Medical Xpress 03/03/21

   Also in: Drugs.com, Physician’s Briefing, Physician’s Weekly, HealthDay

Appliances Getting Upgraded Hygiene, COVID-19 Protection Features
   American Association for Retired Persons 03/03/21

Early Palliative Care Recipients Less Likely to Need End-of-Life Acute Care
   Cancer Health 04/03/21

Research: Association between early working life patterns, in publicly and privately owned companies, and the course of future sickness absence due to mental disorders: a cohort study in Catalonia (Spain) (External PR)

   An unstable working life affects the future mental health of young people
   BioEngineer 04/03/21

Further coverage for multivits all in the mind (PR)
Taking a Multivitamin? Maybe You Should Reconsider Xinmsn 04/03/21
Also in: News Site

BMJ Open Diabetes Research & Care
Research: Birth weight modifies the relation between adulthood levels of insulin like growth factor-1 and type 2 diabetes: a prospective cohort study (PR)
Cutting fat content of food could stop 4.5m people becoming overweight - study Daily Mail Online 02/03/21
Obesity report: Reducing fat content in food could stop 4.5m people becoming overweight, study suggests Sky News 02/04/21
Study links birth weight to type 2 diabetes risk in adulthood Hindustan Times 04/03/21

Also in: Belfast Telegraph, Jersey Evening Post + covered extensively by UK local news outlets, The Sunday Post, Yahoo UK, MSN UK + IE, Wales Online, Coast FM, Kingdom FM, Eminetra.co.uk, Northern Farmer, National Scot, MyLondon News

International

Other

Further coverage for health benefits of tea and coffee (PR)
Coffee, tea have amazing benefits Texarkana Gazette 02/03/21
Also in: Telegraph Herald

NAD supports claims being made by ‘medical probiotic’ manufacturer NutraIngredients 03/03/21

Annals of the Rheumatic Diseases
Risk index provides ‘clinical aid’ to differentiate lupus, other rheumatic diseases Healio 01/03/21
Keeping Your Arthritis Disease Activity Low Might Reduce Your Chances of Dying from COVID-19, Study Shows Creaky Joints 05/03/21
Cognitive Behavioral Therapy Improved QoL in Patients at Risk of Chronic Widespread Pain
Clinical Pain Advisor 05/03/21

Archives of Disease in Childhood
Further coverage for antibiotic and childhood asthma risk (PR)
Maternal Antibiotic Use During Pregnancy May Increase Risk of Childhood Asthma

Dermatology Advisor 01/03/21

Also in: EN24

Teenage girls suffer explosion of tics in lockdown Sunday Times 07/03/21

Children need normality after misery of schools shutdown – Ofsted chief Evening Standard 07/03/21 (Previous PR)
Also in: Mail on Sunday, This is Money (Mail Online), The National Scot, Belfast Telegraph, Jersey Evening Post + Local and regional print outlets, Yahoo News UK, Simple News, Sunday Post, MSN UK, AOL UK, Asian Image

BMJ Case Reports
We Regret To Inform You About The Existence Of Navel Stones IFLScience 03/03/21

A man injected himself with motor oil to increase the size of his penis Explica 03/03/21

Further coverage for milder COVID-19 reinfection (PR)
Milder reinfection may follow severe bouts of COVID-19, study suggests KCTV Kansas City 06/03/21

BMJ Evidence-Based Medicine
Further coverage for honey to ease cold symptoms (PR)
Honey drinks could be a tasty cold remedy Your Life Choices (AU) 01/03/21

Follow these tips if you want to quit coffee Your Life Choices (AU) 05/03/21

BMJ Nutrition, Prevention & Health
Low-carb feasts in 30 minutes: Delicious new dishes from low-carb pioneers Katie and Giancarlo Caldesi to help you tackle type 2 diabetes, obesity and high blood pressure Daily Mail + Scottish Daily Mail 05/03/21 (Print + Online)
Also in: DiazHub, Mogaz News, News Colony, WhatsNews2day, Sound Health and Lasting Wealth, expressdigest.com, Newsfeeds, Irish Mail on Sunday

BMJ Open Ophthalmology
Why Are My Eyes Itchy? 10 Causes Of Itchy, Red, And Dry Eyes Women’s Health South Africa 04/03/21
Also in: MSN Health & Fitness, MSN Health CA

BMJ Sexual & Reproductive Health
Improving induced abortion care in Scotland: enablers and constraints  Physician’s Weekly 05/03/21

British Journal of Ophthalmology
Managing the Risks: Molteno3 mivision3 01/03/21

Myopia Support Grows with Hoya Lens, DFV Partnership mivision3 03/03/21
Hoya Lens Australia and DFV form myopia alliance Insight News 03/03/21

Further coverage for air pollution and AMD (PR)
Air pollution linked to increased chance of macular degeneration Fox43.com 03/03/21 (link unavailable)

Ill fitted face masks could lead to defects on visual field tests MD Alert 05/03/21

Beware! Visual impairment may put you at higher risk of death TheHealthSite 06/03/21
Also in: W3LiveNews

UNMC app is first to show what glaucoma patients see KNVR Radio 07/03/21
Also in: Newsbreak

British Journal of Sports Medicine
How To Stick To A Fitness Routine When You’re Dealing with a Chronic Illness MSN Lifestyle 01/03/21
Also in: MSN Health CA

Further coverage for transgender athletes (PR)
Sen. Roger Marshall: Biden’s gender discrimination executive order will destroy women’s sports FOX News 02/03/21
Also in: Diesel Gasoil, Mother Jones
Opinion: Five stumbles on the path to transgender inclusion and fairness for all girls in sports USA Today 05/03/21
Also in: Stevens Point Journal, Detroit Free Press + extensive local print outlets, MSN Sports Canada, us.pressfrom

Sports: An Indispensable Part Of The Indian Education System BW Education 01/03/21

What are the Health Benefits of a Standing Desk? Healthcare Business Today 03/03/21

This Do-Anywhere Workout Builds Muscle and Torches Fat, Says Top Trainer Eat This, Not That! 03/03/21
Also in: MSN Health & Lifestyle, MSN Health CA, MSN NZ

Are Calorie-Counting Devices Actually Accurate? AskMen Australia 03/03/21

161 Swimming Statistics You Should Know Livestrong 04/03/21

This Core Move Will Help You Get Better At Pushups Women’s Health 04/03/21

How much exercise per week can undo the damage of sitting all day? Fit and Well.com 04/03/21 (misattrib The BMJ)
The Kettlebell Snatch Blasts Your Shoulders, Back, Glutes, and Abs

MSN Health & Fitness

04/03/21

Also in: MSN Health CA

Loughborough University Experts Shaping Heat Preparation For Hottest Ever Olympics

Agenparl.eu 04/03/21

Is getting up early good for you? Here's the health benefits of being an early riser

Very Well Health 05/03/21

How Much Do Sports Injuries Affect Athletes’ QOL?

Orthopedics This Week 05/03/21

This One Workout Trick Is the Secret to Melting Fat Faster, Say Experts

Yahoo Lifestyle 05/03/21

Also in: Yahoo India Lifestyle, Yahoo Canada Style, us.pressfrom, Eat This Not That! MSN Health & Fitness, MSN Philippines + Arabia

SPECIAL REPORT: Are all sports shutdowns necessary?

Cape Breton Post 05/03/21

Also in: The Guardian (Canada), The Journal Pioneer

The Lululemon Men's Collection For Spring Is Total Workout Motivation

us.pressfrom 05/03/21

Everything You Need to Know About Supplements for Joint Pain

The Healthy 05/03/21

Sportsmed Group Issues First “Youth Running Consensus Statement”

Podium Runner 05/03/21

Can a tracker or smartphone app help you move more?

Headtopics.com 07/03/21 (Previous PR)

Fitness: Researchers tackle the transmission of COVID-19 in team sports

Montreal Gazette 05/03/21

Also in: MSN Canada, Pressfrom Canada, Ottawa Citizen

Drug and Therapeutics Bulletin

Forgotten children: scheme to improve medicines use in young people with learning disabilities has lost momentum

The Pharmaceutical Journal 03/03/21

Emergency Medicine Journal

Addressing Suspension Trauma

Metal Construction News 01/03/21

Comorbidities Tied to Severe Illness Risk in COVID-19 Patients Discharged Home From ED

Medscape 04/03/21

Also in: MD Alert

General Psychiatry

Further coverage for afternoon napping and mental agility (PR)

Like to have an afternoon nap? It may be fault of your genes. The Times 01/03/21

Also in: The Daily Telegraph (misattributed to The BMJ), The Science Times
Gut
Whittle Your Waist and Improve Your Gut Health on This Prebiotic Soup Diet  First for Women 04/03/21

Further coverage for gut microbiome and COVID-19 (PR)
A gut feeling about COVID  Winona Daily News 07/03/21 (link unavailable)
Also in: Newsbreak

Heart
12 Ways Coffee May Boost Your Health and Wellness, According to Research  Good Housekeeping 01/03/21
Also in: Yahoo Lifestyle, MSN Health & Fitness

40 Ways You’re Hurting Your Heart, Say Doctors  Yahoo Lifestyle 06/03/21
Also in: Xin MSN, MSN Arabia +MY + Singapore, MSN Health CA

Injury Prevention
Are Police Racist Against Blacks?  HubPages 28/03/21 (previous US Focus PR)

Journal of Clinical Pathology
Chronic Fatigue Syndrome Now Linked to a Common Stomach Virus?  USSA News 03/03/21

Does Treatment for CLL Accelerate Myeloid Neoplasms?  AJMC Managed Networks 05/03/21

Journal of Epidemiology & Community Health
How Raising the Minimum Wage Can Affect Public Health  ScrubsMag 02/03/21

Avoiding Social Stigmatisation of Long COVID-19  Medscape 03/03/21

Journal of Investigative Medicine
Eat These 5 Foods to Support Your Immune System  Men’s Health 02/03/21

How The West Is Battling COVID-19 And Valley Fever  Valley Public Radio 03/03/21

Journal of Medical Ethics
Are Pro-Lifers Hypocrites and Does it Matter?  BlogTalkRadio 01/03/21

Further coverage for extending embryo research limit (PR)
This is why scientists want to study human embryos beyond the 2-week limit  Fast Company 05/03/21 (Misattrib The BMJ)

Facing Reality – Who Really Designed You?  San Diego Jewish World 05/03/21

Journal of Medical Genetics
Ovarian Cancer Prevention: How Patients Decide on Surgery  Medscape 05/03/21

Journal of NeuroInterventional Surgery
Can radiology AI save itself?  Medical Buyer 01/03/21

Penumbra Deadline Alert  Yahoo Hong Kong 05/03/21
Researchers conduct large meta-analysis of COVID-19’s neurological manifestations

Switching from injectable to oral therapy for relapsing remitting MS

Further coverage for night owls’ workplace underperformance (PR)

Fewer Steps, Longer Hours During Pandemic Increase Depression, Study Suggests

CBD and hope for a cruel disease

Public do not need to ‘double mask’ like Joe Biden, top health official says

How many people who test positive are asymptomatic? Your COVID-19 questions answered

Further coverage for menthol cigarettes and extra US smokers (PR)

Tobacco Control