BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 22 journals were picked up in the media last week (4-10 Jan) - our highlights include:

- A *Thorax* study finding that smoking doubles the risk of hospitalisation with COVID-19 was picked up by the *Daily Mail, Hindu Business Line*, and the *Daily Express.*

- Further coverage for the WHO guidelines on physical activity and sedentary behaviour published in *BJSM,* including *CNN* and *Men’s Health.*

- Further coverage for the Christmas relaxation editorial published in *The BMJ,* including *The Guardian* and *The Telegraph.*

**EXTERNAL PRESS RELEASES**

*Archives of Disease in Childhood | BMJ Open Journal for Immunotherapy of Cancer | Thorax*

**OTHER COVERAGE**


*The BMJ*

*Covid fact-check: Is the UK mixing vaccines?* The Independent 04/01/21

*New York Times Accused of Spreading Fake News About UK Coronavirus Vaccine Rollout* Breitbart 05/01/21

*Also in:* iNews, Politico, New York Post

*The NHS’s pragmatic approach to inoculation is trailblazing - but is it a mark of desperation?* The Guardian 04/01/21

*Quest Means Business* (Fiona Godlee interview) CNN International 05/01/21

*Top Five Human Resources Challenges In 2021 (BMJ Opinion)* Forbes 04/01/21
With schools closed again, have we written off a generation? The Telegraph 04/01/21
No wonder doctors think their long Covid treatment is misguided Daily Mail 05/01/21
UK scientists question COVID-19 vaccine dosing delay Reuters 05/01/21
The BMJ referenced in discussion about vaccine rollout BBC One - The One Show 07/01/21
WHO recommends 2 doses of Pfizer shot within 21 to 28 days The Straits Times 07/01/21
Artificial Intelligence in Health Care Washington Post 06/01/21
London field hospital to reopen as shortage of critical beds looms Reuters 07/01/21
App prof findings far ahead of Covid decision makers… (Rebecca Coombes quoted) Daily Mirror 08/01/21
Honoured To Make A Difference The Times 08/01/21
Scientists surprised to discover two dwarf giraffes in Namibia, Uganda Reuters 08/01/21
Hong Kong ends ban on birth partners in public hospital delivery rooms, and other news from around the world, The New York Times 08/01/21
'Moonshot' tests that missed half of infections cost £75m to fly in The Telegraph 10/01/21

Further coverage for Christmas relaxation editorial (PR)
The many U-turns on the road to England's third lockdown The Guardian 04/01/21
NHS brought to the brink as it faces up to 'toughest time in living memory' The Telegraph 29/01/2021

JOURNALS

Annals of the Rheumatic Diseases
Revised CRISS Developed to Improve dcSSc Study Outcome Measures in dcSSc
Dermatology Advisor 04/01/21

Parallel glucocorticoid, PPI use linked to increased fracture risk in RA Medwire News 05/01/21

Secukinumab effective option in psoriatic arthritis and axial manifestations, finds study
Medical Dialogues 07/01/21

Archives of Disease in Childhood

Research: COVID-19 infections following physical school reopening (External PR)

Increased COVID-19 infections following the reopening of Florida schools Newsbreak 05/01/21
Also in: 7th Space, Sound Health & Lasting Wealth, News-Medical.Net, Science Newsnet, Medical Xpress

BMJ Case Reports
Serotonin syndrome complicates into PRES, a rare case scenario Medical Dialogues 05/01/21

A Man Ate a Toothpick and It Was Stuck in His Butt for Months Gizmodo Australia 08/01/20
Also in: LastestLY

BMJ Global Health
Home Could Be Where the COVID-19 Is Health eCareers 07/01/21
Further coverage for gender inequalities in COVID-19 research authorship (PR)
Where are female researchers in Covid-19 research? Nation Africa 07/01/21

Also in: AllAfrica.com

Public-sector hepatitis C treatment programmes expanding in lower- and middle-income countries InfoHep 08/01/21

Philanthropy must invest in tackling non-communicable diseases Alliance Magazine (US) 08/01/21

BMJ Nutrition, Prevention & Health
Over-the-counter remedy can help adults stop biting nails Seattle Times 06/01/21

Further coverage for boosting consumption of nuts and lower risk of obesity (PR)
Are Walnuts Good for You? Their Calories, Nutrition, and Benefits MSN Lifestyle 07/01/21

Further coverage for vitamins and respiratory infection risk (PR)
Vitamins A, E, and D tied to fewer colds, lung disorders Arizona Daily Sun 08/01/21 (link unavailable)

Also in: Extensive local US print coverage

BMJ Open
Here's why Dry Jan may not be the best idea this year, according to a doctor (misattrib to The BMJ) Marie Clare 04/01/21

Experts Explain How Dry January Can Affect Your Period Bustle 04/12/2020

Also in: NewsColony, Sound Health & Lasting Wealth

Further coverage for missed postnatal check-ups (PR)
Postnatal depression can last for as long as three years, says study The Daily Telegraph 04/01/21

Research: Societal costs of chemotherapy in the UK: an incidence-based cost-of-illness model for early breast cancer (External PR)

The true cost of chemotherapy Health Medicine Network 05/01/21
Chemotherapy costs patients £1,000 a year The Telegraph 05/01/21

Also in: Scienmag

What happens to your body when you stop drinking alcohol? How just one month off the booze heals your brain, burns fat and leaves skin glowing - and changes start in just one hour (misattrib to The BMJ) MailOnline 05/01/21

40 Best Weight-Loss Tips for Men Over 40 (misattributed to The BMJ) MSN Lifestyle 05/01/21

How Much Caffeine Is in Death Wish Coffee? Reader’s Digest 04/01/21

EPA releases final risk evaluation for perchloroethylene Safety + Health Magazine 07/01/21

Socioeconomic status linked to prevalence of complex multimorbidity News-Medical.Net 06/01/21
How does drowning happen and how can you prevent it? The Age Australia 11/01/21
Also in: The Sydney Morning Herald, Brisbane Times, The World News

**BMJ Open Diabetes Research & Care**
*Further coverage for tea and coffee consumption (PR)*
*Coffee And Green Tea Linked To Lower Risk Of Death In Those With Diabetes*
worldhealth.net 05/01/21
Also in: Anti Aging News, Power of Positivity,

**BMJ Open Gastroenterology**
*Inexplicably Drunk: A Case of an Underdiagnosed Condition?* Medscape 04/01/21

**SOLVD Health**
*Le Lizard 06/01/21*

**BMJ Open Ophthalmology**
*7 Signs You've Caught COVID, Like Sharon Osbourne* Yahoo Style 06/01/21
Also in: Eat This, Not That!

**BMJ Open Sport & Exercise Medicine**
*Walking can relieve leg pain in people with peripheral arterial disease* Vascular News 05/01/21

**British Journal of Sports Medicine**
*Further coverage for WHO guidelines on physical activity and sedentary behaviour (PR)*
*Here's How To Out-Train A Full Day Of Sitting* Men's Health 05/01/21
*Can you move 11 minutes a day? You'll live longer if you do* CNN 06/01/21

*Further coverage for transgender athletes and limits of hormone therapy (PR)*
*Trans women retain athletic edge after a year of hormone therapy, study finds* NBC News 05/01/21

*Further coverage for fitness tracking apps (PR)*
*Fitness Apps, Trackers Boost Physical Activity* Physician’s Weekly 06/01/21
Also in: Doctors Lounge, Physician’s Briefing, Times of India, Everyday Health

*10 exercise tips that will make fitness a little bit easier this year* The Daily Telegraph 06/01/21
The Best HIIT Workout You Can Do in 15 Minutes  MSN 05/01/21

Also in: Fatherly, T3

Tai chi’s health benefits for body and mind  Saga Magazine 05/01/21

Injury fears, greater cardiac risk: What life is like for athletes after COVID-19  espn 06/01/21

Effectiveness Of Load Management Interventions In Question  Orthopedics This Week 07/01/21

Subacromial Decompression Vs. Placebo Surgery: No Difference  Orthopedics This Week 08/01/21

Trump Jr. Incited Capitol Mob With Anti-Transgender Rant  Advocate 08/01/21

Also in: Edge Media Network

Can we prevent injuries?  Medium 10/01/21

Walking groups try to spark interest in a physical activity most people can enjoy  (link unavailable) Madison.com 11/01/21

12 Benefits of Walking That Will Make You Want to Lace Up  Ava360 11/01/21

Emergency Medicine Journal

RA Symptoms You Shouldn't Ignore  WebMD 08/01/21

Gut

What's the best diet for 2021? The experts weigh in  Chicago Sun-Times 06/01/21

Also in: Dispatch, stuff.co.nz, Virgin Island Daily News, Times of News, USA Today, Times Now News, Broadcast Cover, The Health Site

Struggling to Poop? Blend One of These 6 Smoothies for Constipation  LiveStrong 05/01/21

Let's Talk About the Causes of Ulcerative Colitis  Health Central 06/01/21

Certain foods, drugs may lower risk of colon cancer  Montana Standard 08/01/21 (link unavailable)

Also in: Widespread local US print + broadcast coverage

Can acid reflux or GERD be inherited? Get to know the factors that can trigger this digestive disorder  The Health Site 10/01/21

Heart

Further coverage for benefits of ‘green Med’ diet (PR)

Nine hot health trends to watch in 2021  Australian Financial Review 04/01/21

Also in: The Health Mania

AHA News: Pandemic Pods Offer Social Relief, But There Are Risks  Doctors Lounge 06/01/21

Journal of Epidemiology & Community Health
20 attitude adjustments for a longer life  MSN Lifestyle 07/01/21

Journal for Immunotherapy of Cancer

Research: Domain Binding and Isotype Dictate the Activity of Anti-human OX40 Antibodies (External PR)
Understanding how to improve antibodies targeting OX40 for the treatment of cancer
BioEngineer 08/01/21
Also in: Medical Xpress, ScienMag, 7th Space, Health Medicine.net, News-Medical.net, India Education Diary

Journal of Investigative Medicine
Best Vitamin D Supplements AskMen 04/01/21

Journal of Medical Ethics
Covid 'lottery': Doctors draw up triage protocol for patients in the event treatment has to be rationed The Telegraph 05/01/21
Covid rationing plan advises doctors at major NHS hospital to pick which severely-ill patients to save by 'lottery' or based on 'how much they contribute to society' Daily Mail 06/01/21
Also in: Breitbart

'Canceling' Humanity Itself Patriot Post 07/01/21

City’s Eye Pavilion must be saved - your views Edinburgh Evening News 07/01/21

Occupational & Environmental Medicine
Further coverage for sitting time increase after retirement (PR)
Sharp Rise in Sedentary Time Among Newly Retired Women Evident 2+ Years Later
Today’s Geriatric Medicine Online 05/01/21

RMD Open
How COVID-19 Might Affect People With Rheumatoid Arthritis Very Well Health 09/01/21

Thorax
Further coverage for inflammatory compounds in cooked meat and childhood wheeze (PR)
Inflammatory compounds in cooked meat can cause to childhood wheeze Journey Line 04/01/21
Also in: New Hampshire Union Leader

Research: Current smoking and COVID-19 risk: results from a population symptom app in over 2.4 million people (External PR)

Covid-19: Smoking DOUBLES risk of hospitalisation, study says Unfold Times 07/01/21
Study claims smoking DOES increase your risk of developing COVID-19 symptoms and ending up in hospital – flying in the face of previous research Daily Mail 06/01/21
COVID-19 : Coronavirus I Which patients are most at risk of persistent COVID? Explica 09/01/21