BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 28 journals were picked up in the media last week (14-20 December) - our highlights include:

- An editorial published in *The BMJ* arguing that the UK government must abandon plans for household mixing over Christmas was covered extensively, including BBC News, BBC Parliament - Prime Minister's Questions, The New York Times, and The Financial Times.

- Research in *The BMJ* revealing that much of the world may not have access to a covid-19 vaccine until 2022 made international headlines, including The Washington Post, Newsweek, STAT, and the International Business Times India.

- A *Thorax* study finding that the type and abundance of mouth bacteria may be linked to lung cancer risk in non-smokers was picked up by CTV News, Saudi24 News, and The Daily Telegraph.

**BMJ**

**PRESS RELEASES**

*The BMJ | Journal of Epidemiology & Community Health*

*Journal of Investigative Medicine | Thorax*

**EXTERNAL PRESS RELEASES**

*Sexually Transmitted Infections*

**OTHER COVERAGE**

*The BMJ | Annals of the Rheumatic Diseases*

*Archives of Disease in Childhood | BMJ Evidence-Based Medicine*

*BMJ Nutrition, Prevention & Health | BMJ Open*

*BMJ Open Diabetes Research & Care | BMJ Open Ophthalmology*

*BMJ Open Sport & Exercise Medicine | BMJ Quality & Safety*

*British Journal of Sports Medicine | Gut*

*Heart | Injury Prevention*

*Journal of Clinical Pathology*

*Journal for the Immunotherapy of Cancer | Journal of Medical Ethics*

*Journal of Medical Genetics | Journal of NeuroInterventional Surgery*

*Journal of Neurology Neurosurgery & Psychiatry*
BMJ partners with CoMo Consortium to help contain spread of COVID-19 InPublishing 16/12/2020

New Editor-in-Chief for BMJ Open Diabetes Research & Care InPublishing 16/12/2020

The BMJ press release coverage

Editorial: Covid 19: Christmas relaxation will overwhelm services (PR)

Covid: 'Rash' Christmas rules 'will cost many lives' BBC News x3 + BBC News Channel x2 15/12/2020 and 16/12/2020 (no link available)
U.K. Should Ban Christmas Household Mixing, Medical Journals Say Bloomberg 15/12/2020
In defence of 'Christmas bubbles' The Telegraph 15/12/2020
Keir Starmer quotes from the editorial at PMQs (time: 12.13.49) Parliamentlive.tv - House of Commons 16/12/2020 (Also on BBC Parliament x2, BBC News at One. 04:08 mins in)
Elisabeth Mahase interview - BBC local radio 16/12/2020
No Scrooge Here: Johnson Resists 'Canceling' Christmas to Stem Coronavirus The New York Times (print + online) 17/12/2020


International
Nearly a quarter of the world's population may not have access to the COVID-19 vaccine until 2022, BMJ study shows

**Research:** Reserving coronavirus disease 2019 vaccines for global access: cross sectional analysis

**Research:** Global, regional, and national estimates of target population sizes for covid-19 vaccination: descriptive study

**Editorial:** Equitable global access to coronavirus disease 2019 vaccines (PR)

Coronavirus vaccinations have started. But people in Africa face a much longer wait.

Washington Post x2 17/12/2020

Quarter of World's Population Won't Access COVID Vaccine Until 2022 Newsweek 16/12/2020

Also in: Daily Mail, thejournal.ie, several UK local news outlets, Daily Mirror, 24 Matins (UK), Express & Star, MSN UK, Yahoo UK, Evening Express, Standard, The Irish Times


**Other**


**Feature:** Harms and the Xmas factor (PR)
Do benefits of Christmas outweigh its harms? Mirage News 17/12/2020
Also in: NewsR.in, Eurasia Review, Yahoo Sports, Medical Xpress, One News Page

Research: Effectiveness of hospital clowns for symptom management in paediatrics: systematic review of randomised and non-randomised controlled trials (PR)

The Times view on paediatric clowns: Jester Therapy The Times + Irish Times 17/12/2020
Researchers are not clowning around, as data shows laughter can reduce anxiety in child patients The Daily Telegraph 17/12/2020
What it’s like to be a ‘clown doctor’ The Telegraph 28/12/2020
Times Radio (Mariella Frostrup interview with John Fletcher, Associate Editor)
https://www.thetimes.co.uk/radio/show/20201217-1636/2020-12-17 (02:12:50 into programme)

Also in: Medical Xpress, MEAWW, Mirage News Australia, A Closer Look, Newstalk

Feature: Delivering human factors at Christmas: how does Father Christmas do it? (PR)

What lessons can medicine learn from Father Christmas? Medical Xpress 16/12/2020
Also in: Sciencecodex

Research: Does medicine run in the family—evidence from three generations of physicians in Sweden: retrospective observational study (PR)

One in five doctors in Sweden has a doctor parent Medical Xpress 16/12/2020

Also in: sciencecodex

Research: Association of high profile football matches in Europe with traffic accidents in Asia: archival study (PR)

Popular European football games linked to traffic accidents in Asia Sciencecodex 17/12/2020
Also in: Medical Xpress, The Star Malaysia

Further coverage for The BMJ Christmas Issue (PR)
Mortality Up for Patients Undergoing Surgery on Surgeon's Birthday Drugs.com 14/12/2020
Also in: Physician’s Briefing, Englemed Health News, Futurism, News Landed, Discover, news24, Discover Magazine

Soothing words and music during surgery might reduce postoperative pain My Vet Candy 14/12/2020
Melody Remedy Daily Mail 15/12/2020
Also in: HealthDay, BBC World Service and BBC Radio 4, Tek Deeps, Doctors Lounge, Physician’s Briefing

Why Dog Owners are at Increased Risk of Type 2 Diabetes? The Health Mania 15/12/2020
Also in: Medwire News

Warning over fictional children’s potions Englemed Health News 14/12/2020
How a girl's 'death mask' from the 1800s became the face of CPR dolls LiveScience
16/12/2020
Also in: The Star Malaysia

Other notable coverage
Coronavirus doctor's diary: 'Have I got Covid for a second time?' BBC News 17/12/2020
Covid-19 patients at five times higher risk of death than those with the flu Times of India
16/12/2020
Spinal muscular atrophy: Parents hope to raise £1.6m for treatment BBC News 17/12/2020
How Deadly Is Covid-19? Forbes 17/12/2020
Return to school delayed by a week to prepare mass testing The Daily Telegraph 18/12/2020
The case for mass Covid screening in schools has not been made The Daily Telegraph
18/12/2020
Virus three times deadlier than flu, oximeters less reliable on Black patients Reuters
18/12/2020
Unhappy mums-to-be want Hong Kong public hospitals to remove Covid-19 ban on fathers in delivery room South China Morning Post 19/12/2020
A medics' manifesto for 'long Covid' The Daily Telegraph 21/12/2020

JOURNALS

Journal of Epidemiology & Community Health

Research: Association of socioeconomic deprivation with opioid prescribing in primary care in England: a spatial analysis (PR)

Opioid prescriptions far greater in UK's deprived northern regions, study reveals Daily Telegraph 15/12/20
Also in: About Manchester, Mirage News Australia, Brinkwire, Univadis, Medscape, University News HQ, Engelmed Health News

Further coverage for teen body image and depression (PR)
Body Dissatisfaction at 14 Predicts Depressive Episodes at 18 Christian Headlines 15/12/20
Also in: Health System Management, Dermatology Advisor, Al Hakam

Further coverage for racial disparities in fatal shootings by police (PR)
Opinion: What Obama gets wrong on 'defund the police' The Nation Sri Lanka 15/12/20
Also in: CNN, Philadelphia Tribune

Thorax

Research: Variation in oral microbiome is associated with future risk of lung cancer among never-smokers (PR)

How do non-smokers develop lung cancer? Mouth bacteria may play role, study suggests CTV News Canada 14/12/20
The type and abundance of oral bacteria correlates with the risk of lung cancer in non-smokers Saudi24 News 16/12/2020
Also in: The Daily Telegraph, Healthing.ca, Agenparl.eu, Californianews Times, Medical Republic.au, francenewslive, indiarighttoknownews, OzarksFirst, Healthed.au, New Telegraph (Nigeria), News Daily (IN), New Zealand Online News, Yahoo India News, Iran Daily

Other

The Effects of High Altitude on Asthma LiveStrong 16/12/20

Further coverage steroid inhalers and osteoporosis (PR)
Steroid Inhalers/Pills for Asthma Linked to Heightened Risk of Brittle Bones and Fractures
Today’s Geriatric Medicine 18/12/2020

Gluten Allergy & Cough LiveStrong 18/12/2020

Journal of Investigative Medicine

Research: Association between goal-striving stress and rapid kidney function decline among African Americans: the Jackson Heart Study (US Focus PR)

Goal striving stress linked to progressive kidney function decline in African Americans
MedIndia 18/12/20
Also in: Medically Prime, MedPage Today, A Closer Look, New Coalition.org, Phys.org, Medical Xpress

20 Reasons Why You Keep Getting Sick Yahoo Lifestyle 19/12/2020
Also in: Healthy Lifezone

COVID-19: Can Vitamin D Help? Archyde 20/12/20

Annals of the Rheumatic Diseases
Korea-led multinational research team finds 46 gene mutations of lupus Korea BioMedical Review 14/12/2020

Upadacitinib improves PsA signs, symptoms in DMARD-refractory patients Healio 14/12/2020

Researchers complete large gene study for lupus in East Asians Xinhua 15/12/2020
3 nations start lupus cure search The Manila Times 16/12/2020
Also in: China Development Gateway

Patients with rheumatic diseases may not have elevated COVID-19 mortality risk MedWire News 16/12/20

Arthritis Drug May Improve Early Stages Of Heart Disease Can-India News 18/12/2020
Your Period, Menstrual Cycle, and Inflammatory Arthritis Flares: What’s the Connection?
CreakyJoints 17/12/2020

Getting to the heart of CV outcomes in rheumatic disease
Healio 17/12/20

Archives of Disease in Childhood
Higher Vitamin D Levels, Stronger Immune Response Protect Children From COVID-19
BruDirect 14/12/2020
Also in: NaturalNews

Further coverage for depressive symptoms among children during UK lockdown (PR)
The Number of Americans that are Depressed or Considering Suicide has Soared Because of the COVID Lockdowns
InfoWars 14/12/2020
Also in: Corona Stocks

7 Foods That Can Make Flu Symptoms Worse (& What To Eat Instead)
Bustle 18/12/2020

BMJ Evidence-Based Medicine
Further coverage for caffeine consumption in pregnancy (PR)
High Amounts of Caffeine Can Be Harmful During Pregnancy
The Health Mania 15/12/2020

BMJ Nutrition, Prevention & Health
Immunonutrition may improve COVID-19 patients’ recovery
Education News 14/12/2020

Managing long-Covid
Training Matters 16/12/2020

Vitamins A, E and D protect against respiratory infections and maybe even COVID-19
What Doctors Don’t Tell You 17/12/20
Also in: Harvard Health Letter

BMJ Open
Study reveals disparities in coverage and accuracy among symptom apps
MobiHealth News 16/12/2020
Also in: Medical Device Network, AI Med, DigitalHealth.net, Sifted

Alcohol, hangovers & the holiday break
Switzer Daily 18/12/2020

Teenage diet concerns
Training Matters 18/12/2020

Further coverage for benefits of multivits (PR)
Benefits of a Multivitamin Might Be In Your Mind, Says Study
Yahoo Lifestyle India 17/12/2020
Also in: Eat this Not That!

Wearing This Mask Could Be Worse Than No Mask at All, Study Says
Best Life 17/12/2020
Also in: MSN Arabia, MSN Health & Fitness, USSA News, Yahoo Lifestyle

Ketamine May Be More Effective Than Opioids for Prehospital Acute Pain
Clinical Pain Advisor 18/12/20

How does tinnitus change over time? – new study
One News Page 18/12/2020
Also in: Pressat
BMJ Open Diabetes Research & Care

*Glucose Tolerance Test Market 2020 - Global Analysis by Top Companies, Analysis Report, Demand, Size, Share and Forecast till 2023.* Industry Today 14/12/20

*Further coverage for health benefits of green tea and coffee (PR)*

*Another benefit of drinking green tea or coffee* Harvard Health Letter 17/12/20

*Also in:* Before It's News, Diabetes in Control, Coffee Talk

BMJ Open Ophthalmology

*Eye Problems Common in COVID-19 Patients* Managed Healthcare 14/12/2020

*Also in:* MD Magazine, BGR, Insight News (au), News24, Mweb

BMJ Open Sport & Exercise Medicine

*VR could be key to helping recovered COVID-19 patients get therapy, according to experts* Mobihealth News 15/12/20

*Also in:* mashupmd, wearable-technologies

BMJ Quality & Safety

*Hospital CEOs Have Gotten Rich Cutting Staff and Supplies* Znet 20/12/2020

*Also in:* The Intercept

British Journal of Sports Medicine

*Think Covid-19 can't harm healthy, young athletes? Think again* The Guardian 14/12/2020

*Also in:* MSN Lifestyle, remonews,

*Risk of Early Death Increases if You Have This Common Habit* Health Thoroughfare 14/12/2020

*Further coverage for WHO guidelines on physical activity and sedentary behaviour (PR)*

*About 10.5 hours of daily sedentariness increase risk of ill health and early death* The Washington Post 14/12/20

*WHO Updated Their Physical Activity Guidelines for the First Time in 10 Years* Runner’s World 14/12/2020

*Also in:* SFGate, Seattle Times, News-Times, Practice Update, NewsR.in, Medscape, ACE Fitness, TecReview

*Further coverage for transgender women and hormone therapy (PR)*

*Transwomen May Have Lasting Endurance Edge Over Cis-Female Peers* Medscape 14/12/2020

*Also in:* Healio, MedPage Today

*Genes play a role in common knee injury* ScienceDaily 15/12/2020

*High Heritability Found for ACL Rupture* GEN News 17/12/2020

*Also in:* Medical Research.com, Frontline Genomics

*Ear Symptoms of Dehydration During Ironman* Live Strong 16/12/202

*Vitality Gains Momentum as Employers and Health Plans Invest in Health* Yahoo Finance 16/12/20

**Does Exercising Help With Gastritis?** LiveStrong 17/12/2020

**12 Scientifically Proven Ways to Succeed at Your New Year’s Resolutions** FromPress 17/12/2020

**5 Benefits of Quick Intermittent Workouts** Stack News 17/12/2020

**Blows to head changed her life** The Los Angeles Times 17/12/2020

**Ross Edgley on why you need to try winter swimming**, British GQ Magazine 19/12/20

**How to Start Working Out When You Haven’t In a While (Or Ever)** PressFrom 19/12/20

**Gut**

**Beta-blockers Show Anti-inflammatory Effects in Cirrhosis** MedIndia 14/12/2020

**A good night’s sleep can help your immune system** MSN Lifestyle 17/12/2020

Also in: MSN Health Canada

**Certain foods and drugs may lower risk of colon cancer** Harvard Health Letter 17/12/2020

**Heart**

*Further coverage for ‘green Med’ diet (PR)*

**Slugging and Healthful: Benefits of New ‘Green’ Mediterranean Diet Revealed in Study** Good News Network 14/12/2020

Also in: Simplemost, Easy Health Options

**Injury Prevention**

**Is an E-Bike Right for You?**, Consumer Reports 18/12/20

**Journal of Clinical Pathology**

**Chronic Fatigue Syndrome Now Linked to a Common Stomach Virus?** USSR News 19/12/20

**Journal for the Immunotherapy of Cancer**

**Tumor’s stiff-arm tactic limits the effectiveness of immunotherapeutics** News-Medical.Net 15/12/2020

**Journal of Medical Ethics**

*Further coverage for sexbots for older people (PR)*

And the prize for the creepiest film of the year goes to … Gript 14/12/2020

Also in: LADBible, Daily Star, PerthNow

*Further coverage for paying people to get the COVID-19 jab (PR)*

**Coronavirus: how many people need to be vaccinated to get life back to normal?** The Week UK 16/12/2020
Journal of Medical Genetics
Gwen Stefani Learned She Has Dyslexia After Her Sons Struggled With Reading Cafe Mom 15/12/2020

Journal of NeuroInterventional Surgery
Top 5 Vascular Surgery Podcasts You Must Follow in 2020 World Best News 17/12/2020

Journal of Neurology Neurosurgery & Psychiatry
Fact check: Bell's palsy among COVID-19 trial participants likely unrelated to Pfizer vaccine Yahoo News 19/12/20
Also in: MSN Health & Fitness, MSN Health Canada, xinmsn

Lupus Science & Medicine
Low Vitamin D Linked to Lupus Newsmax 14/12/2020

Occupational & Environmental Medicine
Further coverage for healthcare workers’ risk of COVID-19 (PR) Coronavirus: high number of serious illnesses in health professions Archyde 14/12/2020
Also in: Glasgow Live

Open science’s slow application leads to frustration Research Professional News 14/12/2020

Further coverage for inactivity rising after retirement (PR) Sedentary Behavior in Older Adults Durelliots 16/12/20

Further coverage for COVID risk of grocery store employees (PR) Covid Christmas 2020 - a bitter pill to swallow RTL Today (Luxembourg) 19/12/20

Regional Anesthesia & Pain Medicine
New breathalyser test may allow doctors to diagnose respiratory conditions in minutes Sound Health and Lasting Wealth 15/12/2020
Also in: Internewscast, Daily Mail, MSN UK + AU + South Africa

Sexually Transmitted Infections
Research: Reporting of sexually transmitted infections during the COVID-19 pandemic (External PR)
Accurate STI reporting impacted by clinical focus on COVID-19 News-Medical.Net 15/12/2020
Also in: Corona Stocks, Scienmag, Netindia123.com, Daily World (IN), The Hans India, WebIndia123, Daijiworld, Andhravilas, The Hawk India, AustinIndian, NetIndia123, KentuckyIndian, The Assam Tribune, 7th Space, Newkerala.com

Vet Record
British Veterinary Association selects Wiley to publish world renowned vet journals Politics Home 17/12/20
Also in: Vetclick
Scientists examine the virulent potential of Listeria strains in pigs NewsColony 17/12/2020
Also in: News-Medical.Net, Vetclick