BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 24 journals were picked up in the media last week (9-15 November) - our highlights include:

- Research in *BMJ Open* suggesting that the health benefits of multivitamins/mineral supplements may be all in the minds of users made international headlines, including *The Sydney Morning Herald*, *The New York Post*, *The Times*, and *The Daily Telegraph*.

- An analysis published in *BMJ Open* revealing that diseases of despair have soared in the US over the past decade was covered widely, including *The Week*, *Fox News*, and the *Daily Mail*.

- A study in *The BMJ* finding that the accuracy of a rapid finger-prick covid test may be lower than previously suggested made national headlines, including *The Guardian*, *The Daily Telegraph*, and *Sky News*.

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**PRESS RELEASES**

*The BMJ* | *BMJ Open*

**EXTERNAL PRESS RELEASES**

*Archives of Disease in Childhood* | *BMJ Open*

*BMJ Quality & Safety* | *Gut*

*Thorax* | *Tobacco Control*

**OTHER COVERAGE**

*The BMJ* | *Annals of the Rheumatic Diseases*

*BMJ Case Reports* | *BMJ Evidence-Based Medicine*

*BMJ Global Health* | *BMJ Leader*

*BMJ Nutrition, Prevention & Health* | *BMJ Open Diabetes Research & Care*

*BMJ Open Ophthalmology* | *BMJ Open Sport & Exercise Medicine*

*British Journal of Ophthalmology* | *British Journal of Sports Medicine*

*Heart* | *Journal of Epidemiology & Community Health*

*Journal of Medical Ethics* | *Journal of Neurology, Neurosurgery & Psychiatry*

*Occupational & Environmental Medicine* | *Sexually Transmitted Infections*
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**Also in:** The Financial, ASIA Plus (ti), Daily-Sun, Bangladesh Sangbad Sangstha, Publicnow,

**WISH 2020 begins Sunday; Dr Fauci to address meet** Gulf Times 14/11/2020  
**White House COVID-19 panel member Dr Fauci will attend WISH 2020** Qatar Tribune 15/11/2020  
**Also in:** MENA FN, The Peninsula

**The BMJ press release coverage**

**Research:** [Accuracy of UK Rapid Test Consortium (UK-RTC) “AbC-19 Rapid Test” for detection of previous SARS-CoV-2 infection in key workers](https://www.bmj.com)  
**Editorial:** [Testing for antibodies to SARS-CoV-2](https://www.bmj.com)

*Antibody tests bought by UK government 'less accurate than maker claims'* The Guardian 12/11/2020  
Fifth of positive antibody results are wrong The Daily Telegraph 11/11/2020  

**Research:** [Pregravid contraceptive use and fecundability: prospective cohort study](https://www.bmj.com)  
Eight-month wait for fertility to return: Women face long delays before they can conceive after stopping contraception, research suggests Daily Mail 11/11/2020  
**Also in:** Mirage News Australia, Scienmag, NewsColony, MedIndia, Medical Express, remonews, sciencecodex, The Health Mania, Ob. Gyn. News, First Post, The Health Mania

**Editorial:** [Covid-19: politicisation, “corruption,” and suppression of science](https://www.bmj.com) (PR)

*Politicians And Governments Are Suppressing Science, Argues The BMJ* Scienmag 13/11/2020  
Calls to abandon Operation Moonshot (print + online) Sunday Express 15/11/2020  
**Also in:** 15MinuteNews, GlobalResearch, Sign of the Times, Phys.org, 7th Space, Mirage News, Before it’s News, The London Economic

*Further coverage for cancer treatment delay*  
Cancer can’t wait: the hidden cost of the pandemic Australian Financial Review 13/11/2020

*Further coverage for plant protein linked to longer life*  
A daily diet of beans means a longer life The Daily Telegraph (print only) 14/11/2020

**Other notable coverage**

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NHS England One-to-one nursing rule for patients in intensive care suspended (print) The Guardian 09/11/2020
Covid is testing our diagnostic rationale The Daily Telegraph 09/11/2020
If you've had flu, don't go back to exercising until you've read this (long covid webinar) The Times 10/11/2020
Covid in Scotland: No clinics for thousands of 'long Covid' patients BBC News 11/11/2020
‘A long and difficult slog’: Chris Whitty predicts hardest winter for NHS in recent memory The Independent 15/11/2020

JOURNALS

BMJ Open

Research: Self-reported health without clinically measurable benefits among adult users of multivitamin and multimineral supplements: a cross-sectional study

Benefit of multivitamins may be 'all in the mind', Harvard study suggests The Daily Telegraph 10/11/2020
Vitamin tablets really could give you a daily boost — but only in the mind The Times 10/11/2020
The advantages of your supplements may be all in the mind Sydney Morning Herald 11/11/2020

Also in: Daily Express, Daily Mail, BBC World Service, International Business Times UK, AOL UK, Yahoo News UK

International

Other


'Diseases of despair' killing more Americans than ever The Week (IN) 10/11/20
'Diseases of despair' on the rise across the US Fox News 10/11/20
Alarming rise of 'diseases of despair' in the US Daily Mail 10/11/20

Poor Sleep Quality Linked to Fatty Liver Disease  Hep Mag 09/11/2020

Glasgow study reveals death rates increasing among poorest across UK even before Covid Herald Scotland 09/11/20

How Long Do I Need to Quarantine If I'm Exposed to Covid?  The Wall Street Journal 09/11/20

Patients’ perspectives on polypharmacy are highly personal, systematic review concludes Pharmaceutical Journal 12/11/2020

If Your Face Mask Has One of These, Stop Using It Immediately  Best Life 12/11/2020

Also in: MSN MY, Yahoo Lifestyle, MSN Health & Fitness

The priorities for cannabis research  Open Access Government 12/11/20

Also in: Adjacent Government

Research: Perceived barriers and facilitators to chronic kidney disease care among patients in Singapore: a qualitative study  (External PR) ScienMag 13/11/2020

Commentary: Smoking near windows dismissed as neighbourly nuisance but has public health costs  Channel News Asia 15/11/20

Also in: Times of News

Annals of the Rheumatic Diseases


What's the Role of Epstein-Barr Virus Reactivation in Lupus Development?  The Rheumatologist 12/11/2020

Upadacitinib safety similar to other JAK inhibitors for rheumatoid arthritis  MD Alert 13/11/20

Tocilizumab as Effective as Placebo for Pain Relief in Hand Osteoarthritis  Rheumatology Advisor 13/11/20

Archives of Disease in Childhood
Research: **Longitudinal effects of breastfeeding on parent-reported child behaviour** (External PR)

*Breastfed babies develop fewer behavioural problems and are less anxious, says study*
Metro 10/11/2020

*Babies who breastfeed for at least three months less prone to social setbacks, study suggests* The Daily Telegraph 10/11/2020


**BMJ Case Reports**

*Woman Has 'Giant' Tumor the Size of a 4-Month-Old Baby Removed From Her Stomach* Newsweek 10/11/2020

*Further coverage for COVID-19 and hearing loss (PR)*

COVID-19 Could Make Your Ears Ring or Buzz, a New Study Finds VICE 10/11/20

**Also in:** Gentside UK

*Stendhal Syndrome- A Unique and Weird Disease* The Health Mania 12/11/2020

*Nine more imported Covid-19 cases reported* Vietnam Breaking News 15/11/20

**BMJ Evidence-Based Medicine**

*Further coverage for antibiotics weakening birth control (PR)*

Antibiotics can make birth control less effective The Lawton Constitution 13/11/20

**BMJ Global Health**

*Multiple Threats To Women Collecting Drinking Water* Aquanow.info 09/11/2020

*Extreme uric acid in blood is dangerous: A few tips to maintain ideal levels* The Health Site 11/11/2020

**Also in:** Sound Health & Lasting Wealth, Bol News,

*Further coverage for US media preference and COVID-19 precautions (PR)*

Pandemic Precautions: The TV News You Watch Might Matter The Health Cast 16/11/2020

**BMJ Leader**

*Team identification supports health care worker wellness during COVID-19 pandemic*
Medical Xpress 09/11/20

**BMJ Nutrition, Prevention & Health**

*Low carbohydrate diet can help over 50s to improve HbA1c, lipid profiles and blood pressure*
Diabetes.co.uk 10/11/2020

**Also in:** The Irish News

**CORONAVIRUS: DO I NEED TO START TAKING VITAMIN D IN LOCKDOWN?** The Independent 10/11/2020
Future doctors need more nutrition education Medical Xpress 11/11/2020
Also in: Mirage News

Further coverage for professional view of vitamin D (PR)
Covid: UK government requests guidance on vitamin D use The Guardian 14/11/20
Also in: Yahoo Canada Sports, Business Fast, Newscabal, Allusanewshub, MSN (AU) + UK

BMJ Open Diabetes Research & Care
Further coverage for health benefits of tea and coffee (PR)
Coffee and green tea helps lower death in diabetes patients The Star Malaysia 15/11/20

BMJ Open Ophthalmology

BMJ Open Sport & Exercise Medicine
Connect Health introduces new COVID-19 musculoskeletal risk assessment tool News-Medical.net 09/11/20

BMJ Quality & Safety
Research: Assessment of a quality improvement intervention to decrease opioid prescribing in a regional health system (External PR)
New studies show progress and opportunity with opioid painkiller usage and risk Medical Xpress 10/11/2020
Also in: Scienmag

Research: Incidence, nature and causes of avoidable significant harm in primary care in England: retrospective case note review (External PR)
Better IT could reduce significant harm in general practice, study finds Pulse 11/11/2020
National study reveals new insights into avoidable harm in primary care Medical Xpress 11/11/2020
Also in: Scienmag, News-Medical.Net

British Journal of Ophthalmology
Visual Acuity Outcomes and Anti-VEGF Therapy Intensity in Macular Edema Due to Retinal Vein Occlusion Practice Update 15/11/20

British Journal of Sports Medicine
No pre-season, crunched schedules and mental strain of Covid are putting players at risk The Telegraph 09/11/2020

Antidepressant Medications And Athletic Performance Trail Runner 09/11/2020

First global findings revealed from landmark WOA Olympians Health Study Around the Rings 11/11/20
Also in: Inside the Games
What happens if you give up exercise, alcohol, meat or sex for a week? The Times + Irish edition 13/11/2020

Regular morning exercise could prevent certain types of cancer, study suggests WJCL-TV 08/11/20

Gut

Research: Derivation and validation of a predictive model for advanced colorectal neoplasia in asymptomatic adults (External PR)

Predicting colorectal cancer risk among average risk persons Medical Xpress 10/11/2020
Also in: Corona Stocks, Scienmag, Bioengineer

Depression linked to bowel conditions Medical Xpress 11/11/2020
Also in: Mirage News, The Health Mania


Heart

Does reduced body fat lead to lower heart risk? Here’s what experts say newsr.in 11/11/2020

Journal of Epidemiology & Community Health
COVID, lockdowns and misery The Spectator USA 12/11/2020

Journal of Medical Ethics
Further coverage for payment for COVID-19 jab (PR)
Covid-19: Should people be paid to get vaccinated? Health24 09/11/2020
Coronavirus morning recap: Kids and antibodies, vaccination incentives, Covid corruption latest Health24 South Africa 10/11/2020
Also in: Pharmacy Times, Healthline, Health Management, Euro Weekly News

Journal of Neurology, Neurosurgery & Psychiatry
Further coverage for Asian ethnicity linked to COVID-related stroke (PR)
Asians at Higher Risk of COVID-Linked Stroke: Study Drugs.com 09/11/2020
Also in: U.S. News & World Report, 10 News, Medscape,

Stem Cell Transplant More Effective Than Lemtrada in Treating RRMS, Study Suggests Multiple Sclerosis News Today 10/11/2020


Brain Autopsies Show APOE2 Not Protective Against CVD, Including CAA Physician’s Weekly 12/10/2020

RCT Results on Hydroxychloroquine, Melatonin Treatment, Recommendations on Vaccine
Clinical Trials: COVID-19 Updates  Clinical Research News 13/11/20

Blood Biomarker Predicts Guillain-Barre outcomes  MedPage Today 13/11/20
Also in: Hindustan Times, Medically Prime

Nusinersen Safety and Effects on Motor Function in Adult SMA Types 2 and 3  Practice Update 15/11/20

Occupational & Environmental Medicine
Further coverage for grocery workers and COVID-19 risk (PR)
1 in 5 Grocery Store Workers May Have COVID-19  POZ 19/11/20
Also in: Tu salud mag, Cancer Health Treatment News, WJTC-TV, Healio, WorkersCompensation.com, NBC15 WPMI, HR Drive, Business Insider India, KITV Honolulu

Sexually Transmitted Infections
10 Best Condoms You Should Try in 2019  Pulse 09/11/2020

Thorax

Research: Long-COVID: a cross-sectional study of persisting symptoms, biomarker and imaging abnormalities following hospitalisation for COVID-19 (External PR)

Study Confirms Existence Of ‘Long Covid,’ With 7 In 10 Patients Experiencing Debilitating Symptoms Weeks After Hospital Discharge  Forbes 11/11/2020
70% of hospital patients suffer from ‘long Covid’ for weeks  Metro 11/11/2020
’Half a million victims of long Covid’ to be cared for in mini-hospitals  Sunday Times 15/11/20


Brief Communication: Early-life risk factors for reversible and irreversible airflow limitation in young adults: findings from the BAMSE birth cohort (External PR)

Early-life events linked to lung health in young adulthood  Medical Xpress 12/11/2020

Also in: Scienmag, Daily Science, sciencenewsnet.in, Mirage News 7th Space, Bio News Central

Tobacco Control
Banning tobacco sales near Scottish schools could affect 70% of licensed shops: study  Asian Trader 09/11/2020

Research: Exploring the Twitter activity around the eighth meeting of the Conference of the Parties to the WHO Framework Convention on Tobacco Control (External PR)

No coverage