BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 21 journals were picked up in the media last week (28 September - 4 October) - our highlights include:

- A report in the *Journal of Medical Ethics* warning that the COVID-19 pandemic has created a flood of potentially substandard research was picked up widely, including the *International Business Times, China Global TV Network* and the *Manila Standard.*

- A *Gut* study finding that regular use of acid reflux drugs is linked to a heightened risk of type 2 diabetes was covered by *India TV, The Sun and the Times of India.*

- Research in *The BMJ* suggesting that irregular and long menstrual cycles are linked to a greater risk of early death made headlines in *The Guardian, CNN and INSIDER.*

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**PRESS RELEASES**

The BMJ | BMJ Global Health  
Gut | Journal of Medical Ethics

**EXTERNAL PRESS RELEASES**

BMJ Open | Journal of Epidemiology & Community Health  
Thorax

**OTHER COVERAGE**

The BMJ | Annals of the Rheumatic Diseases  
BMJ Case Reports | BMJ Evidence-Based Medicine  
BMJ Nutrition, Prevention & Health | BMJ Open  
BMJ Open Diabetes Research & Care | BMJ Open Ophthalmology  
BMJ Open Quality | BMJ Supportive & Palliative Care  
British Journal of Sports Medicine | Heart  
Journal of Epidemiology & Community Health | Journal for ImmunoTherapy of Cancer  
Journal of Investigative Medicine | Journal of Neurology, Neurosurgery & Psychiatry  
RMD Open | Thorax

**BMJ**

BMJ and Asian Development Bank launch Coronavirus Information Centre  
InPublishing
02/10/2020

Also in: Mirage News

**The BMJ press release coverage**

**Research:** In-hospital cardiac arrest in critically ill patients with covid-19: multicenter cohort study

Cardiac arrest common in critically ill patients with COVID-19: Study Times of India 01/10/2020


**Research:** Menstrual cycle regularity and length across the reproductive lifespan and risk of premature mortality: prospective cohort study

People with irregular or unusually long menstrual cycles may have a higher risk of dying young INSIDER 01/10/2020

Irregular periods linked to increased risk of death before the age of 70, says BMJ The Guardian 01/10/2020

Irregular periods linked to a greater risk of an early death, study suggests CNN 30/09/2020


**Essay:** Demedicalisation: radically reframing the assisted dying debate

**Essay:** The bench: reflections on an incurable diagnosis and control at the end of life

**Opinion:** “Last Rights” makes the case for assisted dying

Matt Cholrey | Times Radio (skip to 1:03:45) 01/10/2020

Doctor with terminal cancer changes his mind on assisted dying The Times 02/10/2020

Also in: Medscape

Further coverage for excess belly fat and higher risk of early death

I've been obsessed with the thigh gap for four decades – but it's daft and pointless The Telegraph 28/09/2020

**Other notable coverage**

Why the true Covid death toll may be way over 1 million The Economic Times 29/09/2020

Why India should worry about post-Covid-19 care BBC News 27/09/2020

Are we right to doubt statins? The Times 29/09/2020

Coronavirus: Children half as likely to catch COVID-19 than adults, analysis suggests Sky News 28/09/2020

The scientists’ advice on Covid is clear, despite the dissenters The Guardian (front page)
29/09/2020
**Talk of a scientific rift is a dangerous distraction in the fight against Covid-19** The Guardian 29/09/2020

Food: Truth or Scare (non-sugar sweeteners) BBC Two 30/09/2020

Have that coffee after breakfast especially if you had a bad night's sleep, research suggests CNN 01/10/2020

UK university student halls too full to be safe, experts warn The Guardian 02/10/2020

As debate over Sweden's covid-19 response continues, cases in the country are on the rise Reuters 02/10/2020

UK university student halls too full to be safe, experts warn The Guardian 02/10/2020

How I learned to love being an Essex girl The Guardian 02/10/2020

Also in: The Telegraph

Coronavirus latest: Mass gatherings need guidance not banning — BMJ report Financial Times 04/10/2020

**JOURNALS**

**BMJ Global Health**

Commentary: **Symptoms of a broken system: the gender gaps in COVID-19 decision making** (PR)

Men overwhelmingly dominate the decision-making on Covid-19 CNN International 01/10/2020

Explained: The worldwide gender skew in Covid-19 think tanks The Indian Express 03/10/20


Open-access fees creating 'a crisis' for African research Research Professional News 30/09/2020

**Gut**

Review: **Recent advances in clinical practice: Colorectal cancer chemoprevention in the average-risk population** (PR)

Eating dairy products may cut bowel cancer risk, finds study India TV 29/09/2020

FOOD FOR THOUGHT Eat to beat bowel cancer as study finds key nutrients slash risk of second deadliest cancer The Sun 28/09/2020

Milk, paneer, curd can reduce cancer risk, reveals study Times of India 30/09/2020

Research: Regular use of proton pump inhibitors and risk of type 2 diabetes: results from three prospective cohort studies (PR)

Long-term use of acid reflux meds linked to 24% increase in diabetes: study FOX News 29/09/2020
Long-term use of acid reflux medications increases risk of developing type 2 diabetes International Business Times 01/10/2020
Consistently taking acid reflux drugs could increase risk for type 2 diabetes, study finds Consumer Affairs 02/10/20


International

Other

Journal of Medical Ethics

Brief report: The carnage of substandard research during the COVID-19 pandemic: a call for quality (PR)

Pandemic Creates 'Surge' Of Flawed Research International Business Times (AU) 02/10/2020
Pandemic creates ‘surge’ of flawed research Manila Standard 02/10/20
Pandemic creates ‘surge’ of flawed research China Global TV Network 02/10/20

Also in: Daily Mail + This is Money, Yahoo News UK, Daily Star

International

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Is it Ethical for Police to Seize Your Biomedical Research Samples? Laboratory Equipment 30/09/2020

Annals of the Rheumatic Diseases
Novel Biologic Promising in Mid-Stage Scleroderma Trial Medically Prime 28/09/2020
Also in: MedPage Today, RheumNow

Gene Expression in Patients With Severe Scleroderma May Predict Stem Cell Transplant Response Rheumatology Advisor 29/09/2020

Possible Mechanism and Treatment for Fibromyalgia Reported Rheumatology Network 30/09/2020

Slow Lung Decline Typical in Systemic Sclerosis Rheum Now 30/09/2020
Also in: MedPage Today,

On social media, patients with RA generally positive about DMARDs Healiō 01/10/2020

Did COVID-19 Affect Outcomes for Inflammatory Rheumatic Disease Patients? Docwire News 01/10/2020

Rheum Round-up: Sexual Harassment in Orthopedics, RA Drug Analysis, and more Docwire 02/10/2020

BMJ Case Reports
Flesh-eating bacteria causes woman's leg to rot after hiking in Hawaii New York Post 30/09/2020
Also in: 9News, Newsweek, 7news.com.au

Man dies from eating more than a bag of liquorice a day, for weeks Health24 01/10/2020

BMJ Evidence-Based Medicine
Further coverage for coffee consumption during pregnancy (PR) Don't Shame Pregnant Women for Drinking Coffee Reason 30/09/2020
Also in: iwf.org, ArcaMax (attrib BMJ)

Further coverage for honey easing respiratory symptoms (PR) Honey effective at relieving URTI symptoms, analysis concludes Pharmaceutical Journal 01/10/2020

BMJ Nutrition, Prevention & Health
Further coverage for probiotics and depression (PR)
Seasonal affective disorder: how to beat the winter blues (even this year) The Times 29/09/2020
Also in: Natural Awakenings.com

Supplements for Treating COVID-19 Emergency Medicine News 01/10/2020

BMJ Open

Research: Impact of low-dose CT screening for lung cancer on ethnic health inequities in New Zealand: a cost-effectiveness analysis (External PR)
Lung cancer screening a step closer to reality following combined study New Zealand Doctor 29/09/2020

Research: Comparing responses to public health and industry-funded alcohol harm reduction advertisements: an experimental study (External PR)

Medianet, NewsBlaze

High-heel survival guide Optimyz 28/09/2020

Pharmacists working in GP surgeries 'could spot prescribing errors, save thousands of euro'
Irish Examiner 28/09/2020

50 Ways to Lose Weight Without Exercise Yahoo 29/09/2020
Also in: MSN Health & Fitness,

Further coverage for unpopular pre-teens at higher risk of heart conditions (PR)
Fact/Fiction: Does being unpopular at school mean future heart problems? Big Issue 30/09/2020

Heavy drinking leaves one-in-four older adults on medication vulnerable to drug interactions Irish Medical Times 01/10/2020

In Sickness & In Health: Married Couples Share Susceptibility To Heart Disease Asian Scientist Magazine 02/10/20

Study: Taking antidepressants while pregnant linked to a greater risk of developing gestational diabetes Natural News 02/10/20

BMJ Open Diabetes Research & Care
Late Nights Pose Risks for Type 2 Diabetics The Doctor Will See You Now 29/09/2020
Why Early Bedtime May Be Best for People With Type 2 Diabetes Clinical Connection 30/09/2020
Also in: US News & World Report

BMJ Open Ophthalmology
BMJ Open Quality
Be wary of pharmacy errors The Lawton Constitution 02/10/20

BMJ Supportive & Palliative Care
MS Patients Report Moderate Health-related Quality of Life, Literature Review Finds Multiple Sclerosis News Today 28/09/2020

British Journal of Sports Medicine
SLEEP – AN INTEGRAL ELEMENT OF SPORT PERFORMANCE Entorno Intelligente 29/09/2020

Further coverage for yoga and depressive symptoms (PR)
Seasonal affective disorder: how to beat the winter blues (even this year) The Times 29/09/2020

Reasons For Soccer Injuries Times of News 28/09/2020
Also in: ScienceDaily,
Walking on a regular basis could help you fight cold and flu season Harper’s Bazaar 28/09/2020
Also in: MSN Lifestyle

Ahead of today’s RCB v MI IPL match, take a look at Virat Kohli’s latest workout video The Indian Express 28/09/2020

Meniscus tear surgery and treatment: What you need to know to decrease your pain Webs Favourites 29/09/2020

Arthroscopic Partial Meniscectomy Tied to Radiographic Knee OA The Rheumatologist 29/09/2020

How to stay healthy during season change MSN UK 01/10/2020

Trail Running Safety: What to Know Before Hitting the Trails Runner’s World 01/10/2020

3 Ways To Reduce Delayed Onset Muscle Soreness Barbend 29/09/2020

R&A Golf and Health Report Published R&A 02/10/20

5 Tips To Reduce Injury This Ski Season Newschoolers 03/10/20

Heart
Thousands of excess deaths during pandemic peak Mirage News 29/09/2020
Also in: Cardiac Rhythm News

Journal of Epidemiology & Community Health
Research: Mental health and health behaviours before and during the initial phase of the COVID-19 lockdown: longitudinal analyses of the UK Household Longitudinal
People drank more and smoked less in lockdown, research finds

Daily Mail + This is Money
30/09/2020

Also in: The Independent, Belfast Telegraph, My Science, UK local news, Asian Image, Medical Xpress, The Times

UK COVID-19 Update: Leaked Vaccination Plan
Medscape 02/10/20

5 Ways Nature Keeps You Healthy, According to Research
Sharecare.com 02/10/20

Journal of Investigative Medicine
20 Reasons Why You Keep Getting Sick
MSN Lifestyle 01/10/2020

Also in: Eat This! Not That!

Journal for ImmunoTherapy of Cancer
New guideline for multiple myeloma to aid clinicians with limited immunotherapy experience
Healio 30/09/2020

Journal of Neurology, Neurosurgery & Psychiatry
Early Clinical Surrogates for Outcome Prediction After Stroke Thrombectomy
Practice Update 04/10/20

RMD Open
Depression and biologic use in arthritis: chicken or egg?
MedPage Today 02/10/20

Thorax
Further coverage for ‘silent’ COVID-19 (PR)
About 80% of Asymptomatic People With COVID-19 Develop Symptoms
Medscape 28/09/2020

Also in: News24 South Africa, News of the Day

Further coverage for homemade masks (PR)
How tiny airborne droplets released by coronavirus-infected patients can get around plastic face shields - as Dan Andrews announces new mask rules
Daily Mail 28/09/2020

Also in: MSN AU, Sound Health and Lasting Wealth

Research
Morbidity and mortality associated with prescription cannabinoid drug use in COPD
(External PR)

Researchers at Toronto-based St. Michael’s Hospital find synthetic cannabis compounds associated with higher death rate in older COPD patients
The Growth Op 30/09/2020

Also in: The World News, Scienmag, Pain News Network, Science Daily