BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 24 journals were picked up in the media last week (3-9 August) - our highlights include:

- A study in *The BMJ* finding that the chances of pregnancy are no higher with frozen over fresh embryo transfer was picked up by *The Daily Telegraph*, *Metro* and *China Global Television Network*.

- A *BMJ Evidence-Based Medicine* study casting doubt on the wisdom of targeting ‘bad’ cholesterol to curb heart disease risk made headlines in *iNews*, *The Times* and *The Irish Times*.

- Research in *Vet Record* suggesting that 1 in 4 UK puppies may be being acquired before the minimum recommended age made national headlines, including *The Daily Telegraph* and the *Daily Mail*.

**PRESS RELEASES**

*The BMJ* | *BMJ Evidence-Based Medicine*  
*British Journal of Sports Medicine* | *Vet Record*

**OTHER COVERAGE**

*The BMJ* | *Annals of the Rheumatic Diseases*  
*Archives of Disease in Childhood* | *BMJ Global Health*  
*BMJ Nutrition, Prevention & Health* | *BMJ Open*  
*BMJ Open Diabetes Research & Care* | *BMJ Open Gastroenterology*  
*BMJ Open Sport & Exercise Medicine* | *BMJ Paediatrics Open*  
*British Journal of Ophthalmology* | *Gut*  
*Heart* | *Injury Prevention*  
*Journal of Clinical Pathology* | *Journal of Epidemiology & Community Health*  
*Journal of Medical Ethics* | *Journal of NeuroInterventional Surgery*  
*Journal of Neurology, Neurosurgery & Psychiatry* | *RMD Open*  
*Thorax*

**BMJ**

[Hahn: FDA won’t make regulatory decisions based on preprints or news releases](https://www.medrxiv.org/content/10.1101/2020.08.10.20183292v2) (medRxiv)  
MarketWatch 16/08/2020
The BMJ press release coverage

Research: Freeze-all versus fresh blastocyst transfer strategy during in vitro fertilisation in women with regular menstrual cycles: multicentre randomised controlled trial

Frozen embryos does not boost chances of pregnancy, study says China Global Television Network 06/08/2020
Frozen embryos do not increase chance of pregnancy over fresh ones, study finds The Daily Telegraph 05/08/2020


Further coverage for obesity and covid-19
Obesity link has worsened chances of Covid patients (print only) Daily Mirror 03/08/2020
Also in: Bangalore Mirror, Ahmedabad Mirror, Mumbai Mirror, SDE, Business Telegraph, USSA News

Further coverage for plant protein and lower risk of early death
More Evidence That Plant Protein May Prevent Disease, Increase Longevity Everyday Health 03/08/2020
Also in: Study Finds, Los Angeles Daily News, Daily Breeze

Further coverage for remdesivir recommendation
Panel Gives Weak Recommendation for Remdesivir for Severe COVID-19 Patients Contagion Live 03/08/2020
Cipla’s generic Covid-19 drug lands in SA but the state isn’t buying it Business Day 03/08/2020

Further coverage for minimum unit pricing in Scotland
Minimum pricing in Scotland leads to fall in alcohol sales Mirror (print only) 07/08/2020

Further coverage for common thrush treatment and risk of bone malformations in newborns
Small risk of muscle and bone malformations in newborns for mothers who have taken common thrush treatment OGP News 07/08/2020

Further coverage for eating/skipping breakfast
PROFESSOR TIM SPECTOR says everything you think you know about food is WRONG Daily Mail 09/08/2020
Also in: Express Digest

Other notable coverage
Fatigue plagues thousands suffering post-coronavirus symptoms Financial Times 03/08/2020
Sewage may provide outbreak warning (print only) The Times + Irish edition 04/08/2020
Letter: Call for more research into post-viral sufferers Financial Times (print + Asia edition + online 04/08/2020
What if Covid were just a horrible dream? The Sunday Times 09/08/2020
Unnecessary care? The Daily Telegraph 10/08/2020

JOURNALS

BMJ Evidence-Based Medicine

EBM Analysis: Hit or miss: the new cholesterol targets (PR)

Cholesterol-lowering drugs may not have much benefit, review finds The Irish Times 03/08/2020
Decades of research ‘failed to show benefits’ of taking statins and other cholesterol-lowering drugs iNews 03/08/2020
Statins have limited positive impact on risk of early death, study finds The Telegraph 03/08/2020


British Journal of Sports Medicine

Review: Can β2-agonists have an ergogenic effect on strength, sprint or power performance? Systematic review and meta-analysis of RCTs (PR)

Asthma Medications can Improve Strength Performance in Athletes MedIndia.Net 04/08/2020
Improving Olympic performance with asthma drugs? Big Think 06/08/20

How the Menstrual Cycle Affects Athletic Performance Outside Magazine 02/08/2020

Face Masks & Exercise – How To Stay Fit & Safe Longevity Live 03/08/2020
Also in: MSN South Africa, Global News

Improving Health by Walking: A Universal Form of Fitness Thrive Global 03/08/2020

Experts Explain What Happens To Your Body When You Work Out In A Mask Bustle 03/08/2020

I’m a Trainer, and This 4-Week Workout Plan Will Help You Lose Weight and Build Muscle Yahoo News UK 03/08/2020

How Exercise Can Boost Your Immune System Yahoo! Lifestyle 03/08/2020
**Do This Short Stair Sprints Workout to Improve Your Running** Women’s Running 04/08/2020

**The 3 Body Types (Known as Somatotypes), Explained** Runner’s World 04/08/2020

**An exercise trend you may be doing without knowing** IOL 04/08/2020

*Further coverage for HIIT and weight loss (PR)*

**5 major health benefits of HIIT, or high-intensity interval training** INSIDER 05/08/2020

**Also in:** MSN Philippines + Singapore, Business Insider Australia

**Let’s Talk About Hypertension** HealthCentral 04/08/2020

**9 ways to naturally boost your toddler’s immune system** Living and Loving 05/08/2020

**Sciatica: what is it and how to treat it** 220 Triathlon 05/08/20

**Secrets of Rebel's incredible weight loss** Tweed Daily News (AU) 07/08/20

**Rebel Wilson's weight loss: Four tricks behind 18kg weight loss** New Zealand Herald 08/08/2020

**Also in:** dalbyherald.com.au + widely covered by Australian local news, The World News,

**Too Much Sitting Driving An Epidemic Of Musculoskeletal Pain** Life and Fitness Magazine 08/08/2020

**How to stay even safer in summer (print only)** The People 09/08/2020

**Vet Record**

**Research:** Puppy acquisition: factors associated with acquiring a puppy under eight weeks of age and without viewing the mother

**Research comment:** The importance of educating prospective dog owners on best practice for acquiring a puppy (PR)

A quarter of puppies are taken from their mothers too young - which is linked to dogs barking excessively and destroying things Daily Mail 06/08/2020

Puppies being sold before it is safe to leave their mother Daily Telegraph (print) 07/08/2020

**Also in:** Scottish Daily Mail, Elexonic, Angle News, Phys.org, ScienceDaily, VN online, MRCVSonline

**Annals of the Rheumatic Diseases**

"Shielding." An Extreme Form of Social Distancing, Hard on Mental, Physical Health

Managed Healthcare Executive 04/08/2020

**Glucocorticoids Plus Tocilizumab May Improve Respiratory Outcomes in COVID-19-Related Cytokine Storm Syndrome** Rheumatology Advisor 03/08/2020

**Treatment With TNF Inhibitors Slows Radiographic Progression in Ankylosing Spondylitis** Rheumatology Advisor 04/08/2020

**Belimumab an 'appropriate' option for childhood-onset SLE** Medwire News 06/08/2020
Also in: Medical Health News

Real-World Analysis: Secukinumab Improves Psoriatic Arthritis Outcomes at 6 Months
AJMC 06/08/2020

Archives of Disease in Childhood
Half of New Cases of Childhood IBD Have Not Received Endoscopy Medscape 06/08/20

‘Children are not super spreaders’ article mentioned on Times Radio (skip to 1:12:19) 09/08/2020

I Used to Be an Anti-Vaxxer — Here’s What Changed My Mind SheKnows 09/08/2020

BMJ Global Health
Further coverage for wearing face masks at home (PR)
Here's who should wear face masks at home, according to experts The List 05/08/2020

High BMI linked to COVID-19 severity in African Americans Medical News Today 06/08/2020

BMJ Nutrition, Prevention & Health
COVID-19: An opportunity to address urgent nutrition education gaps Nutraingredients 05/08/2020
Also in: RocketNews

BMJ Open
Burnt Out Staff Can’t Cope Thrive Global 03/08/2020

Study: Exercising With Mask Induces a “Hypercapnic Hypoxia Environment” – Not Good GetHealthy 04/08/2020
Also in: Collective Evolution

Are Face Masks Effective? The Evidence Global Research 04/08/202

4 Lean, Healthy Recipes for Men Who Love Carbs Men’s Health 05/08/2020
Also in: MSN Lifestyle

Research from AMA, Pew Charitable Trusts Identifies Barriers to Combatting Antibiotic Resistance in Outpatient Settings Orlando Medical News 06/08/2020

Physicians: Antibiotic resistance is a problem, but not in my office W3 News 07/08/2020

Study: Nearly One-in-Four US Adults Acknowledge Having Consumed Cannabis in the Past Year Norml 06/08/2020
Also in: Yes! Weekly

Physicians: Antibiotic resistance is a problem, but not in my office American Medical Association 06/08/2020

Epidemiology of IBD in UK Primary Care Medscape 06/08/2020

AMA, Pew research shows barriers to combating antibiotic resistance HPOnline 07/08/2020
**BMJ Open Diabetes Research & Care**
*Novel Probiotic Shows Promise in Treating Type 2 Diabetes* Medscape 03/07/2020
*Excess glucose in human body impairs kidneys: UoH Study* Telangana Today 08/06/2020

**BMJ Open Gastroenterology**
*The man with a brewery in his gut* myDr.com.au 03/08/2020

**BMJ Open Sport & Exercise Medicine**
*Men, young adults struggling most with physical fitness during pandemic* Study Finds 06/08/2020

**BMJ Paediatrics Open**
*The Decision Faced By Families In Immigration Detention: Let Your Children Go Or Stay Together* Romper 05/08/2020

**British Journal of Ophthalmology**
*EyePoint Pharmaceuticals Reports Second Quarter 2020 Financial Results and Highlights Recent Corporate Developments* Markets Insider 05/08/2020
*Low Incidence of Uveitis and CME Secondary to Topical Prostaglandin Analogue Use in Ocular Hypertension and Open-Angle Glaucoma* Practice Update 06/08/2020

**Gut**
*Study shows liver injury is common and prognostic in COVID-19 patients* Medical Xpress 06/08/2020

*Further coverage for gum disease and risk of cancer (PR)*
*Floss Today to Slash Your Chances of Stomach and Esophageal Cancer Tomorrow* SurvivorNet 06/08/2020

**Heart**
*Keeping your distance – Chronic loneliness can have long-term health consequences* The Rye City Review 03/08/2020
*Also covered by numerous US local outlets*

**Injury Prevention**
*Why tragedies like Ahmadabad hospital fire keep occurring regularly in India* Swarajya Magazine 06/08/20

**Journal of Clinical Pathology**
*Companies Search for More Efficient Ways to Diagnose Viral Diseases* New Delhi Times 05/08/2020
*Also covered widely by online business/tech news outlets,*

**Journal of Epidemiology & Community Health**
*7 Surprisingly Valuable Assets for a Happy Retirement* Kiplinger’s Personal Finance
03/08/2020
Also in: MSN Money Canada

Journal of Medical Ethics
Foetal Pain and Humanitarianism Quadrant 04/08/2020

LGBT website doxxes women athletes opposed to diluting sex-specific sports LifeSite
05/08/2020

Journal of NeuroInterventional Surgery
Use of RACE Scale for Stroke Triage in the United States Validated in Study of EMS Personnel Endovascular Today 04/08/2020

Journal of Neurology, Neurosurgery & Psychiatry
Further coverage for women smokers and risk of brain aneurysm (PR)
Aneurysm risk higher for female smokers Irish Daily Mail 04/08/2020
Also in: Docwire News, Health24,

Further coverage for dementia risk factors
12 Key Ways You Can Slash Your Risk of Dementia Today, According to Science Best Life
06/08/2020
Also in: MSN IE + Arabia + India, MSN Health & Fitness, Medical Daily

Brexit impact: brain and health research Open Access Government 06/08/20

RMD Open
Evening ‘window of opportunity’ for RA patients to improve physical activity MedWire News
04/08/2020

Thorax
Further coverage for multiple layer homemade facemasks (PR)
Everything you need to know about face masks in Australia nine.com.au 04/08/2020
Also in: Franklin News Post, CreakyJoints, Healthline, Ex Bulletin