BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 27 journals were picked up in the media last week (17-23 August) - our highlights include:

- A BMJ Evidence-Based Medicine study finding that honey is better than usual care for easing upper respiratory tract symptoms was covered globally, including the front page of The Times, as well as CNN, The Telegraph and the International Business Times.

- Research in The BMJ suggesting that single dose radiotherapy during surgery is as good as conventional radiotherapy for most women with early breast cancer made the front page of The Times, and was covered by iNews, The Times of India and BBC News, among others.

- A study in The BMJ finding that air pollution is linked to a higher risk of young children developing asthma made headlines in ITV News, The Times, CNN and The Independent.

PRESS RELEASES

The BMJ | BMJ Evidence-Based Medicine x 2

EXTERNAL PRESS RELEASES

BMJ Quality & Safety | BMJ Nutrition, Prevention & Health

OTHER COVERAGE

The BMJ | Annals of the Rheumatic Diseases
Archives of Disease in Childhood | BMJ Case Reports
BMJ Open | BMJ Open Diabetes Research & Care
BMJ Open Gastroenterology | British Journal of Ophthalmology
British Journal of Sports Medicine | General Psychiatry
Gut | Heart
Injury Prevention | International Journal of Gynecological Cancer
Journal of Clinical Pathology | Journal of Epidemiology & Community Health
Journal of Medical Ethics | Journal of Medical Genetics
Journal of Neurology, Neurosurgery & Psychiatry
Medical Humanities | Occupational & Environmental Medicine
RMD Open | Thorax
Tobacco Control
The BMJ press release coverage

Research: **Air pollution and family related determinants of asthma onset and persistent wheezing in children: nationwide case-control study**

Asthma in childhood linked to air pollution **ITV News 15/08/2020**
Air pollution linked to asthma in children, BMJ study finds **The Independent 20/08/2020**
Pollution linked to first time asthma in children, study says **CNN 20/08/2020**


Research: **Long term survival and local control outcomes from single dose targeted intraoperative radiotherapy during lumpectomy (TARGIT-IORT) for early breast cancer: TARGIT-A randomised clinical trial**

New treatment heralds breakthrough for breast cancer patients **The Times (front page) 20/08/2020**
Breast cancer: Single dose of radiotherapy during surgery ‘as good as full course’ **iNews 19/08/2020**
Indian-origin expert leads UK’s major breast cancer radiotherapy study **Times of India 20/08/2020**


Research: **Preterm delivery and long term mortality in women: national cohort and co-sibling study**

Women who have a premature baby are twice as likely to die young, new study suggests **Daily Mail 19/08/2020**
How preterm birth may raise early death risk in mothers **International Business Times 21/08/2020**


Analysis: **Face coverings for covid-19: from medical intervention to social practice**
Shifting public health messaging about face coverings could improve uptake  ScienceDaily 19/08/2020

Face masks should be promoted as form of personal expression – report  The Irish Times 20/08/2020


Further coverage for plant protein linked to lower risk of early death

Further coverage for fresh vs frozen embryo transfer

Further coverage for Remdesivir rapid recommendation

Further coverage for concerns over antibodies testing

Other notable coverage

JOURNALS

BMJ Evidence-Based Medicine

Research: Effectiveness of honey for symptomatic relief in respiratory tract infections: a systematic review and meta-analysis  (PR)

Honey more effective than over-the-counter medicines for treating colds and coughs  The Telegraph 18/08/2020

Honey may be better at treating coughs and colds than over-the-counter medicines  CNN 19/08/2020

Honey Might be a Better Medication for Colds and Flu-Like Illness Than Antibiotics, Study Claims  International Business Times 20/08/2020

International

Other

Research: Analysis of reports of unintended pregnancies associated with the combined use of non-enzyme-inducing antibiotics and hormonal contraceptives (PR)

Women on the pill should be warned that taking antibiotics may lead to unwanted pregnancies, Oxford University study says The Daily Telegraph 18/08/2020
Antibiotics put women on the pill at risk of pregnancy The Times 19/08/2020


Further coverage for doubt cast on targeting LDL cholesterol (PR)
Treating ’bad’ cholesterol has inconsistent health effects The Star Malaysia 17/08/20
Also in: Press Enterprise Online

Annals of the Rheumatic Diseases

Research: Hydroxychloroquine ineffective for COVID-19 prophylaxis in lupus and rheumatoid arthritis (External PR)

Hydroxychloroquine ineffective as a preventive antiviral against COVID-19: study Medical Xpress 17/08/20
New Study Says Hydroxychloroquine Ineffective As Preventive Antiviral Against COVID-19
Baricitinib and Infections: What's the Risk? Medically Prime 17/08/2020
Also in: MedPage Today,

The evidence is not clear: Rheumatic diseases, drugs, and COVID-19 MD Edge 17/08/2020
Also in: Medscape

Change isn't a good thing for Japanese rheumatoid arthritis patients Mirage News 17/08/2020

Sarilumab Linked to Faster Recovery in Severe COVID-19 With Hyperinflammation Dermatology Advisor 17/08/2020

Urate Lowering Therapy Reduces Ultrasound-Detected Crystal Load in Gout Renal & Urology News 17/08/2020

Change isn't a good thing for Japanese rheumatoid arthritis patients Mirage News 17/08/2020

The Evidence Is Not Clear: Rheumatic Diseases, Drugs, and COVID-19 Medscape 18/08/2020

This Could Delay the Need for Knee and Hip Joint Replacement Surgery RehabPub 19/08/2020

TNF Inhibitor Biologics Significantly Slow Joint Damage in Ankylosing Spondylitis CreakyJoints 19/08/2020

EULAR Issues Recommendations on COVID-19 And Rheumatic, Musculoskeletal Conditions Pain Medicine News 20/08/2020

Psoriatic Arthritis May Be a Risk Factor for Low BMD, But Association Not Genetically Determined Dermatology Advisor 20/08/2020

Archives of Disease in Childhood
Further coverage for cases of COVID-19 in children in England (PR)
Children made up just 1% of Covid-19 cases in England in first peak, study finds MultiPress 17/08/2020
Also in: Health24 South Africa, Health Medicine Network, Nursing Times, Webs Favourites
BMJ Case Reports
Team creates better tool to aid COVID-19 diagnosis ScienceDaily 19/08/2020

46 really fun things you can do at home (or nearby!) if you’re bored this weekend Glamour 21/08/2020 (misattributed to The BMJ)

BMJ Nutrition, Prevention & Health
Should you be taking vitamin D? Yahoo Finance 22/08/20
Also in: MSN Health & Fitness, us.press.from, Consumer Reports

Research: Lifestyle medicine for type 2 diabetes: practice-based evidence for long-term efficacy of a multicomponent lifestyle intervention (Reverse Diabetes2 Now) (External PR)
No coverage

BMJ Open
Further coverage for women smokers less likely to use cancer screening services (PR)
Smokers Less Likely to Receive Breast, Cervical, CRC Screening Doctors Lounge 17/08/2020
Also in: Drugs.com, Physician’s Briefing, US News & World Report, Physician’s Weekly, Docwire News, MedicalBrief South Africa, Medically Prime,

Further coverage for loss of productivity due to menstruation (PR)
Are period leaves a good idea? Here’s what employers should know Times of India 17/08/2020

Ban sees 'dramatic' teen smoking reduction Irish Medical Times 18/08/2020

The evidence is not clear: Rheumatic diseases, drugs, and COVID-19 The Hospitalist 17/08/2020

Here’s What Happens When You Get Hit By a Rubber Bullet—and What to Do Reader’s Digest 18/08/2020

MIT researchers create reusable face mask similar to N95 respirator wvlt.tv 19/08/2020
Also in: CTV News, Propakistani, Vancouver Island News, Tasnim News

Over Two-Thirds Of Young Nigerian Mothers Give Birth At Home — Study Nigerian Tribune 20/08/2020

Coronavirus antibodies tests ‘put public at risk’ BBC News 20/08/2020
Also in: Dundee Messenger, Business Fast, Namex, Breaking News TV, Sound Health and Lasting Wealth, Viportal, Health Medicine.net, Daily Sun

Drinking This Much Coffee Every Day Can Save Your Liver, Study Says Best Life 20/08/2020
Also in: MSN Lifestyle

Emotional 'Sustenance' During COVID: Expanding Precision Oncology; Cannabis for Sickle Cell MedPage Today 20/08/2020
Swedish top scientist warns against relying on masks to stop COVID-19 The New American 21/08/20

**BMJ Open Diabetes Research & Car**
*Flash Continuous Glucose Monitoring Utilization in Type 2 Diabetes* Pharmacy Times 17/08/20

**New And Unique Clusters Of Type 2 Diabetes Identified In Indians** APN News 21/08/2020
*Also in*: Biospectrum India, The Hindu Business Line, Times of India, ET Healthworld, F3 NWS, World News Network

**BMJ Open Gastroenterology**
*Poop transplant cures man's 'drunkenness disease'* Fox News 18/08/2020
*Also in*: Namex

**BMJ Quality & Safety**

Research: **Chronic hospital nurse understaffing meets COVID-19: an observational study** (External PR)

**Wide Variation Across Hospitals in Nurse Staffing Is Threat to Public’s Health** Top Doctors & Healthcare Experts 18/08/2020

**Chronic hospital nurse understaffing poses risks to the public’s health** News-Medical.Net 18/08/2020

**Pierre Louis helps stop the bleeding** Cosmos Magazine 21/08/20

**British Journal of Ophthalmology**
*CNV (CHOROIDAL NEOVASCULARIZATION) MARKET SET FOR RAPID GROWTH AND TREND, BY 2025* News Brok 21/08/20

**British Journal of Sports Medicine**
*Exercising during pregnancy* TeamUSA.org 18/0820

**Lower back pain: Apply this ointment to significantly ease back pain within five days** Daily Express 19/08/2020

**Health experts say walking programs can substantially improve health** My State Online 23/08/20

**General Psychiatry**
*Further coverage for gut flora and anxiety (2019 PR)*
*Changes in gut flora can ease anxiety* Explica 23/08/20

**Gut**
*What Happens To Your Body When You Drink Coffee* Eat This! Not That! 18/08/2020

**PROLONGED DAILY ASPIRIN USE BUMPS UP BLEEDING RISK** AJP.com.au 18/08/2020
14 proven health benefits of turmeric and curcumin  MSN Lifestyle 20/08/2020

The link between ulcerative colitis and stress  Everyday Health 21/08/2020

Heart
Why Intermittent Silence May Be the Form of Meditation That Actually Works for You  Real Simple 17/08/2020
Also in: Yahoo Lifestyle

Further coverage for childhood maltreatment and heart disease in adulthood (PR)
How child abuse increases heart disease risk  Business Daily 19/08/2020

Further coverage for cardiovascular benefits of hot baths (PR)
Can taking baths help my heart?  Harvard Women’s Health (September issue)

Injury Prevention
Tackling the frequent fire tragedies in India  The New Indian Express 17/08/2020

Japanese City Yamato Has Banned ‘Smartphone Walking’  The Swaddle 20/08/2020

International Journal of Gynecological Cancer
Physical activity in gynecologic cancer survivors  contemporaryobgyn.net 18/08/2020

Journal of Clinical Pathology
Remote Monitoring Solutions Provide Relief to Embattled Healthcare Systems  MedIndia 21/08/20

Journal of Epidemiology & Community Health
The Fluoride in Our Water Might Be Draining Your Thyroid — Here’s How to Fix It  First for Women 17/08/2020

5 things COVID-19 has taught us about inequality  World Economic Forum 18/08/2020
Also in: The Mandarin

Tend to your muscles to live longer  Times News Online 22/08/20

Journal of Medical Ethics
9 in 10 Belgian medics support ‘after-birth abortion’  Christian Institutue 20/08/2020
Also in: Breitbart News (attrib The BMJ)

The obligation to retract an unethical paper  ConscienHealth 21/08/20

I wasn’t told the baby I aborted could feel pain: Woman launches legal case urging clinics to tell the truth  National Right to Life News 21/08/20

It’s about more than pushing up daisies  BioEdge 22/08/20

Journal of Medical Genetics
Genetic mutation linked to adult onset hearing loss  MD Alert 21/08/20
**Journal of Neurology, Neurosurgery & Psychiatry**

*Antidopaminergic Meds Ease Chorea But May Worsen Cognition, Study Finds* Huntingdon’s

It’s about more than pushing up daisies

**Disease News** 18/08/2020

**How being a ‘morning person’ could mean you’re more likely to get Alzheimer’s** Business

Fast 19/08/2020

**EARLY RISER? How being a ‘morning person’ could mean you’re more likely to get Alzheimer’s** The Sun + Scottish Sun 19/08/2020

**Weight added to argument EBV triggers MS** MS UK 20/08/2020

**Anxious kids have slower concussion recovery** Physician’s Weekly 21/08/20

**Medical Humanities**

*For birth control fixes, chemist is best friend* The Standard 24/08/2020

**Occupational & Environmental Medicine**

*8 signs that it’s time for you to unretire* MSN Money 22/08/20

**RMD Open**

*Evaluating Methotrexate Monotherapy for Minimal Disease Activity Achievement in Early PsA* Dermatology Advisor 18/08/2020

**Anti-CCP positivity associated with denosumab response in RA patients** Medwire News 19/08/2020

**Humira Shows Long-term Efficacy and Safety in Polyarticular JIA, Phase 3 Trial Reports** Juvenile Arthritis News 21/08/20

**Thorax**

*Further coverage for homemade face masks (PR)*

Tvsyd.dk (Danish TV, no link available)

**Hearing Loss Screening in Patients With Cystic Fibrosis** Physician’s Weekly 18/08/2020

**Tobacco Control**

*IQOS (heated tobacco) replaces vaping as the next cigarette alternative* Bridge 17/08/2020