BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 30 journals were picked up in the media last week (9-15 March) - our highlights include:

- Research published in the *Archives of Disease in Childhood* suggesting that persistent sleep difficulties in infancy are linked to a heightened risk of childhood anxieties made global headlines, including CNN, *The Sydney Morning Herald* and the *Times of India*.

- A study and linked editorial published in *The BMJ* this week suggesting that cycling to work is associated with a higher risk of admission to hospital for an injury than other modes of commuting, was picked up by *The Daily Telegraph*, *CNN* and *MailOnline*.

**PRESS RELEASES**

*The BMJ* | *Archives of Disease in Childhood*
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*BMJ Open* | *Injury Prevention*

**EXTERNAL PRESS RELEASES**

*The BMJ* | *BMJ Paediatrics Open*
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*Tobacco Control*

**OTHER COVERAGE**

*The BMJ* | *Annals of the Rheumatic Diseases*
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*BMJ Case Reports* | *BMJ Evidence-Based Medicine*
*BMJ Global Health* | *BMJ Nutrition, Prevention & Health*
*BMJ Open Diabetes Research & Care* | *BMJ Open Gastroenterology*
*BMJ Sexual & Reproductive Health* | *BMJ Supportive & Palliative Care*
*British Journal of Sports Medicine* | *General Psychiatry*
*Gut* | *Heart*
*Journal of Clinical Pathology* | *Journal of Epidemiology & Community Health*
*Journal of Medical Ethics* | *Journal of NeuroInterventional Surgery*
*Journal of Neurology, Neurosurgery & Psychiatry* | *Occupational & Environmental Medicine*
The BMJ press release coverage

Research: **Association of injury related hospital admissions with commuting by bicycle in the UK: prospective population based study**

+ Linked editorial: **Towards better and safer cycling infrastructure** (PR)

*Cycling commuters nearly 50 per cent more likely to be injured, study finds* The Daily Telegraph 11/03/2020

*Biking to work appears more dangerous than other commuting options, study finds* CNN Health 11/03/2020

*Cycling to work cuts your risk of dying by a fifth - even with the chance of being knocked of your bike!* MailOnline 11/03/2020

**Also in:** Glasgow Live, About Manchester, webindia123, Yahoo India, Devdiscourse, WNEM-TV + widely covered by US local news and TV outlets, Latestly, Business Standard, Yahoo India, News10, sciencecodex, Medical Xpress, BrightSurf, express digest, New Scientist, Hindustan Times, Yahoo News, Cycling Weekly, The Health Site, The Hawk India, HT Syndication, AniNews.in, World News Network, NewKerala

**Editorial:** **Bearing the brunt of covid-19: older people in low and middle income countries** (External PR)

*Call for older people in poor countries to be considered in global responses to COVID-19* ScienceDaily 13/03/2020

**Also in:** Eurasia Review, News-Medical.Net, Medical Xpress, BrightSurf, LongRoom

**Further coverage for egg consumption not associated with cardiovascular disease risk (PR)**

*It's Official: Eggs Are Not Bad for You, According to New Research* Men's Health 09/03/2020

*More evidence up to an egg a day may not raise heart risk* Reuters 12/03/2020


**Further coverage for Racism in Medicine special issue**

*How to Avoid Racial Bias in Artificial Intelligence* Medical Bag 09/03/2020

*Racism plagues the NHS and it's getting worse* Metro 10/03/2020

**Also in:** Dermatology Advisor

**Further coverage for fish oil supplements and risk of death**

*Habitual fish oil intake lowers risk for mortality, CV events* Healio 09/03/2020

**Also in:** Pharmacy Times, Nutraceuticals World, Medscape, Newsdio, Today's Geriatric Medicine

**Further coverage for ultra-processed food and increased risk of CVD**

*50 Things You're Doing That Put You At Risk for a Heart Attack* Eat This, Not That!
Further coverage for eating/skipping breakfast and weight loss
To eat, or not to eat breakfast -- that is the question CNN 10/03/2020
Also in: CTV News, NBC-2 + widely covered by local US new outlets

Further coverage for smoking during pregnancy
Smoking while pregnant may weaken baby's bones Health24 South Africa 14/03/2020

Further coverage for vegetarian diet and risk of stroke
Can eating a vegetarian diet prevent a stroke? Medical News Today 14/03/2020
Also in: LiveKindly, The Health Mania

Other notable coverage
Should I be worried about coronavirus? Advice for living with Covid-19 The Telegraph 14/03/2020
Coronavirus curve shows much of Europe could face Italy-like surge within weeks The Washington Post 13/03/2020
Why our ideas about diabetes are well overdue for an update The Sydney Morning Herald 13/03/2020
The anxious generation Why our children are so stressed The Times 14/03/2020
Hospitals delay operations to make space for virus patients The Times 14/03/2020
All hope is not lost. We have not forgotten you. As difficult as this is, we will be honest. We will be there' (print only) The Sunday Telegraph 15/03/2020

JOURNALS

Archives of Disease in Childhood

Research: Infant sleep and child mental health: a longitudinal investigation

Babies with severe sleep problems may have more childhood anxiety, research suggests CNN 09/03/2020
As parents struggle with restless babies, study questions impact on kids The Sydney Morning Herald 10/03/2020
Persistent sleep difficulties in infancy linked to heightened risk of childhood anxieties, reveals study Times of India 12/03/2020


International

Other
Ceftriaxone May Cause Immune Hemolytic Anaemia In Pediatric Patients

BMJ Open

Research: Identifying the predictors of avoidable emergency department attendance after contact with the NHS 111 phone service: analysis of 16.6 million calls to 111 in England 2015-2017 (PR)

Out-of-hours GP services drafted in to care for non-emergency coronavirus patients

One in 20 NHS 111 callers ‘lead to unnecessary emergency care visit’

Also in: Impartial Reporter, Yahoo UK, Daily Mirror, OnMedica, Bioportfolio, MyHeadlinez, Medical Xpress, Medscape

Research: Anticipated impacts of Brexit scenarios on UK food prices and implications for policies on poverty and health: a structured expert judgement approach (External PR)

Food prices after a hard Brexit could increase by GBP50 per week

Post-Brexit trade talks: Hard Brexit could push up the family food bill by £50 a week

Food Prices After A Hard Brexit Could Increase By £50 Per Week

Also in: Food Industry Today, Futurity, LongRoom, Scienmag, Alert Articles, Mirage News Australia, Newswise, Fruitnet

Further coverage for ‘fat suits’ and medical students’ prejudices (PR)

Putting doctors in patients’ shoes

Also in: raconteur.net

Machine Learning Links Depression, Quality of Life to ALS Caregiver Burden

A healthy diet can reverse the bad effects of smoking, stress

Also in: Daijiworld, Telangana Today, MindBodyGreen, Medical Xpress, Outlook India, Newd, Social XYZ, Newsdigi, Tribune India, Latesly, webIndia123, Yahoo! India Style, HT Syndication, IBN Live, Windows to News, Austin Indian, India TV, Prokerala, KentuckyIndian, Orissa TV, Orissa Post, Can-India News, Daijiworld, MENA FN, Andhravilas, Sambad English
How to Prevent Falls  Yahoo News 12/03/2020
Also in: Yahoo Finance, ConsumerReports

Maternal smoking's negative effect on infant body size  contemporaryobgyn.net 12/03/2020

Follow These Tips to Make Your Office Life Happy  NewsGram 15/03/2020
Easy Ways to Turn Your Home Into Smart One  NewsGram 15/03/2020

Injury Prevention

Research: Armed and prohibited: characteristics of unlawful owners of legally purchased firearms  (US focus PR)

Felons have high gun ownership rates despite prohibitions  Mirage News 11/03/2020
Also in: Medical Xpress, SciTech Daily

BMJ Paediatrics Open

Research: Parent-reported early sleep problems and internalising, externalising and dysregulation symptoms in toddlers  (External PR)

Chronic sleep disruption in infancy linked to emotional issues in toddlers: Study  The Week India 11/03/2020


Tobacco Control

Research: Is e-cigarette use in non-smoking young adults associated with later smoking? A systematic review and meta-analysis  (External PR)

No coverage

Annals of the Rheumatic Diseases
Additional FORWARD data support sprifermin as a disease-modifying osteoarthritis drug
Medicine Matters 09/03/2020
Also in: Medwire News

Study Suggests Asthma and COPD May Increase RA Risk in Women  Everyday Health 10/03/2020

In lupus, keep BP below 130/80  MedPage Today 12/03/2020

BMJ Case Reports
A hidden tooth causing pain turns out to be a giant salivary 'stone' growing inside this man's
International Business Times 09/03/2020

Low-Dose Naltrexone: An Inexpensive Medicine for Many Ills? Medscape 11/03/20
Also in: NewsDio

BMJ Evidence-Based Medicine
New opioid dependency implant to prevent withdrawal symptoms PharmaField 09/03/20

BMJ Global Health
Following The Money: The Impact Of Physician Migration American Council on Science and Health 09/03/20

Poor countries struggle to get the insulin they need (misattributed to The BMJ) Financial Times 10/03/2020

BMJ Nutrition, Prevention & Health
Nutrition advice from the GP? "Medical students of today can be the agents of change" Nutra-Ingredients 12/03/2020

BMJ Open Diabetes Research & Care
Genetic Risk Linked to T2DM in Women With History of GDM Physician’s Weekly 11/03/2020
Genetic risk linked to T2DM in women with history of gestational diabetes Medical Xpress 11/03/2020
Also in: Physician’s Briefing, MyHeadlinez, Drugs.com,

High Adherence to Lipid-Lowering Therapy Associated With Lower Risk for Nonfatal CVD in Type 1 Diabetes Cardiology Advisor 12/03/2020

BMJ Open Gastroenterology
Inflammation Type Linked to Flares, Hospitalizations in IBD Patients, Study Says IBD News Today 13/03/2020

BMJ Sexual & Reproductive Health
Further coverage for 10+ sexual partners and risk of cancer (PR) Sleeping With More People Could Increase Your Cancer Risk, Study Says Health.com 09/03/2020
Also in: msnNow

BMJ Supportive & Palliative Care
Hospices struggle to deliver specialised support to children when a parent is dying Medical Xpress 09/03/2020

British Journal of Sports Medicine
Further coverage for any amount of running linked to lower risk of death (PR) Why Running More Can Help You Live Longer Men’s Journal 09/03/2020
Also in: Canoe & Kayak Magazine, Rapid City Journal Online + widely covered by online local US news outlets

Training To Be A Strong Downhill Runner Trail Runner 09/03/2020
5 easy ways to beat early morning fatigue First Post 09/03/2020

Biological age: how to reduce it in weeks The Times + Irish edition 10/03/2020

BEAT THE BUG The 8 ways to boost your immune system to protect against killer coronavirus bug The Sun + Sun IE 10/03/2020
Boost Your Immune System to Fight Viruses AARP 11/03/2020

Walking may be best treatment for pain from clogged leg arteries (link unavailable) The Union Leader 11/03/2020

General Psychiatry
Young adults in China most stressed by virus Inquirer.net 12/03/2020
Young adults most stressed by virus ChinaDaily 12/03/2020
Also in: China Economic News

Gut
Further coverage for mediterranean diet and ‘healthy ageing’ (PR)
How to easily lose weight on a Mediterranean diet Pulse Nigeria 10/03/2020

Heart
Further coverage for daytime napping and lower risk of heart attack / stroke
Five reasons you should take a nap on National Napping Day KSL News Radio 09/03/2020
Also widely covered by US TV outlets, Science Times, Deseret News

Journal of Clinical Pathology
NA Proactive news snapshot: Arizona Silver, GlobeX Data, Biocept, Mawson Resources UPDATE Proactive 09/03/2020
Newly Published Data in Journal of Clinical Pathology Provides Clinical Validation for Biocept’s Target Selector™ qPCR Assay to Identify Cancer-Associated Mutations Financial Times 09/03/2020
Also in: Before It’s News + widely covered by US TV and business news outlets, The News Heater

Black plague, Spanish flu, smallpox: All hold lessons for coronavirus The Bulletin 13/03/2020

Journal of Epidemiology & Community Health
Forget trendy standing desks! Kneeling at your desk or squatting on the floor ‘may protect office workers from the harmful effects of inactivity’ MailOnline 09/03/2020
Also in: Health Medicine Network, Amed Post, express digest, ABC14 News

The deadly impact of long working hours The Express Tribune 09/03/20
Coronavirus: Face Masks May Not Work As Well As You Think Longevity Live 12/03/20

The Unexpected Way Birth Order Affects Your Weight, According To Science Your tango 12/03/2020

Journal of Medical Ethics
Scientists Confirm Unborn Children Feel Excruciating Pain During Abortions Conservative Angle 10/03/2020
Also in: LifeSite News

Idaho Transgender Athlete Ban Bill Bucks Growing Trend Of Inclusion  Boise State Public Radio 12/03/20

Academics Push Euthanizing Patients To Save Money And Get More Organs To Transplant  ABC14 News 13/03/2020
Also in: LifeSite News

Journal of NeuroInterventional Surgery
Watch it: Are wearables the early warning solution for strokes?  The Hill 12/03/20

Journal of Neurology, Neurosurgery & Psychiatry
Breakthrough Research Finds a New Way to Detect Dementia  Ask Health News 09/03/2020
Also in: Health News Today

Early Dementia Triples; Amyloid Beta & Booze; Konzo Outbreak: Global Wake-Up Call?  MedPage Today 10/03/2020

Iron Deposition Provides Cognitive Clues in Patients With Parkinson Disease  Medical Bag 11/03/2020
Also in: AJMC

Occupational & Environmental Medicine
Better sleep for shift work  Bed Times 12/03/20

Use Of Indoor Swimming Pools Linked To Development Of Asthma In Children  BioMedicine 15/03/2020

Open Heart
Roy Exum: Circadian Rhythm Blues  The Chattanooga 10/03/20

Postgraduate Medical Journal
40 Habits That Increase Your Chances of a Heart Attack After 40  MSN Lifestyle 10/03/2020

RMD Open
People with Rheumatoid Arthritis Have Higher Risk for Heart Disease  Healthline 09/03/2020

Osteoarthritis may increase risk of death because of lack of walking  Medical News Today 15/03/2020

Thorax
Pounds gained in mid-life could later weigh heavily on lungs  Physician’s Weekly 11/03/2020

Weight gain in middle age could weigh heavily on the lungs  NewsDio 13/03/2020

Vet Record
Vets concerned as snakes tip the scales  Pet Business World 11/03/2020