BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 23 journals were picked up in the media last week (27 Jan - 2 Feb) - our highlights include:

- A Japanese study published in The BMJ finding that a higher intake of fermented soy products, such as miso and natto, is linked to a lower risk of death made headlines in inews, The Independent and the Times of India.

- A BMJ Open paper suggesting that almost a third of UK doctors may be ‘burnt out’ and stressed was picked up by inews, The Guardian, Metro and The Times.

- New research in BMJ Innovations analysing the four most common virtual digital assistants and their responses to first aid and basic life support queries was covered widely, including Reuters, Outlook India and CBC News.

BMJ

PRESS RELEASES

The BMJ | BMJ Open
Thorax

OTHER COVERAGE

The BMJ | Annals of the Rheumatic Diseases
Archives of Disease in Childhood | BMJ Case Reports
BMJ Global Health | BMJ Innovations
BMJ Open Diabetes Research & Care | BMJ Open Quality
BMJ Quality & Safety | BMJ Supportive & Palliative Care
British Journal of Ophthalmology | British Journal of Sports Medicine
Gut | Heart
Journal of Epidemiology & Community Health | Journal of Medical Ethics
Journal of Neurology, Neurosurgery & Psychiatry | Occupational & Environmental Medicine
Postgraduate Medical Journal | RMD Open
Vet Record

BMJ

Can we achieve health for all women, children, and adolescents by 2030? ReliefWeb
27/01/2020
Patchwork Health Raises £3M in Funding FinSMEs 29/01/2020
PRAETURA VENTURES LEADS £3M FUNDING ROUND FOR PATCHWORK HEALTH
Business Leader 29/01/2020
HEALTHTECH PATCHWORK SECURES £3M INVESTMENT BusinessCloud 30/01/2020

The BMJ press release coverage

Research: Association of soy and fermented soy product intake with total and cause specific mortality: prospective cohort study
+ Linked editorial: Soy intake and health

Eating soy products could lead to a longer life inews 29/01/2020
EATING MISO AND SOY SAUCE COULD HELP YOU LIVE LONGER, STUDY CLAIMS The Independent 30/01/2020
Want a long life? Eat fermented soy Times of India 31/01/2020


Research: Opioid prescribing patterns among medical providers in the United States, 2003-17: retrospective, observational study

1 percent of doctors prescribe nearly half of opioids in U.S. UPI 30/01/2020
1% of doctors account for half of all opioid doses and a quarter of scrips in US OnMedica 21/01/2020


Research: Maternal smoking during pregnancy and fractures in offspring: national register based sibling comparison study

Smoking during pregnancy may up fracture risk in babies: Study The Indian Express 31/01/2020
Smoking during pregnancy increases risk of fracture in infants International Business Times (India) 31/01/2020

Also in: Outlook India, AustinIndian, US News, Daijiworld, WeblIndia123, U.S. News & World
Further coverage for engagement with the arts linked to longer life (PR)
Study reveals surprising age UK workers find job satisfaction Woman&Home 27/01/2020
Also in: Scottish Daily Mail

Further coverage for falling risk of heart disease among survivors of child cancer (PR)
Falling risk of heart disease among survivors of child cancer The Star Malaysia 28/01/2020

Further coverage for air pollution exposure and hospital admissions (PR)
Short-term exposure to air pollution can increase risk of cardiac arrest: study CTV News 29/01/2020
Even short-term exposure to low levels of air pollution can increase risk of cardiac arrest CNN Health 28/01/2020
Also in: F3 NWS, Kyma, The World News, KEYT-TV Online + numerous local US online news outlets

Further coverage for healthy habits and longer disease-free life (PR)
Study: These 5 healthy habits may help you live disease-free for longer Fox 5 28/01/2020
Healthy habits in middle age linked to longer life free from disease Star Malaysia 29/01/2020

Further coverage for adult exposure to chickenpox and risk of shingles (PR)
Adult Exposure to Chickenpox Cuts Shingles Risk Drugs.com 28/01/2020
Also in: Physician’s Briefing, Doctors Lounge,

Further coverage for exercise at any intensity and lower risk of death (PR)
People who cycle to work have lower risk of dying, says New Zealand study Transport Xtra 29/01/2020

Further coverage for sexual activity of people in Britain (PR)
Are You Getting Any? We Had Sex So Often, It Got In the Way Of Real Life VICE (UK + AU) 29/01/2020

Further coverage for gender differences in research reporting (PR)
Male authors boost research impact through self-hyping studies Nature News 31/01/2020

Other notable coverage
New study claims some cancers 'better left undiscovered' (Fiona Godlee quoted) The Sydney Morning Herald 27/01/2020
Also in: Stuff NZ, Times of News Australia + numerous Australian regional news outlets

British Medical Journal Praised for New Fossil Fuel Divestment Campaign EcoWatch 28/01/2020
Research: Resilience, burnout and coping mechanisms in UK doctors: a cross-sectional study (PR)

Doctors and teachers suffering high levels of stress and mental health problems inews 28/01/2020
Third of UK doctors report burnout and compassion fatigue The Guardian 27/01/2020


Research: Zinc acetate lozenges for the treatment of the common cold: a randomised controlled trial (External PR)

Zinc lozenges did not shorten duration of colds Mirage News 28/01/2020


Asthma Inhalers Are Bad for the Environment Nature World News 28/01/2020

Tuesday briefing: Start hiring for green power surge – report The Guardian 28/01/2020

Also in: China Electric Power News,

Further coverage for packed lunches (PR)

Children's Packed Lunches Lack Nutritional Quality, Says Study Indian24 News 28/01/2020

Role of healthcare technology in fighting diabetes GDOIonline 30/01/2020

Also in: Trade Arabia

How to cut sugar out of your diet and how long sugar cravings last Business Insider (+ Deutschland + Australia) 30/01/2020

Also in: Latest Nigerian News, INSIDER, MSN Health & Fitness, Business Ghana

Forced Organ Harvesting: “I’m going to China, they’re shooting my donor” Health Europa 30/01/2020

Thorax

Research: Impact of banning smoking in cars with children on exposure to second-hand smoke: a natural experiment in England and Scotland

Teens breathe less secondhand smoke after car smoking ban Reuters 28/01/2020

Also in: Gibraltar Chronicle, KFGO, On Medica, Yahoo News, This is Money, WKZO, Drugs.com, News Dog, Express India, MailOnline
U.S. Drugmakers Ship Therapies to China, Seeking to Treat Coronavirus AbbVie, Gilead, others respond to Bangkok Post 29/01/2020

Scientists Fast-Track Research for Coronavirus Treatment and Vaccine Everyday Health 31/01/2020

Annals of the Rheumatic Diseases
EULAR updates recommendations for RA management Medicine Matters 28/01/2020
Also in: Medwire News

Updated EULAR recommendations on gout The Medical Independent 22/01/2020

Start with Anti-TNF in RA? Not So Fast MedPage Today 31/01/2020

Archives of Disease in Childhood
Education Strategies May Improve IBD Patients’ School Attendance, UK Study Suggests IBD News 27/01/2020

NICU babies have greater risk of mental health issues Bioengineer 28/01/2020
NICU babies have higher risk of mental health problems in later life News-Medical.Net 28/01/2020
Neonatal care might increase risk of mental illnesses, say researchers Business Insider 29/01/2020
Also in: Medical Xpress, Scienmag, Neuroscience News, Can-India News, Newkerala, webindia123, Psych Central, Orissa TV, KentuckyIndian, AustinIndian, HT Syndication, Window to News, Newsreach, Daijiworld, India4u, AneNews.in, daily hunt, Social News XYZ, INDIA TV, Business Standard

Further coverage for life threatening lung inflammation linked to vaping in 16 year-old (PR) Watchdogs investigate two UK deaths which may be linked to vaping The Daily Telegraph 29/01/2020

Kids diagnosed with ADHD often don’t take medication regularly Mirage News 03/01/2020

BMJ Case Reports

AAV Can Cause Muscle Weakness, With Diagnosis Requiring Biopsy, Case Study Reports Anca Vasculitis News 27/01/2020

A hairdresser developed a deadly breathing condition after performing Brazilian blowdries with heavy-duty salon products INSIDER 27/01/2020
Also in: CTV News, The Loop.ca, NewsCaf, Business Insider Australia,

A large hairball was surgically removed from a bullied girl with ‘Rapunzel syndrome’ (misattrib to The BMJ) CTV News 27/01/2020
Six-inch hairball of bullied Irish girl (misattrib to The BMJ) The Irish Sun 29/01/2020

UNRAVELLING THE MYSTERY OF AN UNREACTIVE PUPIL Optometry Today 01/02/2020

Case Series: Low-Dose Naltrexone for Chronic Fatigue Syndrome MPR 31/01/2020
**BMJ Global Health**

*Guidelines urge engagement, education with 'virginity test' requests* MD Alert 29/01/2020

**BMJ Innovations**

*A little first-aid training needed to boost bedside manner for virtual assistants, says U of A study* CBC 28/01/2020

*Alexa beats Siri on emergency info, first aid advice* Outlook India 29/01/2020

*If you feel you can't breathe, don't expect virtual assistants to call for help* Reuters + Reuters India 30/01/2020


**BMJ Open Diabetes Research & Care**

*Study Compares Cesarean Delivery Rates After Induced Labor in Women With Diabetes* Endocrinology Advisor 29/01/2020

**BMJ Open Quality**

*Pediatric unit near pediatric ED reduces LOS and raises patient satisfaction* Healthcare Purchasing News 28/01/2020

**Designating Space For Less Acute Cases In Emergency Units Optimizes Hospital Resources** Medical Daily 30/01/2020

**BMJ Quality & Safety**

*So, You’ve Made a Medical Error — What Should You Tell the Patient?* Florence Health 28/01/2020

*Improving health care with simulation* The Hospitalist 28/01/2020

*Open communication limits medical errors' adverse effects, study finds* Becker’s Hospital Review 29/01/2020

**BMJ Supportive & Palliative Care**

*Further coverage for medicinal cannabis and sleep problems/chronic pain (PR)*

*Cannabinoids ineffective for cancer pain* Healio 27/01/2020

*The problem with medicinal cannabis* RTE 28/01/2020

**Also in:** AJMC.com, Washington Blade, Healio, Medscape

**British Journal of Ophthalmology**

*Is Eating More Plant-Based Foods the Secret to Eye Health?* The Beet 27/01/2020

*Poor diet leads to AMD* NZ Optics 30/01/2020

**British Journal of Sports Medicine**
Further coverage for running any amount linked to lower risk of death (PR)

Running just once a week lowers your risk of early death - here's how to get started Now to Love 22/01/2020

Study: Running may help you live longer Local12 27/01/2020

The 'unfair' shoe splitting a sport The Times 27/01/2020

Is Nike's pink trainer a form of doping? The Times 27/01/2020

Nike's controversial Vaporflys are like 'doping,' critics say New York Post 31/01/2020

Also in: Lets Run, Runner's World,

9 best foods & drinks you should have after a workout GQ South Africa 28/01/2020

Mouthguards may reduce concussion risk in youth ice hockey players Reuters 28/01/2020

Also in: Reuters UK + Reuters Health Summary + Reuters India, o.canada.com, KFGO + widely covered by US local radio, This is Money + Daily Mail, Business Insider, Netscape, Physician's Weekly, The Drive.com, Intnet, CTV News, MSN Sports US

Stem cell clinics' much-hyped treatments lack scientific support ScienceNews 30/01/2020

How to cure back pain — what the experts say The Times 31/01/2020

Do you struggle to run for a bus because you're unfit? It may be because you weighed less than your peers at birth, scientists find Daily Mail 31/01/2020

Also in: The News Amed, Health Medicine Network, expressdigest,

Gut

Dual Therapy For 7 Days Effectively Eradicates H. Pylori, Finds Study Medical Dialogues 28/01/2020

Maternal consumption of low-calorie sweeteners alters metabolism, gut microbiota in offspring News-Medical.Net 29/01/2020

Low-calorie sweeteners do not mean low risk for infants Medical Xpress 30/01/2020

Also in: Orissa TV, Yahoo UK

Heart

Could Amarin Be a Millionaire Maker Stock? The Motley Fool 28/01/2020

Journal of Epidemiology & Community Health

Further coverage for middle aged muscle mass and future heart disease risk (PR)

Keeping Aging Muscles Fit Is Tied to Better Heart Health Later The New York Times 29/01/2020

Also in: McKnight's Long-Term Care News, The Entrepreneur Fund, Business Times, Daily Press

Winnipeg youth advocates say role models, support needed for at-risk boys, men CBC 28/01/2020

Further coverage for raising minimum wage (PR)

Minimum Wage Raises Could Lower Suicide Rates, Study Says Kaieteur News 29/01/2020

Also in: EastPeoriaTimesCourier.com + covered by numerous US local news outlets

Further coverage for PACE labelling (PR)
What if you knew a cookie would take 20 minutes to run off? Warwick Advertiser 31/01/2020

Feeling low? Some natural ways in which you can find happiness Indian Express 02/01/2020
Also in: theentrepreneurfund.com, Pioneer News

Journal of Medical Ethics
Further coverage for posthumous sperm donation (PR)
Can posthumous donation tackle the UK's sperm shortage? BioNews 27/01/2020
Allow sperm donation after death: UK experts The Times of India 22/01/2020
Also in: The Leader Post, Medscape, MSN UK, NewsDio

'Virginity surgery' should be banned, campaigners urge Yahoo Finance 27/01/2020

Can a foetus feel pain as early as 12 weeks? Gript 28/01/2020

'Reconsidering Fetal Pain' Catholic Citizen 30/01/2020

Canada Leads the Way in Liberalizing Euthanasia Around the Globe National Catholic Register 31/01/2020

Journal of Neurology, Neurosurgery & Psychiatry
Best supplements for migraines: Three natural remedies proven to ease symptoms Express 30/01/2020

Know The Three Natural Remedies That Can Help Ease Migraine Symptoms International Business Times 31/01/2020

Occupational & Environmental Medicine
Commuters May Get Less Sleep and Exercise Voice of America Learning English 27/01/2020

Good sleep practices may boost performance in older shift workers Reuters 31/01/2020
Also in: wifc.com + widely covered by US radio, Daily Mail, Netscape, Business Insider, Daily Magazine, TheDrive, Physician's Weekly, Reuters, National Post, Reuters UK + India, Devdiscourse,

Postgraduate Medical Journal
What is Raynaud's disease? The disorder that causes white or blue fingers, toes Today 27/01/2020

RMD Open
CDAI nonresponse at 3 months predicts late certolizumab pegol failure in RA MedWire News 27/01/2020

Upper Limb Exercise Improves Functional Skills and Quality of Life in SLE Patients, Clinical Study Shows Lupus News Today 31/01/2020

Vet Record
Pups shouldn’t go to new homes too early: Pet Connection The Record Herald 29/01/2020