BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 24 journals were picked up in the media last week (17-23 Feb) - our highlights include:

- A study published in Gut suggesting that eating a Mediterranean diet for a year boosts the types of gut bacteria linked to ‘healthy’ ageing generated global coverage, including ABC News, South China Morning Post and International Business Times.

- Research published in The BMJ finding that some antibiotics prescribed during pregnancy are linked with birth defects made headlines in The New York Times, Newsweek and CNN.

- A BMJ Case Report warning that complications of measles can include hepatitis, appendicitis, and viral meningitis was picked up by CNN, Daily Mail, ITV News and Metro.

BMJ PRESS RELEASES

The BMJ | BMJ Case Reports
Gut | Journal of Medical Genetics

EXTERNAL PRESS RELEASES

BMJ Open Diabetes Research & Care | Injury Prevention
Journal of Neurology, Neurosurgery & Psychiatry

OTHER COVERAGE

The BMJ | Annals of the Rheumatic Diseases
Archives of Disease in Childhood | BMJ Global Health
BMJ Open | BMJ Open Quality
BMJ Open Respiratory Research | BMJ Quality & Safety
BMJ Sexual & Reproductive Health | British Journal of Sports Medicine
Emergency Medicine Journal | Heart
Journal of Clinical Pathology | Journal of Epidemiology & Community Health
Journal of Medical Ethics | Postgraduate Medical Journal
Regional Anesthesia & Pain Medicine | RMD Open

BMJ
BMJ Best Practice now available across the Republic of Ireland

Knowledgespeak
14/02/2020
BMJ Best Practice available across Ireland
InPublishing 17/02/2020

Fiona Godlee discussing industry influence and distortion of research findings
BBC 2
Newsnight (skip to 28:53) 18/02/2020
BBC Newsnight make fresh claims about allegedly withheld mortality data in EXCEL
Cardiovascular News 19/02/2020

The BMJ press release coverage

Research: Associations between macrolide antibiotics prescribing during pregnancy and adverse child outcomes in the UK: population based cohort study

Macrolide Antibiotics Early in Pregnancy Tied to Birth Defects
The New York Times
19/02/2020
MACROLIDE ANTIBIOTICS IN EARLY PREGNANCY LINKED TO BIRTH DEFECTS, STUDY FINDS
Newsweek 19/02/2020
Antibiotics in infancy tied to allergies in childhood, new research suggests
CNN 20/02/2020


Research: Trends and risk factors of mortality and disability adjusted life years for chronic respiratory diseases from 1990 to 2017: systematic analysis for the Global Burden of Disease Study 2017

Sharp rise in lung disease deaths over past 27 years
OnMedica 20/02/2020
Lung Diseases on the Rise Worldwide
HealthDay 20/02/2020


Further coverage for diabetes drug and risk of heart problems
Drug Used to Treat Diabetes Is Tied with Increased Risk of Heart Problems
Bel Marra Health
17/02/2020

Also in: LabCompare

Further coverage for Racism in Medicine issue
White candidates still more likely to be appointed to NHS jobs than BME applicants
Pulse
17/02/2020
Further coverage for engaging with the arts linked to longer life
Your life guide to preventing dementia (print only) Irish Daily Mail 18/02/2020
Also in: Daily Express, Daily Mirror

Further coverage for puzzles and cognitive decline (Christmas 2018 PR)
Times crossword is the daily solution to Derek Jacobi’s sharp mind The Times (print + online) 18/02/2020

Further coverage for low carb diet and weight loss
How Many Carbs Should I Eat A Day If I'm Trying To Lose Weight? Women's Health 20/02/2020
Also in: Pulse Nigeria

Further coverage for increased exposure to ozone and higher risk of death
Increased exposure to ozone may increase the risk of death Medical News Today 21/02/2020
Also in: The National (Pakistan)

Other notable coverage
The vaginal mesh scandal has forced me to abandon my London Mayor dream - I'm furious and in pain The Daily Telegraph 18/02/2020
The debate on 'smaller goals' in women's game cannot simply be cast aside The Daily Telegraph 18/02/2020
Want your body to burn more calories? Have a big breakfast The Times + Irish edition 20/02/2020
This is the cinema, not a mountain you've been lost on for 11 days The Times + Irish edition 20/02/2020

JOURNALS

BMJ Case Reports

Case Report: Complications of measles: a case series (PR)

Vaccines can prevent fatal complications from measles, study affirms CNN 17/02/2020

Also in: Daily Mail + Scottish Daily Mail, ITV News, Metro, UK regional coverage, Herald.ie, This is London, Yahoo News UK

International + other

WHY COLD WATER SWIMS AND SHOWERS ARE WORTH THE ICY PLUNGE
(misattributed to The BMJ) Balance 18/02/2020

Patient retains 6/6 vision despite 6 cm piece of wood in his eye Optometry Today 18/02/2020
Gut

Research: Mediterranean diet intervention alters the gut microbiome in older people, reducing frailty and improving health status: the NU-AGE 1-year dietary intervention across five European countries (PR)

Mediterranean diet may offer special health benefits for this age group ABC News 18/02/2020
Switch to Mediterranean diet boosts good bacteria, curbs harmful ones, even if you’ve been on a bad diet all your life South China Morning Post 19/02/2020
Following This Dietary Habit For Just One Year Can Improve Gut Microbiome And Aid Longevity International Business Times 19/02/2020

Also in: Daily Mail, Herald Scotland, Daily Express, HuffPost UK, Irish Times, the journal.ie, The Conversation UK, inews

International

Other

Protein Participates in Shift From “Fatty Liver” to Cancer Technology Networks 19/02/2020
Also in: TheHealthSite

Journal of Medical Genetics

Research: Association between genetic polymorphisms and endometrial cancer risk: a systematic review (PR)

Twenty four genetic variants linked to heightened womb cancer risk ScienceCodex 17/02/2020
Study Identifies Risk Factors For Endometrial Cancer Scienmag 18/02/2020
'Green inhalers' could reduce carbon footprint – study  Health24 19/02/2020

Feeding Kids With ADHD: 5 Concepts All Parents and Health Providers Need to Understand  US News & World Report 20/02/2020

WHAT HAPPENS TO LANKY GUYS AS THEY GET OLDER?  Mel Magazine 21/02/2020

Study shows an increase in hypertension and obesity among school children  Research Matters 21/02/20

Primary care diabetes treatment decision aid may miss heart of problem  MedWire News 21/02/20
Also in: Medicine Matters

Study calls for more support for patients after bariatric surgery  Medical News Bulletin 21/02/20

Why Neck Circumference Could Indicate Higher Erectile Dysfunction Risk  Drugstore 21/02/2020

BMJ Open Diabetes Research & Care
Genetics may contribute to risk for type 2 diabetes after gestational diabetes  Medicine Matters 17/02/2020
Also in: Medwire News, Medical Bag

Research: Paradox of glycemic management: multimorbidity, glycemic control, and high-risk medication use among adults with diabetes (External PR)

The & # 39; amazing paradox & # 39; of the treatment of misaligned diabetes could harm  Newsdio 19/02/2020
'Striking Paradox' of Misaligned Diabetes Treatment Could Harm  Medscape 19/02/2020
Also in: South Florida Reporter, Medical Xpress, Alert Articles, Newswise, HealthNewDigest, Scienmag

Diabetes over-treatment could be more dangerous for elderly finds study  News-Medical.Net 19/02/2020
Older people with type 2 diabetes should have individualised care, according to researchers  Diabetes.co.uk 20/02/2020
Also in: The Health Mania

HbA1c Levels Lower in Older, Multimorbid Patients With T2DM  Doctors Lounge 21/02/20
Also in: Physician’s Briefing, Diabetes in Control, Drugs.com, Physician’s Weekly

Diabetic People Need an Individual Care Plan for Disease Management  The Health Mania 22/02/2020

BMJ Open Quality
Addition Of Pediatric Observation Unit Improves Care At NYC Hospital  Medical Health News 19/02/2020

BMJ Open Respiratory Research
Harmful levels of metal linked to DNA damage found in the urine of e-cigarette users
News-Medical.Net 20/02/2020
E-cigarette users are exposed to potentially harmful levels of metal linked to DNA damage
Medical Xpress 20/02/2020
Also in: Bioengineer, Scienmag, MedIndia, Technology Networks, news4jax, News-Medical.Net, Daijiworld, WJXT-TV Online

BMJ Quality & Safety
Why getting medically misdiagnosed is more common than you might think Healthline 22/02/2020

BMJ Sexual & Reproductive Health
Further coverage for 10+ sexual partners and heightened cancer risk (PR)
Having 10 Or More Sexual Partners Linked To An Increase Risk Of Cancer, Study Suggests IFL News 17/02/2020
How promiscuity could double risk of cancer later in life IOL 17/02/2020
Having This Number Of Sexual Partners Can Increase Your Risk Of Cancer International Business Times 20/02/2020

British Journal of Sports Medicine
Can you really STRETCH yourself fitter? How dedicated studios are offering to loosen up gym-goers and deskbound officer workers Daily Mail + Scottish Daily Mail 17/02/2020
Also in: Celbest News, express digest, Health Medicine Network,

Brazilian doctors have called an effective tool for weight loss The Saxon 17/02/2020
Multiple Studies Now Warn Against The Biggest Threats To Immune System Health Newswire 17/02/20

5 TIPS ON USING PROTEIN POWDER TO OPTIMISE YOUR WORKOUT RESULTS Ideal Magazine 18/02/2020

New research gives strength to Beet It Sport Shot Endurance 19/02/2020
Also in: Triathlon Business

30 Ways to Change Your Life in 30 Minutes or Less Best Life 19/02/2020
Also in: MSN NZ + IE + Lifestyle

Three reasons to leave the car at home and switch to cycling in 2020 Easier.com 20/02/2020
Everything You Need to Know About Running for Beginners Health.com 20/02/2020

20 best jogging tips for better health and fitness StyleCraze 20/02/2020

Run for a healthier life Harvard Health 21/02/2020
Foot exercises improve balance, foundation for rest of body  Cape Cod Times 21/02/2020
(Link unavailable)

**Emergency Medicine Journal**

*Never trust a person's face: Study* International Business Times (India) 17/02/2020

**Also in:** The World News

Some evidence supports bladder stimulation in pre-continent children  MD Alert 18/02/2020

**Heart**

*New variant of the GLA gene to be linked with Fabry cardiomyopathy* Drug Target Review 17/02/2020

**Injury Prevention**

Research: The burden of unintentional drowning: global, regional and national estimates of mortality from the Global Burden of Disease 2017 Study  (External PR)

No coverage

Further coverage for texting and pedestrian safety (PR)

*Why texting while walking is dangerous business* Health24 20/02/2020

**Journal of Clinical Pathology**

Prognostic value of perineural invasion in prostate needle biopsies: a population-based study of patients treated by radical prostatectomy  Uro Today 21/02/2020

**Journal of Epidemiology & Community Health**

MEDICAL INSIGHTS: Sarcopenia and your heart  Aiken Standard 17/02/2020

Further coverage for long working hours and risk of depression (PR)

*Mental health in the workplace: how working long hours puts your wellbeing at risk* Stylist 17/02/2020

*Soybean dust from cargo handling a likely cause of ‘Karachi gas deaths’!!!* ARY News 19/02/2020

The night is dark, and full of wonders…. (print only) The Sunday Telegraph 23/02/2020

**Journal of Medical Ethics**

Clinical trials: how to make informed consent more ethical  The Conversation UK 17/02/2020

**Also in:** TheAfricaNews.Net,TurkmenistanNews.net, Africa Leader, MENA FN

*It takes courage and skill to tell people something they find uncomfortable* The Irish News 17/02/2020

*Inside the 'nocebo effect': How Googling medication's side effects can actually cause them* Yahoo Lifestyle 18/02/2020

**Also in:** headtopics

Further coverage for posthumous sperm donation (PR)

*UK court hears bid to access fertility clinic’s records on dead person* The Guardian
I'm relieved I didn't use my dead husband's sperm

**Daily Mail + Scottish Daily Mail**

23/02/2020

**Also in:** Daily Mail - This is Money, Yahoo UK, The Daily Times, The Latest Nigerian News

**Idaho Legislature Will Vote on Transgender Athlete Ban**

newsstalk870.am 20/02/2020

**Also in:** Boise State Public Radio

Study shows preborn babies feel pain as early as 12 weeks' gestation

elrc.com 20/02/2020

**Journal of Neurology, Neurosurgery & Psychiatry**

Morning Report: Advanced Oncotherapy sells proton beam cancer system for €50mln

proactive 17/02/2020

ReNeuron positive trial data published in neurology journal

Daily Mail - This is Money 17/02/2020


Emerging Studies Now Find B Vitamins Have Strong Protective Benefits for the Brain

Newswire News 19/02/20

Research: Brain iron deposition is linked with cognitive severity in Parkinson's disease (External PR)

Tracking brain iron levels ‘could be helpful for early Parkinson’s diagnosis’

TalkTalk 21/02/2020

Scientists hope tracking iron levels in the brain could help diagnose Parkinson’s disease

Metro 21/02/2020


Postgraduate Medical Journal

Five things that can damage your heart after 40

The Marilyn Denis Show 19/02/2020

Regional Anesthesia & Pain Medicine

Researchers Quantify Sex-Related Inequality in Pain Medicine Research

PainMedicine News 17/02/2020

Neuraxial Guidance Device Beats Palpation-Guided Spinal Anesthesia in Obese Patients

Anesthesiology News 19/02/2020

RMD Open

Arthritis in Your Hips: Early Signs of Hip Arthritis, and What to Do About It

CreakyJoints 17/02/2020

‘Reassuring’ findings on pneumonia outcomes in patients with ankylosing spondylitis
Tofacitinib offers patients with rheumatic diseases 'rapid and sustained' pain relief
MedicineMatters 18/02/2020
Also in: Medwire News

Synovial biopsy findings drive precision medicine for RA closer to the clinic MD Edge
19/02/2020

Fatigue Looms Large in Lupus MedPage Today 20/02/2020