With extensive coverage of the most commonly-occurring conditions, Best Practice can be relied on to answer your clinical questions.

Supports you with the very latest evidence and expert opinion, updated daily, and linked to international guidelines.

Enables you to treat the whole patient. Use the Comorbidities tool to adapt the patients treatment algorithm, based on expert advice and opinion.

Helps you discuss treatment options with patients. BMJ Best Practice has over 400 patient leaflets which are reviewed by our patient panel.

Supports professional development. Best Practice includes automatic CME/CPD tracking to support revalidation and appraisals.

Provides access whether you are in the surgery, on the ward, at home, or on call, with online, mobile and offline access via the BMJ Best Practice app.
A 69-year-old man develops worsening substernal chest pressure after shovelling snow in the morning before work.

He tells his wife he feels a squeezing pain that is radiating to his jaw and left shoulder. He appears anxious and is distressed and sweating profusely. Past medical history is significant for hypertension and he has been told that he has borderline diabetes. On examination his heart rate is 112 bpm and blood pressure is 159/93 mmHg. Three doses of sublingual glyceryl trinitrate provide little relief.

What are the differential diagnoses?
What is the most likely underlying diagnosis?
What tests would you request and what treatment would you advise?

Log in to BMJ Best Practice to find the answers to these questions.

“I find BP to be the most useful of all Electronic clinical tools, it is logical and user friendly. I have BP & BNF open in my browser during most consultations and refer them frequently to ensure that my practice is in line with current thinking.”

GP

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