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# **GP** Toolkit

Essential resources from BMJ to support GP trainees, trainers and practising GPs



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Deep Breath In | Life in primary care can be complex. Deep Breath In explores the highs and lows of being a GP, offering a space to reflect on the grey areas of general practice.

# **BMJ** Learning

High-quality continuing medical education for healthcare professionals, with learning modules covering everyday issues in primary care and hospital medicine.

- Communication skills: tips for the 10 minute **consultation** | A video guide to the 10 key components that comprise a good consultation, and the importance of this overall.
- Clinical pointers: Palliative care in non-malignant disease | This module provides evidence based, practical tips to help improve the practice of GPs in providing palliative care to patients with non-malignant disease.
- Managing hypertension in primary care | An overview of the latest guidance on managing patients with hypertension and a guide to differentiating between primary and secondary hypertension.
- Preparing for your first GP role | This module explores the issues you may encounter during the initial weeks and months of your first GP role, offering perspectives and suggestions that will help you prepare for this and future career transitions.

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