BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 25 journals were picked up in the media last week (16-22 December) - our highlights include:

- Several articles in The BMJ Christmas issue have generated global news headlines including gender differences in research reporting (The New York Times and Fobes); health benefits of engaging with the arts (The News York Times, CNN and Newsweek); and MRI sex scans (Huffington Post, Daily Mail, The Sun)

- Dr Sophie Cook, head of scholarly comment at The BMJ was interviewed about the Christmas issue for BBC Naked Scientists (see link below)

- A BMJ Open study showing that grandparents who take care of their grandchildren are less lonely was picked up by several prominent outlets, including The Sydney Morning Herald, The Malay Mail, and The Times

- A JECH study on labelling food with physical activity levels continues to generate global coverage, including The Sydney Morning Herald, Star Malaysia, and The Age Australia

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PRESS RELEASES

The BMJ | Archives of Disease in Childhood
BMJ Open

EXTERNAL PRESS RELEASES

Emergency Medicine Journal | Injury Prevention
Tobacco Control

OTHER COVERAGE

The BMJ
Annals of the Rheumatic Diseases | BMJ Case Reports
BMJ Evidence-Based Medicine
BMJ Global Health | BMJ Nutrition, Prevention & Health
BMJ Open Gastroenterology | BMJ Sexual & Reproductive Health
BMJ Supportive & Palliative Care | British Journal of Ophthalmology
British Journal of Sports Medicine | Gut
BMJ

Monash research ranks in 2019 Altmetric Top 100 Mirage News 17/12/2019
The most discussed and shared scientific research of 2019 STM Publishing 17/12/2019
Also in: Agenparl, Research Information, Lab Manager Magazine

Further coverage of BMJ taking part in the summit on 'Religion and Medical Ethics' co-hosted by the Pontifical Academy for Life and the Qatar Foundation at The Vatican, Rome
https://www.youtube.com/watch?v=SNl26gwBs7s Kamran Abbasi interview on EWTN Global Catholic Television Network (18 mins in) 11/12/2019
Press Conference to present the International Symposium “Religion and Medical Ethics: Palliative Care and the Mental Health of the Elderly” 10/12/2019

Also in: Catholic News Agency, Catholic Philly, Crux Now, GeoTV, MyHeadlinz Online, The News International, News Dog

The BMJ Christmas Issue

Interview about articles in this year’s issue with Dr Sophie Cook (from 04.45 mins into programme) - BBC Naked Scientists 22/12/2019

Research: Gender differences in how scientists present the importance of their research: observational study

+ Linked editorial: Gender differences in research reporting
+ Feature: Time’s up for he and him as the default pronouns for doctors (PR)

Men are more likely than women to call their science ‘excellent’ The Washington Post 16/12/2019
Doctors should be referred to as ‘her’ and ‘she’ by default to end gender bias, says prof The Telegraph 16/12/2019
Men Call Their Own Research ‘Excellent’ The New York Times (print + online) 17/12/2019
In Published Work, Male Scientists Sing Their Own Praises More The Wall Street Journal 16/12/2019


6minutes, Business Insider, IFL Science, POLITICO Online, NameX, E-News, Physician’s Weekly, STAT, Mogaz News, headtopics.com, Netscape, Nursing Times, Science Alert,
Feature: **Wash your hands, Brother John!** (PR)

Teaching children how to wash their hands to the tune of nursery rhyme Frère Jacques 'can curb the spread of flu and colds' Daily Mail 16/12/2019

Ottawa doctor pens nursery rhyme to teach proper handwashing CBC 17/12/2019


Research: **The art of life and death: 14 year follow-up analyses of associations between arts engagement and mortality in the English Longitudinal Study of Ageing**

Linked editorial: **Cultural activities linked to lower mortality** (PR)

Visit museums or art galleries and you may live longer, new research suggests CNN 18/12/2019

**GOING TO ART GALLERIES, MUSEUMS AND CONCERTS THIS MANY TIMES LINKED TO LIVING LONGER** Newsweek 18/12/2019

How theatre and museum trips could help you live longer The Daily Telegraph 18/12/2019


Research: **Birth month, birth season, and overall and cardiovascular disease mortality in US women: prospective cohort study** (PR)

Why a December birth could be good for the heart The Times 19/12/2019

WOMEN BORN IN THE SPRING AND SUMMER MORE LIKELY TO DIE FROM HEART
DISEASE, STUDY SUGGESTS  Newsweek 18/12/2019


Research: Bend it like Beckham or fix them like Florence - proportional representation of healthcare in New Year honours: an observational study (PR)

Health workers are less likely to get on the New Year Honours list than pop stars, politicians and athletes, analysis reveals  MailOnline 18/12/2019
Medicine not the best career choice for receiving ‘a gong’  OnMedica 19/12/2019

Also in: Medical Xpress, MyHeadlinez, Express Digest, WhatsNews2Day, Health Medici Net

Research: The need for speed: observational study of physician driving behaviors (PR)

Psychiatrists are mad men of medicine when it comes to driving, Florida study shows  The Times (+ Scottish and Irish editions) 19/12/2019
Psychiatrists are the most likely type of doctor to be caught speeding while cardiologists own more Ferraris than their medical peers, finds study  MailOnline 18/12/2019
GPs most likely clinician to get parking tickets  OnMedica 20/12/2019


Feature: Round the bend (PR)

Scientists Have A Saucy Theory For Why These 20-Year-Old MRI Sex Scans Were So Popular  The Huff Post UK 18/12/2019
BMJ reveals study of first MRI scan of a penis in a vagina is one of its most-downloaded articles EVER despite being medically unimportant 'because readers love free sex pictures'  MailOnline 18/12/2019
Twenty years ago, researchers watched people get it on in an MRI for science  Inverse 18/12/2019


There’s No Winter Break From ‘Publish or Perish’  The New York Times 18/12/2019
Animal-assisted interventions positive for people's health  
ScienceDaily 18/12/2019  
Also in: Yahoo News UK, News-Medical.Net, Times of News

Further coverage for The BMJ Christmas 2018 issue  
Of course the most likely time to have a heart attack is on a holiday  
Popular Science 18/12/2019  
Also in: KNXV-TV Online, KATC-TV Online + other regional US news networks

Other notable coverage for The BMJ

The Movement to Bring Death Closer - The New York Times Magazine 21/12/

Further coverage for inappropriate antibiotics prescribing (PR)  
Antibiotics Often Prescribed Without Documented Indication  
Dermatology Advisor 17/12/2019  
Also in: Infectious Disease Advisor,

My mother’s vegetarian diet contributed to her early death. We should all learn from it (Fiona Goldee quoted)  
inews 16/12/2019

Further coverage for air pollution linked to several new causes of hospital admissions (PR)  
Air pollution causing 'public health crisis' (print only)  
inews 17/12/2019

Further coverage for a vegetarian diet and risk of stroke (PR)  
A doctor is warning vegans not to believe internet rumors that vitamin B12 is unnecessary  
INSIDER 19/12/2019  
Also in: Business Insider + Business Insider Deutschland, News Live, Dailyheralds, Bodyandsoul.com.au

JOURNALS

Archives of Disease in Childhood

Research: Analysis of paediatric long-term ventilation incidents in the community (PR)

Safety fears for hundreds of ‘hidden’ children on ventilators  
The Independent 17/12/2019  
Significant safety issues for children on long-term ventilation at home, say researchers  
OnMedica 18/12/2019  
Also in: Medical Xpress

Further coverage for vaping dangers (PR)  
The Vaping Debate No One’s Talking About  
HealthCentral.com  19/12/19

BMJ Open

Research: Association between caring for grandchildren and feelings of loneliness, social isolation and social network size: a cross sectional study of community dwelling adults in Germany (PR)
Grandparents who take care of their grandchildren 'are less lonely because looking after little ones expands their social circle' MailOnline 18/12/2019
Looking after grandchildren could help grandparents feel less lonely Malay Mail 18/12/2019
'When you've got a child with you, everyone talks to you' Sydney Morning Herald 19/12/2019


Research: Residential area deprivation and risk of subsequent hospital admission in a British population: the EPIC-Norfolk cohort (External PR)

Deprivation strongly linked to hospital admissions Mirage News 18/12/2019
Study: People living in more deprived areas have greatest risk of hospitalization News-Medical.net 18/12/19
Also in: Newswise, Scienmag, Medical Xpress,

Children crowding gender clinics may be ‘just tip of iceberg’ The Australian 16/12/2019

Weight change between pregnancies is linked to having premature and large at birth babies ogpnews.com 16/12/2019

Further coverage of antidepressant use and diabetes (PR)
Use of antidepressants linked to heightened risk of gestational diabetes The Pharmaceutical Journal 17/12/2019
Also in: Bioporationo, TechBit

There’s No Winter Break From ‘Publish or Perish’ The New York Times 18/12/2019
Also in: Big World Tale, Viportal, USA News Hub, Satoshi Nakamoto, Nature theatres

Lifestyle Behavior Change Can Prevent Progression of Chronic Kidney Disease Pharmacy Times 18/12/19

‘Hypertension in Maharashtra rural areas higher than in cities’ Times of India 18/12/2019

9 unusual ways air pollution harms your health mnn 19/12/2019
Study busts 9 to 5 model for academic work Scien Mag 20/12/19
Also in: Parallel State, Phys.org, News Caf, Science Daily, Health Medicine.net
Preventing catheter-related problems in community settings Independent Nurse 20/12/19

How to Lose Weight on a Budget Eating Well Magazine 21/12/19

What Your Body Fat Percentage Tells You About Your Health Eating Well Magazine 21/12/19

Annals of the Rheumatic Diseases
Novel Biomarker of Macrophage Activation Syndrome Identified in Juvenile Idiopathic
Arthritis  Medical Bag 17/12/2019

Cumulative genetic risk score predicts SLE outcomes  Medwire News 17/12/2019

Fewer Side Effects With Naproxen vs Low-Dose Colchicine in Gout Flare Treatment  Renal & Urology News 17/12/2019

EULAR/ACR criteria identify SLE in hospitalized pericarditis patients  MD Alert 20/12/19

BMJ Case Reports
Couple’s suicide highlights mental health needs of refugees  Wellston Journal 16/12/2019

BMJ Evidence-Based Medicine
The Misleading Health Benefits of Drinking Red Wine  Evolving Wellness 16/12/2019

BMJ Global Health
Food labeling must be stepped up to stem rising tide of diet-related disease  Medical Xpress 19/12/2019
Also in: MyHeadlinez,

New PACK training tackles common diseases in developing countries  Medical Xpress 20/12/19
Also in: Scien Mag, Business Ghana, News-Medical.net

BMJ Nutrition, Prevention & Health
Further coverage for boosting nut consumption (PR)
Study shows snacking on nuts could help weight control  Fox 2 17/12/2019

BMJ Open Gastroenterology
Researchers found man’s body producing alcohol  The Nation 17/12/2019

7 Compelling Reasons You Should Try Acupuncture for Weight Loss  The Healthy 16/12/2019

BMJ Sexual & Reproductive Health
Sex robot addiction WARNING: Couples hooked on 'violent romps' risk injury and DEATH  Denton Daily 18/12/19

BMJ Supportive & Palliative Care
Further coverage for advance care planning and survival (PR)
Advance care planning associated with longer survival at end of life  Hospice News 20/12/19
Also in: AdvoGroup

British Journal of Ophthalmology
Further coverage for AMD to affect 77 million Europeans by 2050 (PR)
Eye condition to affect millions in EU  IrishHealth.com 16/12/2019

What You Eat Could Help Prevent Vision Loss  Medical Daily 17/12/2019
Poor diet increases risk of vision loss  Millennium Post 18/12/2019
Study links Western diet to increased risk of late-stage, age-related macular degeneration
Local 12 18/12/2019
Also in: WKRC Cincinnati, MSN Lifestyle, Genetic Literacy Project

Be careful opening your champagne this Christmas, or risk going BLIND  Mail Online
18/12/19
Also in: Health Medicine.Network, Herald Publicist, ExpressDigest, WhatsNew2Day

British Journal of Sports Medicine
Yoga May Help Your Running  Trail Runner 16/12/2019

No Subgroup More Likely to Benefit From Meniscal Surgery  Medscape 17/12/2019

15 Things to Do on New Year’s Day for a Healthy 2020  TheHealthy 17/12/2019
Also in: MSN Health & Fitness

Running for weight loss? Here's how to reach your goals this year  Runner's World
19/12/2019

Exercise reduces falling risk for older adults  Reuters + Reuters India 19/12/2019

Tears of knee ligaments and meniscus carry highest arthritis risk  MD Alert 20/12/19

Don’t Let Cold Weather Sabotage Your Fitness!  Bottom Line.com 20/12/19

How to Get a Great Workout with Brisk Walking  HealthLine 20/12/19

Health benefits of walking  Eating Well Magazine 21/12/19

Running may help to protect your knees  Villages-News 22/12/19

Emergency Medicine Journal

Research: Community emergency medicine: taking the ED to the patient: a 12-month observational analysis of activity and impact of a physician response unit (External PR)

'Portable A&E' that can treat patients in life-threatening situations on the road 'saves hospital £500,000 a year by preventing ambulance trips'  MailOnline 20/12/2019
Also in: Express Digest, Konitono News, Celbest News, Newham Recorder, MSN IE, Health Medicine Net

Gut
Could HIV drug be answer to liver diseases?  Daily Nation (Kenya) 18/12/19
Further coverage for antibiotics and cancer risk (PR)
Medical News Today: Antibiotics may increase the risk of bowel cancer  Stock Daily Dish 18/12/19

Heart
'I have no friends' - Video on loneliness goes viral  RTE 17/12/2019

Injury Prevention

Research: Epidemiology of injuries from fire, heat and hot substances: global, regional and national morbidity and mortality estimates from the Global Burden of Disease 2017 study  (External PR)
Every 5th fire death in world is in India: Study  ET Healthworld 22/12/19
Also in: Times of India, My Times Now, India News Today, Newstrack English

Journal of Clinical Pathology
Rush Remedy Reviews – Read The Shocking Facts About Rush Remedy  Health Insiders 20/12/19
Also in: The Beauty Insiders

Journal of Epidemiology & Community Health
Health: Why am I still working at 95?  Red Deer Advocate 16/12/2019
Also in: Bakersfield Californian, The Guardian (Canada), NiagaraThis Week.com

Movement is medicine: 3 easy tips to help reduce stiff joints  Evening Standard 16/12/2019

Further coverage for labelling food with physical activity needed to burn off calories (PR)
22 minutes running to burn off a chocolate: new food labels flagged  The Sydney Morning Herald 17/12/2019
Label food with amount of exercise, not calories  The Star Malaysia 17/12/2019
These are the calories in your Christmas dinner, according to new study  RTE 16/12/2019


Now 'social prescribing' is helping keep people in Northumberland healthy all round  Northumberland Gazette 17/12/2019

New nourishment names would assist us with settling on more beneficial decisions  Industry Global News24  21/12/19

Journal of Medical Ethics
Tennessee introduces bill to ensure school athletes compete based on biological sex  LifeSite 18/12/2019
Also in: Patriot Post
Journal of Neurology, Neurosurgery & Psychiatry
**15 Foods Nutritionists Try to Eat Every Day** Reader’s Digest 22/12/19

Further coverage for anti-inflammatories and depression (PR)
**Medical notes: ibuprofen for depression** Radio Health Notes 22/12/19

Journal of the Royal Army Medical Corps
**Army probe to see if training leaves soldiers infertile** Stock Daily Dish 18/12/19 (link unavailable)

Regional Anesthesia & Pain Medicine
**Clinical trial results highlight benefits of RIVANNA Accuro for spinal anesthesia placement** Healthcare Business 16/12/2019

**Early Regional Anesthesia Effective for Extremity Injury Pain** Physician’s Weekly 17/12/2019
**Early regional anesthesia effective for extremity injury pain** Medical Xpress 17/12/2019
Also in: Monthly Prescribing Reference,

RMD Open
**Slightly Higher Cancer Risk in JIA Not Linked to Use of Biological Therapies, Study Says** Juvenile Arthritis News 17/12/2019

**Treat to Target in Rheumatic Diseases: Rationale and Results - The Clinics: Internal Medicine 45-4 - ResearchAndMarkets.com** Business Wire 20/12/19

Thorax
**Op-ed: Toxic injustices** Environmental Health News 16/12/2019
Also in: CommonDreams.org

**CF Newborn Screening Improves Weight and Lung Outcomes, but Has No Impact on Social Inequalities, Study Suggests** Cysticfibrosisnewstoday.com 17/12/2019

Tobacco Control
**Research: Inequities in tobacco advertising exposure among young adult sexual, racial and ethnic minorities: examining intersectionality of sexual orientation with race and ethnicity** (External PR)

No coverage

Research: **Nicotine in Tobacco Product Aerosols: "It's Déjà Vu All Over Again"** (External PR)

Juul’s nicotine formula just like Marlboros, study shows Al Jazeera 18/12/19
Scientists find Juuls have nearly the SAME addictive qualities such as doses of nicotine and flavor as Marlboro cigarettes Mail Online 17/12/19
Juul and Marlboro are essentially one in the same when it comes to nicotine, study finds Consumer Affairs 19/12/19
Also in: Reuters, Free Malaysia Today, National Post, Jakarta Post, New Atlas, Claims Journal
Researchers: Remove profit motive from tobacco to deal with mass addiction
Medical Xpress 17/12/2019