BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 26 journals were picked up in the media last week (11-17 Nov) - our highlights include:

- A case report published in the *Archives of Disease in Childhood* linking vaping to life threatening lung inflammation after doctors treated a 16 year-old boy with respiratory failure made international headlines, including *BBC News*, *CNN* and *TIME*.

- A research paper and linked editorial published in *The BMJ* suggesting that there is wide variation in bowel cancer rates after colonoscopies in England was picked up by *The Daily Telegraph*, *The Times*, *OnMedica* and *Metro*.

- Research published in the *Journal of Epidemiology & Community Health* finding that the amount of lean muscle a healthy person has in middle age is linked to future heart disease risk made headlines in *The Times*, the *International Business Times*, and *MailOnline*.

**BMJ**

**PRESS RELEASES**

*The BMJ* | *Archives of Disease in Childhood*

*British Journal of Ophthalmology* | *Journal of Epidemiology & Community Health*

**EXTERNAL PRESS RELEASES**

*Journal of Epidemiology & Community Health* | *Journal of Medical Genetics*

*Regional Anesthesia & Pain Medicine*

**OTHER COVERAGE**

*The BMJ* | *BMJ Case Reports*

*BMJ Global Health* | *BMJ Nutrition, Prevention & Health*

*BMJ Open* | *BMJ Open Diabetes Research & Care*

*BMJ Open Gastroenterology* | *BMJ Sexual & Reproductive Health*

*BMJ Supportive & Palliative Care* | *British Journal of Sports Medicine*

*Emergency Medicine Journal* | *Gut*

*Journal of Medical Ethics* | *Journal of NeuroInterventional Surgery*

*Journal of Neurology, Neurosurgery & Psychiatry* | *Journal of the Royal Army Medical Corps*
World Diabetes Day: Should you go straight for insulin if you're diabetic? The Week 14/11/2019

The BMJ

UK research: Variation in post-colonoscopy colorectal cancer across colonoscopy providers in the English National Health Service: population-based cohort study
German research: Outcomes at follow-up of negative colonoscopy in average risk population: systematic review and meta-analysis
Editorial: Unacceptable variation in screening colonoscopy (PR)

Thousands of bowel cancer cases missed due to 'unacceptable' testing failures The Daily Telegraph (print + online) 13/11/2019
Colorectal cancer rates after colonoscopies too varied OnMedica 14/11/2019


Further coverage for ultra-processed food (PR)
Ultra-Processed Foods May Fast Track You to Heart Trouble HealthDay 12/11/2019
Ultra-Processed Foods A Fast Track to Heart Risk WebMD 12/11/2019
Also in: Drugs.com, Clinical Connection, UPI, U.S. News & World Report, DoctorsLounge, Newsmax, All USA News Hub, aktk.in, Health24 South Africa, The Independent (Bangladesh)

Further coverage for data sharing apps (PR)
Our Health Data Is Being Shared Around The Internet – Can You Stop It? HuffPost UK 13/11/2019
Also in: Yahoo UK

Further coverage for fried food and risk of death (PR)
Here's What a Dietitian Would Eat at an Amusement Park LiveStrong.com 14/11/2019

Further coverage for hospital transfer of premature newborns (PR)
Hospital transfer of premature newborns linked to heightened risk of brain injury ogpnews.com 15/11/2019

Other coverage for The BMJ
The Bedpan: Politicians 'lie about everything' HSJ 11/11/2019
PRACTICALLY ACTIVE: Mortality can be a weighty problem NWA online 11/11/2019
BBC Radio 5 Live (Medical cannabis) (skip to 35:00 - 37:00 mins) 11/11/2019
Should I Take a Calcium Supplement? Medium 11/11/2019
Egg freezing petition forced to close by general election

‘War On Cancer’, A Social Media App On Cancer Launches On IOS, Android

Economy Nigeria 11/11/2019

Also in: Nigeria Political Economist, CFA Tech, IT Edge News, Tech City Nigeria

Doctors who receive gifts from pharmaceutical companies prescribe more and less well

Archy Worldys 11/11/2019

11 Processed Foods That Are Actually Good for You

New Study Blames Algorithm For Racial Discrimination, Ignores Physician Bias

Forbes 11/11/2019

What a long strange trip it’s been

Beat the curse of sitting down all day (print only)

Lose weight now: Obesity is bad for sexual health

Common anti-inflammatory drug taken by millions 'may increase the risk of diabetes after just one week of treatment'

Also in: Health Medicine Network, WhatsNew2Day

Feeling blue? Why the colour of medication can make us believe it is more effective... and how neutral colours help us feel at ease

Abundant research shows gender disparities in medicine, but too few know about it.

#NeedHerScience

17 Things Your Parents Always Told You Growing Up That You Should Actually Practice

A clean bill of health for PCI Compliance

Stop smoking: It can cause lung cancer and make you impotent too

Most diet trials amend their desired study outcomes along the way

12 Things Your Mother’s Health Says About You

Threat of the tiny tormentors

Teen Gives Birth On Club Dance Floor, Baby Granted Free Entry For Life

World Diabetes Day: Should you go straight for insulin if you're diabetic?

Diet trials often amend their outcome measures as they go

GPs to call for a minister to tackle Northern Ireland health crisis

Exercise doesn’t shift weight

The height/health correlation: is it better to be tall or short?

How extremely preterm babies can survive and thrive

B.C. government moves to tax and restrict vaping products to protect youth

Also in: CTV News, Ottawa Citizen + covered widely by Canadian local news outlets, South Asia Daily

Thursday morning news briefing: Nigel Farage offered 11th-hour election deal

Is depression ‘the price we pay for having an immune system’?

Plus Size Workout Clothing - What Should You Consume drink While You Exercise?
BecomeGorgeous 14/11/2019

Coats, tolerance and mind over matter: A brief history of how people around the world make it through winter National Post 14/11/2019

Also in: The Windsor Star + widely covered by Canadian news outlets

Prevgagen + New Habits = Healthy Brain Medium 14/11/2019

Settling into winter: Coats, tolerance and mind over matter Montreal Gazette 14/11/2019

UK: Sick without papers Infomigrants.net 15/11/2019

Mums without makeup (Vitamin D supplements & acute respiratory infections) BBC Radio Berkshire (skip to 1:11:54) 15/11/2019

The One Meal a Day Diet Oversimplifies Nutrition—and May Backfire Pulse Nigeria 15/11/2019

Also in: Men’s Health

11 Rules You Must Follow To Lose Weight For Good MSN Lifestyle 16/11/2019

Also in: MSN Health CA

Greg Laurie: God Is Giving America a Chance to Repent Right Now Charisma News 16/11/2019

If diet could cure diabetes… Gulf News 17/11/2019

It’s time to treat e-cigarettes like cigarettes The Globe and Mail 17/11/2019


JOURNALS

Archives of Disease in Childhood

Research: Life-threatening hypersensitivity pneumonitis secondary to e-cigarettes (PR)

Vaping linked to teenager's life-threatening lung inflammation in rare British case CNN 11/11/2019

Vaping May Be Worse for Heart Health Than Tobacco Cigarettes, New Study Finds TIME 11/12/2019

Vaping nearly killed me, says British teenager BBC News (+ Radio 5 Live and BBC Radio 4 Today) 12/11/2019


International

Newsweek, Gizmodo Australia, Yahoo! India Style, Toronto Star, USA Breaking News, Vaaaj, Yahoo! Lifestyle Singapore, CNBC, Vaaaj, Asian Trader, New Zealand Herald, Saficra 24, Cosmos Magazine, MEAWW (India), Independent Online (South Africa), Gizmodo Brazil, EuroWeekly News

Other

Pulse, IFL Science, Health Medicine Network, Medical Dialogues, Newsbeezer, Foreign
Premature babies’ gut health may benefit from probiotic-boosted milk, study finds
NutraIngredients.com 13/11/19

Also in: LifeNews

British Journal of Ophthalmology

Research: Prevalence and incidence of age-related macular degeneration in Europe: a systematic review and meta-analysis (PR)

77 million Europeans will suffer sight loss by 2050, scientific study warns Evening Standard 11/11/2019
Number of people with the leading cause of blindness will rise by 10 million in Europe by 2050 ‘because people are living longer’ MailOnline 11/11/2019
AMD will affect 77 million Europeans by 2050 OnMedica 12/11/2019


Congenital nasolacrimal-duct obstruction commonly resolves, even after age 1 MD Alert 12/11/2019

10 best superfoods to protect your eyesight iNews Cayman 17/11/2019

Journal of Epidemiology & Community Health

Research: Skeletal muscle mass in relation to 10 year cardiovascular disease incidence among middle aged and older adults: the ATTICA study (PR)

Staying muscly 'could ward off heart disease in middle-aged men and protect them from heart attacks and strokes' MailOnline 11/11/2019
Hit the gym in middle age to boost heart The Times + Scottish + Irish Times 12/11/2019
Middle Aged Muscle Mass Associated With Future Risk Of Heart Diseases International Business Times 12/11/19

Eating late may raise cardiac risk  The Times 12/11/19

Research: Suicide among persons who entered same-sex and opposite-sex marriage in Denmark and Sweden, 1989–2016: a binational, register-based cohort study (External PR)

Suicides fall with gay marriage in Sweden, Denmark as stigma fades  Reuters 14/11/2019
Suicide rates fall after gay marriage legalised in Sweden and Denmark  The Guardian 14/11/2019


Research: Community-based cooking programme ‘Eat Better Feel Better’ can improve child and family eating behaviours in low socioeconomic groups (External PR)

Simple six-week NHS cookery course helps families eat more healthily  inews (print + online) 15/11/2019
Also in: The Scotsman

Developers turning to green infrastructure to woo buyers  Daily Nation (Kenya) 14/11/2019

The height/health correlation: is it better to be tall or short?  The Telegraph 14/11/19

Women in prison have higher rates of HPV, cervical cancer  Reuters + Reuters India 15/11/19

BMJ Case Reports
Doctors Remove Eight Inch Blood Clot From Man's Lung  LADbible 11/11/2019
GRIM REAPER Docs pull 20cm blood clot from man’s lungs – after it moulded to block his airways  The Sun IE 11/11/2019
Also in: Fox News, New York Post, Onties, Newsbeezer, International Business Times, Dailyheralds

Shocking reason for man’s unbearable blocked nose  (misattributed to The BMJ) Herald Sun 12/11/2019
Also in: Adelaide Now, Daily Telegraph (AU), The Courier Mail, The Calgary Sun, The Toronto Sun, Star Tribune

Man Complaining Of A Stuffy Nose Had A Tooth In His Nostril For 20 Years  IFLScience 14/11/2019

The Strange 'Velvety' Appearance of This Woman's Palms Was Actually a Sign of Lung Cancer  Yahoo Lifestyle 14/11/2019
Vaping deaths: Are e-cigarettes really safer than smoking tobacco? A complete guide to the facts

The Independent 14/11/2019

Why sourdough bread can trouble your tum: Trendy fermented foods such as kombucha and kimchi can trigger a host of nasty side effects including bloating, headaches and migraines, scientist warns

MailOnline 14/11/2019

Also in: Celbest News, Express Digest, WhatsNew2Day, Health Medicine Network, Healinez Pro

BMJ Global Health
Taxing Sugary Drinks Can Be

The Good Men Project 14/11/2019

BMJ Nutrition, Prevention & Health
Further coverage for boosting nut consumption (PR)

Nut Consumption Tied to Less Annual Weight Gain, Obesity

Diabetes Health 13/11/2019

What to eat (and avoid) if you're trying lose weight

National Post 14/11/2019

Also in: The Chronicle + widely covered by Canadian local news outlets

BMJ Open

BBC Radio 5 Live (austerity and excess deaths) (misattributed to The BMJ, skip to 02:49:27)

11/11/2019

Also widely covered by regional BBC radio

Twitter accounts provide a linguistic window into people’s loneliness, study suggests

MinnPost 11/11/2019

The Atlantic Profiles Penn Research on Twitter and Mental Health

Medium 11/11/2019

Late Night Tweets Can Tell How Lonely a User Is: Research

The Swaddle 12/11/2019

Also in: The Daily Pennsylvanian

No, asthma inhalers are not ‘choking the planet’


Also in: San Francisco Chronicle, Medscape

Arts ‘Crucial’ To Reducing Poor Health And Inequality

Scienmag 11/11/2019

Even Modest Co-Payments Cause People to Skip Meds (print only)


Canada: Plain-Packaged Cigarettes Have Hit Shelves on November 9th

Vaping Post 13/11/2019

Take it or leave it? Menstrual leave

Mancunian 15/11/2019

Gareth Lewis Show - discussing pain after amputation (paper misattributed to The BMJ) (skip to 45:55)

BBC Radio Wales 15/11/2019

Rediscovering The Power Of Learning Outside, Inside Appalachia

wvpublic.org 15/11/2019

11 Rules You Must Follow To Lose Weight For Good (slide 7/12)

MSN Lifestyle 16/11/2019

Better outcomes when emergency surgery performed by busier surgeons, study finds

The
Irish Times 17/11/2019

Headlines Claim Asthma Inhalers Are 'Choking The Planet'. Here's The Real Science
ScienceAlert 17/11/2019

BMJ Open Diabetes Research & Care
Is a Plant-Based Diet Good for Type 2 Diabetes? News-Medical.Net 11/10/2019

BMJ Open Gastroenterology

BMJ Sexual & Reproductive Health
Further coverage for contraception and climate change (PR) Using contraception to counter climate change The Star Malaysia (print + online) 12/11/2019

Further coverage for sexual coercion (PR) He Lied About Having The ‘Snip’: When Does Consensual Sex Become Rape? Refinery29 13/11/2019
Also in: Yahoo UK

BMJ Supportive & Palliative Care
Major gaps persist in knowledge of the practice of assisted suicide and euthanasia mercatornet.com 12/11/2019

British Journal of Sports Medicine
Further coverage for any amount of running linked to lower risk of death (PR) Study: Even a little running can lower your risk of dying The Star Malaysia (print + online) 11/11/2019
A 20-Minute Treadmill Workout You Can Do When It’s Too Cold Outside LiveStrong.com 14/11/2019
To Live Longer, Start Running Now, Even Just A Little Bit Forbes 17/11/2019

Giving into arthritis pain will only make things worse. Here’s how to keep moving. The Washington Post 12/11/2019
Dealing with arthritis pain? Keep moving, or it might get worse (link unavailable) Chicago Tribune 15/11/2019

Exercise: even more benefits Medium 12/11/2019

Exercises To Beat Back Pain Female.com.au 13/11/2019

Canada’s equestrian team could lose millions in funding if Olympic invite rescinded The Globe & Mail 13/11/2019

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Dealing with arthritis pain? Keep moving, or it might get worse  The Spokesman Review 14/11/2019

Social Climbing Has a Whole New Meaning  The New York Times 14/11/2019
Also in: The Star

Boost Your Performance With Intuitive Training  Oxygen 14/11/2019

These boots are made for walking  Switzer Daily (Australia) 15/11/19

Is Sugar Really Bad For Us?  The Voice 15/11/2019

Experts call for new concussion rules for teen players  (no link available) Daily Telegraph (AU) 17/11/2019
Also widely covered by regional Australian news outlets

Emergency Medicine Journal
SCIENTISTS INVESTIGATE WHY PATIENTS ARE MORE LIKELY TO DIE WHEN HOSPITALISED ON THE WEEKEND  Optometry Today 12/11/2019

Gut
Novel Procedure May Help Improve Metabolic Disease  Medscape 11/11/2019

Journal of Medical Ethics
Muscling in  World Magazine 14/11/2019
South Park Sparks Controversy With Episode About Trans Athletes  TooFab 14/11/2019
Why hormone-suppressing drugs won’t stop men’s advantage in women’s sports  Headsn 16/11/2019
Also in: WS Buzz

Journal of Medical Genetics

Research: Psychosocial effects of whole-body MRI screening in adult high-risk pathogenic TP53 mutation carriers: a case-controlled study (SIGNIFY)  (External PR)

Cruellest twist of my mastectomy: Mother, 34, had preventative surgery after three women in her family developed cancer - but now she is so low risk the NHS won't test her daughters  Daily Mail 11/11/2019
Also in: Health Medicine Network, WhatsNew2Day, express digest, News Llive

Journal of NeuroInterventional Surgery
Could cash for call be a cure for burnout?  AuntMinnie.com 15/11/2019

Journal of Neurology, Neurosurgery & Psychiatry
Further coverage for anti-inflammatory agents curbing major depressive symptoms (PR)
Anti-Inflammatories Help Major Depression  Psychology Today 11/11/2019
Fish oil and cholesterol-lowering drugs may help ease symptoms of depression  INSIDER 13/11/2019
Royal Navy sailors filmed passed out at training base after ‘drunken rampage’

Desert Sun
12/11/2019

As California burns, scientists search the smoke for threats to firefighter health

Daily Democrat
14/11/2019

What is in all that smoke from wildfires?

What is in all that smoke from wildfires?

Daily Democrat
14/11/2019

Comorbidities Can Make Long-QT Syndrome a Package Deal

Medscape
12/11/2019

Take heart from text SMS messages help motivate stroke prevention

Herald Sun
12/11/2019

Prospective cohort study examining the use of regional anesthesia for early pain management after combat-related extremity injury

News-Medical.net
30/11/2019

Improving pain management after traumatic injury

News-Medical.net
30/11/2019

Here’s Why You Really Need To Stop Vaping

Grazia
12/11/2019

N.J. may soon ban menthol cigarettes and flavored vaping products

NJ.com
14/11/10

Animal welfare funding scholarship opens

The Scottish Farmer
13/11/2019