BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 27 journals were picked up in the media last week (7-13 October) - our highlights include:

- A study published in *Annals of the Rheumatic Diseases* suggesting that statins may be linked to osteoporosis, depending on the dose, made headlines in the *New York Times, Doctors Lounge* and *Physician’s Briefing*.

- Research published in *BMJ Open* finding that the average calorie-content of popular UK restaurant chain dishes is too high was covered by *MailOnline, ScienceDaily* and *Scienmag*.

- A paper published in *Vet Record* suggesting that dog owners often inaccurately measure out kibble was picked up by *ScienceDaily, Phys.org* and *Veterinary Practice News*.

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**EXTERNAL PRESS RELEASES**

*BMJ Open* | *Journal of Epidemiology & Community Health*
*Journal of Medical Genetics* | *Vet Record*

**OTHER COVERAGE**

*The BMJ* | *Annals of the Rheumatic Diseases*
*Archives of Disease in Childhood* | *BMJ Case Reports*
*BMJ Evidence-Based Medicine* | *BMJ Global Health*
*BMJ Nutrition, Prevention & Health* | *BMJ Open Ophthalmology*
*BMJ Open Quality* | *BMJ Open Respiratory Research*
*BMJ Open Sport & Exercise Medicine* | *BMJ Quality & Safety*
*BMJ Sexual & Reproductive Health* | *British Journal of Sports Medicine*
*Emergency Medicine Journal* | *Injury Prevention*
*Journal of NeuroInterventional Surgery* | *Lupus Science & Medicine*
*Occupational & Environmental Medicine* | *Open Heart*
*Postgraduate Medical Journal* | *RMD Open*
*Thorax* | *Tobacco Control*

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*DHA launches Continuing Medical Education online* Gulf News 07/10/2019
Healthcare is Taiwan’s most useful soft power  Taipei Times 07/10/2019

The British Medical Journal has introduced Best Practice, a clinical support tool  The Hindu 11/10/2019

PubGrade and BMJ enter agreement to integrate contextual advertising platform  STM Publishing News 10/10/2019

The BMJ

Ehlers-Danlos syndromes clinical update published in The BMJ in September was referenced by Jo Churchill (Health & Social Care Minister) at the House of Commons  BBC Parliament (skip to 6:05:00) 07/10/2019

Further coverage for infant formula and its environmental impact (PR)

Breastfeeding for longer could help save environment from damage caused by infant formula  The Guardian (Nigeria) 08/10/2019

Also in: News Llive, Medical Daily, Dailyheralds

Further coverage for exercise at any intensity and lower risk of early death (PR)

Dr Miriam Stoppard: Cooking and washing up could lessen the risk of early death  Daily + Irish Mirror (print + online) 07/10/2019

Also in: European News, East Africa Standard

Further coverage for experts advising against routine bowel cancer testing (PR)

Experts Advise Against Routine Bowel Cancer Testing for All Over 50s  Today’s Geriatric Medicine 07/10/2019

Does Everybody Over Age 50 Really Need a Colonoscopy?  Healthline 09/10/2019

Routine bowel cancer testing in over-50s not recommended  MedicalBrief 09/10/2019

Also in: Federal Practitioner

Further coverage for snack tax (PR)

A sugary drinks tax is working. Is it time to target cookies and cakes?  Inverse 07/10/2019

Further coverage for data sharing health apps (PR)

Click here to Accept — but what are we Unknowingly Giving Away?  Canada Health Infoway 07/10/2019

Also in: c’t, Latest Nigerian News

Further coverage for vegetarian diet and risk of stroke (PR)

Vegetarians have a higher risk of having a stroke  East Africa Standard 07/10/2019

Also in: MSN Philippines, afadae.com (India), Mumbai Mirror, New Daily, Bangalore Mirror, Medical Daily, MSN IE, The Daily Sun

Further coverage for assisted reproduction and prostate cancer risk (PR)

Prostate Cancer Risk Higher in Men Receiving Fertility Treatment  Endocrinology Advisor 07/10/2019

Also in: OGP News, New Telegraph, DT Next, The Calgary Sun + numerous other regional Canadian news outlets, SRN News, News Llive, Reuters, Netscape, Business Insider, CNA. MD Alert
Further coverage for ultra-processed food and risk of earlier death (PR)
LBC Radio - Darren Adam slot (no link available) 09/10/2019

Further coverage for sugary drinks and cancer risk (PR)
Ask the Dentist: Let's take back control regarding our health and the harm sugar does The Irish News 10/10/2019

Further coverage for minimum unit pricing in Scotland (PR)
BBC One Look North (Yorkshire) Evening News (link unavailable) 11/10/2019

Further coverage for tobacco package (PR)
VAPING THE NEW ADDICTION City Life 11/10/2019

Further coverage for glucosamine supplements and lower risk of heart disease (PR)
Glucosamine supplements may be linked to lower risk of cardiovascular disease The People 13/10/2019

Why you should grow to love veggies Gulf News 07/10/2019
Also in: 24Emirates
Is Red Meat Still Bad for You? Despite the News—Experts Say YES, Less is Best EndocrineWeb 07/10/2019
Opinion: United States will face shortage of up to 121,900 doctors by 2032 India New England News 07/10/2019
40 Habits Doctors Wish You’d Adopt After 40 Best Life 07/10/2019
Also in: MSN IE + Philippines
Antidepressants and Major Depressive Disorder Psychology Today 07/10/2019
New treatment for bipolar depression could have fewer side effects Hospital News 07/10/2019
Garlic and Onion Help Prevent Mammary Tumors Healthglu 07/10/2019
Also in: Mercola
5 Eating Habits Registered Dietitians Recommend for a Longer and Healthier Life Travel+Leisure 07/10/2019
Drinking Three Cups Of Coffee A Day May Actually Be Good For You Cosmopolitan (Philippines) 08/10/2019
Medicine shortages: what to do if the pharmacist can't fill your prescription The Times 07/10/2019
What to do if the pharmacist can't fill your prescription The Times (Irish edition, print) 08/10/2019
Also in: TalkRadio
Why I should have been offered a test that could have saved my twin son Irish Daily Mail (print only) 08/10/2019
Historical context: Nurse registration as a statement of autonomy Nursing Times 08/10/2019
Researchers define safe sweet spot for type 1 diabetes control Diabetes.co.uk 08/10/2019
Is Milk Good for Your Bones? EatingWell 08/10/2019
These Japanese beauty and wellness tips could be the secret to a longer life Stylist 08/10/2019
Aggressive Lowering of HbA1c in T1DM Does Not Reduce Eye, Kidney Disease Physician’s Briefing 08/10/2019
Also in: Drugs.com, Diabetes in Control
SLASH THE RISK OF BREAST CANCER WITH THESE FRUITS AND VEGES herinspirasi.com 08/10/2019
Also covered extensively by US regional radio
E-Cig Vaping Led to Lung Cancer in Mice: What Does This Mean for Humans? Healthline

Also in: Medical Health News, Dailyheralds, Daily Express
More young people feeling heavy toll of extreme drinking StarTribune
What You Can Do to Raise Your Good HDL Cholesterol Eating Well
PAIN without pills - and I can show you how I cracked the secret to beating take the pain quiz (print only) Daily Mail

JOURNALS

Annals of the Rheumatic Diseases
Elevated IFN-α linked to relapse risk in SLE Medwire News
Statins May Affect Your Bone Health The New York Times
Statins Tied to Osteoporosis in Dose-Dependent Manner Doctors Lounge
Statins Tied to Osteoporosis in Dose-Dependent Manner Physician’s Briefing
Also in: Drugs.com, Physician’s Weekly, Slinking Toward Retirement

Eating Well
What You Can Do to Raise Your Good HDL Cholesterol

Rheum Now
Immune Checkpoint Inhibitor-Induced Inflammatory Arthritis Persists With Immunotherapy Cessation
Experts Issue Recommendations for Managing Juvenile Localized Scleroderma

Rheumatology Advisor
Checkpoint inhibitor induced inflammatory arthritis persists after discontinuation Healio
Ixekizumab Bests Adalimumab at 24 Weeks in Psoriatic Arthritic Skin, Joint Symptoms
Inflammatory CD4 Memory Subset Associated With Relapse in JIA

MedWire News
Lympho-myeloid pathotype linked to more aggressive disease in RA

Archives of Disease in Childhood
11 Signs of Bullying Every Parent Should Know MSN Lifestyle + MSN UK

Body Nutrition
Ranking the best multivitamins for kids of 2019

Times of India
Inattentive, irritable and detached? Your kid may be addicted to screens

Mirage News
Innovative microfinance scheme is alleviating child poverty in Northern India
BMJ Case Reports
Woman Mistakes Wasabi for Avocado: Don't Try This At Home SoDelicious 07/10/2019

The irresistible bowl of wasabi that broke a woman's heart (misattributed to The BMJ) New Scientist 09/10/2019

Also in: Healthglu, Mercola

Further coverage for acute psychotic episode triggered by Brexit (PR)

It's Finally Happened: First Case of Brexit-induced Psychosis Recorded in Medical Journal Technology Networks 08/10/2019

Nobody is thinking about what's best for the country — it's all about 'what's in it for me or my tribe?' (misattributed to The BMJ) Evening Standard (print + online) 09/10/2019

Also in: Technology Networks, BBC One South East + London Sunday Politics (misattrib to The BMJ)

BMJ Evidence-Based Medicine

Opinion: The latest flip-flop on red meat uses best science in place of best guesses Los Angeles Times 09/10/2019

Also in: Sign of the Times

BMJ Global Health

Poor guidelines linked to pneumonia deaths among children above five years Daily Nation 08/10/2019

Climate lessons could inform antibiotic resistance challenge Feedstuffs 08/10/2019

Beyond one city, beyond one drug Gettysburg Times 10/10/19 (Link unavailable)

BMJ Nutrition, Prevention & Health

Further coverage for boosting nut consumption (PR)

Everything You Need To Know About Getting Protein On A Plant-Based Diet Men’s Health (AU) 08/10/2019

Jamie Oliver Shares The Two Major Changes Behind His 12kg Weight Loss Men’s Health (AU) 08/10/2019

Eating nuts might help limit weight gain (misattributed to The BMJ) Japan Today 09/10/2019


Further coverage for move to plant-based diets and choline deficiency (PR)

Do Plant-Based Meals Risk Brain and Nutrient Deficiencies? Mercola 10/10/2019

BMJ Open

Research: Do physical therapists follow evidence-based guidelines when managing musculoskeletal conditions? Systematic review (External PR)

No coverage

Research: A bit or a lot on the side? Observational study of the energy content of starters, sides and desserts in major UK restaurant chains (External PR)
Calorie content of popular UK restaurant chain dishes is too high, study finds
News-Medical.Net 09/10/2019

Calories in popular UK restaurant chain dishes can be 'shockingly high' warn experts
ScienceDaily 09/10/2019

How starters at YOUR favourite chain restaurants such as Nando's, Zizzi and Hungry Horse can have more calories than main courses are supposed to (misattributed to The BMJ)
MailOnline 11/10/2019


Growing plastic use taking a toll on public health: Experts Hindustan Times 07/10/2019

Only 2 in 3 physios provide 'recommended care', but that's still higher than medicine. The Conversation AU 07/10/2019
Also in: Business Australia, Business Daily, News Pronto, Foreign Affairs

Poverty is driving a spike in infant mortality across England The Big Issue 07/10/2019

Further coverage for antidepressants and pregnancy-related diabetes (PR)
Study Links Antidepressants and Risk of Gestational Diabetes Pharmacy Times 07/10/2019
Antidepressants and gestational diabetes contemporaryobgyn.net 08/10/2019
Also in: OGP News

Physical therapy better for low back pain: Study India Post 07/10/2019
Physical therapy better for low back pain Millennium Post 08/10/2019
Also in: The New Indian Express

Environment and population key to reducing child deaths in Africa Mirage News 07/10/2019

People with gout should be screened for kidney disease, experts warn BioPortfolio 07/10/2019

Why Drinking Juice Isn't Nearly as Healthy as Eating Whole Fruit Livestrong 08/10/2019

The 6 Best Anti-Inflammatory Teas Eating Well 08/10/2019

Former GP Spurs 20+ Retractions Over Forced Transplants From Chinese Prisoners Medscape 09/10/2019

Are apps for cancer survivors legitimate? Medical News Bulletin 09/10/19

Unpacking Sober October: Periodic sobriety's supposed health benefits, explained (misattributed to The BMJ) Mic 10/10/2019

Study finds pharmaceutical companies’ payments to doctors discriminate by sex, rank Daily Bruin (UCLA Campus News) 11/10/2019

1 in 3 children leave primary school overweight (print only) Daily Mail 11/10/2019
Lowering systolic BP in 130–140 mm Hg range of no benefit, increases adverse events: BMJ Study Specialty Medical Dialogues 11/10/2019


*Further coverage for mental health of British MPs (PR)*

‘Brexit Caused Me To Have A Breakdown’ - Inside Parliament's Toxic Stress Problem (misattributed to The BMJ) Grazia 13/10/2019

Also in: MSN UK + IE

Foetal alcohol spectrum disorder The Saturday paper 12/10/2019

What Your Body Fat Percentage Tells You About Your Health Eating Well 12/10/2019

Why is drinking juice unhealthy? Onties 12/10/2019

How to Lose Weight on a Budget EatingWell 13/10/2019

BMJ Open Ophthalmology

QuickSee handheld autorefractor shows strong agreement with subjective refraction measurements BioSpace 09/10/2019


BMJ Open Quality

The app that is improving therapy for stroke survivors Medical Xpress 07/10/2019

Also in: Cambridge Network

BMJ Open Respiratory Research

Dyspnea Tool Validated in Outpatients With Cardiorespiratory Disease Pulmonology Advisor 08/10/2019

Also in: Cardiology Advisor

BMJ Open Sport & Exercise Medicine

Mental Health Awareness in Sport aecc.ac.uk 09/10/2019

BMJ Quality & Safety

Nurses' hourly ward rounds? There might be better ways to deliver care healthcare-in-europe.com 09/10/2019

BMJ Sexual & Reproductive Health

Is the pill past its sell-by date? The once-a-day pill may become obsolete after almost 60 years Daily Mail (print + online) 07/10/2019

Also in: Angle News, Mogaz News, Express Digest, MSN IE

'Striking' difference in discontinuation for mini-, standard-size IUDs 'Striking' difference in discontinuation for mini-, standard-size IUDs MD Alert 09/10/2019

British Journal of Sports Medicine

It's difficult for Real Madrid to cover for Nacho when he's the one injured Managing Madrid
07/10/2019

**Also in:** MSN Sports US

**Everything You Need to Know About Your Hamstrings and the Stretches to Keep Them Healthy** Men’s Health 07/10/2019

**Surprising ways to stay healthy and cold-free this winter** Daily Mirror (print + online) 07/10/2019

**Health Benefits of Walking** EatingWell 08/10/2019

**How to Gain Muscle Without Sacrificing Your Cycling Goals** Bicycling 09/10/2019

**What’s Best For Weight Loss: Sprints, HIIT, Or Steady-State Cardio?** Bicycling 09/10/2019

**Putting ice on injuries could be doing more damage than good** Sydney Morning Herald 13/10/2019

**Also in:** Medical Health News, Brisbane Times, The Age Australai, WAToday.com

**Singapore’s sweet solution** The Asean Post 13/10/2019

**Working out in the morning helps improve cognitive function throughout the day, say researchers** Natural News 11/10/2019

**Emergency Medicine Journal**

**Study shows why people hesitate to give CPR, women less likely to receive it** CBS12 08/10/2019

**Also in:** cw34

*Further coverage for hospital doctors ill prepared to respond to major incidents in the UK (PR)*

**Half of key hospital doctors remain ill prepared to respond to major incidents in the UK** Orthopaedic Product News 07/10/2019

**9 Times Ibuprofen Won’t Work—and Could Be Dangerous** The Healthy 11/10/2019

**Injury Prevention**

**Californians Are More Likely to Store Their Guns Safely** The Trace (US) 10/10/19

**Some Startling Statistics & Should Most Fatal Drug Overdoses Be Considered Suicide?** SciTech Daily 09/10/19

**Journal of Epidemiology & Community Health**

**Research:** [Caesarean section delivery and childhood obesity: evidence from the growing up in New Zealand cohort](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7216451/) (External PR)

No coverage

**Helping the older worker to thrive** The Psychologist 11/10/2019

**Journal of Medical Genetics**
Research: Gastric polyposis and desmoid tumours as a new familial adenomatous polyposis clinical variant associated with APC mutation at the extreme 3’-end (External PR)
No coverage

Journal of NeuroInterventional Surgery
AI helps bust stroke, identify occlusions Radiology Business 10/10/2019

Using Simple Brain Scans Brainomix AI Software Can Generate Critical Information for the Treatment of Stroke Patients MarketsInsider 10/10/2019
Also covered widely by online US business outlets

General anaesthesia associated with better clinical outcome compared to procedural sedation for thrombectomy patients NeuroNews 11/10/2019

Lupus Science & Medicine
Trial Results Question Effectiveness of Vitamin D Supplements for Bone Health in SLE Patients Lupus News Today 09/10/2019

Occupational & Environmental Medicine
Night Shifts Can Put Pregnant Women at a Higher Risk of Miscarriage SmartParenting 07/10/2019

Open Heart
PH Doubles Risk of Death in People with Tricuspid Regurgitation, Study Reports Pulmonary Hypertension News 11/10/2019

Postgraduate Medical Journal
Why am I so anxious about childbirth? Standard Media (Kenya) 10/10/2019

RMD Open
More Than Skin Deep: Insights into Clinical Challenges in Psoriatic Arthritis The Rheumatologist 07/10/2019

Thorax
Four surprising signs of lung cancer, and when you should get them checked out The Health Site 13/10/2019

Tobacco Control
EVERYTHING YOU EVER WANTED TO KNOW ABOUT THE VAPING HEALTH CRISIS The Verge 08/10/2019

There’s a simple way to curb youth vaping, and it isn’t a flavor ban Quartz 11/10/2019
Also in: MSN Lifestyle, Yahoo! News

Vet Record

Research: Dog owner’s accuracy measuring different volumes of dry dog food using three different measuring devices (External PR)
Dog owners often inaccurately measure out kibble ScienceDaily 07/10/2019


Research: Morbidity and mortality of domestic rabbits (Oryctolagus cuniculus) under primary veterinary care in England (External PR)
No coverage

How To Calm Down A Dog – Top Tips For Calm Dogs The Labrador Site 08/10/2019

Further coverage for James Heriot legacy (PR)
Son of All Creatures Great and Small star hits back at critics over remake Daily Express 11/10/2019