BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 24 journals were picked up in the media last week (30 September - 6 October) - our highlights include:

- A case study published in *BMJ Case Reports* warning that political events can take a serious toll on mental health, after a middle aged man was brought to hospital by paramedics in an acute psychotic state, three weeks after the June 2016 Brexit Referendum, was picked up by CNN, Newsweek and *The Independent*.

- Research published in *BMJ Open* finding that taking antidepressants is linked to a heightened pregnancy-related diabetes risk generated headlines in CNN, *The Daily Telegraph*, and MailOnline.

- A panel of experts in *The BMJ* advising against routine bowel cancer testing for all over 50s made headlines in the *Daily Mail, Metro and The Sun*.

- A *Vet Record* study finding that lop ('floppy') eared rabbits are more likely to have potentially painful ear and dental problems than their erect ('up') eared cousins was covered by *The Telegraph, The Times* and the *New Zealand Herald*.

**BMJ**

**PRESS RELEASES**

[The BMJ](https://www.bmj.com) | [BMJ Case Reports](https://case-reports.bmj.com)
[BMJ Open](https://bmjopen.bmj.com) | [Vet Record](https://vetrecord.bmj.com)

**EXTERNAL PRESS RELEASES**

[The BMJ](https://www.bmj.com) | [Annals of the Rheumatic Diseases](https://annrheumdis.bmj.com)
[BMJ Global Health](https://bmjglobalhealth.bmj.com) | [BMJ Open](https://bmjopen.bmj.com)

**OTHER COVERAGE**

[The BMJ](https://www.bmj.com) | [Archives of Disease in Childhood](https://adc.bmj.com)
[BMJ Nutrition, Prevention & Health](https://bnp.bmj.com) | [BMJ Open Diabetes Research & Care](https://bmjopen.diabetes.bmj.com)
[BMJ Open Ophthalmology](https://bmjopenophthalmology.bmj.com) | [BMJ Paediatrics Open](https://bmjopenpaediatrics.bmj.com)
[BMJ Quality & Safety](https://bmjqualityandsafety.bmj.com) | [British Journal of Sports Medicine](https://bmj.bmj.com)
[Emergency Medicine Journal](https://emj.bmj.com) | [Gut](https://gut.bmj.com)
[Heart](https://heart.bmj.com) | [Journal of Epidemiology & Community Health](https://jech.bmj.com)
[Journal of Medical Ethics](https://jme.bmj.com) | [Journal of Medical Genetics](https://jmg.bmj.com)
New Editor-in-Chief for BMJ Sexual & Reproductive Health journal InPublishing 03/10/2019 (PR)

Brian Sites Named Editor-in-Chief of Regional Anesthesia & Pain Medicine Journal Newswise 03/10/2019
Anesthesia journal selects Dr. Brian Sites as editor-in-chief — 3 things to know Becker’s ASC Review 03/10/2019

Research: Variation in responsiveness to warranted behaviour change among NHS clinicians: novel implementation of change detection methods in longitudinal prescribing data
+ Linked Editorial: One day or day one? Uptake of new prescribing guidance in general practice (PR)

Patient care 'is being put at risk' as a QUARTER of GP surgeries take more than two years to start prescribing new drugs, researchers warn Daily Mail 02/10/2019
Variations in uptake of prescribing guidance impact on patients OnMedica 03/10/2019


Practice: Colorectal cancer screening with faecal immunochemical testing, sigmoidoscopy or colonoscopy: a clinical practice guideline
+ Linked editorial: Personalised and risk based cancer screening (PR)

Plans to lower bowel cancer screening age to 50 in England and Wales to match Scotland could do more harm than good, experts warn Daily Mail (print + online) 02/10/2019
What are the symptoms of colorectal cancer and what is the screening process? Metro 03/10/2019


Editorial: Support for breastfeeding is an environmental imperative (PR)

This Is The Environmental Cost Of Formula Milk The HuffPost UK 02/10/2019
Breastfeed to save the planet, scientists say as study exposes infant formula damage to environment The Telegraph 02/10/2019
Green alert on boiling the kettle for formula milk  The Times (print + online) 03/10/2019
Women Are Being Told They Need To Breastfeed To Stop Climate Change  Grazia
04/10/2019


Research: **What are the respiratory effects of e-cigarettes?** (External PR)

Researchers Publish Comprehensive Review On Respiratory Effects Of Vaping  Scienmag
30/09/2019
Fear vaping trend could leave 90,000 seriously ill... or dead (print only) Sunday Express
06/10/2019
Vaping safety fears The Times (+ Irish and Scottish editions) 07/10/2019


Further coverage for changes in red meat consumption and risk of death (PR)
A study says full speed ahead on processed and red meat consumption. Nutrition scientists say not so fast, The Washington Post 30/09/2019
30/09/2019
How To Live Longer: Cut Down On Red Meat, Eat More Nuts, And Be Optimistic Forbes
30/09/2019


Further coverage for assisted reproduction and prostate cancer risk (PR)
Male infertility linked to higher risk of prostate cancer BioNews 30/09/2019
Male fertility problem link to cancer (print only) Irish Daily Mirror 02/10/2019
Also in: Docwire, HerFamily, Business Today

Further coverage for approval of new cancer drugs (PR)
Do new cancer drugs work? Herald (SA) 30/09/2019
Do new cancer drugs work? Zimbabwe Situation 01/10/2019
Do New Cancer Drugs Work? Too Often We Don’t Really Know The Epoch Times
03/10/2019

Further coverage for minimum unit pricing policy in Scotland (PR)
Sobriety tags will alert police when an offender drinks The Times (+ Scottish + irish editions) 01/10/2019
Alcohol sales rise near Scottish border after minimum pricing The Guardian 02/10/2019
Also in: Ayr Scotland, Yahoo UK, Convenience Store, Better Retailing, The Sunday Times,
Further coverage for snack taxes (PR)
Sugary drinks tax is working – now it’s time to target cakes, biscuits and snacks The Conversation 01/10/2019
Also in: MENA FN, Christian Today, QuoterLand, Econotimes, Metro

Further coverage for study showing increased risk of breast cancer in transgender women (PR)
Mathew Knowles’ Shared His Breast Cancer & BRCA2 Diagnosis Bustle 02/10/2019

Further coverage for new evidence linking ultra-processed foods with a range of health risks (PR)
Eating too much ultra-processed foods raises the risk of death Angle News 02/10/2019

Further coverage for exercising at any intensity liked to lower risk of death (PR)
New Evidence Links Exercise to Reduced Death Risk Newsmax.com 03/10/2019

Further coverage for vegetarian risk and stroke risk (PR)
Vegetarians have a higher risk of having a stroke Standard Media 07/10/2019
Veggies have higher risk of having stroke Irish Mirror + Daily Mirror (print only) 07/10/2019
Also in: European News, News One Place

Other coverage for The BMJ
Four fake narratives the tobacco lobby is floating to undermine India’s e-cigarette ban Scroll.In 29/09/2019
Also in: newsdog
Allowing more doctors to work less than full time could reduce burnout, says Royal College Practice Business 30/09/2019
Going Into the Hospital? What You Need to Know About Blood Clots (link unavailable) Galva News Online 30/09/2019
Also widely covered by US online news outlets + The Arab Tribune
7 celebrities you didn’t know had eczema Healthista 30/09/2019
9 Stroke Symptoms In Women That You Need to Know About Women’s Health 30/09/2019
Reversing type 2 diabetes — no need to crash diet The Times (print + online) 01/10/2019
Also in: q107 + widely covered by US radio
Facebook’s Horizon Could Turn Us into VR Addicts TechTree 01/10/2019
How Safe Is Your Medicine Regimen? FromPress 01/10/2019
Also in: MSN Lifestyle, Consumer Reports,
Anti-vaxxers are a menace to the health of everyone (print only) Daily Express 01/10/2019
Former anti-vaxxer whose daughter was nearly killed by measles aged 23 begs parents to give their children the life-saving MMR jab MailOnline 01/10/2019
Also in: WhatsNew2Day, Express Digest, Health Medici Net
Placebos: what they’re made of matters The Conversation UK 01/10/2019
Drug effects hidden by poor placebo reporting Medical News Today 01/10/2019
Also in: kazakhstannews.net, Orlando Echo, Science20
SGLT2 Inhibitors Linked to Lower Risk for Heart Failure Endocrinology Advisor 01/10/2019
Sober October: Can A Month Off From Alcohol Really Improve Your Life? Refinery29 01/10/2019
Also in: Yahoo UK
The Longevity Diet: What to Eat So You Live Longer and Healthier Yahoo Lifestyle
01/10/2019

Also in: From Press

HIV-positive 27-year-old hangs himself in Gujarat, blames wife Gulf News Asia 01/10/2019

Need to Know: 6 Side Effects of Probiotics The Fine Line 02/10/2019

Stomach bloating: Tummy swelling may signify this life-threatening disease Daily Express 02/10/2019

How the Ban on Medical Advertising Hurt Women Doctors JSTOR Daily 02/10/2019

Stunned mum claims McDonalds are ‘putting children’s lives at risk’ Hull Live 02/10/2019

Does Physician Dispensing Contribute To The Opioid Crisis? HIT Consultant 02/10/2019

CALCULATING YOUR RISK OF BREAST CANCER Dailyheralds 02/10/2019

Also covered by numerous US online news outlets

Discover the Benefits of Tai Chi GoodTimes 02/10/2019

‘I gave up medicine to save my mental health’ Medical Brief 02/10/2019

Hyping research runs risk of devaluing science The Irish Times 02/10/2019

Does Physician Dispensing Contribute To The Opioid Crisis? Hitconsultant.net 02/10/2019

Danielle Rizzo’s donor-conceived sons both have autism. Should someone be held responsible? The Washington Post 03/10/2019

Also in: SFGate + numerous US regional news outlets

Need to Know: How to Manage MS Pain Multiple Sclerosis News Today 03/10/2019

The Right Chemistry: Tobacco smoke was not always seen as unhealthy Montreal Gazette 04/10/2019

Also in: The Vancouver Sun + numerous regional Canadian news outlets

During National Breast Cancer Awareness Month Some Push Pink and Others See Red Interesting Engineering 04/10/2019

Government watchdog faces probe after accrediting homeopath body who wrongly claim autism is caused by vaccines and can be cured with vitamin C supplements Daily Mail 05/10/2019

Also in: Express Digest, WhatsNew2Day

Suicide and Murder — Side Effects of Medication Mercola 05/10/2019

Debating contraception — Side Effects of Medication The Japan Times 05/10/2019

Another Voice: Evidence-based medicine is critical to improving patient safety Buffalo News 06/10/2019

Stomach bloating: Tummy swelling could signal this deadly condition - are you at risk? Express 06/10/2019

The Next Battles Against Tobacco Must Be Fought in the World’s Major Cities The Good Men Project 06/10/2019

JOURNALS

BMJ Case Reports

Research: Case report: Acute transient psychotic disorder precipitated by Brexit (PR)

BREXIT REFERENDUM TRIGGERED MAN’S PSYCHOTIC DISORDER AND FEAR OF ‘RACIAL INCIDENTS,’ DOCTOR SAYS Newsweek 01/10/2019

Man suffered acute psychotic illness triggered by Brexit vote CNN 01/10/2019

Man in his 40s is first diagnosed with 'Brexit psychosis' The Daily Telegraph (print + online) 01/10/2019

Brexit referendum triggered man’s acute psychosis, doctor says The Independent 02/10/2019

International

Other

Widow who fears vaping helped kill her husband calls for new inquest (misattributed to The BMJ) Metro 30/09/2019
Is this proof vaping can kill? They're supposed to be safer than smoking yet e-cigarettes, promoted by health bosses, are being blamed for a British man’s death and 13 fatalities in the US (misattributed to The BMJ) Daily Mail 30/09/2019

FRIGHT FOR SORE EYES Contact lens horror stories including pus-filled sockets, weeping eye ulcers and the woman who found 27 old lenses in eye (misattributed to The BMJ) The Sun + Scottish Sun 30/09/2019

Eye Abnormalities Detectable in Exam May Help to Diagnose Alport Syndrome, Study Says Alport Syndrome News 30/09/2019

Taking the plunge: does cold water swimming have health benefits? (misattributed to The BMJ) BBC Science Focus Magazine 01/10/2019

Man dies from bone marrow failure after taking a controversial drug to treat his vitiligo as doctors warn the same medication is often mixed with cocaine in the UK MailOnline 02/10/2019
Also in: Express Digest, WhatsNew2Day, Angle News, Health Medicine Network

Synchronous retroperitoneal Castleman’s disease with clear cell renal cell carcinoma. EuroToday 02/10/2019

Further coverage for man swallowing dentures during surgery (PR) Man swallows dentures while eating bowl of soup, undergoes emergency surgery Fox News 02/10/2019
It's not easy eating green Jewish Standard 03/10/2019

HAIR WE GO Doctors remove giant 4.4lb hairball from teenage girl's stomach The Sun 03/10/2019

75 year old patient develops phacolytic glaucoma AOP 04/10/19

A woman got broken heart syndrome from eating too much wasabi Times Now 05/10/2019 (misattributed to The BMJ)

BMJ Open

Research: Antidepressant use during pregnancy and the risk of gestational diabetes mellitus: a nested case-control study (PR)

Antidepressants in pregnancy boosts gestational diabetes risk - new study The Daily Telegraph (print +online) 01/10/2019
Antidepressants are linked to a higher gestational diabetes risk in a new study CNN 02/10/2019
Taking antidepressants while pregnant raises the risk of expectant mothers developing gestational diabetes, major study finds MailOnline 02/10/2019


Research: Testing the socioeconomic and environmental determinants of better child-health outcomes in Africa: a cross-sectional study among nations (External PR)

African child deaths could be prevented by improving environmental quality and reducing population ScienceDaily 30/10/2019
Child Deaths In Africa Could Be Prevented By Family Planning Scienmag 01/09/2019

Research: Observational retrospective study of the association of initial healthcare provider for new-onset low back pain with early and long-term opioid use (External PR)

BU Finds Physical Therapy Access May Reduce Opioid Prescriptions Scienmag 30/09/2019
Access to physical therapy for low back pain may reduce opioid prescriptions News-Medical.Net 30/09/2019
Physical therapy access may reduce opioid prescriptions Health Europa 01/10/2019

An 'unprecedented' rise in infant mortality in England linked to poverty Mirage News 03/10/2019
Record infant mortality rise hits country's poorest part Metro 04/10/2019

Type 2 diabetes sex disparities persist into very old age MedWire News 01/10/2019
Diabetes Diagnosis Now Made Better With New Calculator The Science Times 30/09/2019
New Calculator Will Help Clinicians Diagnose Diabetes More Accurately dLife 30/09/2019
Also in: Dailyheralds, Centre Daily Times

What Can Vitamin K2 Do for You? The People’s Pharmacy 30/09/2019
What Is Giant Cell Arteritis? These Are the Signs You Could Have It Creaky Joints 01/10/2019

The best ways to banish backache: Latest file in our health series looks at a nagging pain that blights the lives of more than eight million Britons MailOnline + Scottish Daily Mail 02/10/2019
Also in: WS Tale, Angle News, Mogaz News, ExpressDigest

Anatomy of a celebrity wellness routine: do Miranda Kerr's healthy living techniques stand up to science? The Telegraph 03/10/2019

Does Peer Review make scientists use more cautious language? Chemistry World 04/10/19

US police officer delivers baby after pulling couple over for speeding Stuff.co.nz 06/10/19
Hitconsultant.net
Also in: Essential Baby

Further coverage for tick-borne lyme disease cases in the UK (PR)
Special report: Lyme disease - Failure to tackle tick problem may come back to bite us Irish Examiner 06/10/2019

Vet Record

Research: Lop-eared rabbits have more aural and dental problems than erect-eared rabbits: a rescue population study (PR)
Floppy-eared rabbits left deaf and in pain by intensive breeding
The Telegraph 01/10/2019

Big ears are a pain for Flopsy
The Times (print and online + Irish edition) 02/10/2019

Nanogirl Michelle Dickinson: Animal health - Breeding for cuteness is hurting our pets
New Zealand Herald 05/10/19


Annals of the Rheumatic Diseases

Research: Ultrasensitive serum interferon-α quantification during SLE remission identifies patients at risk for relapse (External PR)

Low-dose IL-2 shows potential for SLE
MedWire News 30/09/2019

Low-Dose IL-2 May Be Safe, Effective in the Treatment of Systemic Lupus Erythematosus
Rheumatology Advisor 01/10/2019
Also in: Medpage today

High dose statins can increase osteoporosis risk finds
Annals of the Rheumatic Diseases
study
Specialty Medical Dialogues 30/09/2019
ICI-Linked Arthritis: Risks for Persistence
MedPage Today x 2 30/09/2019
Monitor at-risk statin patients for osteoporosis, research urges
Pulse 30/09/2019

We Have a Winner: Head-to-Head Study Compares Biologics for PsA
MedPage Today 01/10/2019

How Best to Assess Spondyloarthritis Lesions
Rheumatology Network 02/10/2019

Spondyloarthritis Lesions Redefined by Physician Group
Rheumatology Network 02/10/209

Archives of Disease in Childhood

Reassuring children on autism spectrum when hospital looms
The Irish Times 02/10/2019

Mum fears for kids over whole grapes served in McDonald's fruit bags
Birmingham Live 03/10/2019

Why I Almost Didn't Vaccinate My Kid
SheKnows 04/10/2019
Also in: WSTale

BMJ Global Health

Research: The Household Water InSecurity Experiences (HWISE) Scale: development and validation of a household water insecurity measure for low-income and middle-income countries (External PR)

New tool provides critical information for addressing the global water crisis
ScienceDaily 30/09/2019
Also in: Phys.org, BrightSurf, Mirage News Australia
BMJ Nutrition, Prevention & Health
Further coverage for boosting daily nut consumption and link to less weight gain and lower obesity risk (PR)

Just A Handful Of Nuts May Help Keep Us From Packing On The Pounds As We Age NPR + NPR Illinois 30/09/2019

THIS JUST IN: NUTS REALLY *ARE* THE HEALTHIEST SNACK Well+Good 30/09/2019


BMJ Open Diabetes Research & Care
New Diabetes Cases on the Decline Berkeley Wellness 02/10/2019

BMJ Open Ophthalmology
Too much screen time taking toll on eyes Daily Nation 05/10/2019

BMJ Paediatrics Open
Child healthcare remains top priority for Oman The Arabian Stories 01/10/2019
UAE- Child Healthcare Remains Top Agenda in Oman's Health Vision 2050 MENA FN 30/09/2019

Also in: GoDubai.com

BMJ Quality & Safety
Evidence Builds for Better Hospital Staffing Saves Lives Nurse Xone 02/10/2019

British Journal of Sports Medicine
Customers are 'beyond amazed' by these affordable orthotic insoles that actually work Yahoo Style 02/10/2019

Getting Physically Active: It's Never Too Late to Start North Phoenix News 02/10/2019

Start Building Muscle and Get Stronger With This 4-Week Strength Training Plan MSN Arabia 30/10/2019

Taking these two health precautions now can dramatically reduce your risk of heart disease later in life MarketWatch 03/10/2019

Also in: Morningstar StockInvestor, FN Talk

Why Training Hard Every Day Is a Terrible Idea STACK 02/10/2019

5 Ways to Boost Mind and Body Strength in Your 50s Fifty-Five Plus 03/10/2019

Weight to go: How to reap the benefits to your exercise regimen Irish Examiner 04/10/2019

Postpartum Athletic Performance Is Individual, Experts Say Bustle 04/10/2019

Emergency Medicine Journal
Bystanders may hesitate to perform CPR for fear of causing harm  
Reuters (UK and India)  
02/10/2019

**Also in:** Channel NewsAsia, WHBZ-FM Online + widely covered by US radio outlets, Physician’s Weekly, Daily Mail, National Post, Netscape, TheDrive.com, Business Insider, Intnet, MD Alert, SRN News

**Gut**

Antacids Market is Anticipated to Rise at a CAGR of 3.7% From 2017 to 2025  
Deca Times  
04/10/19

**Heart**

Being an optimist reduces your risk of dying from a heart attack or stroke: Study  
Startsat60  
30/09/2019

This May Be the Most Important Health Metric an Apple Watch Can Tell You  
iDrop News  
30/09/2019

Further coverage for daytime naps and lower risk of heart illnesses (PR)  
Zorba Paster: Take A Nap ... For Your Heart  
Wisconsin Public Radio 04/10/2019

**Journal of Epidemiology & Community Health**

Majority of UK's over-65s not active enough  
scarborough.gov.uk  
01/10/2019

Further coverage for long working hours linked to heightened depression risk in women (PR)  
Depression: How working long hours can put our mental health at risk  
Stylist (x2 + print)  
02/10/2019

Working long hours? You might be putting yourself at a higher risk of depression  
Body+Soul  
03/10/2019

Alcohol And Ageing, A Risky Combination  
Nigerian Tribune 03/10/2019

Hate your job? Being unhappy at work might have long-term health effects  
TVN 05/10/2019

**Journal of Medical Ethics**

How the Ban on Medical Advertising Hurt Women Doctors  
JSTOR Daily 02/10/2019

**Journal of Medical Genetics**

Further coverage chromosomal changes implicated in disease linked to social and economic disadvantage (PR)  
Link Confirmed between Living in Poverty and Developing Diseases  
LabMedica.com  
30/09/2019

**Journal of NeuroInterventional Surgery**

Predictors of Successful Mechanical Thrombectomy in Patients With Stroke  
Neurology Advisor 30/09/2019

**Postgraduate Medical Journal**

The Greatest Hits of 2019  
Repertoire Mag 01/10/2019

**Regional Anesthesia & Pain Medicine**

Transversus Abdominis Plane Block May Improve Opioid Use, Pain After Cesarean Section
Thorax
Two more vapers dead as health officials zero in on potential clues 9News 01/10/2019

Tobacco Control
Malta Looks For European Action On Medicines Price Transparency Health Policy Watch 02/10/2019