BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 29 journals were picked up in the media last week (9-15 Sept) - our highlights include:

- Research published in *Heart* finding that a daytime nap once or twice a week may be linked to lower heart attack/stroke risk was covered internationally, including headlines in the *Daily Telegraph*, the *Times of India*, CBS and Forbes.

- A study published in *BMJ Global Health* suggesting that US political sanctions on Iran are curtailing global scientific progress was picked up by *Pars Today*, *Asia News* and *Payvand*.

- A paper published in *The BMJ* suggesting that there has been a recent fall in new cases of type 2 diabetes in some countries was picked up by the *Daily Mail*, *MedPage Today* and *Diabetes.co.uk*.

**BMJ PRESS RELEASES**

*The BMJ* | *BMJ Global Health*  
*Heart* | *Vet Record*

**EXTERNAL PRESS RELEASES**

*BMJ Evidence Based Medicine* | *BMJ Open*

**OTHER COVERAGE**

*The BMJ* | *Annals of the Rheumatic Diseases*  
*Archives of Disease in Childhood* | *BMJ Case Reports*  
*BMJ Nutrition, Prevention & Health* | *BMJ Open Diabetes Research & Care*  
*BMJ Open Ophthalmology* | *BMJ Open Science*  
*BMJ Quality & Safety* | *BMJ Supportive & Palliative Care*  
*British Journal of Ophthalmology* | *British Journal of Sports Medicine*  
*Emergency Medicine Journal* | *ESMO Open*  
*Gut* | *Journal of Epidemiology & Community Health*  
*Journal of Investigative Medicine* | *Journal of Medical Ethics*  
*Journal of NeuroInterventional Surgery* | *Open Heart*  
*Regional Pain & Anaesthesia Medicine* | *RMD Open*  
*Tobacco Control* | *Trauma Surgery & Acute Care Open*
**World Innovation Summit for Health: Symposium in Rome to Seek Ways to Enhance the Relationship Between Religion and Medical Ethics** Healthcareinnovationsummit.co.za

**BMJ / Archives of Disease in Childhood**

**Trial By Error: More Experts Urge Godlee to Retract Lightning Process Study** Virology blog

**Prof. Rebecca Goldin's Letter on Flawed Research Design at BMJ Archives of Disease in Childhood** The Faculty Lounge 10/09/2019

**BMJ Live (Corporate PR)**

**Trusts must tackle staff burnout, says BMJ editor** OnMedica 11/09/2019

**NHS Trusts must tackle stress and burnout among health professionals** Mirage News Australia 11/09/2019

**The BMJ**

**Research:** [Trends in incidence of total or type 2 diabetes: systematic review](#) + Linked editorial: [Trends in type 2 diabetes](#) (PR)

**Is Diabetes Becoming Mainly a Third World Problem?** Med Page Today 12/09/2019

**Figures suggest type 2 diabetes diagnoses could be slowing** Diabetes.co.uk 12/09/2019

**Type 2 diabetes may be on the decline: Number of new cases has DROPPED by a third in some parts of the Western world** MailOnline 23/09/2019

**Also in:** Medical Health News, Medical Xpress, Physician's Briefing, Doctors Lounge, Drugs.com, Diabetes.co.uk, Herald Publicist, Diabetes in Control, expressdigest.com, Health Medicine Network

**Research:** [Effect of Helicobacter pylori treatment or vitamin or garlic supplementation on gastric cancer incidence and mortality](#) (PR)

**H. pylori eradication linked to reduced risk of gastric cancer** OnMedica 12/09/2019

**Cancer Incidence, Mortality Cut With H. Pylori Tx** Medpage Today 12/09/2019

**Also in:** Drugs.com, Doctors Lounge, Physician's Briefing, Medical XPress, NEJM Journal Watch Gastroenterology Blog - Online, Specialty Medical Dialogues, Monthly Prescribing Reference, W3LiveNews

**Further coverage for taxing sugary snacks (PR)**

**Could a 'snack tax' work better than the tax on sugary drinks to curb obesity?** Supermarket Online (ZA) 10/09/2019

**Also in:** Nutrition Insight, Sioux Falls Business, Fast Moving
Further coverage for vegetarian diet and stroke risk (PR)
Study Finds Out That Vegetarian Diet Could Decrease Heart Disease Risk, But Increase Stroke Risk
Headsline24 (NL)

Why going meat-free could damage your health The Sydney Morning Herald 14/09/2019


Further coverage for exercise at any intensity reducing risk of early death (PR)
Even a little exercise linked to a longer life and less likelihood of dying prematurely MENA FN 09/09/2019

Also in: Sarasota Herald-Tribune, Myanmar Business Today, Women's Health Australia Online, The Irish Times, Elle Australia Online, News Max Health

Further coverage for sugary drinks and cancer risk (PR)
Essential Science: Soft drink consumption and mortality risk News Llive 09/09/2019
Verdict is still out on whether soft drinks can really be the death of you FirstPost 13/09/2019

Also in: Digital Journal, Medical Health News, Medical Health News, Medical Xpress

Further coverage for omega-3 fats and little or no effect on type 2 diabetes risk (PR)
The benefits of fish oil — what the catch? The Times 10/09/2019

Also in: Diabetes Research & Wellness Foundation

Further coverage for vaping rates in Canada (PR)
STONE – B.C. can’t wait for the federal government to regulate vaping ArmchairMayor.ca 09/09/2019

Further coverage for red meat consumption (PR)
Increasing red meat intake linked with heightened risk of early death: Swapping red meat for healthier animal or plant-based alternatives may lower risk TVN 13/09/2019

Further coverage for epilepsy drugs and suicidal behaviour (PR)
Epilepsy drugs linked to increased risk of suicidal behavior, particularly in young people: Review of treatment guidelines needed, suggest researchers TVN 13/09/2019

Other coverage for The BMJ

The Alexander Technique: What Could It Do For You? Weekly Sauce 09/09/2019

Also in: Doctors Lounge, HealthDay, HealingWell.com, Clinical Connection, Drugs.com, Medical XPress

A New Blood Test Could Determine The Diet That Works Best For Your Body Women's Health Australia Online 10/09/2019


Phantom vibrations: reason to call doctor? Phillyvoice.com 10/09/2019
Retired doctor says patients in pain are being denied hip operations in Bristol

Bristol Live 12/09/2019

The next battles against tobacco must be fought in the world’s major cities

The Conversation UK 12/08/2019

Also in: ftc, The Conversation CA, Medical Xpress, Econotimes, Philippine Canadian Inquirer

Why Governments Must Prioritise Sustained Tobacco Control Investment in LMICs

Framework Convention Alliance 12/09/2019

Early introduction of the "Big Eight" allergenic foods

Contemporary Pediatrics 12/09/2019

Thinking Outside the Box: Exploring Diabetes Management Strategies

All nurses 12/09/2019

The Harrogate Museums column with May Catt

The Harrogate Advisor 12/09/2019

Also in: Ripon Today

PE in pregnancy, normal troponins

ACP Hospitalist 12/09/2019

Five unusual and fun ways to avoid heart disease

FirstPost 12/09/2019

The Health Crisis Posed by Vaping Is More Limited than Media Claims – Commentary

Magazine Worry Free Health 12/09/2019

"Maischberger": Is there a crisis in health care? – Media

Archy Newsy 12/09/2019

How safe are e-cigarettes?

Mnn 13/09/2019

Should governments see health care as an 'investment'?

DevDex 13/09/2019

Breast implants may come with some serious health risks: Know all about it

The Health Site 14/09/2019

Pamela defied all odds to hit 100 and baby Elena has a one in three chance of living for a century: Now we reveal the secrets behind a long and healthy life

MailOnline + Mail on Sunday 14/09/2019

Also in: newsgroove

‘I used a hammer and chisel in surgery’: Meet doctor, 93, who started working in the NHS when it was created in 1948

inesews 14/09/2019

5 Ways drinking coffee can lead to better health

Yahoo Lifestyle 14/09/2019

Hard-drinking young adults suffer surge in deadly liver disease

Chicago Tribune 14/09/2019

Home Initiation of Chronic Noninvasive Ventilation in Patients With COPD as Safe but Cheaper Than In-Hospital Initiation

AJMC 15/09/2019

Is Milk Good for Your Bones?

EatingWell 15/09/2019

Transvaginal Mesh Complications: Pelvic Organ Prolapse

Drugwatch 15/09/2019

JOURNALS

BMJ Global Health

Analysis: Impact of United States political sanctions on international research collaborations and research in Iran

(PR)

Iran sanctions curbing global scientific progress: Top journal

Pars Today (Iran) 11/09/19

Iran Sanctions Curbing Global Scientific Progress: Top British Journal

Payvand 11/09/19

US sanctions against Iran block research, limit scientific progress

Asia News 10/09/19


India tops the list of countries with highest antibiotic resistance, finds study

Research
Heart Research:

Association of napping with incident cardiovascular events in a prospective cohort study

Editorial: To nap or not to nap: more questions than answers (PR)

Could napping help you live longer? CBS News 10/09/19
Napping twice a week could be key to a healthy heart, scientists find Daily Telegraph 10/09/19
Siesta improves your heart health finds study Times of India 15/09/19


International


Health + Science


Other


Heart attack: Five foods to help prevent life-threatening condition Daily Express 10/09/19

Health benefits of running a marathon: Should you run every day? Here's what you need to
know Times of News 13/09/19

**Vet Record**

**Paper:** Gendered practices in veterinary organisations  (PR; embargo break)

‘Sadness and anger’ at blatant ongoing sexual discrimination  Vet Times 11/09/19
Gender discrimination holding women back in practices, report finds  Pet Gazette 10/09/19
Gender inequality rife in veterinary profession, study finds  Horsetalk (NZ) 09/09/19

Also in: Sportsweek, Science Daily

**Survey finds infection through raw pet food is rare.** Food Safety News 10/09/19

Also in: News-Medical.net, Before It’s News

Annals of the Rheumatic Diseases

Glucosamine Sulfate May Help Ease Pain, Improve Function in Hand Osteoarthritis
Everyday Health 09/09/19

First-Time Initiation of TNFi Therapy Shows Positive Disease Outcomes in Axial Spondyloarthritis  Rheumatology Advisor 09/09/19

Cognitive Dysfunction And AS: Causes And Remedies Everyday Health  Public Now 09/09/19

Hydroxychloroquine Use Not Linked With Risk for Alzheimer’s Disease  Rheumatology Adviser 10/09/19

Number of Prior DMARDs Could Negatively Impact Response to Anti-TNFs in RA  The Center for Biosimilars 10/09/19

Also in: Rheumatology Advisor

Quarter of axial SpA patients attain inactive disease after 6 months on first TNF inhibitor  Healio 11/09/19

2019 EULAR/ACR Recommendations for SLE Classification Criteria  Medical Health News
11/09/19

Updated 2019 EULAR Recommendations for Vaccination in Adults With Autoimmune Inflammatory Rheumatic Diseases  Rheumatology Advisor 12/09/19

Also in: Medical Health News

Specific Factors Identify Patients at Risk for Disease Progression in SSc Clinical Trials  Dermatology Advisor 12/09/19

Peficitinib reduces rheumatoid arthritis symptoms in latest trial  Arthritis Digest 13/09/19

Managing Comorbidity in RA: Multidisciplinary Care Team Model Essential  Medical News Today 15/09/19

Archives of Disease in Childhood

Trial By Error: More Experts Urge Godlee to Retract Lightning Process Study  Virology blog 09/09/2019
Vitamin D deficiency the likely cause for a rise in rickets cases in children  
Nutrients News 10/09/19

Financial incentives for breastfeeding offer tax-payer good value for money, study suggests  
Medical Xpress 12/09/19

BMJ Case Reports
Schoolgirl, 11, is unable to do her homework due to sweaty hands  
Whatnews2Day 09/09/19

Experts Have A Few Different Theories For What’s Behind The Outbreak Of Vaping Illnesses  
(misattrib to The BMJ) Buzzfeed News 09/09/2019
What's behind a vaping illness outbreak in the US?  
(misattrib to The BMJ) BBC News 10/09/2019

DEADLY DRUG Brit student Alana Cutland who jumped to death from Madagascar plane was taking anti-malaria medication dubbed a ‘suicide drug’  
(misattrib to The BMJ) The Sun 11/09/2019

Russian doctors remove giant clump of hair weighing 1lb 2oz from stomach of a 16-year-old girl  
Easton Caller 15/09/2019

BMJ Evidence Based Medicine
Opinion: Is it time to end general health checks?  
(External PR)
No coverage

BMJ Nutrition, Prevention & Health
Further coverage for choline deficiency (PR)
Trendy Plant-Based Diets May Be Lacking a Vital Nutrient for Your Muscles and Brain  
Bicycling 10/09/19
Why going meat-free could damage your health  
(misattrib to The BMJ) The Sydney Morning Herald 14/09/2019


BMJ Open
Research: Evaluating the implications of Brexit for research collaboration and policy: A network analysis and simulation study  
(External PR)
Brexit study demonstrates importance of EU for UK robotic surgery research  
Connectivity
Further coverage for use of fat suits in medical education (PR)

Doctors are as guilty of fat-shaming people as everyone else  The Irish Times 09/09/19

Also in: AsiaOne

Patients with gout have 30% higher risk for chronic kidney disease  Healio 09/09/19

Also in: Nephrology News & Issues, Drugs.com, Physician’s Briefing, Doctor’s Lounge

Cheap MRI markers can ease children’s anxieties during scanning  Health Imaging News 09/09/19

Lollies, vitamins and fish-shaped sauce containers hit the MRI mark  Medical Xpress 09/09/19


What Your Body Fat Percentage Tells You About Your Health  Healthy Living Magazine 09/09/19

What Your Body Fat Percentage Tells You About Your Health  Eating Well Magazine 13/09/19

The health benefits of cupping therapy: What you need to know  Natural News 09/09/19

Open-access megajournals lose momentum as the publishing model matures  Science Magazine 10/09/19

Also in: PrimeTimes (India)

Smokers concealing cigarette packs’ graphic warnings, study finds  New Zealand Doctor Online 10/09/19

Also in: Voxy, Medical Xpress, Mirage News, Public Now

NICE may have inadvertently boosted antidepressant prescriptions in under 18s  Pulse 10/09/19

Frailty can affect you at any age  Mirage News (Australia) 11/09/19

U.K. public still trusts NHS, despite mammo screening glitch  AuntMinnie Europe.com 11/09/19

Not Sure What Is So Bad About Processed Foods? You Are Not Alone  (misattrib to The BMJ) Dai Manuel 11/09/19

Needle Away Hot Flashes  Wellness Letter 12/09/19

Patients With Migraine at Increased Risk for Traumatic Brain Injury  Clinical Pain Advisor 12/09/19

19 Reasons Unexpected Weight Loss Could Be a Serious Problem  MSN Canada 12/09/19

Also in: MSN Health & Fitness

50 “Rare” Events That Happen All the Time  Best Life 14/09/19

Also in: MSN UK + IE + India + NZ
BMJ Open Diabetes Research & Care
Pre-prandial Insulin & Meal Routine Can Help Children with Type 1 Diabetes In Control 10/09/19

Assessing The Potential Of Unilateral Temperature Monitoring To Predict And Help Prevent Plantar Foot Ulcers Podiatry Today 09/09/19

In the House: How Inpatient Diabetes Teams Can Improve Patient Outcomes and Reduce Costs Endocrine News 12/09/19

BMJ Open Ophthalmology
Dry eye: an originalist perspective Eye on Optics (NZ) 09/09/19

BMJ Open Science
What's next for Registered Reports? Nature.com 10/09/19

BMJ Quality & Safety
14 Care Team Factors Linked to Safety for Older Hospital Patients Health Leaders Media 10/09/19

Declining Patients Get Attention Faster: Nurses Work Smarter: How Froedtert Did It Patient Safety and Quality Healthcare 10/09/19
Also in: HealthLeaders Online

Time's up for respiratory rate mistakes ACP Hospitalist 12/09/19

BMJ Supportive & Palliative Care
New guideline on Parkinson's disease aimed at physicians and people with Parkinson's BrightSurf 09/09/19

You Tube is promoting bogus cancer cure videos and running ads for major brands and universities before they play, investigation finds Daily Mail 13/09/19
Also in: Express Digest, News groove, WhatsNew2day

Addressing serious illness with a serious question to clinicians BrightSurf 13/09/19

British Journal of Ophthalmology
Horizon Therapeutics plc Announces the FDA has Granted Priority Review of the Teprotumumab Biologics License Application (BLA) for the Treatment of Active Thyroid Eye Disease (TED) Biospace 09/09/19
Also in: wallstreet online, Benzinga, Stockhouse, Digital Journal, Businesswire

Cutting-edge glasses for short-sighted children under project from Hong Kong Polytechnic University South China Morning Post 14/09/19

British Journal of Sports Medicine
Travel is the ugly reality facing West Coast's grand final bid and managing it could be crucial ABC News 09/09/19
Also in: TravelWire News

Cryotherapy and Athletes Erie News Now 11/09/19
Also in: Extensive US broadcast outlets
STUDY FINDS IUD USE DECREASED RISK OF OVARIAN CANCER BY AS MUCH AS 32 PERCENT dailyheralds 11/09/19

Red Flag Law is a Small Step Towards Safety The News Paltz Oracle 12/09/2019

Can fish consumption help ward off depression? The Indian Express 15/09/19
Also in: The Entrepreneur Fund, aktk.in, Tera News Online

Further coverage for sedentary behaviour and number of UK deaths (PR)
Daily exercise of less than 15 minutes a day could extend your life expectancy by three years, study finds (misattributed to The BMJ) MailOnline 15/09/2019
Also in: Angle News, Health Medicine Network, Express Digest, WhatsNew2Day, newsgroove, Iran-Daily.com

Journal of Investigative Medicine
Improving Vitamin D level, physical fitness, and body weight may help to reduce health risks in African-American adults Yahoo Finance 09/09/19
Also in: Local US print and broadcast outlets, Benzinga, The Numbers Marketplace, Markets Insider, Globe Newswire

Journal of Medical Ethics
World Innovation Summit for Health: Symposium in Rome to Seek Ways to Enhance the Relationship Between Religion and Medical Ethics healthcareinnovationsummit.co.za 09/09/2019

Defining Reasonable Compensation in Oocyte Donation Medical Bag 10/09/19

Born-Alive Survivors and the Extreme Child Abuse of After-Birth Abortion National Right to Life News 10/09/19
Baby Born Alive at 23 Weeks Was Gasping for Air. Abortion Clinic Put Baby in a Bag, Threw Her in the Trash LifeNews.com 13/09/2019
Also in: Conservative Angle

Dutch Court Clears Doctor in Euthanasia of Dementia Patient New York Times 11/09/19
Also in: F3 NWS, Konitono News

Smith says abortion survivor bill is ‘pro-child, human rights’ measure The Catholic Spirit 12/09/2019
Congressman says abortion survivor bill is ‘pro-child, human rights’ measure Crux 13/09/2019
Also in: The Catholic Register, The Pilot, Catholic Philly

When is a Fetus a Human Being? Point of View Radio 13/09/2019

Philosopher: Denying assisted suicide to people with mental illness is discrimination LiveAction 13/09/2019