BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 24 journals were picked up in the media last week (26 Aug - 1 Sept) - our highlights include:

- An editorial published in *BMJ Nutrition, Prevention & Health* warning that the suggested move to plant-based diets risks worsening brain health nutrient deficiency was covered widely, including *BBC News, The Times* and the *New York Post*.

- Research published in *Trauma Surgery & Acute Care Open* suggesting that drug use, excess alcohol and wearing no helmet are common factors among US injured eScooter users made headlines in *Forbes, Inverse* and *Today.com*.

- A paper published in the latest issue of the *Drugs and Therapeutics Bulletin* concluding that there is very limited evidence for overall effectiveness of social prescribing was picked up by the *Daily Mail, Medscape* and *OnMedica*.

PRESS RELEASES

*BMJ Nutrition, Prevention & Health* | *Drugs and Therapeutics Bulletin*
*Trauma Surgery & Acute Care Open*

EXTERNAL PRESS RELEASES

*The BMJ* | *BMJ Paediatrics Open* | *Gut*

OTHER COVERAGE

*The BMJ* | *Annals of the Rheumatic Diseases*
*Archives of Disease in Childhood* | *BMJ Case Reports*
*BMJ Global Health* | *BMJ Open*
*BMJ Open Sport & Exercise Medicine* | *BMJ Quality & Safety*
*British Journal of Ophthalmology* | *British Journal of Sports Medicine*
*Journal of Epidemiology & Community Health* | *Journal of Investigative Medicine*
*Journal of Medical Ethics* | *Journal of Neurology, Neurosurgery & Psychiatry*
*Medical Humanities* | *Occupational & Environmental Medicine*
*Regional Anesthesia & Pain Medicine* | *Tobacco Control*
*Vet Record*

The BMJ

Research: *HbA1c level as a risk factor for retinopathy and nephropathy in children*
and adults with type 1 diabetes: Swedish population based cohort study (External PR)

Blood sugar levels linked to organ damage in type 1 diabetes: BMJ Speciality Medical Dialogues 29/08/2019
Lower blood sugar levels reduce organ damage risk Diabetes Times 30/08/2019

Research: Use of sodium glucose cotransporter 2 inhibitors and risk of major cardiovascular events and heart failure: Scandinavian register based cohort study (External PR)

SGLT2 inhibitors cut heart failure risk for T2D patients Cardiovascular Business 29/08/2019
Newer diabetes drug drops heart failure risk by 34 percent, study says Breitbart 29/08/2019
Lower Risk For Heart Failure With New Type 2 Diabetes Drug Scienmag 29/08/2019


Other coverage for The BMJ

Microalbuminuria Market Analysis Share Size, Demand, Key Players and Explorer Growth Trends by Forecast 2025 Financial Newspaper 26/08/2019
Community pharmacies make a lifestyle impact for patients with prostate cancer TVN 26/08/2019
Medical Out Of Pocket Expense Business World 26/08/2019
Revealed: Doctors pushing new drugs don't have to admit they are funded by the pill's makers ... and a treatment for depression using Class B drug ketamine is just the latest example Daily Mail 26/08/2019
Meet the families who say we’re glorious proof you don’t need IVF Daily Mail 26/08/2019
Also in: Express Digest, Mogaz News, Health Medicine Network
11 Ways That Morning Cup Of Coffee Benefits Your Health Longevity 26/08/2019
Here's why the Union Health Ministry is considering a ban on e-cigarettes First Post 26/08/2019
The Problem With MRIs for Low Back Pain Undark 26/08/2019
Also in: Salon
Hospitals Treat Patients Without Admitting Them, to Avoid Penalties Physical Therapy Products 26/08/2019

Further coverage for omega-3 fats and little or no effect on type 2 diabetes risk (PR)
Is fish oil the new snake oil? New studies debunk omega-3 hype The New York Post 30/08/2019
Fish Oil Supplements Show No Benefits for Diabetes The New York Times 27/08/2019
Further coverage for exercise at any intensity reducing risk of early death (PR)
New studies find light physical activity reduces risk of early death Free Malaysia Today 26/08/2019

Further coverage for sugary drinks and cancer risk (PR)
Uncovered: South Africa’s high appetite for sugary drinks Health E-News 26/08/2019
Hard-drinking young adults suffer surge in deadly liver disease The Philadelphia Inquirer 27/08/2019
Also in: Medical Xpress, Sun Herald, ArcaMax, Vancouver Sun, The Decatur Daily + numerous US regional news outlets
A rose-tinted cure: the myth of coloured overlays and dyslexia The Conversation UK 27/08/2019
We don't know the effectiveness of a 'whopping 50%' of clinical treatments. So why do doctors use them? Advisory Board 27/08/2019
Red wine helps drinkers avoid obesity and gives them 'healthier guts', says study, but its researchers warn you should have ONE glass a fortnight Daily Mail 28/08/2019
Also in: Express Digest, Health Medicine Network
American women shouldn’t be searching for a Plan B Sonoma State Star 27/08/2019
What Is a Gluten-Free Diet? This Is What RDs Want You to Know Eat This, Not That! 28/08/2019
Also in: PressFrom Canada
Best maternity fitness clothes 2019 Evening Standard 27/08/2019

Further coverage for ultra-processed foods (PR)
Ultra-processed foods linked to poor health, early death MyRepublica 28/08/2019
KFC Is Going 'Beyond Meat' — but Is It Healthy? Healthline 21/08/2019
Also in: EcoWatch, Environment Guru
7 ways to temper a sweet tooth From Press 28/08/2019
No-Sugar Diets Backfire – Learn 7 Ways to Temper a Sweet Tooth Instead U.S. News & World 28/08/2019
Also in: MSN Health & Fitness, U.S. News & World Report, Implications of the junior doctors’ dispute Independent Community Pharmacist 28/08/2019
OP-ED: Solving The Doctor Shortage And Medical School Bottleneck Philadelphia Free Press 28/08/2019
Also in: University City Review
Effective Intervention Evidence Lacking in Prevention of Vertical Transmission of HIV
Infectious Disease Advisor 28/08/2019
Your Opinion: Gun control and marijuana News Tribune 28/08/2019

Further coverage for lifestyle explaining part of the protective effect of education on heart disease (PR)
Heart attack: New study reveals surprising link to reducing the risk The Stars Post 28/08/2019

INDIAN DOCTORS, HEALTH ACTIVISTS CONCERNED OVER INACCESSIBLE HEALTH-CARE IN KASHMIR Kashmir Times 28/08/2019
Why Doctors And Medical Journals Are Fighting Over Health Care In Kashmir NPR 30/08/2019
Also in: Scroll.In, Newsdig + regional US radio, ReliefWeb, HPPR.org, NPR Illinois
How to avoid medical treatment you don’t need — or that may not work MarketWatch 29/08/2019
Also in: FNTalk, Morningstar StockInvestor
Pinterest will direct users searching about vaccines or measles to results from public health groups in major crackdown on anti-vaxx content MailOnline 29/08/2019
Ottawa syphilis cases take 400 per cent jump in five years Ottawa Citizen 29/08/2019
7 Doctor approved natural remedies Reader’s Digest 29/08/2019
Planning for motherhood? Why you need to know about the MR vaccine The News Minute 29/08/2019
SPOTLIGHT: Serious illness and mental health Cover 29/08/2019
US OPIOID CRISIS TO FUND THE NHS – REBRANDED JOHNSON, JOHNSON & JOHNSON Newsbiscuit 30/08/2019
No-deal Brexit could lead to greater spread of disease, paper warns The Guardian 30/08/2019
Hard-drinking young adults suffer surge in deadly liver disease Medical Xpress 30/08/2019
What You Can do to Raise Your Good HDL Cholesterol Eating Well 30/08/2019
Is Milk Good for Your Bones? EatingWell 30/08/2019
4 Natural Energy Boosters: What to Drink and Eat for More Energy, Naturally EatingWell 30/08/2019
A McDonald’s Podcast?!? Innovation By Imitation Forbes 30/08/2019
How I gave up alcohol for a year and learned to be a better man The Telegraph 30/08/2019
Should you be drinking alkaline water? Considerable 31/08/2019
Discover the novels that helped Jed Mercurio become the king of the killer plot twist Herald Publicist 01/09/2019
The Growth Of Vegan Living: What’s It All About? SeniorLivingMag 01/09/2019
Statins review ‘urgently needed’ to find out if millions are benefiting from cholesterol drug (Fiona Godlee Mentioned) inews 01/09/2019
£20 bottles of gummy bears to give you perfect hair? A cheap multivitamin would be just as good (without all the sugar) The Mail on Sunday 01/08/2019

JOURNALS

BMJ Nutrition, Prevention & Health

Editorial: Could we be overlooking a potential choline crisis in the United Kingdom? (PR)

The brain nutrient vegans need to know about BBC News 30/08/2019
Vegan diet 'risks brain health due to lack of chlorine nutrient' The Times + Sunday Times 30/08/2019

Plant-based diets risk 'dumbing down' the next generation, nutritionist warns New York Post 30/08/19


International and other

Drugs and Therapeutics Bulletin

Editorial: Social prescribing: right idea, wrong name? (PR)

NHS drive towards 'prescribing' patients gardening and cookery courses is based on little evidence, experts argue Daily Mail 29/08/2019

Social Prescribing 'Lacks Robust Evidence' Medscape 30/08/2019

Little evidence to back prescribing art, exercise and gardening OnMedica 30/08/19


Trauma Surgery & Acute Care Open

Research: The e-merging e-pidemic of e-scooters (PR)

'Wild West Of Wheeled Transportation': E-Scooter Injuries Increasing Without Regulation Forbes 31/08/19

People Seriously Injured in eScooter Crashes Shared 3 Risky Behaviors Inverse 29/08/2019

Study finds nearly half of serious e-scooter injuries involved alcohol Today.com 29/08/2019


**Annals of the Rheumatic Diseases**
**Newer EUSTAR-AI Scale Ably Predicts Short-term Risk of SSc Progression, Study Finds**
Scleroderma News 26/08/2019

**Cognitive Dysfunction and AS: Causes and Remedies**
Everyday Health 26/08/2019

**Multiple DMARD use may attenuate adalimumab response in RA**
Medwire News 28/08/2019

**EULAR: MMR, herpes zoster vaccines permitted with immunosuppressive therapies**
Healio 28/08/2019

**Garlic, Cucumber Treats Knee Pain**
Nigerian Tribune 29/08/2019

**Archives of Disease in Childhood**
**Can A Tongue Tie Come Back After It’s Gone? Because You Don’t Want To Deal With It Twice**
Romper 31/08/19

**BMJ Case Reports**
**First-ever case of woman’s twin growing in abdomen discovered by doctors**
Fox17 Nashville 27/08/2019
**Teenager’s ‘parasitic twin’ finally evicted from her belly**
Newshub 29/08/2019
**17-Year-Old Girl’s Tumor Turned Out to Be Twin She Absorbed in Utero**
Inside Edition 29/08/2019
**Also in:** Medical Daily, 9News, PM News Nigeria, US local broadcast

**‘Vape juice’ may be cause of man’s lung injury that nearly killed him**
From Press 28/08/2019
**A 20-year-old man who used to vape every day almost died from a life-threatening lung injury, and ‘vape juice’ might be the culprit**
Insider 29/08/2019
**Also in:** Finanzen, Business Insider + Business Insider Australia

**What happens when you drink too many energy drinks**
(misattributed to The BMJ) The List 29/08/2019

**BMJ Global Health**
**Poor funding, weak regulation cripple efforts to develop traditional medicine**
The Guardian (Nigeria) 31/08/19
**Also in:** Medical Health News

**As first Ebola case found in Uganda, there are questions over WHO’s reaction time**
TVN 31/08/2019

**BMJ Open**
**Research: Gout and the risk of advanced chronic kidney disease in the UK health system: a national cohort study**
(External PR)

**Gout pushes up kidney disease risks, study says**
Breitbart News 28/08/2019
**Also in:** UPI, Medical Xpress, NewsCaf, Brisbane Times, Renal and Neurology News,
Further coverage for Brexit and fruit/veg prices (PR)
How will a no-deal Brexit affect food prices? Quartz 27/08/2019
How will a no-deal Brexit have an effect on meals costs? Fooshya 27/08/2019

Does the full Moon make people mad? BBC Focus Magazine 27/08/2019

Can Using Marijuana Help Lower My Cholesterol? The Fresh Toast 27/08/2019

Researchers to study media coverage of 'overdiagnosis' tests AuntMinnieEurope 27/08/2019

Effective Intervention Evidence Lacking in Prevention of Vertical Transmission of HIV Infectious Disease Advisor 28/08/2019

Want to lose weight like Saif Ali Khan? Follow his diet and fitness regimen The Health Site 28/08/2019

Cabinet nod to 75 new govt medical colleges Deccan Herald 28/08/2019

Nearly half the Australian diet is 'ultra-processed' food The Sydney Morning Herald 29/08/2019
Also in: The Age Australia, WS Tale

Exercise May Cut Risk of Fibromyalgia in Women with Insomnia, Study Finds Fibromyalgia News Today 29/08/2019

Further coverage for women denied access to healthcare in India (PR)
Women may be missing out on outpatient hospital care in northern India Reuters + Reuters India 30/08/19

How to Lose Weight on a Budget EatingWell 30/08/2019

What Your Body Fat Percentage Tells You About Your Health EatingWell 30/08/2019

Further coverage for acupuncture easing menopausal symptoms (PR)
From medication to acupuncture: The best ways to manage hot flushes Starts at 60 31/08/2019

Further coverage for Lyme disease (PR)
Scrutinising Lyme disease in the UK The Lancet (editorial) 01/09/19

Further coverage for ‘fat suit’ roleplay and obesity prejudice (PR)
Perceptions of obesity The Star Malaysia 01/09/2019
BMJ Open Sport & Exercise Medicine
TWEETS SHOW HOW DIFFERENT U.S. REGIONS LIKE TO EXERCISE Futurity 27/08/2019

BMJ Quality & Safety
Low Nurse and Support Staffing Tied to Higher Inpatient Mortality Drugs.com 28/08/2019
Also in: Doctors Lounge, Medical Xpress, Physician’s Briefing

BMJ Paediatrics Open
Research: Evaluating glial and neuronal blood biomarkers GFAP and UCH-L1 as gradients of brain injury in concussive, subconcussive and non-concussive trauma: a prospective cohort study (External PR)
Study: Blood Test Detects Concussion And Subconcussive Injuries In Children And Adults Sciemag 26/08/2019
Blood test detects concussion and subconcussive injuries in children and adults Science Daily 26/08/2019

British Journal of Ophthalmology
Botox for dry eye? Eye on Optics 31/08/2019
Also in: NZ Optics

British Journal of Sports Medicine
Further coverage for HIIT and weight loss (PR)
Interval training Portsmouth Daily Times 26/08/2019
Exercise for Weight Loss- Why, How And When Medium 28/08/2019

Why You Shouldn’t ‘Sweat It Out’ After Drinking LiveStrong.com 26/08/2019

High blood pressure warning: You may be at risk of developing this dangerous complication Express 27/08/2019

How regular exercise helps in the fight against cancer, both physically and emotionally South China Morning Post 27/08/2019
How regular exercise helps in the fight against cancer AsiaOne 27/08/2019

Live Well Road Test... New Zealand Herald 26/08/2019
Vitamins and minerals: 20 facts you should know (slide 4/21) MSN Lifestyle + MSN UK + MSN Philippines + MSN NZ 26/08/2019

Every Little Effort Helps Your Fitness Goals! 92.9 TOM-FM 27/08/2019
Every Little Bit of Exercise Adds Up for Your Fitness Goals 31/08/2019

Here’s More Evidence That ‘Too Much’ Exercise Won’t Kill You Runner’s World 28/08/2019
Also in: Medical Health News, SportyBel
WHAT JOINING A WALKING GROUP CAN DO FOR YOUR HEALTH  HerInspirasi.com  28/08/2019

Morning exercise may improve decision-making during day  The Siasat Daily  27/08/2019
Wake Up and Walk for Brain Fitness  Diabetes Forecast  30/08/2019

Further coverage for exercise lowering high blood pressure (PR)
High blood pressure warning: You may be at risk of developing this dangerous complication  Express  27/08/2019

I'm a Trainer, and This 4-Week Workout Plan Will Help You Lose Weight and Build Muscle  POPSUGAR  28/08/2019

Sperm Count and Semen Quality: 6 Everyday Habits That Are Killing Your Swimmers  LatestLY  29/08/2019
Also in: Thepathmag

The Science of Exercise for Weight Loss  Medium  29/08/2019

Back pain is a common source of unnecessary testing  Becker’s Hospital Review  29/08/19

Health Benefits of Walking  EatingWell  30/08/2019

Gut

Research: The hidden cost of colonoscopy including cost of reprocessing and infection rate: the implications for disposable colonoscopes (External PR)

Will disposable colonoscopy devices replace reusables?  Science Daily  26/8/2019
The Pros and Cons of Disposable Colonoscopy Devices  MPO Mag  26/08/2019


Team develops reagent test for gut microbiome  Taipei Times  29/08/2019

Journal of Epidemiology & Community Health
Further coverage for back to school asthma (PR)
BACK TO SCHOOL ASTHMA Warning as cases of deadly asthma DOUBLE when kids go back to school  The Sun  02/08/2019

Journal of Investigative Medicine
Further coverage for exposure to vehicle exhaust pollution and risk of AMD (PR)
Smoke Gets in Your Eyes  Global Health Now  26/08/2019
Pollution Can Hurt Your Vision—But This Simple Trick on Your Rides Can Help  Bicycling  27/08/2019
Traffic pollution may lead to vision loss: Study  DownToEarth  28/08/2019

Also in: Today’s Geriatric Medicine, Taipei Times
Journal of Medical Ethics
Death with respect (print only) The Courier Mail 27/08/2019

Biological Male Division 1 Runner Switches to Women’s Team For Senior Year Conservative Angle 29/08/2019
Trans athlete with reported losing streak transfers to women’s team BPR 30/08/2019

Why the mentally ill deserve access to assisted suicide BioEdge 01/09/19

Journal of Neurology, Neurosurgery & Psychiatry
Off the field and into bed: Concussion also damages sexual performance (misattributed to The BMJ) The New Daily 27/08/2019

Trump V. Biden – Who’s Really Losing It? LibertyNation 31/08/19

Medical Humanities
'Cult' of wellness Instagram stars who flood the site with streams of healthy food pictures are fuelling a 'clean' eating disorder, experts warn MailOnline 27/08/2019

Occupational & Environmental Medicine
Long-Term Night-Shift Work May Up Risk for Multiple Sclerosis Doctors Lounge 28/08/2019
Also in: Medical Xpress, Drugs.com, Physician's Briefing, Physician's Weekly

Regional Anesthesia & Pain Medicine
Further coverage for music as an alternative to to preoperative drug routinely used to calm nerves (PR)
Anxiety Before Surgical Procedures May Be Controlled By Special Tunes Health Journal 26/08/2019
MUSIC LOWERS ANXIETY BEFORE ANESTHESIA NDNR 29/08/2019

Tobacco Control
GST has made tobacco products only marginally costlier The Hindu 26/08/2019

Vet Record
Colic costs examined in British Study, hitting £10,000 in dearest cases Horsetalk (NZ) 31/08/19