BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 29 journals were picked up in the media last week (29 July - 4 August) - our highlights include:

- A study published in the *Journal of Epidemiology & Community Health* linking moving house during early pregnancy to a heightened premature birth risk was picked up by *Newsweek*, the *Daily Mail* and *HuffPost UK*.

- Research published in *BMJ Open* suggesting that UK tick-borne Lyme disease cases may be 3 times higher than previous estimates was covered widely, including headlines in *The Guardian*, *Pulse* and *Bustle*.

- A case study published in *BMJ Case Reports* revealing how a woman's contraceptive implant ended up in her lung made headlines in *Newsweek*, *LiveScience* and *INSIDER*.

**PRESS RELEASES**

*BMJ Open* | *Journal of Epidemiology & Community Health*

**EXTERNAL PRESS RELEASES**

*Annals of the Rheumatic Diseases* | *BMJ Open*  
*BMJ Supportive & Palliative Care*

**OTHER COVERAGE**

*The BMJ* | *BMJ Case Reports*  
*BMJ Global Health* | *BMJ Innovations*  
*BMJ Open Diabetes Research & Care* | *BMJ Open Ophthalmology*  
*BMJ Open Sport & Exercise Medicine* | *BMJ Quality & Safety*  
*British Journal of Ophthalmology* | *British Journal of Sports Medicine*  
*Frontline Gastroenterology* | *Gut*  
*Heart* | *Injury Prevention*  
*Journal of Investigative Medicine* | *Journal of Medical Ethics*  
*Journal of Medical Genetics* | *Journal of Neurology, Neurosurgery & Psychiatry*  
*Lupus Science & Medicine* | *Occupational & Environmental Medicine*  
*Regional Anesthesia & Pain Medicine* | *RMD Open*  
*Thorax* | *Tobacco Control*  
*Vet Record*
As medics come out for Extinction Rebellion, this doctor has been on hunger strike for two weeks for climate action

Indian Newborns Are Dying of Antibiotic-Resistant Infections

How an unexpected anomaly on an X-ray or scan can lead to unnecessary treatment

Further coverage for sexual activity in Britain (PR)

Further coverage for preventable harm (PR)

Why you should never wash your hands during a thunderstorm

Why some restaurants are turning up their noses at Beyond Meat

Curious Cook: Risk and microlives – Part 2

How seniors can preserve their brains

Further coverage for sugary drinks and cancer risk (PR)

Further coverage for tobacco package (PR)

The smart pill pot tells you (and your doctor) if you miss a dose

Global Opioids Agonist Drugs Market Progresses for Huge Profits by 2024
Added Value: Should our food be fortified with vitamins and minerals? (print only) Irish Daily Mail 30/07/2019

RISE OF THE VAPE The Independent 30/07/2019

Some thoughts on dengue outbreak The World News 30/07/2019

Also in: Bangladesh Times of News, Daily Star

England failing to tackle alcohol 'epidemic', say researchers BBC News 30/07/2019

Also in: Rocket News, World Breaking News, The USA Times, Street Level Pundit, PanARMENIAN.Net

NEWS Government plans to tame maternal deaths by 6,000 PML Daily 30/07/2019

Senator Presumes to Know How Many Days of Pain Relief 328 Million Americans Need Foundation for Economic Education 30/07/2019

Also in: Before It's News

The truth about obesity and cancer Patient 30/07/2019

Does the UK need cannabis factories? The Week 30/07/2019

UP IN SMOKE Cigarette price increase – how much does a pack cost in the UK now and why are there calls for a price rise? The Sun + Scottish Sun 31/07/2019

Is it time for a new UK drugs policy? ThinkScotland 31/07/2019

Health Miracles, Hard Statistics And The Powers Of Prayer WorldCrunch 31/07/2019

Trashed Bohemian.com 31/07/2019

Sen. Portman Presumes To Know How Many Days Of Pain Relief All 328 Million Americans Need

Also in: American Council of Science and Health 31/07/2019

Researchers Weigh Benefits, Risks of PPIs WebMD 31/07/2019

A Scientist's Take on the 'Power' of Prayer NewsDog 31/07/2019

How blueberry consumption can contribute to healthy ageing Miss Kyra 31/07/2019

Will we ever stamp out smoking entirely? 17Ok News 01/08/2019

Also in: newsllive.com, New Statesman

Common OTC drugs can cause dementia Mercola 01/08/2019

Also in: Healthglu

Zionist Genocide of Palestinians Continues Crescent International 01/08/2019

Further coverage for obesity epidemic (PR)

THE SIX EXERCISES THAT APPEAR TO BEAT THE EFFECTS OF OBESITY GENES, ACCORDING TO SCIENTISTS Newsweek 01/08/2019

Also in: BuzzinUS

Further coverage for saturated fats (PR)

Government panel rules saturated fat in butter, cheese and meat IS bad for you and should be limited but angry experts slam the 'outdated and incompetent' advice Daily Mail 01/08/2019

Disagreeing about saturated fat (print only) The Star Malaysia 04/08/2019


Further coverage for digital GP service (PR)

Expansion of 'GP by Skype' service risks worsening GP crisis Infosurhoy 01/08/2019

Further coverage for flu vaccine during pregnancy (PR)

Flu vaccination during pregnancy saves lives, says Wilcox Environmental Factor 01/08/2019

The controversy around estimating deaths from medical error Healthy Debate 01/08/2019
Paleo Diet Linked to High Levels of Harmful Gut Bacteria Bicycling 02/08/2019
Paleo Diet Linked to High Levels of Harmful Gut Bacteria Men's Health 02/08/2019
Also in: News Live, Centre Daily Times
Lessons from the Opioid Database Pain News Network 02/08/2019
DICE Dementia Treatment Preferable to Drugs Today's Geriatric Medicine 02/08/2019
Myths and facts about penis captivus Medical News Today 02/08/2019
USDA Dietary Hearings Still Anti-Dairy Dairy Business 02/08/2019
The research revealed that women don't take leave even in the pain of periods English News Track 03/08/2019
I'm dealing with motor neurone disease by becoming a cyborg The Times 03/08/2019
World Breastfeeding Week: Health benefits for lactating moms The Health Site 03/08/2019
Vitamin D Deficiency as a Cause of Diseases & Safe High Dose Vitamin D Treatments LewRockwell.com 03/08/2019
How to know which websites you need to trust to get information about your health Onties 03/08/2019
Most new doctors admit serious error in first eight months on wards The Times + Sunday Times 04/08/2019

Further coverage for maintaining physical activity/becoming more active (PR)
Aim for progress not perfection The Gisborne Herald 04/08/2019

Further coverage for sleep traits and risk of breast cancer (PR)
What's the link between sleep and breast cancer risk? Medical News Bulletin 04/08/2019

Papaya Leaf Juice for Dengue: How to Use The Platelet-Increasing Remedy Correctly in 6 IMPORTANT Steps LatestLY 04/08/2019
Why the sleep tracker craze is causing your insomnia, not curing it (print only) The Irish Mail on Sunday 04/08/2019
Everything You Need To Know About Controversial 'Beauty' Drips Refinery29 04/08/2019
Also in: Medical Health News
Nothing new in Lancet's “ultimate” alcohol consumption study Wine Industry Insight 04/08/2019
Big Pharma admits Measles outbreak and subsequent media hysteria made them massive profits Natural News 04/08/2019

Further coverage for regular consumption of fried food (PR)
Regular Consumption of Fried Food linked with Death among Postmenopausal Women MENAFN 04/08/2019

JOURNALS

BMJ Open

Research: Incidence of Lyme disease in the UK: a population-based cohort study (PR)
UK Lyme disease cases may be three times higher than estimated The Guardian 31/07/2019
Lyme disease in UK three times higher than estimated Pulse 31/07/2019
Is Lyme Disease In The UK? It Could Be A Bigger Problem Than Previously Thought Bustle 01/08/2019

International + other

Research: Antipsychotic initiation among adults with intellectual and developmental disabilities in Ontario: a population-based cohort study (External PR)
No coverage

What are ultra-processed foods, and are you eating too many of them? Mother Nature Network 29/07/2019
Also in: MSN UK

Further coverage for skilled health workforce in India not meeting WHO recommended threshold (PR)
With 20 medical professionals for every 10,000 citizens, can India provide universal healthcare? Scroll.in 29/07/2019
Also in: News Dog

Further coverage for period symptoms and loss of productivity (PR)
'Presenteeism' takes toll on menstruating women Reuters + Reuters India 30/07/2019
Women face discrimination over their periods at work: 'It’s just an excuse to act like a b****' The Independent 30/07/2019
Menstrual Symptoms Take Toll On Women's Productivity, Study Says International Business Times 03/08/2019

New research suggests maintaining a healthy weight could protect against dementia Malay Mail 31/07/2019
Also in: MSN UK + MSN Lifestyle + MSN Philippines, Inquirer.net

Academics urged to stop submitting their papers to ‘predatory journals’ motivated by money (misattributed to The BMJ) Daily Mail 30/07/2019
Also in: NosyMedia, Health Medicine Network, Angle News, Express Digest, WhatsNew2day

Need someone to talk to? Here are a few safe online spaces to find kind listeners The Hindu 30/07/2019
Microsoft software helps UK’s Patient.Info keep its finger on the pulse of the nation’s health
Science Business 30/07/2019

Diabetes? These Homemade Cookies Are Ideal For Your Sweet Cravings NDTV Food
31/07/2019

Most medical journal editors flout the standards they demand of authors Medical Brief
31/07/2019

How To Drink Less Even When It’s Challenging, According To Experts (misattributed to The BMJ) Bustle 01/08/2019

Visualization Techniques For Labor, According To Experts Romper 02/08/19

Disruptive Behavior Disorder (DBD) Medication Market 2019 Scope Overview and Regional Trends Business Intelligence 03/08/19

Aclidinium and Tiotropium Reduce Sedentary Behavior in Patients With COPD AJMC
04/08/2019

Further coverage for skilled health workforce in India not meeting WHO recommended threshold (PR)
Minister says PMJAY to be people’s movement, but health system understaffed Business Standard 03/08/2019

Journal of Epidemiology & Community Health

Research: Residence change during the first trimester of pregnancy and adverse birth outcomes (PR)

MOVING HOME DURING EARLY PREGNANCY COULD RAISE RISK OF PREMATURE BIRTH, LOW BIRTH WEIGHT Newsweek 30/07/2019
Women who move house in early pregnancy ‘likelier to give birth prematurely.’ Daily Mail
30/07/2019
Here's Why You Should Think Twice About Moving House In Early Pregnancy HuffPost UK
31/07/2019


International + other
How to live longer: Research reveals ‘surprising’ secret to living longer Daily Express 29/07/2019
Also in: The News Amed, The Stars Post

Further coverage for poor social relationships and bone loss in women (PR)
Older women – improve your social life, increase your bones’ strength Health24 South Africa 30/07/2019

Why 2020 Democrats need to have a serious debate about policing Vox 30/07/2019

Children who don’t have a regular bedtime behave worse & develop slower Sentinel News 31/07/2019
Why you need to consider joining a women’s circle Woman & Home 03/08/19

Annals of the Rheumatic Diseases

Research: Potential involvement of OX40 in the regulation of autoantibody sialylation in arthritis (External PR)

Stop! OX40-Positive Follicular Helper T Cells Control Rheumatoid Arthritis Scienmag 31/07/2019
OX40-expressing follicular helper T cells can control rheumatoid arthritis Drug Target Review 01/08/2019

Risk stratification tool predicts functional disability in patients at high risk for OA Healio 30/07/2019

Tocilizumab-Based Treatment May Result in Lower DAS28 Score in Early RA Rheumatology Advisor 31/07/2019
Also in: Medical Health News

Joint Surgery Rates Remain High in Psoriatic Arthritis Joint Surgery Rates Remain High in Psoriatic Arthritis Rheum Now 31/07/2019

BMJ Case Reports
New York father-of-two, 48, narrowly escaped death after dismissing a toothache that turned out to be a rare, deadly infection Daily Mail 29/07/2019
Also in: Brinkwire

A woman’s birth control implant got dislodged from her upper arm and moved into her left lung without her even realizing it INSIDER 29/07/2019
How a Woman's Birth Control Implant Ended Up In Her Lung LiveScience 30/07/2019
BIRTH CONTROL IMPLANT MOVES FROM WOMAN’S ARM TO HER LUNG, DOCTORS WARN VIGOROUS EXERCISE IS A RISK FACTOR Newsweek 30/07/2019

What to Know About Pemphigus Vulgaris, a Rare Disorder That Caused A Woman's Vulva To Swell and Blister Health 29/07/2019

Woman who didn't know she was pregnant gives birth NoosaNews 30/7/2019
Also in: Balonne Beacon (AU), MSN South Africa + widely covered by Australian local news outlets

Type 2 diabetes: This dietary approach may help reverse the condition suggests study Express 31/07/2019

This is what cocaine does to your brain Metro 01/08/2019
How cocaine can eat away at your BRAIN [...] MailOnline 31/01/2019
Also in: Express Digest, anglenews, HuffPost UK, Onties, The World News, Health Medicine Network

Wild swimming: There are plenty of health benefits if you brave the icy waters and take the plunge (misattributed to The BMJ) The Sunday Post 04/08/2019

BMJ Global Health
Counterpoint: Big Pharma needs to recognize the drug-cost problem it created Minneapolis Star Tribune 29/07/2019

BMJ Innovations
Imaging company to launch clinical messaging app at NHS Expo Med-Tech Innovation 29/07/2019
Also in: digitalhealthage.com, Proactive Investors UK

BMJ Open Diabetes Research & Care
Routine mealtimes, preprandial insulin help children with type 1 diabetes achieve glycemic targets Medical Health News 30/07/2019
Also in: Healio, Diabetes Self-Management Online

BMJ Open Ophthalmology
Dark mode isn't as good for your eyes as you believe (misattributed to The BMJ) Wired 30/07/2019
Also in: GQ Middle East

Automated OCT shows promise in urgent care setting Healio 29/07/2019

BMJ Open Sport & Exercise Medicine
Do You Live in the Part of the Country Where People Run the Most? Runner’s World 02/08/19
Also in: SportyBel

Veganism and Climbers Gym Climber 01/08/2019

BMJ Quality & Safety
'Productive ward' makes lasting impact despite top-down takeover Nursing Times 30/07/2019
Research: **Family caregivers of children and adolescents with rare diseases: a novel palliative care intervention** (External PR)

Families of children with rare diseases open to advanced care plans with caregiver support
Health Medicine Network 31/07/2019

Novel palliative care approach for caregivers of children with rare diseases shows preliminary success
News-Medical.Net 01/08/2019

Also in: ScienceDaily, LongRoom, Scienmag, Medical Xpress, Publicnow

**British Journal of Ophthalmology**

Scientists Have Created Contact Lenses That Let You 'Zoom' By Blinks Twice
Pretty52 31/07/2019

Also in: Fooshya

**British Journal of Sports Medicine**

'No More Excuses!' Not To Exercise, Says The National Institute On Aging
Forbes 29/07/2019

Also in: Medical Health News, Sporty Bel

Jim Harbaugh Is Completely Wrong on Mental Health
Sideline Sports & Culture 29/07/2019

Exercise can lessen bad effects of alcohol!
All About Women 29/07/2019

Further coverage for effectiveness of exercise for lowering blood pressure (PR)
Exercise is medicine Greenville Journal 31/07/2019

Also in: PsyBlog

In the hot seat: why your chair is a health hazard
Safety Management 31/07/2019

How do I set up an ergonomic home office?
The Guardian 01/08/2019

Get Fit With New Health Research
Oxygen 31/07/2019

3 All-Natural Remedies That Banish Aches and Pains
For Women First 01/08/2019

Activity trackers: How accurate are they and is the data reliable?
The South African 03/08/19

10-Day Elimination Challenge
Oxygen 01/08/2019

**Frontline Gastroenterology**

Managing inflammatory bowel disease flares in primary care
GP Online 01/08/19

**Gut**

Further coverage for yogurt lowering pre-cancerous bowel growth risk in men (PR)
Why we should all be eating yoghurt every day
The Times (print + online) 30/07/2019

Also in: The Scottish + Irish Times

Why Does Drinking Coffee Always Make You Poop?
Health 30/07/2019

Studies Confirm Clinical Value of ShearWave Elastography for Liver Fibrosis Evaluation
Imaging Technology News 31/07/2019

Inflammatory bowel disease rates in Edinburgh among world’s highest: study rhyjournal.co.uk 01/08/2019
Edinburgh is a ‘global hotspot’ for inflammatory bowel disease - with one of the highest rates in the world Edinburgh Live 02/08/2019
Global bowel disease pandemic ‘left undiagnosed’ The Times 02/08/2019
Also in: Hospital Healthcare Europe, Edinburgh News, Nursing Times, Scottish Daily Record, News-Medical.net, ExpressandStar

Ranitidine Market Latest Key Development and Dynamics Until 2026 The Market Plan 02/08/19

Further coverage for rising incidence of bowel cancer among young (PR) Bowel cancer is a rising threat but early detection makes all the difference TheHealthSite 03/08/19

Heart
Why we’re flocking to obstacle races and ultra marathons Los Angeles Times 02/08/2019

Injury Prevention
Keep your guns and your children safe 16WDNU 01/08/19

Journal of Investigative Medicine
Researchers might have uncovered a biomarker for stress Mental Daily 29/07/2019

Journal of Medical Ethics
No Men in Women’s Sports Canada Free Press 29/07/2019
Study: Olympic Guidelines Give Transgender Women an ‘Intolerable’ Advantage in Women’s Sports PJ Media 29/07/2019
ACLU Blasts ‘Inaccurate Stereotypes’ For Opposition to Trans Athletes in Womens’ Sports Sputnik International Russia 31/07/2019


Five Surprising Public Figures Supporting Free Speech Over Transgender Wokeness USSA News 30/07/2019

The Very Reverend Edward Shotter, Dean of Rochester and pioneer of medical ethics – obituary The Telegraph (print + online) 01/08/2019

Journal of Medical Genetics
Further coverage for retraction rates (PR) High Retraction Rate Genome Web 30/07/2019

Journal of Neurology, Neurosurgery & Psychiatry
Anti-Snoring Devices and Snoring Surgery Market Demand Rising Globally Know all In-depth Information by Latest Trend, Top Competitors and Global Forecast Financial
Friendship Day 2019: Here Are 5 Health Benefits of Having Friends

Lupus Community Tackles Treatment & Clinical Trial Barriers

Lupus heterogeneity tops list of global barriers to advancing care

Detectable Coronary Artery Calcium Prevalent in Young Patients With Systemic Lupus Erythematosus

Further coverage for abuse of home health care workers (PR)

Further coverage for music as alternative to preoperative drug (PR)

Long-Term Safety of Certolizumab Confirmed for RA, axSpA, PsA

Good Fitness Cuts Risk of COPD, Long-term Study Suggests

Further coverage for smoke-free campuses (PR)

Don’t sacrifice science for ideology