BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 22 journals were picked up in the media last week (8-14 July) - our highlights include:

- Research published in *The BMJ* suggesting a possible link between sugary drinks and cancer generated mass global coverage, including headlines in *The New York Times*, *The Sydney Morning Herald*, the *Times of India* and *The South China Morning Post*.

- A study published in the *Journal of Epidemiology & Community Health* linking poor quality social relationships to bone loss in postmenopausal women was picked up by the *Daily Mail*, *United Press International* and *The New Scientist*.

- The launch of BMJ’s Clinical Decision Support Initiative in Kazakhstan was picked up by *InPublishing* and *Sputnik Kazakhstan*.

**BMJ**

**PRESS RELEASES**

*The BMJ* | *BMJ Open*
*Journal of Epidemiology & Community Health* | *Vet Record*

**EXTERNAL PRESS RELEASES**

*The BMJ*

**OTHER COVERAGE**

*The BMJ* | *Annals of the Rheumatic Diseases*
*BMJ Case Reports* | *BMJ Global Health*
*BMJ Innovations* | *BMJ Quality & Safety*
*British Journal of Ophthalmology* | *British Journal of Sports Medicine*
*Gut* | *Heart*
*Journal of Clinical Pathology* | *Journal of Investigative Medicine*
*Journal of Medical Ethics* | *Journal of NeuroInterventional Surgery*
*Journal of Neurology, Neurosurgery & Psychiatry*
*Lupus Science & Medicine* | *Occupational & Environmental Medicine*
*Regional Anesthesia & Pain Medicine* | *Tobacco Control*
Kazakh doctors can receive continuing education in the UK program  (translated) Sputnik Kazakhstan 11/07/2019

BMJ announces launch of Kazakhstan initiative InPublishing 12/07/2019

Medical preprint server debuts TVN 12/07/2019

The BMJ

Research: Sugary drink consumption and risk of cancer: results from NutriNet-Santé prospective cohort (PR)

Sugary Drinks Linked to Cancer Onset The New York Times 10/07/2019
One cup of soft drink a day linked to 18 per cent increased cancer risk: study Sydney Morning Herald 11/07/2019
Even unsweetened fruit juice can up cancer risk Times of India 12/07/2019
Fruit juices, soft drinks high in sugar linked with raised cancer risk in big new study by French researchers South China Morning Post 12/07/2019

Also in:

UK + Ireland

International
Research: Health outcomes of young children born to mothers who received 2009 pandemic H1N1 influenza vaccination during pregnancy: retrospective cohort study

+ Linked editorial: Flu vaccination in pregnancy (PR)

Flu jab ‘safe’ for pregnant women i news (print only) 10/07/2019
Flu vaccine safe for pregnant women, fetuses, Ottawa study shows CBC News
10/07/2019Swine flu jab in pregnancy safe for children as well as mothers OnMedica 11/07/2019


Analysis: New drugs: where did we go wrong and what can we do better? (PR)

Billions wasted on developing needless medicines The Times 11/07/2019
Early Benefit Assessment Reveals Weaknesses In The Development Of New Drugs Scienmag 11/07/2019
No evidence of added benefit for most new drugs entering German healthcare system Agenparl (Italy) 12/07/2019

Research: **Sharing of clinical trial data and results reporting practices among large pharmaceutical companies: cross sectional descriptive study and pilot of a tool to improve company practices** (External PR)

Yale-developed scorecard promotes better clinical trial data sharing  Yale News 10/07/2019
New tool promotes greater sharing of clinical trial data by pharmaceutical companies  News-Medical.net 10/07/2019


**Other coverage for The BMJ**

*Increased polyunsaturated fatty acid intake may cut deaths in type 2 diabetes*  Medwire News 08/07/2019
*Chocolatiers share challenges in making dark fantasies*  Daily Pioneer 08/07/2019
*Controlling diabetes with a traditional diet*  The Zimbabwe Mail 08/07/2019
*The awful toll of superbugs in India’s hospitals*  SciDev Net 08/07/2019

*Further coverage for sleeping traits and risk of breast cancer (PR)*
*Early risers less likely to develop breast cancer*  The Guardian (Nigeria) 09/07/2019
*Early risers may have lower breast cancer risk*  Reuters 12/07/2019

*Further coverage for WHO saturated fats guidelines (PR)*
*What fat you eat is less important than the food in which it is found*  The Sydney Morning Herald 09/07/2019
*Also in:* WA Today, Brisbane Times, Stuff NZ, The Age Australia, Business News Press, Diabetes.co.uk, FoodProcessing, Food Navigator, Irish Daily Mail

*Further coverage for routine HPV vaccination and reduction in cervical disease (PR)*
*The HPV vaccine will soon be given to boys - and it could help wipe out cervical cancer*  Cosmopolitan 09/07/2019
*HPV vaccine will also be administered to boys in the UK, preventing thousands of cancers*  ZME Science 09/07/2019
*Also in:* Yahoo! India Style + Yahoo News Philippines, Global Citizen (US), Genetic Literacy Project

*Further coverage for red meat consumption (PR)*
*Which meats are a cut above?*  The Columbian 08/07/2019
*From fish to bacon, the best meats to eat for a healthy life – and those to avoid*  South China Morning Post 10/07/2019
*Also in:* Peterborough Examiner, Arca Max, Archy Newsy, Anchorage Daily News, SFGate, Newsmax
Further coverage for ultra-processed foods (PR)
New Studies Link Ultra-Processed Food With Premature Death
Olive Oil Times 08/07/2019

Further coverage for obesity epidemic, genes and environment (PR)
Genes, yes, but obesity pandemic mostly down to diet
MENA FN 08/07/2019
Being lazy and eating too much ARE the main causes of obesity even if your genes can make you gain more weight
People's Daily 09/07/2019
Also in: Physician's Briefing, Drugs.com, DoctorsLounge, Newsfeed.co

WHO'S FLAGSHIP SMOKING TREATY IS WORKING, WHATEVER THE CRITICS SAY
Ventures Africa 09/07/2019
Also in: Uncova
Make cannabis legal and cut crime, says Adam Smith think tank
Evening Standard 09/07/2019
Agents reject authors on Fridays: a brief note on failure
Newsroom NZ 09/07/2019

Further coverage for sexual activity in Britain (PR)
Are You Getting Any? Meet the Sugar Baby with a Vibrator Obsession
Vice 09/07/2019

A Slow Death by 5G Wireless Technology
PRN FM 09/07/2019
Papaya leaves - The most effective natural remedy for dengue fever, dosage, who should not use the preparation
Times Now News 09/07/2019
Don't tell me how to cope with cancer (print only)
The Guardian 10/07/2019
It's time to provide better healthcare to LGBT+ people
Medical Brief 10/07/2019
Has Cannabis Reform Landed In The UK?
Cannabis Industry Journal 10/07/2019
'Landmark' Vote to Decriminalise Abortion in Northern Ireland
Centre Daily Times 10/07/2019
Also in: News Llive, Dailyheralds, 17Ok News

Further coverage for highly processed foods and cancer (2018 PR)
Avoid These Cancer-Causing Foods
U.S. News & World Report 10/07/2019
Also in: MSN Lifestyle

Penalties not lowering hospital-acquired infection rates
Reuters 11/07/2019
Reduced work hours for trainee doctors not seen to compromise care
Reuters 11/07/2019
Capping Work Hours in Residency Does Not Impact Outcomes Later
Drugs.com 11/07/2019
Health Secretary Matt Hancock pleads with doctors not to retire early over the NHS pension crisis
Celebrity Best News 11/07/2019
Also in: Express Digest, Mogaz News
Anticholinergic drugs increase your risk for dementia
Mercola 11/07/2019
Why You Should Consider Growing Peppermint This Summer
Before It's News 11/07/2019
Medicinal cannabis 'false hope' for chronic pain sufferers - pain doctors
RNZ 12/07/2019
Are our expectations of medical cannabis too high? Fairfax News 12/07/2019
Also in: New Zealand Herald
Fewer than half of patients regularly see their own GP - fuelling fears the traditional family doctor is dying off, Daily Mail 12/07/2019
Also in: Express Digest
Pathologizing Kids, Pharma Style CounterPunch 12/07/2019
Signs You May Be a Victim of Medical Malpractice 12/07/2019

Further coverage for becoming more active in middle/old age (PR)
Here's What Starting to Exercise Now Does to Your Health Over a Decade Later Bicycling 12/07/2019
Also in: Naaju

There needs to be a shift in the culture of medicine The Hill 13/07/2019
There must be a change in the culture of medicine, The Washington Newsday 13/07/2019
Can our bodies even tell the difference between natural and added sugars? Vogue India 13/07/2019
Can Health Min’s plan to introduce AI in public healthcare be a game changer? The News Minute 13/07/2019
Why the sleep tracker craze is CAUSING your insomnia, not curing it: Mother, 39, went from a blissful EIGHT hours a night to just FOUR after buying a movement tracking app Daily Mail + The Mail on Sunday 13/07/2019
Also in: Express Digest, Health Medici Net, Easy Branches World News, Goldentrianglenews.com
Is an 80-Hour Workweek Enough to Train a Doctor? Medical Health News 13/07/2019
Also in: Harvard Business Review

Worry is contagious: the vaccine-hesitant parents putting children at risk The Guardian 13/07/2019
Also in: Newsgroove

Letter to the Editor: Editorial shows naive response to intrusion of teen vaccines Irish Examiner 13/07/2019
The Northern Irish women taking abortion pills in their bedrooms (print only) Sunday Times 13/07/2019
How to survive the fake news about cancer The Observer 14/07/2019
Also in: MSN Philippines, Yahoo News UK
GCC states show how to improve health via tax policy Asia Times 14/07/2019

JOURNALS

BMJ Open

Research: Reducing antibiotic prescribing in primary care in England from 2014 to 2017: population-based cohort study (PR)

GPs opting for targeted antibiotics as general antibiotic use drops Practice Business 10/07/2019
Fall in GP antibiotic prescribing has been slowest for older patients and those with Mirage News Australia 10/07/2019
GPs’ antibiotic prescribing has fallen and become more selective OnMedica 11/07/2019

Also in: Daily Mail, Medical Health News, News One Place, BrightSurf, Medical Xpress,
Children's snacking habits mirror their parents' Medical Xpress 08/07/2019

CheckPoint study shows Aussie families get enough rest, but don't always sleep soundly Medical Xpress 08/07/2019

Why parents need to watch their snacking habits Herald Sun 10/07/19 (link unavailable)

Further coverage for period pain and productivity loss (PR)
Period Pain Is Linked to Missed School Days, Poor Academic Results, Study Shows Medical Health News 09/07/2019

Also in: Everyday Health, WLTX-TV Online, Drugs.com, Journal Watch, DoctorsLounge

Landmark study reveals mental health toll for Aboriginal mothers Medical Xpress 08/07/2019

Study ties fire station proximity firmly to prevention of injuries Medical Xpress 08/07/2019

Why you should try a 30-day alcohol break mnn.com 09/07/2019

Further coverage for women’s awareness of alcohol’s role in breast cancer risk (PR)
Christopher Labos: The link between alcohol and breast cancer Montreal Gazette 09/07/2019

Also covered by several regional Canadian news outlets, Cape Breton Post

A concussion can cost your job, especially if you are young and well educated Medical Xpress 09/07/2019

Australians have a growing appetite for sweet drinks reform BeverageDaily.com 10/07/2019

Prostate Gland Enlargement Does Not Increase ALS Risk, Study Reports ALS News Today 11/07/2019

Breaking the backbone of a nation The Daily Star 13/07/2019

Further coverage for MPs’ mental health (PR)
Some MPs warn parliamentary workload and long sessions too stressful CBC News (misattributed to The BMJ) 14/07/2019

'People Are Going To Die' Because Of Parliamentary Workload, Some MPs Say (misattributed to The BMJ) HuffPost Canada 14/07/2019


Journal of Epidemiology & Community Health

Research: Psychosocial stress and bone loss among postmenopausal women: results from the Women’s Health Initiative (PR)

Post-menopausal women with toxic friendships or a failed marriage are 'more likely to break their BONES' because the stress weakens their skeleton Daily Mail 09/07/2019
Social stress linked to bone density loss in postmenopausal women  New Scientist 09/11/19
Poor social life associated with lower bone density in older women  UPI 10/07/2019


The Connection Between Cannabis And Fertility  The French Toast 12/07/2019

People who live in detached houses are less stressed than those who don't, study finds  Her 14/07/2019

Vet Record
Research: Pet owners’ awareness of animal blood banks and their motivations towards animal blood donation  (PR)

Most dog, cat owners unaware of pet blood donation schemes  Hindustan Times 10/07/2019
Like humans injured pets can need blood but owners do not realise their dog or cat can donate  The London Economic 10/07/2019
Pets Can Donate Blood, Too  Gizmodo Australia + UK 10/07/2019

Also in: Phys.org, Science Codex, ANI News, Popular Science, Slate, Earth.com, LADBible

Simple steps to stamping out sheep lameness  Farmers Weekly 12/07/19

Annals of the Rheumatic Diseases
EULAR: Identifying thrombotic, obstetric risk factors key to managing antiphospholipid syndrome  Medical Health News 09/07/2019

Also in: Healio

Bone Erosion Repair Stimulated Through Tocilizumab Therapy in RA  Medical Health News 11/07/2019

Also in: Rheumatology Advisor

Weight matters in psoriasis, psoriatic arthritis  Dermatology Times 11/07/2019

BMJ Case Reports
Come on in, the water’s fine! Top 5 outdoor swims in Norfolk  (misattributed to The BMJ) Eastern Daily Press 10/07/2019

Toothpick found in woman’s liver: Should you be concerned?  Fox News 13/07/2019

Also in: WCSI Online

BMJ Global Health
A dangerous habit, man with oxygen tank and the story of India's toxic air  Business Standard
A Man, His Oxygen Tank And India’s Growing Spectre Of Death

As a Man Struggles With COPD, This is Where Things Stand in India

How One Community Brought Child Mortality Down From 154 To 7 Per 1,000 Live Births

Outcome of strategic review and trading update

New CEO plots growth roadmap for Feedback plc

BMJ Quality & Safety

How to stretch correctly after a workout

Companies and Governments Are Paying People to Get Healthy, and It Works — The Motley Fool

Are there any health benefits to a cold shower?

Riding to Work Makes You Healthier Than Your Car-Commuting Peers

Sports Medicine Market by Product and Application – Global Industry Analysis and Forecast to 2025
Study dispels ‘myth’ of exercise harm to knee joints in osteoarthritis patients (misattributed to The BMJ) Daily Mail + Scottish Daily Mail (print) 12/07/2019
Also in: AOL Money, Belfast Telegraph + covered widely by UK local news outlets

Gut
Further coverage for yogurt and bowel cancer (PR)
Yogurt Associated with Lower Pre-Cancerous Bowel Growth in Men Specialty Pharmacy Times 11/07/2019

Heart
How many calories do eggs contain? Medical News Today 10/07/2019

Science Says Silence Is Golden Worldhealth.net 13/07/2019

Journal of Clinical Pathology
Kalgoorlie vape store owner rubbishes e-cig study The West Australian 10/07/2019

Journal of Investigative Medicine
Texas Tech El Paso Professor named journal editor El Paso Inc 12/07/19 (link unavailable)
Also in: Becker’s ASC Review

Journal of Medical Ethics
Researchers: Scrap gender binary in sports to allow transgenders to compete fairly The College Fix 09/07/2019

Egg Donor Contact Ethical to Aid in Diagnosis of Donor-Conceived Children Medical Bag 10/07/2019

Researchers: End sex-segregation in sports to stop ‘trans discrimination’ Washington Examiner 12/07/2019

Journal of NeuroInterventional Surgery
IV Thrombolysis Not Tied to New Infarcts After Stroke Thrombectomy tctmd.com 10/07/2019

Journal of Neurology, Neurosurgery & Psychiatry
Several herbal medicines have a long history of successfully treating seizures Natural News 12/07/2019

Lupus Science & Medicine
Cardiac Dangers Arise Early for Minorities With Lupus MedPage Today 11/07/2019

Occupational & Environmental Medicine
Further coverage for Mum’s workplace exposure to solvents and child’s autism risk (PR)
Are Paint Fumes a Health Concern? Here’s What the Latest Science Says Yerepouni News 09/07/2019

Further coverage for night shifts and risk of miscarriage (PR)
Pregnant women working night shifts could be more at risk of suffering a miscarriage, study finds Easton Caller 11/07/2019

Andrew Hugill On Aural Diversity And Why Hearing Aids Should Improve For Musicians
Sleep and fat loss relationship. The Sports Daily 12/07/19

**Regional Anesthesia & Pain Medicine**

**NIH scientists identify spasm in women with endometriosis-associated chronic pelvic pain**
CRWEWorld 11/07/2019

**Scientists identify spasm in women with endometriosis-associated chronic pelvic pain**
Science Daily 11/07/2019

**Botox can Now Treat Pain Associated With Endometriosis** MedIndia 12/07/2019

**Also in:** 17Ok News, Medical Xpress, BrightSurf, Dailyheralds.org, Bioengineer, News Llive, Scienmag, Publicnow

**Tobacco Control**

**Children from Deprived Areas Six Times More Exposed to Tobacco Retail** The Hippocratic Post 08/07/2019