BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 20 journals were picked up in the media last week (27 May-2 June) - our highlights include:

- Two studies and a linked editorial published in The BMJ linking ultra-processed food with a range of health risks made global headlines, including BBC News, The Telegraph, CNN and The Sydney Morning Herald.

- A paper published in BMJ Open Diabetes Research & Care suggesting that new cases of diabetes in the US are falling while obesity rates rise was picked up by the Los Angeles Times, The Mainichi, TIME and The Washington Post.

- An investigation published in The BMJ finding that clinical commissioning groups (CCGs) in England are ignoring clinical guidelines by rationing access to cataract surgery made national headlines in The Independent, The Times and The Telegraph.
Female Investigators Increasing in Medical Journal Articles (The BMJ mentioned) MD Magazine 29/05/2019

The BMJ

Research: Ultra-processed food intake and risk of cardiovascular disease: prospective cohort study (NutriNet-Santé)

Research: Association between consumption of ultra-processed foods and all cause mortality: SUN prospective cohort study
  + Linked editorial: Ultra-processed food and adverse health outcomes (PR)

Ultra-processed food linked to early death BBC News 30/05/2019 + tweeted by Dan Saladino (BBC Food Programme) + BBC Breakfast (0:5:30-0:07:18)
Ultra-processed foods are easy, cheap and could be killing you CNN 30/05/2019
Just four servings of ultra processed food a day is still too much Sydney Morning Herald 30/05/2019


International

Other
News: Leading ophthalmologist vows to stamp out “unjustified” screening for cataract surgery (PR)

NHS surgery rationing on the rise as thousands rejected for cataract surgery, investigation finds The Independent 29/05/2019
Investigation reveals doubling in NHS rationing of cataract surgery The Telegraph 29/05/2019
NHS cataract surgery cuts (print only) The Times 30/05/2019


Research: Estimates of all cause mortality and cause specific mortality associated with proton pump inhibitors among US veterans: cohort study (External PR)

Heartburn Drugs Linked To Fatal Heart And Kidney Disease, Stomach Cancer Science Blog 30/05/2019
Study links heartburn drugs to fatal heart, kidney disease, stomach cancer Xinhua 31/05/2019


Other coverage for The BMJ
How do we secure the future of food on a planet in peril? Ethical Corporation 27/05/2019

Further coverage for global suicide burden
27 people committed suicide in nine months due to provocation: Police data shows Kathmandu Post 27/05/2019

"UK gambling industry should consider funding a national network of treatment centres" Yoganet 27/05/2019
Here are the 10 superfoods that are great for a diabetic diet Pulse.ng 27/05/2019
10 Non-Diet Foods That Help You Lose Weight (and 5 That Make You Gain It) MSN Health & Fitness 27/05/2019
14 Organic Foods Nutritionists Don’t Waste Their Money On MSN Health & Fitness 27/05/2019
Expert says IVF overused; more studies needed on infertility Crux 28/05/2019

Further coverage for protective education on heart disease
Lifestyle explains part of the protective effect of education on heart disease Practice
Three extra years of learning may lower your BMI, blood pressure

The Guardian Nigeria

Also in: Angle News

NHS is right to scrap these needless treatments including surgery for snoring

Mirror

NHS is right to scrap needless treatments (print only)

Daily Mirror

Also in: Easy Branches News, The World News

Further coverage for thyroid hormone replacement

In Greece, a life-transforming thyroid pill costs just £1 a month, but in Britain it's £204 - so how can firms justify the drug daylight robbery?

Mail Online

Subclinical hypothyroidism guideline recommends against treatment

Healio

Society For Endocrinology & British Thyroid Association Issue Statement Against New Treatment Recommendation

Scienmag

Also in: Express Digest, Celebrity Best News, Health Medicine Network, Bioengineer, Pharmaceutical Journal

Patients are STILL not being warned of withdrawal pain from depression pills, say experts

Irish Daily Mail

Woman didn't know she was pregnant until having baby on the bathroom floor

Yahoo

Lifestyle

Ground-breaking documentary on mad cow disease

The News

Ebola victims believe disease is not real - with violence on healthcare workers growing

Daily Star

Also in: News Need News

Is your antidepressant making you fat?

Health Breaking News

Further coverage for breakfast and weight control

Skipping Breakfast Before Exercising May Help You Lose Weight

Medical Health News

What's the Deal With Breakfast?

U.S. News & World Report


Study: Coconut Oil a Healthy Saturated Fat – But the FDA Prohibits the use of “Healthy” in Describing Coconut Oil

Health Impact News

Also in: Health Nut News

Further coverage for glucosamine supplements

Study looking at population data finds glucosamine cuts CVD risk

NutraIngredients

28/05/2019

Further coverage for stroke deaths in England

Deaths Due to Stroke Halved in Ten years In England

MedIndia

Further coverage for transgender women and breast cancer risk

Breast-cancer risk increased in transwomen on hormones

MD Alert

Top 50 Foods for Energy and Athletic Performance

Food Trients
Do you always feel tired? Fight fatigue with these 5 yoga poses The Health Site 29/05/2019

Further coverage for drug industry funding analysis
Analysis reveals extent of drug industry funding of patient organisations Practice Business 29/05/2019
Crowdfunding treatment — when survival is a popularity contest Medical Brief 29/05/2019
New bone-loss research on how to beat fractures, height loss and Dowager's hump Noted 30/05/2019
Men who use a drug to treat prostate cancer are THEREFORE more at risk for type 2 diabetes WhatsNew2Day 30/05/2019
DKA and HHS recommendations made after review Diabetes Times 30/05/2019
New program addresses care quality, patient safety Carbondale News 30/05/2019

Further coverage for sexual activity in Britain
'I don't have sex to help my mental health' BBC Three 31/05/2019

Antidepressant Guidelines to Tighten in the UK Psychology Today 31/05/2019
She who is tired of Love Island is tired of life Telegraph 31/05/2019
FT Health: Time to reclassify tobacco? Financial Times 31/05/2019

Also in: Ladies Want More
WEIGHT OFF How to lose weight and still eat all your favourite foods – but just less of them The Sun IE 31/05/2019
Predictions and Parachutes The Healthcare Blog 31/05/2019
How to lose weight and still eat all your favourite foods – but just less of them The Amed Post 31/05/2019
Gout: Why the stigma? Medical News Today 31/05/2019
One person in 10 is mistaken about the identity of their father, reveals NHS chief Yahoo 31/05/2019

Also in: Daily Magazine
Why avoiding plastics isn’t the way forward Medical Plastic News 31/05/2019
One in 10 'is mistaken about identity of father' The Sydney Morning Herald 01/06/2019

A life-saving solution to America’s doctor shortage fosters.com 02/06/2019

Also in: San Antonio Express-News

Further coverage for stress-related disorder
How grief, divorce can really tax the heart Health24 02/06/2019

Also in: Wiscnews.com, Health Nut News

Estrogen insert may help loss of urine from stress and urgency Sun Journal 02/06/2019

Also in: Newton Citizen
Vaping dried pot better than potent oil: Researcher The Calgary Sun 02/06/2019

Also covered extensively by Canadian local news outlets
5G: A Plan To Depopulate Earth? News With Views 02/06/2019

JOURNALS

BMJ Open
Research: **Size, composition and distribution of human resource for health in India: new estimates using National Sample Survey and Registry data** *(India Focus PR)*

**Skilled Health Workforce In India Does Not Meet WHO Recommended Threshold** Scienmag 27/05/2019

**Distribution of health workers in rural areas anaemic:** *Study* The Hindu Business Line 28/05/2019

**54% of health professionals in India do not have required qualifications, says study** (misattributed to The BMJ) Times of India 30/05/2019


Research: **Socioeconomic and ethnic differences in children's vigorous intensity physical activity: a cross-sectional analysis of the UK Millennium Cohort Study** *(External PR)*

**Children from disadvantaged backgrounds and ethnic minorities 'do less exercise'** The Scotsman 28/05/2019

**FITNESS PLUNGE Poorer kids do the least exercise and 'at greater risk of being obese', study says** The Sun UK + IE 28/05/2019

**Brighter mums boost exercise** Daily Mail 28/05/2019


Research: **Medical assessment of potential concussion in elite football: video analysis of the 2016 UEFA European championship** *(External PR)*

**Study: Top soccer players not getting proper concussion screening** Sportsnet.ca 30/05/2019

**New study says top soccer players not getting proper concussion screening** Toronto Star 30/05/19

Also in: Canada.com, Science Daily, CTV News, Medical Xpress, InfoTel, News Optimist, Squamish Chef, Bioengineer, Scienmag, Medicine Hat News, National Post + widely covered by local US and Canadian media
Honey is 'just as effective as treating cold sores as anti-viral creams', scientists say Mail
Online 27/05/2019

Also in: Peace FM, Health Medicine Network, Express Digest, WhatsNew2Day, Celebrity
Best News, MSN Lifestyle, NHS Website, Tattle Times, The Pharmacist, BrightSurf,
MyHeadlinez

6 Signs That Prove You Are Burnt Out The Versed 28/05/2019

Doctors Resist Removing White Coats and Ties The People’s Pharmacy 27/05/2019

30 simple ways to get in shape this summer (slide 19/31) MSN Lifestyle + Philippines
27/05/2019

Further coverage for weight change in later life and risk of dementia
New Study Suggests Losing Or Gaining Weight Could Increase Your Risk Of Dementia
Gentside 28/05/2019

Major weight gain and loss 'worsens dementia risk in elderly' Nursing Times 29/05/2019

Drones support remote village medical treatment Medical Xpress 28/05/2019

MTX Not Associated With Increased Risk for Interstitial Lung Disease in RA Rheumatology
Advisor 29/05/2019

What to Do if Your Partner Loses Interest in Sex (misattributed to The BMJ) Flare
29/05/2019

Also in: MSN Lifestyle Canada

Gout Linked to Sugar-Sweetened Beverages, Fruit Juice Consumption Rheumatology
Advisor 29/05/19

Do you always feel tired? Fight fatigue with these 5 yoga poses TheHealthSite 29/05/19

Only a few members make up bulk of information in INFOSAN Before It's News 30/05/2019

Also in: Food Safety News

Mythbuster: ‘Chocolate can cause acne and altering the diet can improve it’ Nursing in
Practice 30/05/19

App to be rolled out in Scotland for remote hypertension monitoring Nursing Times
31/05/2019

Annals of the Rheumatic Diseases
Further coverage for musculoskeletal disease prevalence
Global Burden of Musculoskeletal Diseases on the Rise Clinical Pain Adviser 28/05/2019

Fist Strength and Closure May Predict Arthralgia Progression to RA Rheumatology Advisor
29/05/2019

EULAR publishes recommendations for managing antiphospholipid syndrome MedWire
News 30/05/2019
Treatment with Tofacitinib Helps Relieve Arthritis and Rash Symptoms in Lupus Patients, Study Shows. Lupus News Today 31/05/19

Archives of Disease in Childhood
Study: Poverty, malnutrition hinder children from reaching their full potential in Bangladesh
Dhaka Tribune 28/05/19

BMJ Case Reports
Doctors remove two maggots from a woman's scalp 'after she felt something wriggling around in the lumps on top of her skull' MailOnline 28/05/2019
UNDER YOUR SKIN Woman with wriggly, itchy lumps on her scalp discovers they're BOTFLY larvae burrowing in her head The Sun 28/05/2019
Also in: Daily Magazine, att.net, Health Online, Yahoo News, The Epoch Times, LADbible, Fox News

HAIR RAISING Doctors remove huge HAIRBALL from stomach of girl, 16, with 'Rapunzel syndrome' The Sun 30/05/2019

A Teetotal Patient Developed Severe Alcoholic Hepatitis Thanks to Homeopathy
ScienceAlert 31/05/2019

What The Health?! Woman's 'dementia' was actually a vitamin deficiency Yahoo Style 31/05/2019

Wild swimmers revolt over British Triathlon efforts to prevent people swimming in cold water Daily Telegraph 02/06/19
Also in: Yahoo News

BMJ Global Health
Community pharmacists can help track tuberculosis patients, study finds The Indian Express 28/05/2019
Also in: Newsdog, Express India

Research shows impact of homicides in Latin America Mirage News 29/05/2019
Killing zone puts longevity in retreat (print only) The Australian 30/05/2019
Also in: Medical Xpress

BMJ Open Diabetes Research & Care
Fewer Americans are diagnosed with diabetes, even though obesity keeps rising Los Angeles Times 28/05/2019
New U.S. Diabetes Cases Are Declining as Obesity Rates Climb. Officials Don't Know Why TIME 28/05/2019
Health paradox: New US diabetes cases fall as obesity rises The Mainichi (Japan) 29/05/2019
BMJ Quality & Safety
Innovative monitors to transform clinical workflow and enhance patient outcomes across the NHS AT Today 29/05/2019

BMJ Sexual & Reproductive Health
Will we all be having sex without human contact by 2050? (misattributed to The BMJ) Metro 28/05/2019

British Journal of Sports Medicine
Further coverage for leisure-time activity
Flowers Reduce Pain And Anxiety After Surgery, Science Says Moms 27/05/2019

Don’t Let the Cold Weather Keep You Indoors this Year Scoop 28/05/2019
Also in: Voxy

Is your handbag causing you back pain? (print only) The Times 27/05/2019

Further coverage for elite athletes and mental health
OLYMPIC HIGHLIGHTS 27/05/2019 (refers to consensus statement) Olympic.org 27/05/2019

Knee injuries tied to increased risk of arthritis Business Insider 30/05/2019
Also in: Daily Mail, Physician’s Weekly, Reuters UK + India, Yahoo News, Netscape, Channel News Asia, Intnet + widely covered by US local news outlets

Your Sprains and Strains May Just Need a Little ‘PEACE’ and ‘LOVE’ Bicycling 30/05/2019

ADHD may be more common among elite athletes KFGO 31/05/2019 (Linked to mental health of elite athletes issue)

Further coverage for exercise lowering high blood pressure
Health Benefits of Walking Eating Well 31/05/2019

Companies and governments are paying people to get healthy, and it works The Conversation (Canada) 02/06/19

Did you have heart surgery? Doctors have this piece of advice to help you live longer MarketWatch 02/06/2019

Emergency Medicine Journal
Baby Aspirin for a Heart Attack The People’s Pharmacy 27/05/2019

General Psychiatry
Further coverage for gut bacteria and anxiety

**Having Curd Daily Can Help Reduce Anxiety, Says Study** Newsgram 27/05/2019

**Having Plenty Of Curd May Help Reduce Anxiety, Improve Brain Function** MSN India 27/05/2019

**Also in:** MedPage Today, Nutraceuticals World, News18, Digital Journal, IBN Live, Yahoo! India Style, MSN Arabia, News Live, Lawndale News, Medical Health New, Millenium Post

**Gut**

**First Prognostic Test for IBD Now Available for Patients in the UK and Ireland** IBD News Today 29/05/2019

**Heart**

**The Diet Change That Can Cut Your Risk of an Exercise-Triggered Heart Attack** Bicycling 31/05/2019

**Journal of Epidemiology & Community Health**

**New AI Generates Horrifyingly Plausible Fake News** Futurism 30/05/2019

**Yes! On to Our Story! GROVER AI Detects, Writes Fake News Better Than Humans** Sputnik 31/05/2019

**Also in:** NewsCaf

**Do video games that show the cool characters smoking push children toward tobacco use?** WJLA 31/05/2019

**Journal of Medical Ethics**

**Internet privacy — it's a matter of mental health** Medium 28/05/2019

**Also in:** Medical Health News, Scope,

**Journal of Neurology, Neurosurgery & Psychiatry**

**Research:** **CSF neurogranin as a neuronal damage marker in CJD: a comparative study with AD (External PR)**

**Analyzing a protein from cerebrospinal fluid will help diagnose patients with prion diseases** Medical Xpress 29/05/2019

**Also in:** Brightsurf

**World Multiple Sclerosis Day 2019: 7 MS red flags you shouldn’t miss** TheHealthSite 30/05/2019

**Analyzing A Protein From The Cerebrospinal Fluid Will Help Diagnose Patients With Prion Diseases** Scienmag 29/05/2019

**Lupus Science & Medicine**

**Treatment with Tofacitinib Helps Relieve Arthritis and Rash Symptoms in Lupus Patients, Study Shows** Lupus News Today 31/05/2019

**Open Heart**

**A 'Normal' Resting Heart Rate Might Actually Be Signaling Trouble** Remedies 02/06/2019

**Sexually Transmitted Infections**
Sore Throat? Could Be Gonorrhoea Plus 27/05/2019