BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 29 journals were picked up in the media last week (17-23 June) - our highlights include:

- Research published in *BMJ Open* suggesting that women’s awareness of alcohol’s role in breast cancer risk is poor was covered widely, including *BBC News, Bustle* and the *NHS Website*.

- A study published in *Gut* suggesting that yogurt may help to lower pre-cancerous bowel growth risk in men was picked up by *ITV News, The Times, The European Scientist* and *The East African*.

- New studies published in *The BMJ* warning against complacency in efforts to tackle smoking made international headlines, including the *Deccan Chronicle, Business Standard* and *U.S. News & World Report*.

PRESS RELEASES

The BMJ | BMJ Open
Gut | Thorax

EXTERNAL PRESS RELEASES

*Journal of Medical Genetics* | *Tobacco Control*

OTHER COVERAGE

The BMJ | *Annals of the Rheumatic Diseases*
*Archives of Disease in Childhood* | *BMJ Case Reports*
*BMJ Global Health* | *BMJ Nutrition, Prevention & Health*
*BMJ Open Diabetes Research & Care* | *BMJ Open Gastroenterology*
*BMJ Quality & Safety* | *BMJ Sexual & Reproductive Health*
*BMJ Supportive & Palliative Care* | *British Journal of Ophthalmology*
*British Journal of Sports Medicine* | *Emergency Medicine Journal*
*General Psychiatry* | *Journal of Epidemiology & Community Health*
*Journal of Investigative Medicine* | *Journal of Medical Ethics*
*Journal of Neurology, Neurosurgery & Psychiatry* | *Medical Humanities*
*Occupational & Environmental Medicine* | *Postgraduate Medical Journal*
*Regional Anaesthesia & Pain Medicine* | *Trauma Surgery & Acute Care Open*
*Vet Record*
The BMJ

**Tobacco package** (Research x 3, Editorials x 2, Feature - PR)

Global Efforts to Cut Smoking Show Mixed Results  U.S. News & World Report 20/06/19
Cigarette consumption high in low-and-middle-income countries  Business Standard 23/06/2019
Rise of cigarette consumption in low and middle income countries  Deccan Chronicle 24/06/2019


Other coverage for The BMJ
What bats, primates and even zebrafish tell us about human aging  The Washington Post 17/06/2019

Further coverage for epilepsy drugs and suicidal behaviour (PR)
Common nerve pain drug linked to suicidal behavior, overdose  radiousa.com 17/06/19
Epilepsy drugs linked to increased risk of suicidal behaviour  Practice Business 18/06/19
Fibromyalgia Medication Tied to Suicidal Behavior, Overdoses  Medical Health News 20/06/19


Further coverage for red meat and heightened risk of death (PR)
Who are you calling chicken? Tyson Foods is getting into the business of plant-based meat  The Washington Post 17/06/2019
Red meat could reduce your lifespan  New Telegraph (Nigeria) 17/06/19


Further coverage for ultra-processed foods (PR)
Beware ultra-processed foods  The Deccan Herald 18/06/2019
Ultra-processed foods are easy, cheap and could be killing you  Citizen 22/06/2019

Also in: Medical Health News, Healthy Life Zone

Vitamin D Deficiency: Is This the Real Cause of Your Permanent Tiredness?  Women’s Health 17/06/2019
Want to know why many doctors argue that all children should get a chickenpox jab? Read Alex’s story
HEALTH Medicine Network 17/06/19

HEALTH: Enjoy the woods… but beware of ticks and Lyme disease
Express Digest 17/06/19

London gets its first ‘fast-access’ cannabis clinic
Evening Standard 18/06/2019

Our grandparents need doctors trained abroad
The Sentinel-Progress 18/06/19

Electronic prescribing does not prevent most harmful paediatric prescribing errors, study finds
The Pharmaceutical Journal 18/06/19

Telling people to eat fewer burgers won’t solve shocking health inequality
The Guardian 19/06/2019

Bookmakers pledge £100m to avoid gambling crackdown
BBC News 19/06/2019

Also in: The Parliamentary Review, Vegas Slots Online

OLDS: Our Grandparents Need Doctors Trained Abroad
Washington Informer 19/06/2019

The Tory leadership wannabes think they’re a ‘boyband’. Yes really.
The Canary 19/06/2019

Nurse-led education ’effective’ in teaching arthritis patients safety skills
Medical Health News 20/06/19

Also in: Nursing Times

Are X-rays overused in Irish hospitals?
The Irish Times 20/06/2019

Clean Air Day 2019: How toxic air pollution in London poses a serious health risk to unborn babies
Evening Standard 20/06/2019

9 Times Ibuprofen Won’t Work—And Could Be Dangerous
slide 2/10 MSN Health & Fitness 20/06/2019

Is breast really best? I looked at all the data to find out
The Guardian 20/06/2019

Also in: Newsgroove

Further coverage for exploitation of migrant agricultural workers in Italy
Fruit of Italian Slavery (print only) The Guardian 20/06/2019

Medical students share shocking sexist comments at UCHW
coventrytelegraph.net 21/06/19

Also in: Coventry Live, Medical Health News

When coronary CTA is most appropriate for suspected heart disease
MD Alert 21/06/2019

Housing & Regeneration, An end to damp damage?
LABM 21/06/19

Further coverage for Big tobacco investigation (PR)

MPs’ links to organisation backed by tobacco industry
Medical Tobacco 21/06/2019

Clinical update in The BMJ roots for GPs to detect oral cancers in time
The Hindu 21/06/2019

Also in: Njus

What Is Harissa and How Can You Use This Bright Red Chili Paste?
Shape 21/06/2019

Questions About Arthritis
Newsmax Health 21/06/2019

Is friendly public transport the answer to the loneliness epidemic?
European Sting 21/06/2019

8 best fruits for diabetes patients to control diabetes
Blogarama 21/06/2019

Why good gut health is even more important than we thought
Now to Love 21/06/2019

Also in: MSN NZ, New Zealand Woman’s Weekly

Ask Dr Miriam: My mum has had a stroke and is now at home with us but is very depressed...
(print only) Irish Mirror 21/06/2019

Leadership award for health researcher
Mirage News 21/06/2019

NHS boss admits hospitals need MORE beds because years of cost-cutting closures went too far and left wards ‘overly pressurised’
Daily Mail 21/06/2019

Also in: Express Digest, Mogaz News, WhatsNew2Day, Health Medicine Network
Catch opportunities in Precision Medicine with Big Data and Machine Learning Sap 21/06/2019

Further coverage for thyroid hormone treatment (PR)
Why are doctors trying to stop women taking thyroid pills that cost just pennies? Daily Mail 22/06/2019
Also in: The Mail on Sunday, Medical Health News, newsgroove, Konitono News, WhatsNew2Day, Mogaz News

American Revolution in the NHS (print only) i news 22/06/2019
Sturgeon’s alcoholic price push to a corking legacy (print only) The Sunday Times 23/06/2019

JOURNALS

BMJ Open

Research: The acceptability of addressing alcohol consumption as a modifiable risk factor for breast cancer: a mixed methods study within breast screening services and symptomatic breast clinics (PR)
Women not aware enough of breast cancer link to alcohol  BBC News 19/06/19
Many women unaware of the link between alcohol and breast cancer NHS Website 19/06/19
The Link Between Alcohol & Breast Cancer Needs To Be Made More Obvious, According To A New Study Bustle 21/06/19

Also in: Daily Mail + Scottish Daily Mail, The Sun + Scottish Sun + Irish Sun, Evening Standard, Huff Post UK, GVS Wales, Yahoo News UK

International + other

Male Victims of Domestic Violence Often Suffer in Silence World Pro News 17/06/19
Also in: Health24 South Africa

Expert Tips on Diagnosing and Treating Psoriatic Arthritis Everyday Health 17/06/19

Urinary catheters Market 2019-2024 Upcoming trends, development strategy, market analysis Medical Health News 17/06/19

Researcher hopes publication will win funding for Māori diabetes study New Zealand Doctor Online 18/06/19

What’s the Best Time to Meditate to Achieve Peak Chill? PureWow (US) 18/06/19
Also in: Yahoo Lifestyle
Sleep apnea and rheumatoid arthritis: what to know about the link
Titanium Triathlete
19/06/19

Further coverage for strobe lighting and epileptic fit risk (PR)
Strobing stage lights could up risk of epileptic seizures
Daily Mail 19/06/19

Also in: Victoria Now, VernonNow, ShuswapNow, All Industry News, radioUSA + extensive US broadcast outlets, Aktk, Netscape, Intnet, Reuters UK + Reuters India, Yahoo News, Business Insider, Channel News Asia, The Herald (Ghana), Netscape, MD Alert, NewsCaf, Global News Online

Further coverage for India’s healthcare staff shortage (PR)
India’s skilled health workforce falls short of WHO threshold
The Asian Scientist 20/06/19

Journals harming patients by restricting pharma-funded research, says consultancy
The Pharma Letter 21/06/19

Eliminate ultraprocessed foods from your diet now
Texarkarna Gazette 22/06/19

Also in: Medical Health News, Healthy Life Zone

HEALTH: The new wave of superfood
You Magazine (Daily Mail) 23/06/19

IS THE MENOPAUSE NEEDLING YOU? (print only) Mail on Sunday 23/06/19

Mental disorder or illness? Where to draw the line?
Journey Line 23/06/19

Further coverage for acupuncture and menopausal symptoms (PR)
Is the menopause needling you? (print only) The Mail on Sunday 23/06/2019

Gut

Postscript: Yogurt consumption and risk of conventional and serrated precursors of colorectal cancer (PR)

Yoghurt lowers risk of pre-cancerous growths in men, study suggests
ITV News 18/06/19
Eating yoghurt reduces the risk of pre-cancerous growths in men, a new study finds
The European Scientist 19/06/19
Men who eat yoghurt weekly less likely to get colon cancer, study shows
The East African 20/06/19


‘Drinking buttermilk helps fight heart disease’
Hindu Business Line 17/06/19

Also in: Miss Kyra
**Best prebiotic supplement to help leaky gut** The Sports Daily 23/06/19

**Thorax**

**Research**: *Midlife cardiorespiratory fitness and the long term risk of chronic obstructive pulmonary disease (PR)*

- Physical fitness in middle aged linked to later risk of COPD OnMedica 19/06/19
- Fitness in Middle Age Cuts Men's Odds for COPD Later HealthDay 19/06/19
- Being physically fit in middle age benefits health in several ways Consumer Affairs 19/06/19

**Also in**: Medical Xpress, Science Daily, MediBulletin, MDLinx, WebMD, AJMC Managed Markets Network

**Annals of the Rheumatic Diseases**

- There's a Large Impact on Mental Health and Sleep in People With Rheumatoid Arthritis, Surveys Suggest Everyday Health 18/06/19

**Further coverage for MSK world ranking (PR)**

- Musculoskeletal disorders rank second worldwide in curbing 'productive life': study Health + Safety Magazine 19/06/19
- Non-response to rituximab therapy in rheumatoid arthritis is associated with incomplete disruption ... Medical Health News 20/06/19

**Does alcohol contribute to arthritis?** Chromatography Today 21/06/19

**Oldham doctor develops new blood test to help arthritis patients** Oldham Chronicle 21/06/19

**Lutikizumab does not significantly improve pain or imaging outcomes in hand osteoarthritis** Specialty Medical Dialogues 23/06/2019

**Archives of Disease in Childhood**

- The Benefits Of Circumcision in Manchester For Babies Health Thoroughfare 18/06/19

**Also in**: Blogarama

- Pediatric T1DM medication adherence drops on weekends, holidays Medical Xpress 19/06/19

**Also in**: Physician's Briefing, Doctors Lounge, Drugs.com

**BMJ Case Reports**

- What experts have said on rumours 'face-rotting' cocaine is being sold Somerset Live (misattributed to The BMJ) 17/06/2019

**Also in**: This is Western Daily Press

- SHOCK DIAGNOSIS Woman unable to have sex discovers it's down to 'dead end' vagina that's just 2cm long The Sun 19/06/19

**Also in**: IFL Science, Mirror, Daily Mail

- A Woman Got Acupuncture For The First Time And Ended Up With A Collapsed Lung IFLScience 20/06/19

**Also in**: Health.com, Yahoo News UK
Lower complication rates through VR ophthalmic surgery training, Medical Training Magazine 19/06/19

International Day of Yoga 2019: Side-Effects and Dangers of Yogasanas You Should Know About, LATESTly 21/06/19

Can good nutrition prevent cataracts?, All about Vision 23/06/19

British Journal of Sports Medicine

Men's Health Checklist for Every Age, Consumer Reports 16/06/19

Also in: MSN

Exercise Can't Save Us: Our Sugar Intake Is The Real Culprit, Experts Reveal, Megaicon Magazine 17/06/19

Women's feet, soccer boots and common injuries, Foot Talk 18/06/19

Yeah, About That Friend Who Talks About All The Weight They Lost From Running., Yahoo News 18/06/19

Also in: Mylifestylemax, MSN Health & Fitness, USpressfrom, Yahoo Lifestyle

9 habits that help you live healthier and longer, TheHealthSite 18/06/19

You Know You Need Exercise, Is There a Best Kind for Anti-Aging?, Bel Marra Health 18/06/19

CAN WORKING OUT LOWER THE RISK OF DEVELOPING A COLD?, Health365 18/06/19

Paying people to get healthy can work (link unavailable) Winnipeg Free Press 18/06/19

Thinking of Running For Weight Loss? What You Really Need To Know, According To Experts, Pulse Ghana 18/06/19

The Science (or Lack Thereof) Behind Transgender Inclusion in Powerlifting (link unavailable) Muscle & Fitness Online 18/06/19

Maintaining your window A/C unit (link unavailable) Palm Beach Post 19/06/19

Also in: Independent Online (South Africa) + widespread local US print outlets

Managing drugs in sport, The Podium Cafe 20/06/19

What is a pre-workout?, The Active Times 20/06/19

Also in: Yahoo Lifestyle

Should you be using this popular workout supplement? Xinmsn 21/06/19

Also in: uspress.from, MSN Health & Fitness

Dr Mercola: one of the least expensive ways to live long and healthy, Ghana Politics 21/06/19

Further coverage for badminton eye danger (PR)

Protect your eyes in badminton, doctors say, Medical Health News 21/06/19
Also in: ecns.cn

Time for a great return: 15 reasons to love tennis (print only) Daily Telegraph 21/06/19
Why playing tennis is good for you regardless of how old you are The Telegraph 21/06/2019

Emergency Medicine Journal
People's Pharmacy: Aspirin recommended with heart attack (link unavailable) Winston Salem Journal Online 21/06/19

General Psychiatry
Further coverage for anxiety and gut bacteria (PR)
Anxiety Could Be Alleviated By Controlling Gut Bacteria The News Network 17/06/19

Journal of Epidemiology & Community Health
Hate your job? Being unhappy at work might have long-term health effects FastCompany 17/06/19

Healthy Diet Tied to Later Menopause MedPage Today 18/06/19

Stand against sitting. Training Matters Magazine 21/06/19

Further coverage for deaths linked to sitting (PR)
Get up: Sitting all day linked to 70,000 deaths in United Kingdom per year, study finds StudyFinds 22/06/19

Tasseography for Nutrition - Green tea CityScene (Ohio) 22/06/19

Journal of Investigative Medicine
Lyme Disease: The CDC’s Greatest Coverup & What They Don’t Want You To Know Healthnut News 19/06/19

Journal of Medical Ethics
Assisted dying reinforces deadly cultural assumptions Sydney Morning Herald 17/06/19
Also in: Brisbane Times, The Age, WAToday.com, MercatorNet

Face off? Americans fear privacy loss to recognition software Christian Science Monitor 20/06/19

Cheating Death: Inside the Cryonics Institute, Where Your Body Is Frozen With Hopes of Revival The Entrepreneur Fund 21/06/19
Also in: The Atlantic

Journal of Medical Genetics

Research: Genetic characteristics of retinitis pigmentosa in 1204 Japanese patients (External PR)
No coverage

Journal of Neurology, Neurosurgery & Psychiatry
Surprising and Delicious Food May Help MS and Chronic Fatigue Syndrome Care2.com 17/06/19
Clinical value of cerebrospinal fluid neurofilament light chain in semantic dementia (link unavailable) Medical Health News 18/06/29

Image-based analysis and long-term clinical outcomes of deep brain stimulation for Tourette (link unavailable) Medical Health News 21/06/19

**Medical Humanities**
GOC names new lay member Dispensing Optics (General Optical Council) 17/06/19

**Occupational & Environmental Medicine**
Occupational skin and lung disease in coalfield communities Nursing Times 17/06/19

*Further coverage for abused domiciliary workers (PR)*
Violence In A Healthcare Workplace - Your Home American Council on Science and Health 19/06/19

**Postgraduate Medical Journal**
Can the effects of a great smile really be better than sex? Irish Times 17/06/19

**Regional Anaesthesia & Pain Medicine**
Hospital safety net burden is associated with increased inpatient mortality and postoperative complications ...(link unavailable) Medical Health News 23/06/19

**Tobacco Control**

*Research: Effect of IQOS introduction on cigarette sales: evidence of decline and replacement (External PR)*
No coverage

Teen’s e-cigarette explodes in his face, leaving him with a broken jaw
Global News Canada 20/06/19

*Also in: Pedestrian TV, New York Post, LADBible, CBS New York, CBS Cleveland, Al Bawaba, WhatsNew2Day, Medical Health News, Gulf News (UAE)+ covered widely by US regional TV outlets*

South Africa: New Smoke Signals - Is Big Tobacco Using Influencers to Illegally Punt New Products? AllAfrica.com 21/06/19
No ifs or butts: Cigarette rubbish is littering Singapore's coastline Channel News Asia 22/06/19

*Also in: Times of News, Local News Singapore*

A crackdown on Juul made vaping more expensive for some teens Market Watch 24/06/2019

**Trauma Surgery & Acute Care Open**
Exposure to others’ suffering even worse than being shot at BrightSurf 21/06/19

**Vet Record**
Minerals – it's all about the balance  Farming Life 15/06/19