BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 20 journals were picked up in the media last week (10-16 June) - our highlights include:

- A study published in *The BMJ* suggesting that an increase in red meat intake over time is linked to a heightened risk of death picked up global headlines, including *The Telegraph*, *CNN* and *The Sydney Morning Herald*.

- Research published in *BMJ Open* warning that strobe lighting at EDM festivals may be linked to a tripling in epileptic fit risk was covered widely, including *BBC News*, *The Independent* and *Inverse*.

- A paper published in the *Archives of Disease in Childhood* revealing that persistent poverty affects one in five children in the UK generated national headlines, including *The Times*, *i news*, *Metro* and *HuffPost UK*.

**PRESS RELEASES**

*The BMJ* | *Archives of Disease in Childhood*
*BMJ Open* | *Occupational & Environmental Medicine*
*Vet Record*

**EXTERNAL PRESS RELEASES**

*BMJ Open* | *Gut*
*BMJ Case Reports*

**OTHER COVERAGE**

*The BMJ* | *Annals of the Rheumatic Diseases*
*BMJ Global Health* | *BMJ Nutrition, Prevention & Health*
*BMJ Open Diabetes Research & Care* | *BMJ Quality & Safety*
*British Journal of Ophthalmology* | *British Journal of Sports Medicine*
*General Psychiatry* | *In Practice* | *Journal of Epidemiology & Community Health*
*Journal of Neurology, Neurosurgery & Psychiatry* | *Journal of Medical Ethics*
*Open Heart* | *Tobacco Control*
Further coverage for medRxiv launch

**MedRxiv: The Research Revolution Will Not Be Peer Reviewed** MedPage Today 10/06/2019

How data analytics can be pivotal to business growth, according to digital expert Masibu Manima Evening Standard 13/06/2019

**The BMJ**

**Research:** Association of Changes in Red Meat Consumption with Total and Cause-Specific Mortality Among U.S. Women and Men: Two Large Prospective Cohort Studies (PR)

Swapping one portion of red meat a day for fish or nuts could cut risk of early death by almost a fifth The Telegraph 13/06/2019

Eating more red meat 'leads to higher chance of dying' Sydney Morning Herald 13/06/2019

Changing your meat-eating habits could mean a longer life, study suggests CNN 13/06/2019


International


Other


Research: Associations between gabapentinoids and suicidal behaviour, unintentional overdoses, injuries, road traffic incidents, and violent crime: population based cohort study in Sweden + Linked editorial: Gabapentinoids linked to new risks, including suicidal behaviour (PR)
Epilepsy drug linked to increased suicide risk in young people  UPI 13/06/2019
Common epilepsy drug pregabalin linked to increased risk of suicide  The Times 13/06/2019
Anxiety drugs widely prescribed in the UK linked to 26% rise in suicide risk, study shows  The Independent 13/06/2019


News: Early release rules for prisoners at end of life may be “discriminatory,” say doctors + Opinion: Early release rules for prisoners at end of life need reform (PR)

Early release rules for prisoners at end of life may be 'discriminatory,' say doctors  Medical Xpress 12/06/2019
Early release rules for prisoners at end of life may be 'discriminatory,' say doctors  Sciencecodex 12/06/2019

Other coverage for The BMJ
BENEFITS OF REGULAR VITAMIN D TESTS REMAIN UNPROVEN: STUDY  Aquila 10/06/2019

Further coverage for testosterone levels in female athletes
Shun IAAF till it drops discriminatory 'Semenya Rules'  Daily Nation 10/06/2019

What everyone needs to know HIV: Undetectable means untransmittable 'U=U' (print only)
Daily Mirror 10/06/2019
Paclitaxel Device Prognosis; PCSK9 Now Cost Effective; ICU Benefit in STEMI?  MedPage Today 20/06/2019

Also in: Drugs.com
Tory leadership: Hunt rules out change to abortion law  BBC News 10/06/2019

Also in: Newsgroove
Explained: How plant-based diet reduces your risk of type 2 diabetes  The Health Site 10/06/2019

CBT Could Change How You Eat  Ask Men 10/06/2019
Placebo surgery raises ethical concerns – but this was not placebo surgery  New Statesman America 10/06/2019
Weight-loss surgery in England: many who need it aren’t getting it  The Conversation 10/06/2019


Vaccine Damage is Far Greater Than Long-Held Views  Activist Post 10/06/2019
The Hidden Lives of Marmosets  Peta.org 10/06/2019
Low vegetable, fruit consumption causes 139,000 deaths from heart disease, stroke in US: Study Meaww 10/06/2019
Q&A: Abortion law BBC News 10/06/2019
21 Ways Your Body is a Ticking Time Bomb Better Health 14/06/19
THE DAD'S AGE MATTERS TOO WHEN COMING TO CONCEPTION Daily Sun 14/06/19

What bats, primates and even zebrafish tell us about human aging The Washington Post 15/06/19
Also in: SFGate, Laredo Morning Times Online, News Llive, 17Ok News, Tribune-Review Online,

Why many doctors say all children should get a chickenpox jab: Mother's shock as child suffers stroke triggered by a virus that causes the condition Daily Mail UK 15/06/19
Also in: Celbest News, expressdigest.com,

Further coverage for joint supplements and lower risk of cardiovascular disease Lower cardiovascular disease risk with glucosamine use MS Alert 10/06/2019

Further coverage for ultra-processed foods More evidence links ultra-processed foods to health harms The Jordan Times 10/06/2019
Food Science & Innovation Weekly News Round-up - June 7 2019 Food Insider Journal 10/06/2019
Processed foods are a much bigger health problem than we thought Vox 11/06/2019

Further coverage for transgender women and risk of breast cancer Men taking women's hormones massively increase risk of breast cancer, study finds Life Site News 10/06/2019

Further coverage for self sampling smear kits Cervical screening: How enduring use of 150-year-old speculum puts women off smear tests Yahoo Style 10/06/2019

Heartburn Drugs Can Lead to Fatal Heart or Kidney Disease New York Times (misattributed to BMJ Open) 11/06/2019
UK Company Visulytix Is Using Microsoft Azure To Tackle The Leading Causes Of Blindness Public 11/06/2019
It's time that you take a closer look at your eye health (print only) The Times 11/06/2019

Further coverage for cataract surgery In my view...rationing basic ops to save cash ruins lives (print) Daily Mail 11/06/2019
ASK THE GP: Will a memory clinic help my husband? Dr Martin Scurr answers your health questions Health Medicine Network 10/06/2019

Further coverage for eating breakfast and weight control This Surprising Weight Loss Technique DOES Work Psy Blog 11/06/2019
Study explains the link of rice and obesity Reports Healthcare 11/06/2019
Letters to the Editor: "Clearly America offers some benefits to the NHS" Swindon Advertiser 11/06/2019
Also in: This is Wiltshire
What Exactly Is the Noom Diet — and Should You Try It? Live Strong 11/06/2019
Lung cancer: audit shows improvement in surgery survival Roy Castle Lung Cancer Foundation 11/06/2019
Everything you need to know about detoxing GQ 11/06/2019
Does Rice Really Make You Gain Weight? Grazia India 11/06/2019

Further coverage for sexual activity in Britain
Australia's sexiest state has been revealed and the result is very surprising Daily Mail 12/06/2019

Anti-alcoholic suffers from homeopathy of alcoholic hepatitis Archy Worldys 12/06/2019
ARE WE EATING poison? Daily News 12/06/2019
Also in: News.lk
STUDY CLAIMS SCIENCE NONPROFIT SERVES AS LOBBYIST FOR FOOD INDUSTRY Who.What.Why 12/10/2019
The weirdest things we learned this week: labor-inducing salads and cat-eating coyotes Popular Science 12/06/2019
Children should have the right to tell doctors to vaccinate them rules American Medical Association Lipstick Alley 12/06/2019
Children should have the right to tell doctors to vaccinate them if parents have 'flawed' anti-vaxx beliefs, rules American Medical Association as US measles cases hit 17-year high Daily Mail 12/06/2019
Also in: Express Digest, Health Medicine Network
The Worst Patients in the World The Atlantic 12/06/2019
Also in: MSN Lifestyle, From Press
Top 10 medical myths, busted ACP 12/06/2019

Jessica Biel lobbies against vaccine bill, but denies being part of anti-vaxx movement Globalnews.ca 13/06/2019
Also covered widely by US local radio outlets
Facts v truth Campaign 13/06/2019
Mesh implants work for bladder leakage, long-term safety unclear Reuters 13/06/2019
Also in: Yahoo News, TheDrive, Physician's Weekly, Netscape, Intnet + numerous US local radio outlets, MD Alert,

Chronic diseases monitored in primary care could lead to unnecessary testing Medical Health News 13/06/2019
Also in: Agenparl
40 Health Risks That Skyrocket After 40 BestLife 13/06/2019
ICU Care for STEMI Associated With Improved Mortality Rates Physician's Briefing 13/06/2019
Also in: 6minutes.com.au
Chronic diseases monitored in primary care could lead to unnecessary testing Mirage News 13/06/2019
Chronic diseases monitored in primary care could lead to unnecessary testing Health Canal 13/06/2019
Women diagnosed with cervical cell changes are being treated differently across the country
inews 13/06/2019
Also in: MSN Health & Fitness

Food for Thought: The pitfalls of the Childhood Obesity Plan Politics Home 14/06/19
Mobile health and apps news in brief Digital health 14/06/2019
Drinking buttermilk improves cardiovascular health Business Line Hindu 17/06/19

JOURNALS

Archives of Disease in Childhood

Research: Poverty dynamics and health in late childhood in the UK: evidence from the Millennium Cohort Study (PR)

One In Five UK Children In 'Devastating' Persistent Poverty, Study Finds Huff Post UK 12/06/2019
Fifth of UK children affected by persistent poverty OnMedica 12/06/2019
One in five children is living in poverty The Times 12/06/2019

Tweeted by Diane Abbott

BMJ Open

Research: Stroboscopic light effects during electronic dance music festivals and photosensitive epilepsy: a cohort study and case report (PR)

STROBE LIGHTING AT DANCE FESTIVALS ‘TRIPLES RISK OF EPILEPTIC SEIZURES’ Independent 11/06/2019
Music festival lighting 'can trigger epileptic fits' BBC News 12/06/2019
Electronic Music Festivals Trigger Brain Disturbances in Undiagnosed Patients Inverse 11/06/2019


Research: Help-seeking by male victims of domestic violence and abuse (DVA): a systematic review and qualitative evidence synthesis (External PR)
Male victims of domestic abuse face barriers to accessing support services – new study The Conversation UK 12/03/2019
Male victims of domestic abuse face barriers to get help: Study Business Standard 12/06/2019
Nurses in training reveal scale of abuse (print) South China Morning Post 10/06/2019


Research: Community pharmacy lifestyle intervention to increase physical activity and improve cardiovascular health of men with prostate cancer: a phase II feasibility study (External PR)

Community Pharmacies Make A Lifestyle Impact For Patients With Prostate Cancer Scienmag 12/06/2019 (misattributed to The BMJ)
Community pharmacies help weight loss and fall in cholesterol in men with prostate cancer, study finds The Pharmaceutical Journal 13/06/2019

Further coverage for weight change in later life and dementia risk
Weight Change In Elderly Linked To Dementia Risk Asian Scientist Magazine 10/06/2019

The weekend effect IS real: Patients are 15% more likely to die on Saturday or Sunday Brinkwire 10/06/2019

DynaMed® Founder Leads Effort to Define Certainty of Net Benefit for Healthcare Chron 10/06/2019
Also covered widely by US local news outlets

Sugar-sweetened beverages linked to 208% increase in incident gout Medical Health News 12/06/2019
Also in: Healio

Tory cuts result in 131,000 preventable deaths in the UK World Socialist Website 12/06/2019

Further coverage for school knife crime
Video Of Knife-Wielding Students Sparks Investigation At London School HuffPost 12/06/2019
Also in: Yahoo UK + Yahoo News Australia & NZ, Bristol 24/7

Further coverage for health workforce in India
India's Ailing Health Sector (misattributed to The BMJ) 12/06/2019
Also in: The Diplomat

10 Powerful And Research-Backed Health Benefits Of Coconut Water StyleCraze 13/06/19
Honey cold sore treatment on a par with standard products – BMJ Open study  Medical Health News 14/06/2019
Also in: New Zealand Doctor

99 Anti-Aging Secrets for Looking and Feeling Younger Than Ever  MSN Health & Fitness

How to differentiate between mental disorders  Navhind Times (Goa)  15/06/19

Occupational & Environmental Medicine

Research: Home care aides’ experiences of verbal abuse: a survey of characteristics and risk factors  (PR)

Home care nurses ‘frequently verbally abused’ by clients and their families  Nursing Times 12/06/2019
Home care health workers suffer ‘frequent verbal abuse’  Irish Times 12/06/2019
Nearly a quarter of home care aides face verbal abuse  UPI 13/06/19

Air Force veteran pins cancer diagnosis on Valero, others in lawsuit  San Antonio Business Journal 10/06/2019

Open to open-concept  Canadian HR Reporter 11/06/2019

What Are ‘Forever Chemicals’ And How Are They Getting in Your Food?  Healthline 12/06/2019

Firefighters battle occupational cancer  CBS News 16/09/19

Vet Record

News: US professor slams American farm vets for ‘not speaking out’ on welfare
Editorial: Is the end of eating meat in sight?  (PR)

No coverage

Annals of the Rheumatic Diseases

Centrexion Therapeutics to Announce CNTX-4975 Trial Results at the European League Against Rheumatism’s (EULAR) 2019 Annual European Congress of Rheumatology  Global Newswire 11/06/2019

Denosumab Plus csDMARD Shows Promise for Reducing Joint Destruction in RA  Rheumatology Advisor 11/06/2019

EULAR Recommendations for Managing Antiphospholipid Syndrome in Adults  Rheumatology Advisor 12/06/2019
Therapeutic Drug Monitoring in RA Is of Uncertain Utility  Medical Health News 15/06/19

BMJ Case Reports

Research: Ocular injuries from gel blasters: not just a harmless toy (External PR)

Warning over 'gel blaster' toy guns after two boys were shot in the eye leaving pools of blood behind their corneas Daily Mail 10/06/2019
Also in: Infosurhoy, medicine.news.am, Information Analytic News Agency.am

Man, 43, needs dialysis for the rest of his life after eating poisonous pufferfish liver destroyed his kidneys and left him in intensive care Daily Mail 10/06/2019
FLORIDA MAN TOOK COCAINE AND ATE PUFFER FISH LIVER, ENDED UP IN INTENSIVE CARE Newsweek 11/06/2019
Also in: The Epoch Times, NDT

HORN IN HER SIDE Woman’s horror as giant black horn grows out of her thumb – for second time The Sun + Scottish Sun + Sun IE 11/06/2019

Good and Bad effect of Oral sex Blogarama 12/10/2019

Acupuncture causes a 79-year-old woman's lung to COLLAPSE prompting doctors to warn of the life-threatening complication of the trendy treatment Daily Mail 12/06/2019
Also in: Mogaz News, Express Digest, Health Medicine Network, WhatsNew2Day

Further coverage for red yeast rice supplement
AstraZeneca Markets an Herbal-Based Remedy to Expand in China Bloomberg BusinessWeek 14/06/2019

BMJ Global Health
Plan for May to be Child protection Month IOL 11/06/2019

As first Ebola case found in Uganda, there are questions over WHO’s reaction time Quartz 12/06/2019

International Men’s Health Week 2019: Why Men Die Earlier than Women Do Latestly 12/06/2019

Research suggests ways to motivate Accredited Social Health Activists (ASHAs) in India The Pharma Times India 13/06/2019

One In Two Diabetics Lacks Access To Insulin In India The Hindu Business Line 13/06/2019
Also in: Medical Buyer, Business Standard, Financial Express

BMJ Nutrition, Prevention & Health

Further coverage for the window between eating and sleeping
Waking up early can make you healthier and wealthier — here are 4 life hacks to reset your body clock in 3 weeks MarketWatch 10/06/2019
Waking up early can make you happier and healthier: study New York Post 11/06/2019
Also in: Morningstar StockInvestor
BMJ Open Diabetes Research & Care
Top stories in endocrinology: Mediterranean diet provides cognitive benefits in type 2 diabetes … Heaio 12/06/2019

Diabetes Injection Pens Market is Anticipated to Reach a Valuation of US$9.7 bn by the End of 2024 Market Reporter 13/06/2019

Longer weight loss treatment programs may be necessary to improve blood sugar levels College of Public Health and Health Professions 14/06/19

Review of clinical practice guidelines for gestational diabetes Probability and Law 14/06/19

BMJ Quality & Safety
The Impact of Incivility on Hospital Patients Managed Healthcare Executive 10/06/2019
Incivility in Operating Rooms Associated with Diminished Clinical Performance PSQH 10/06/2019
Also in: HealthLeaders

Rudeness in operating room poses threat to patient safety Practical Patient Care 11/06/2019

Reducing adverse drug reactions The Hospitalist 12/06/2019

British Journal of Ophthalmology
CNV (Choroidal NeoVascularization) Market Size will Observe Lucrative Surge by the End 2023 Technology Market 11/06/2019

British Journal of Sports Medicine
How to Squat the Right Way Yahoo Lifestyle 10/06/2019
Also in: Medical Health News, MSN Health & Fitness, The Active Times, Pressfrom.info

Walking Is Considered Exercise—But Only If You Take This Many Steps Per Hour MSN Lifestyle 10/06/2019

Can Racquet Sports Give You a Fitter, Longer Life? Lady Clever 10/06/2019

A brisk walk just once a week can reduce the chances of early death (print) Irish Daily Mail 11/06/2019

You’re probably squatting wrong — here’s how to do it right MSN Health 11/06/19

So What Is the Problem With Ultra-Endurance Athletes? Medium 10/06/2019

Sports, Concussion, Repeat: Researchers See Troubling Pattern Sports Destination Management 12/06/2019

The Lifetime Benefits of Swim Lessons For Your Kids Charlotte Parent 10/06/2019

Companies and governments are paying people to get healthy, and it works Qrius 13/06/2019
Also in: World Economic Forum, World Pro News
Further coverage for interval training

**INTERVAL TRAINING BEATS CONTINUOUS EXERCISE TO BURN FAT** Sporty Bel 12/06/2019

**Also in:** Nola.com, Today.com (NBC).

**Dementia Incidence Predicted to Soar High in the Coming Decades** Newswire 13/06/19

**The Truth about Sugar Addiction** Mercola.com 15/06/19

**Also in:** GhanaPolitics, Mercola.com,

**Sport and exercise medicine** Medical Health News 15/06/19 (link unavailable)

**General Psychiatry**

**Further coverage for gut bacteria and anxiety symptoms**

**Regulating Gut Bacteria May Ease Anxiety** Psychiatry & Behavioural Health Learning Network 10/06/2019

**Do you feel anxious? Start consuming a bowl of curd daily** Times of India 12/06/2019

**Also in:** PsychCongress

**Gut**

**Research:** Introduction of anti-TNF therapy has not yielded expected declines in hospitalisation and intestinal resection rates in inflammatory bowel diseases: a population-based interrupted time series study (External PR)

**Costly drug used to treat IBD didn't reduce hospitalizations or surgeries in Ontario** CTV news 13/06/2019

**Infliximab Did Not Result in Lower Rate of Hospitalizations, Surgeries in Canadian Study** The Center for Biosimilars 13/06/2019

**In Practice**

**Asthma patients skipping doses owing to high cost: Study** Business Standard 16/06/19

**Also in:** The Quint, Prokerala.com, daily hunt, Window To News, Can-India News Online, News24online, News Reach, Web India123, Outlookindia.com, The Siasat Daily, 5 Dariya News

**Journal of Epidemiology & Community Health**

**All you need to know about Omega-3s** Blogarama 10/06/2019

**Versant Health Warns About Sun Exposure and Cataract Risk** KASA-TV Online 11/06/2019

**Also in:** Biospace, NewsBlaze, Fat Pitch Financials, One News Page, Benzinga, Finanzen.net, Renewable Energy World North America Online, Markets Insider, TickerTech + covered widely by US local news outlets

**Male managers in Japan have higher mortality rate than in Europe, study finds** The Japan Times 12/06/2019

**Also in:** Japan Today, The Mainichi, The Korea Bizwire, The Asahi Shimbun,

**Study disproves accusations of ghost patient fraud by GPs** Medical Xpress 13/06/2019
Brunswick nursery school moving to new location after 50 years with decreased enrollment capacity The Times Record 13/06/2019

Journal of Neurology, Neurosurgery & Psychiatry
18 Reasons to Drink Coffee for Your Health MSN Health & Fitness 10/06/2019

BETTER PATIENT ENGAGEMENT. A PATIENT’S PERSPECTIVE centreforbrainhealth.ca

LISTEN TO YOUR GUT. GLUTEN AND GRAIN ARE HARMING YOUR BRAIN The Wellness Blog 11/06/2019

How to Sleep for Improved Health and Productivity F3 News 12/06/2019

7 Proven Health Benefits of Coffee Xinmsn 16/06/19

7 Proven Health Benefits of Coffee MSN Philippines 16/06/19

Journal of Medical Ethics
Assisted dying bill reinforces deadly cultural assumptions Brisbane Times 17/06/19

Also in: The Age Australia, The Sydney Morning Herald, WA Today,

Open Heart
New Data Shows The Carillon Mitral Contour System® Is Associated With Improvement In Regurgitant Volume In Patients With Increased Mitral Valve Tenting Markets Insider 13/06/2019

Also in: Yahoo Finance, TickerTech, Finanzen.net, BioSpace, Asia Net, Fat Pitch Financials + widely covered by US business news outlets

Tobacco Control
Tobacco companies in Taiwan change prices during low taxes Biospectrum 10/06/2019

Health experts criticise tobacco industry funded foundation over PR spend PR Week 12/06/19