BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 23 journals were picked up in the media last week (6-12 May)—our highlights include:

- Research in The BMJ finding that British people are having less sex made global headlines, including CNN, ABC News and BBC News.

- A study published in BMJ Open revealing the harms of others’ drinking in England was picked up by The Guardian, HuffPost UK and The Independent.

- A paper published in Sexually Transmitted Infections suggesting that gonorrhea can be caught from french kissing in gay and bisexual men was covered internationally, including The Washington Post, Daily Mail and The Star Kenya.

**BMJ**

**PRESS RELEASES**

The BMJ | BMJ Open | Sexually Transmitted Infections

**EXTERNAL PRESS RELEASES**

Tobacco Control

**OTHER COVERAGE**

The BMJ | Annals of the Rheumatic Diseases
BMJ Case Reports | BMJ Global Health
BMJ Open Respiratory Research | BMJ Open Sport & Exercise Medicine
BMJ Quality & Safety | BMJ Supportive & Palliative Care
British Journal of Ophthalmology | British Journal of Sports Medicine
Gut | Heart
Journal of Medical Ethics | Journal of NeuroInterventional Surgery
Journal of the Royal Army Medical Corps | Medical Humanities
Occupational & Environmental Medicine | Open Heart
Postgraduate Medical Journal | Trauma Surgery & Acute Care Open

**BMJ**

Fears over statins side-effects of mental, memory and pain problems (Fiona Godlee quoted)
Daily Express 12/05/2019
Also in: Sunday Express, The Amed Post
The BMJ Awards
Healthcare trust scoops award Express & Star 06/05/2019

SUDEP Action win BMJ award for life-saving epilepsy tools The Herald 07/05/2019
SUDEP Action win BMJ award for life-saving epilepsy tools Oxford Mail 07/05/2019
Also in: The Oxford Times

Guy’s and St Thomas’ dermatology team wins national award Medical Health News 08/05/2019

The BMJ

Research: Changes in, and factors associated with, frequency of sex in Britain: evidence from three National Surveys of Sexual Attitudes and Lifestyles (Natsal) + Editorial: Surveys indicate a decline in sex among young adults in Britain (PR)

Couples are having less sex, study finds CNN 07/05/2019
Brits are having less sex and ‘modern life’ may be to blame, study shows ABC News 08/05/2019
British people ‘having less sex’ than previously BBC News 08/05/2019


International

Other

Research: Association between Apgar scores of 7 to 9 and neonatal mortality and morbidity: population based cohort study of term infants in Sweden (PR)

Babies born within a 'normal range' of health have a higher risk of illness, brain damage and
death than infants who score a perfect 10 Daily Mail 07/05/2019
Link Between Apgar Scores and Higher Risk of Illness Identified MedIndia 08/05/2019
Lower ‘normal’ Apgar scores linked to poorer outcomes OnMedica 08/05/2019


Other coverage for The BMJ
Doctors in Birmingham taking more than a DECADE off work due to stress Birmingham Live 06/05/2019
Also in: Medical Health News, Tamworth Herald Series
BMA asks doctors to pay back claims for partners’ trips (print + online) The Times 06/05/2019
Author: I Found Joseph Merrick’s Grave Newser 06/05/2019
‘Elephant Man’ Joseph Merrick’s grave found after 130 years New York Post 06/05/2019
Also in: Forum Online
1 in 5 Mumbai’s BEST drivers, conductors have pre-cancer oral damage: Study Hindustan Times 06/05/2019
Millions of Britons are switching to decaf coffee, but is it any healthier? The Telegraph 06/05/2019
Also in: Yahoo UK, MSN South Africa + UK + IE + Arabia + Philippines
Spider venom for libido and caterpillars for pain - insects being used in medicine Mirror 06/05/2019
The future of wildlife and giving up caffeine (14:42-15:05) BBC Radio London Duncan Barkes 06/05/2019
Prostate Drug Dutasteride Shrinks Prostate and Penis The People’s Pharmacy 06/05/2019
Also in: Houston Chronicle
This Is What Happens to Your Body When You Sit All Day Yahoo UK 06/05/2019
Bottoms up to the secret world of shitting – Firstpost Newsfeed (India) 06/05/2019
SEXUAL CHEMISTRY The fascinating changes to your body during sex – from boobs growing to sneezing and widening eyes The Sun 06/05/2019
The fascinating changes to your body during sex – from boobs growing to sneezing and widening eyes The Amed News 06/05/2019
Mother of the first baby with measles in Alabama blames ‘the carelessness of other parents’ Daily Mail 06/05/2019
Also in: Express Digest, Health Medicine Network, Celbest News
Commentary: E-cigs aren’t as safe as industry wants you to think Times Union 06/05/2019
Why Mental Wellbeing is Just as Important as Physical Wellbeing Thrive Global 06/05/2019
Also in: News Live
Small Changes for a Healthier Heart Bottomlineinc 06/05/2019
The Emerging Time Of An African Court Of Law Modern Ghana 06/05/2019
Pregnant women with type 1 diabetes are at risk of giving birth prematurely Rehacare Magazine 06/05/2019
9 Foods That Cause Memory Loss Boldsky 06/05/2019

Further coverage for testosterone levels in female athletes
Science has a gender issue — and it’s not a lack of women ScienceLine 06/05/2019
19 Everyday Things That Could Trigger Anxiety  Best Health 07/05/2019
New Version of Blood Test Can Predict Heart Attacks, Strokes Years Before Symptoms  Healthline 07/05/2019
The numbers don’t lie: how inequality is baked into the NZ health system  The Spinoff  07/05/2019
The creepy-crawlies that could boost your health  Daily Mirror 07/05/2019

Further coverage for preterm birth and chronic kidney disease
Early Birth May Hurt Kidneys (print only) New York Times 07/05/2019
Premature birth linked to increased risk of chronic kidney disease, BMJ says  Practice Business 08/05/2019

Further coverage for China’s obesity policy
Report says Coke’s academic research funding comes with a hitch. It can kill studies it doesn’t like  The Stars Post 07/05/2019
Cambridge University report says Coca-Cola’s academic research funding comes with a hitch. It can kill studies it doesn’t like  Yahoo Finance 08/05/2019
Also in: Yahoo Singapore, Gizmodo

Are standing desks actually worth using? Xpose.ie 07/05/2019
Also in: Irish Examiner
10 healthcare stocks to watch  IG 07/05/2019
Prostate Drugs Increase Diabetes Risk  Diabetes in Control 07/05/2019
Making a value judgement  Laboratory News 07/05/2019
Deadly liver disease caused by heavy drinking on the rise, study finds  From Press 07/05/2019
Severe alcohol-related liver disease on the rise, study finds  NBC 07/05/2019
Also in: MSN Health US, F3 NWS, Wine Business Monthly
Coffee vs Pre Workout - Which is Better Before Exercising? Blogarama 07/05/2019
How to Cross-Train With Beachbody On Demand Workouts  Beachbody on Demand 07/05/2019
Not Exactly 'Volunteering'  Genome Web 07/05/2019
23 Things You Didn't Know About Female Orgasms  Showpo Edit 07/05/2019
How to Choose a Baby Crib Mattress  New Parent 07/05/2019
Dr. Azibanigha Scott: Let’s Talk About Skin Bleaching  Bella Naija 08/05/2019
The shocking amount of time doctors in Lincolnshire have to take off because of stress  Lincolnshire Live 08/05/2019
People's Pharmacy: Prostate drug poses health risks  Houston Chronicle 08/05/2019
Calls for mandatory tax on gambling industry to treat addiction in UK  The Guardian 09/05/2019
How one free bet sparked a 10-year gambling addiction  BBC News 09/05/2019
15 Important Facts About Ticks  Bowhunting.com 08/05/2019

Further coverage for access to medical cannabis
Access to medical cannabis must be improved, says top doctor 08/05/2019
Doctors Dismiss News of Hormone Therapy Risk  Good Times 08/05/2019
The Open Payments Database Has Increased Transparency, But Decreased Doctor-Patient Trust  Policy and Medicine 08/05/2019
FT Health: Alcohol use jumps as battle against booze falters  Financial Times 09/05/2019
Beat global warming while looking cool on a bike  Half Bay Moon Review 09/05/2019
Diabetes Prevention: Study Finds Specific Fruits Are Remedies  Blogaram 09/05/2019
Number of GPs has fallen across the UK - but not in Gloucestershire. Gloucestershire 09/05/2019
Are Metal on Metal Hip Implants Still Used?  Top Class Actions 09/05/2019

Further coverage for sugar reduction
Proof child obesity will go down with sugar reduction  Star2 09/05/2019

Lucy Wills: why a Google Doodle is marking the haematologist on her 131st birthday  inews 10/05/2019
Millions of women take folic acid for a healthier pregnancy. Thank Lucy Wills.  Vox 10/05/2019
Lucy Wills Facts: Google Doodle Honors Discoverer Of Prenatal Vitamin, Folic Acid  International Business Times 10/05/2019
Also in: Inverse, MSN Philippines, MSN UK + IE, MSN South Africa, Press From Australia, India Today, USA UK News, Heavy.com, solonews.net
New cervical cancer urine test offers hope to more than 50,000 unscreened women in Cambridgeshire  The Hunts Post 10/05/2019
STATELINE-Amid Measles Outbreak, Little Effort to Kill Vaccine Exemptions  Daily Mail 10/05/2019
Also in: Yahoo Singapore

Mother's Day can be joyous for pregnant women. But it can be painful for expecting mothers with depression  NBC News 11/05/2019
GP urges caution over benefits of using cannabis-derived medication for pain relief  Coventry Observer 11/05/2019
Thousands of patients with facial paralysis have been deformed for life because doctors have been unable to recognize it  Whatnewstoday 11/05/2019

Further coverage for DIY smear testing
Dr Miriam Stoppard: DIY smear tests could solve screening crisis  Mirror 12/05/2019
Also in: The World News, Spirit FM

Deadly in pigs but harmless to humans, why is African swine fever such a threat to China’s economy?  South China Morning Post 12/05/2019
A blot on Mother's Day  DNA India 12/05/2019
How Much Coffee Is Too Much? A New Study Explores The Link Between Coffee And Cardiovascular Disease  Bustle 12/05/2019
Suitable meals for Ramadan  Bahrain This Week 12/05/2019
The joy of absence  The Economist 12/05/2019

JOURNALS

BMJ Open
Research: Alcohol-related harm to others in England: a cross-sectional analysis of national survey data

People Are Being Pressurised Into Sex By Their Drunk Partners, Study Finds Huffpost UK 09/05/2019

One in five harmed by others drinking alcohol over past year, survey finds The Guardian 10/05/2019

ONE IN FIVE PEOPLE IN ENGLAND HARMED BY OTHERS' DRINKING OVER PAST YEAR The Independent 10/05/2019


What patients really think of NHS staff: language analysis of 29 million words reveals all The Conversation (misattributed to The BMJ) 06/05/2019

Also in: Yahoo News, MENAFN, Metro

New cervical cancer urine test offers hope to more than 10,000 unscreened women in Calderdale Todmorden news 06/05/2019

Also in: Contemporary OB/GYN, Mid Sussex Times + covered widely by local UK news and radio outlets

How the 'lonely ones' can drive meaningful change HSJ 07/05/2019

For American patients to be put first, DIR fee relief is essential Chain Drug Review 06/05/2019

Seeing a Rheumatologist for Rheumatoid Arthritis: What to Know Before Your First Visit (misattributed to The BMJ) Creaky Joints 07/05/2019

NACDS: For American Patients to Be Put First, This Drug-Pricing Reform Is Essential Benzinga 07/05/2019

Also covered widely by US local news outlets

Statins can trigger a shingles attack What the Doctors Don't Tell You 07/05/2019

NUI Galway study illustrates eligibility for statin use in people without cardiovascular disease Engineers Journal 07/05/2019

Medical students with high burnout levels at five times higher risk of depression, new research shows Irish Independent 08/05/2019

Australian doctors overprescribing flu antivirals Mirage News 08/05/2019

9 unusual ways air pollution harms your health MNN 12/05/2019

**Sexually Transmitted Infections**

Research: *Kissing may be an important and neglected risk factor for oropharyngeal gonorrhoea: a cross-sectional study in men who have sex with men*

Got gonorrhoea? It may have come from French kissing, study says. The Washington Post 09/05/2019
How you can catch gonorrhoea by KISSING: Saliva exchange ‘is now a bigger risk than performing oral sex’, scientists warn amid spread of super strain of the STI. Daily Mail 09/05/2019
How kissing can spread gonorrhoea The Star Kenya 10/05/2019


**Annals of the Rheumatic Diseases**

*Further coverage for Musculoskeletal disease*

Musculoskeletal disease second-highest global cause of years lived with disability Medical Health News 08/05/2019
Also in: Healio

Efficacy Not Demonstrated by BI 655064 in Rheumatoid Arthritis Medical Health News 08/05/2019

Study compares tapering strategies in rheumatoid arthritis MD Edge 08/05/2019

World Lupus Day special: Food tips to cure this disease News Track Live 10/05/2019
World Lupus Day 2019: The best and worst foods for this condition The Health Site 10/05/2019

**BMJ Case Reports**

Why you should NEVER clean your ear with a cotton bud: How it can lead to infections, perforated ear drums and tinnitus Daily Mail 06/05/2019
Here’s Why You Shouldn’t Use Q-Tips in Your Ears The Epoch Times 07/05/2019

Also in: Scottish Daily Mail (print)

First-time mother, 30, suffers vision loss in one eye during pregnancy because of a tumour on her pituitary gland that squashed her optic nerve Daily Mail 06/05/2019
Also in: Medical Health News, Health Medicine Network, Express Digest, Celbest News, Daily Read List

Doctors release shocking photos of a man’s foot after he was born with two enlarged toes that left him struggling to walk and needing customised shoes Daily Mail 07/05/2019
Also in: Health Medicine Network, Konitono News, Express Digest, Mogaz News, Tekk

Dive Into Cold Water (print) Stylist 08/05/2019
Woman, 97, with a 'mega-oesophagus' dies after catching pneumonia when she inhaled pieces of decayed food that had become stuck in her pipe Daily Mail 09/05/2019
Also in: Infosurhoy

Case report presents rare incidence of retained tooth in nasal cavity Dental Tribune 09/05/2019

BMJ Global Health
'This is a solvable issue': Pricey insulin has Americans trekking to Canada in 'caravans' Global News 09/05/2019

BMJ Open Respiratory Research
Exercise for 30 minutes a day to beat asthma this winter nine.com.au 06/05/2019

BMJ Open Sport & Exercise Medicine
Do You Burn More Calories on Your Period? Runner's World 07/05/2019
Also in: Yahoo Style

BMJ Quality & Safety
Dangers of AI in clinical settings are still unknown Al in Healthcare 07/05/2019

BMJ Supportive & Palliative Care
Judson Haims: Managing cancer therapy side effects (misattributed to The BMJ) The Aspen Times 06/05/2019
Haims column: Managing cancer therapy side effects (misattributed to The BMJ) Post Independent 07/05/2019

British Journal of Ophthalmology
Gaucher Disease Leads to Eye Manifestations Needing Early Diagnosis, Treatment, Review Suggests Gaucher Disease News 06/05/2019

Eye shingles are on the rise among older adults Considerable 07/05/2019
Also in: Medical Health News

This Is the Most Important Place to Apply Sunscreen (and You Probably Aren't Doing It) PureWow 08/05/2019
Also in: MSN Health US, Press From, Yahoo Lifestyle

Warmer week ahead, with first 80F since September StarTribune 12/05/2019

British Journal of Sports Medicine
Why Do I Wake Up With Leg Cramps? Doctors Are Still Baffled By This One Bustle 06/05/2019

This Is What Happens to Your Body When You Sit All Day Yahoo UK 06/05/2019

Morning exercise kick-starts seniors’ brains Cayman iNews 06/05/2019
Morning exercise can improve decision-making across the day in older adults Canadian Chiropractic 08/05/2019
Also in: Mirage News Australia

Further coverage for leisure-time activity
A 30-minute morning walk helps older, sedentary adults think more clearly, study suggests
MinnPost 08/05/2019

Further coverage for interval training
The best way to exercise: Slow and steady The Telegraph 08/05/2019

Further coverage for exercise lowering blood pressure
Natural ways to lower blood pressure Nola.com 09/05/2019

Regular rounds of 18 holes improve mental and physical wellbeing. Golf Online 09/05/2019

Kevin Durant Injury: Could Load Management Have Prevented Calf Strain? NBC News 09/05/2019
Also in: Yahoo Sports

Putting R.I.C.E to Rest Training & Conditioning 09/05/2019

What to know about supplements for muscles Medical News Today 09/05/2019

Unlock your Gait (print) The Australian 10/05/2019

Gut
Almac Assay’s Ability to Stratify Esophageal Cancer Patients Demonstrated by UK Researchers Genome Web 08/05/2019

Heart
Further coverage for statins and cholesterol levels after 2 years
One-third of statin patients still have bad cholesterol levels, study says UPI 09/05/2019

Systolic BP in 130–139 mm Hg range increases mortality risk due to stroke not heart attack
Specialty Medical Dialogues 12/05/2019

Journal of Medical Ethics
FIVE FASCINATING WAYS BILLIONAIRES ARE TRYING TO LIVE FOREVER BQ Live 10/05/2019

Journal of NeuroInterventional Surgery
Interdisciplinary approach to in-hospital stroke improves detection and treatment time NeuroNews 10/05/2019

Journal of the Royal Army Medical Corps
New Simulator Could Replace Horrific Training Exercises on Live Pigs PetaUK 09/05/2019

Medical Humanities
New Ways Of Thinking On Health, Arts And Humanities Are Emerging In Africa Forbes Africa 10/05/2019

Occupational & Environmental Medicine
Further coverage for night shifts and miscarriage

Pregnant women working night shifts could be more at risk of suffering a miscarriage, study finds Daily Mail (print + online) 07/05/2019
Also in: Medical Health News, Konitono News, MSN Philippines, Express Digest, Mogaz News, LongRoom

Have mask, will travel. Tips for coping with pollution wherever you roam. The Washington Post 09/05/2019
Planning A Summer Vacay? Try These Hacks To Stay Safe From Polluted Places NDTV 10/05/2019
Also in: Pioneer News (IN)

Open Heart
Further coverage for resting heart rate
A resting heart rate can indicate just how healthy your heart is Fox2 07/05/2019

Postgraduate Medical Journal
Welcome to NYT Parenting. Here's Why We Won't Say ‘Natural Birth.’ The New York Times 07/05/2019

Tobacco Control

Research: The impact of implementation of a national smoke-free prisons policy on indoor air quality: results from the Tobacco in Prisons study (External PR)

Prison tobacco ban significantly reduces secondhand smoke Medical Xpress 07/05/2019
Also in: BrightSurf, News-Medical.Net, MedIndia.net, Medical Health News, Health Europa, Dentistry.co.uk

US Arrival of Heat-Not-Burn Is Another Option for Smokers to Switch Filter 07/05/2019

Trauma Surgery & Acute Care Open
Mumbai woman claims she lost 214kg with two surgeries in 4 years Hindustan Times 09/05/2019