BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 27 journals were picked up in the media last week (20-26 May) - our highlights include:

- Research in General Psychiatry suggesting that boosting gut bacteria could ease anxiety symptoms generated global headlines, including Newsweek, The Indian Express, The Times of India and U.S. News & World Report.

- A BMJ Open study suggesting that weight changes in later life could be a sign of dementia was covered widely, including The Telegraph, The Daily Mail and ITV News

- Research in The BMJ reporting that stroke deaths in England have halved in 10 years was covered across national news outlets, including The Guardian, The Times and The Independent.
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Smartling Debuts Move the World with Words™ at Global Ready™ Conference Business Times Online (+ widespread coverage in US regional media) 23/05/2019
BMJ and Ukraine Ministry of Health announce new agreement InPublishing 24/05/2019

The BMJ

Research: Determinants of the decline in mortality from acute stroke in England: linked national database study of 795 869 adults
Editorial: More people are surviving after acute stroke (PR)

Stroke deaths in England halved in a decade, study finds The Guardian 23/05/2019
Stroke deaths halved in England over ten years, study shows The Independent 23/05/2019
Stroke deaths halved in 10 years: UK study SBS News 23/05/2019


Research: Understanding the consequences of education inequality on cardiovascular disease: mendelian randomisation study (PR + External PR)

Educate yourself slim: how earning a degree knocks one point of BMI Yahoo News UK 22/05/2019
For a healthy life, education is the best medicine The Daily Telegraph (print only) 23/05/2019


Analysis: Exposing drug industry funding of UK patient organisations (PR)

Big pharma poured £57m into UK patient charities which could influence NHS drug decision makers, report finds The Independent 23/05/2019

Also in: Follow News, Medical Xpress

Other coverage for The BMJ
Low battery: finding alternative ways to power medical devices Verdict Medical Devices 20/05/2019
Families go hungry due to UK welfare cuts, report says MSN 20/05/2019
Also in: From Press
The UK’s austerity policies have left thousands without enough food, HRW says CNN 20/05/2019
Also in: F3 NWS, Att nett, Food Industry Today + covered widely by US local TV outlets
Unhealthy Competition The Guardian 20/05/2019
Water pills are trusted - but there is a catch The Daily Telegraph 20/05/2019
When survival is a popularity contest: the heartbreak of crowdfunding healthcare The Guardian 20/05/2019
Five simple ways to reduce the amount of sugar in your diet JOE.co.uk 20/05/2019
Also in: MSN IE

Further coverage for sexual activity in Britain
Fact/Fiction: Are Brits really having less sex because of Netflix? The Big Issue 20/05/2019
Will More Time In The Bedroom Make You Happier? Men’s Variety 23/05/2019
Your Parents Probably Had More Sex Than You Are Having Blogarama 24/05/2019

Patients are STILL not being warned of withdrawal pain from depression pills, say experts Daily Mail 20/05/2019
Also in: WhatsNews2Day, Express Digest, BioPortfolio, Health Medicine Network


Further coverage for global suicide rates
What Goes on in the Mind of Someone Contemplating Suicide? Yahoo News 20/05/2019
Addressing rising cases of suicide among teenagers in Nigeria The Guardian Nigeria 21/05/2019
Also in: AllAfrica.com

Further coverage for transgender women and breast cancer
Hormone Therapy in Transgender Women Ups Breast Cancer Risk Drugs.com 20/05/2019
Also in: Doctors Lounge, Physician’s Briefing, Practice Business, ASCO Post, Healio

BIG PHARMA’S FEMALE TROUBLE Bitch Media 20/05/2019

Further coverage for thyroid hormone replacement
No thyroid hormones replacement in subclinical hypothyroidism: Expert Panel Specialty Medical Dialogues 20/05/2019
Do not treat subclinical hypothyroidism! The Daily Star 26/05/2019

Low battery: finding alternative ways to power medical devices Verdict Medical Devices 20/05/2019
Times is up for 10 minute GP slots, say top doctors Daily Express 21/05/2019
Also in: Medical Health News, Mogaz News
Opinion: Florida seniors depend on doctors trained abroad Medical Health News 21/05/2019
The Duchess Of Cambridge Kate Middleton Urges Children To Get Outdoors Longevity Live 21/05/2019
Also in: MSN South Africa
How Coca-Cola Controls and Manipulates Research Mercole 21/05/2019
Also in: Before It’s News

Further coverage for glucosamine supplements
JOINT PAIN SUPPLEMENT MAY LOWER HEART DISEASE RISK Futurity 21/05/2019
Glucosamine and Heart Benefits (print only) The New York Times 21/05/2019

Further coverage for testosterone levels in female athletes
Caster Semenya case reignites debate over testosterone’s impact on athletic ability
Maharlika News 21/05/2019

Death doesn’t like coffee so drink up! (print only) Jakarta Post 22/05/2019
Reversing type 2 diabetes: how pharmacists are helping patients to go drug-free The Pharmaceutical Journal 22/05/2019
10 Fascinating Facts About the 10 Most Popular National Parks in America Mental Floss 22/05/2019
Painkiller Tramadol Has Higher Long-Term Use Risks, Not as Closely Regulated as Other Opioids WC Insights 22/05/2019
Sky Bet boss: ‘Industry should consider funding treatment centres’ BBC News 23/05/2019
Also in: Rocket News
The science of sex: what happens to our bodies when we’re aroused? The Guardian 23/05/2019
Also in: Medical Health News
Vaccines -- A Necessity, Not an Option The Eastern Echo 23/05/2019
Opinion: Our frontline defense against ‘superbugs’ is fatally weakened Devex (report from Global Health Assembly) 23/05/2019
Dr. Oz Show: Foods for Deep Sleep Current Movie Reviews 23/05/2019
Refusing to vaccinate children could fuel rise in antibiotic-resistant superbugs Rising Sun
Overport Online 23/05/2019
Risk to play: Is rugby safe for young players? RTE 23/05/2019
Clinical Guidelines on Antidepressant Withdrawal Urgently Need Updating Mad in America 23/05/2019
5 Cafes In The Klang Valley For Your Daily Coffee Fix Female Mag 23/05/2019

Further coverage for fried food
50 bad habits that affect your health (slide 7/51) MSN News 23/05/2019

The real reason you can’t handle alcohol anymore Considerable 24/05/2019
Man Says Hernia Mesh Nerve Pain Has Ruined His Career Top Class Actions 24/05/2019
Understanding Drug Side Effects as You Age AARP 24/05/2019
Use of drones to fight TB in remote locations investigated RCI 25/05/2019
Also in: UWO Western News
Justice Minister ‘favours’ assisted suicide law Christian Institure 25/05/2019
This Is What Happens to Your Body When You Sit All Day MSN Health & Fitness 25/05/2019
Living the dream, surviving the pain: has it all been worth it for Alan Moore? The42 25/05/2019
39 common facts that just aren't true MSN Lifestyle 26/05/2019
4 Natural Energy Boosters: What to Drink and Eat for More Energy, Naturally Eating Well 26/05/2019

Further coverage for preterm births and chronic kidney disease
Kidney danger for early babies (print only) The Star Malaysia 26/05/2019

JOURNALS
Effect of late-life weight change on dementia incidence: a 10-year cohort study using claim data in Korea (PR)

Dementia: Weight changes late in life could be sign of condition
The Times 20/05/2019

Rapid weight loss or gain when elderly could be sign of Alzheimer's
The Telegraph 20/05/2019

Gaining OR losing weight in old age raises the risk of dementia: Scientists discover elderly people who put on or shed over 10% of their BMI are 20% more likely to develop the disorder
Daily Mail 20/05/2019

The facts about smoking: health risks, how many die, e-cigarettes, and what it takes to quit
South China Morning Post 20/05/2019

Legalized Marijuana Led To Increase In Car Accidents, Injuries, Study Finds
Study Finds 20/05/2019

The UK's austerity policies have left thousands without enough food, HRW says
The Stars 20/05/2019

Honey-based solution for cold sores just as effective as anti-viral treatments, research shows
Medical Health News 21/05/2019

Kiwi honey cream Honevo just as good at clearing up cold sores as Viraban: study
(misattributed to The BMJ) New Zealand Herald 22/05/2019

How to Save Money on Groceries if You're Trying to Eat Healthy
Everyday Health 21/05/2019

A burning question yet to be resolved
South China Morning Post 21/05/2019

Measles erases the immune system's memory
Science News 21/05/2019

Here’s Why Measles Are Even More Dangerous Than You Think
Fatherly 22/05/2019

Transplant Tourism: The Shadow World of Medicine
(misattributed to The BMJ) Medical Tourism Magazine 22/05/2019

Most knee replacement constructs fall short of contemporary benchmarks — 7 study findings
Becker's Spine Review 22/05/2019

MMR: The struggle for national coverage
Pharmaceutical Journal 23/05/2019
Ultra-processed foods lead to weight gain, study says Food Dive 23/05/2019

Blog: How the 'lonely ones' can drive meaningful change Wiredgov.net 23/05/2019

What happens to men who say 'no' to prostate cancer treatment Australian Financial Review 24/05/2019

30 simple ways to get in shape this summer MSN Health & Fitness 24/05/2019
Also in: MSN UK

SUDDEN CHANGES IN WEIGHT CAN BE A SYMPTOM OF A DANGEROUS DISEASE
The Gal Post 25/05/2019

William Macewen: meet the pioneering Glasgow surgeon behind world's first brain tumour op
The Herald 26/05/2019
Also in: Evening Times

General Psychiatry

Research: Effects of regulating intestinal microbiota on anxiety symptoms: A systematic review (PR)

EATING THE RIGHT FOOD TO BOOST GUT BACTERIA COULD EASE SYMPTOMS OF ANXIETY Newsweek 20/05/2019

Eating more fruit and vegetables is a more efficient way of improving gut bacteria to help curb anxiety than trendy probiotic drinks, study finds Daily Mail 20/05/2019

Here's how having curd can relieve anxiety Times of India 23/05/2019

Also in: inews, The Irish Times, The London Economic

International


Other

**Annals of the Rheumatic Diseases**

*Short-term JAK inhibitor use not linked to increased CV risk*  
Medical Health News  
21/05/2019  
Also in: Medwire News

**Fabry Disease Unlikely to be Misdiagnosed for RA in Clinical Practice, Study Suggests**  
Fabry Disease News 22/05/2019

**Archives of Disease in Childhood**

*Research: Adherence to metformin is reduced during school holidays and weekends in children with type 1 diabetes participating in a randomised controlled trial*  
(External PR)  
Children with diabetes at risk of being distracted and skip medications while on holidays  
Herald Sun 22/05/2019  

**BMJ Case Reports**

*Woman Who Had Dementia For 5 Years Turned Out To Have A Common And Reversible Condition*  
IFLScience 20/05/2019  
Here’s What Could Happen If You Get Measles While Pregnant  
The Science Times 20/05/2019  
This Woman Had a Hernia in Her Groin that Enveloped Her Ovary  
Health.com 22/05/2019  
Also in: Att Net

**BMJ Global Health**

*Free chest X-ray vouchers push up TB diagnosis: Study*  
The Telegraph India 20/05/2019  
Despite Numerous Government Schemes, These Tribal Communities In Jharkhand Struggle To Survive  
The Logical Indian 22/05/2019  
Also in: Indilens

**BMJ Nutrition, Prevention & Health**

*Further coverage for gap between eating and going to bed*  
Eating after 8! You must have a death wish (print only)  
The Times 20/05/2019

**BMJ Open Diabetes Research & Care**
Gut
DOES COFFEE MAKE US POOP? SCIENTISTS WHO STUDIED RATS FIND DRINK AFFECTS GUT BACTERIA AND MUSCLES Newsweek 20/05/2019

Further coverage for rising bowel cancer among young adults
Bowel cancer rates rising among younger adults BioNews 20/05/2019

Low vitamin D levels after colorectal cancer surgery leads to higher deaths Speciality Medical Dialogues 21/05/2019

Probiotics and prebiotics: 'What's on the market is nonsense' says gut expert (Emad El-Omar interviewed and quoted) Stuff NZ 22/05/2019

Injury Prevention
New warning compares trampolines to getting hit with a hammer kidspot.com.au 20/05/2019

Journal of Epidemiology & Community Health
A sedentary Lifestyle costs the NHS £700m a year Daily Mirror 21/05/2019

Nunavut wraps up third community TB screening clinic Nunatsiaq News 22/05/2019

Further coverage for long working hours and depression
Long Working Hours Take a Toll on Mental Health India.com 23/05/2019

Black people are still suffering from police violence. Is America still listening? Vox 24/05/2019
Also in: Medical Health News, Health on the Net Foundation, The World News

Journal of Medical Ethics
Scientists say babies will grow in artificial wombs within ten years Web Investigator 24/05/2019

Digital Privacy: Don't Get over It Psychology Today 24/05/2019
We need a 'privacy bill of rights', says psychiatrist BioEdge 26/05/2019

Journal of Neurology, Neurosurgery & Psychiatry
Here are 5 Health Benefits of Coffee News18.com 21/05/2019
Also in: Yahoo! India Style, MSN Lifestyle, MSN India

Galcanezumab may take up to three months to lower migraine pain in some MD Alert 21/05/2019

Occupational & Environmental Medicine
Here's what you should be doing to protect your health in polluted places The Independent 20/05/2019

More evidence welding fumes raise lung cancer risk Daily Mail 21/05/2019
Presenteeism doesn’t make workers more productive – it can even make them ill
(misattributed to The BMJ) inews 23/05/2019

Can you cycle while you work? Study shows cycling workstations can significantly boost employee health compared to standing desks Natural News 26/05/2019

Open Heart
Further coverage for resting heart rate
When a ‘normal’ resting heart rate might actually be signalling trouble Runner’s World 20/05/2019
Is your heart beating a little too fast? (print) + Should you use a heart-rate monitor? The Times 21/05/2019
Also in: The Week, Yahoo Style, The Australian

Making an informed choice for the best heart test (print only) The Business Times 25/05/2019

Postgraduate Medical Journal
Docsplaining: just a little prick with a needle The Irish Times 20/05/2019

Regional Anesthesia & Pain Medicine
Heron Therapeutics Announces Publication of Results from Phase 3 EPOCH 1 Study of HTX-011 in Patients Undergoing Bunionectomy Yahoo Finance 21/05/2019

Sexually Transmitted Infections
Further coverage for deep kissing and gonorrhea
Oral Gonorrhea May Be Spread Through Kissing in MSM Contagion Live 20/05/2019
The throat is a major source of gonorrhoea infections in MSM Nam aidsmap 21/05/2019

Tobacco Control
Juul vaporizer: What is it, why do teens love it and is it safe? Cnet 25/05/2019

Trauma Surgery & Acute Care Open
They don't look as scary as a snake or a bear, but these animals are surprisingly deadly Argus Leader 23/05/2019
Also in: USA Today + widely covered by US local news outlets