BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of **26 journals** were picked up in the media last week (8-14 April) - our highlights include:

- A paper and linked editorial published in *The BMJ* linking stress-related disorders with cardiovascular disease was covered widely, including *The Times, The Daily Mail* and *NPR*.

- Research published in *Gut* suggesting that therapy over the phone or online can help with IBS was picked up by *The Guardian, BBC News* and the *Daily Mail*, which was tweeted by Health and Social Care Secretary Matt Hancock

- The launch of *BMJ Health & Care Informatics* was picked up by *InPublishing*.

**BMJ**

**PRESS RELEASES**

*The BMJ* | *BMJ Sexual & Reproductive Health*

**EXTERNAL PRESS RELEASES**

*Gut*

**OTHER COVERAGE**

*The BMJ* | *Annals of the Rheumatic Diseases*  
*Archives of Disease in Childhood* | *BMJ Case Reports*  
*BMJ Evidence-Based Medicine* | *BMJ Global Health*  
*BMJ Open* | *BMJ Open Diabetes Research & Care*  
*BMJ Open Gastroenterology* | *BMJ Quality & Safety*  
*British Journal of Ophthalmology* | *British Journal of Sports Medicine*  
*Esmo Open* | *Gut*

*Journal of Epidemiology & Community Health* | *Journal of Medical Ethics*  
*Journal of NeuroInterventional Surgery* | *Journal of the Royal Army Medical Corps*  
*Occupational & Environmental Medicine* | *Postgraduate Medical Journal*  
*Regional Anesthesia & Pain Medicine* | *Sexually Transmitted Infections*  
*Tobacco Control* | *Vet Record*
**BMJ to publish international health informatics journal** InPublishing 10/04/2019 (PR)

**The BMJ Awards 2019: Innovation in Quality Improvement Team of the Year** Medical Health News 09/04/2019

**The BMJ**

**Research:** Stress related disorders and risk of cardiovascular disease: population based, sibling controlled cohort study  
**Editorial:** Stress, psychiatric disorders, and cardiovascular disease (PR)

Scientists find 'link' between stress and heart disease (print only) The Times 11/04/2019  
*Mourning the loss of a loved one or being told you have cancer 'could increase your risk of heart disease by 64%'.* Daily Mail 11/04/2019  
*High Stress Drives Up Your Risk Of A Heart Attack. Here's How To Chill Out* NPR 14/04/2019

**Also in:** MSN UK + IE

**International**  

**Other**  

**Other coverage for The BMJ**  
*Candida auris – a dangerous drug resistant fungi on the rise* News-Medical.Net 08/04/2019  
*UK aid must play a fundamental role in the fight against antibiotic resistance – WaterAid* Politics Homes 08/04/2019  
*World Health Day: Experts call for UHC* Medical Health news 08/04/2019  
*AFL urged to rule out players for 19 days after injuries like Nat Fyfe’s head clash* Perth Now 08/04/2019  
**Also in:** The West Australian

*Stillbirth threefold increase when sleeping on back in pregnancy* LongRoom 04/08/2019  
**Also in:** Medical Xpress, ScienceDaily, News-Medical.Net, Health Medicine Network, MedIndia.net, OGP, The Guardian Nigeria

*Is my penis shrinking? Over 50s’ sexual health questions answered* (Student BMJ) Mirror 08/04/2019  
**Also in:** Daily Express

*Anti-abortion activists harassing women at UK clinics during Lent* The Guardian 08/04/2019

**Further coverage for HPV vaccination and fall in cervical disease**
Science Shows Us 16 Great Ways To Live Longer

Also in: MSN Lifestyle

Opioids Market Current developmental status and Future Forecast to 2024

Pharma Marketing

Insulin pump no better than multiple daily injections in kids with diabetes

MD Alert

Puberty blockers: a transgender experiment built on sand

Education News

Sickening proof that Instagram is STILL in the frame (print only)

Irish Daily Mail

Family cancer: It’s a growing conversation

The New Daily

Prostate disease sufferers who take commonly-prescribed drugs to help them urinate are a THIRD more at risk of type 2 diabetes

Daily Mail

Prostate medicine link to diabetes risk

SBS News

It's Never Too Late To Try To Improve

WorldHealth.net

Spinal Manipulation Can Ease Low Back Pain

The People’s Pharmacy

Divorce, Grief Really Can Stress the Heart

Newsmax

Bayer Will Face Trial On Essure Claims

Public

Abraar Karan: Don't let your institution define you

Medical Health News

India: Climate change and seasonal floods: potential long-term nutritional consequences for children in Kerala, India

Nigeria News

Can Your Chai Addiction Lead To Cancer?

HTV

When Can Police Officers Shoot You? AB 392: The California Act to Save Lives

Medium

National Pet Day 2019: Five amazing health benefits of owning pets

News Nation


TIME

Further coverage for early life exposure to pesticides and autism

Pesticides and autism: How the study published in The BMJ has been severely misinterpreted

AGDaily

Viewpoint: Do pesticides boost autism risk? New report says ‘possibly’ but correlations are ‘weak’ and ‘misleading’

Genetic Literacy Project

Further coverage for HRT and Alzheimer's Disease

Why hormone replacement therapy is a boon for brain fog, depression and anxiety

Noted

What Are 'Ultra-Processed' Foods?

WebMD

Biden: 'A Little Pain Is Not Bad'

Pain News Network

How frequently should you drink milk?

Pinkvilla

Scientists Suspect Multivitamins During Pregnancy Could Lower Autism Risk

Yahoo News
12/04/2019
Scientists Suspect Multivitamins During Pregnancy Could Lower Autism Risk Daily Magazine

12/04/2019
Exploring the Frontiers of Psychedelics Mercola 12/04/2019

'Hey Girl, On Behalf Of Blokes, We Love The Smell Of You' Whimm 12/04/2019

Further coverage for lack of evidence about testosterone’s effects
Impending Caster Semenya verdict could have impact far beyond athletics Daily Telegraph 13/04/2019

Also in: The Sunday Telegraph
How many eggs per week are healthy? Archy Worldys 13/04/2019

Further coverage for problem solving and cognitive decline
Happy Mondays (print only) Daily Express 15/04/2019

JOURNALS

BMJ Sexual & Reproductive Health

Research: Trends in the method and gestational age of abortion in high-income countries (PR)

VAST MAJORITY OF ABORTIONS IN HIGH-INCOME COUNTRIES HAPPEN BEFORE 13TH WEEK OF PREGNANCY Newsweek 09/04/2019
Sharp rise in medical abortions, review reveals OnMedica 10/04/2019

International + other
Stuff.co.nz, Health Breaking News, Att Net, MedicalResearch.com, Becker’s Hospital Review

Annals of the Rheumatic Diseases
Biomarker panel may help differentiate PsA from osteoarthritis Medical Health News 08/04/2019
Biomarker panel may help differentiate PsA from osteoarthritis Medwire News 09/04/2019

If You Have Rheumatoid Arthritis, Your Siblings Could Have a Greater Heart Disease Risk Creaky Joints 08/04/2019

Updated EULAR guidelines for lupus management issued MedWire News 09/04/2019
Updated EULAR guidelines for lupus management issued Medical Health News 09/04/2019

Rituximab for Systemic Sclerosis: Helps Skin, but Not Lungs MedPage Today 11/04/2019

Archives of Disease in Childhood
Further coverage for health claims on children’s snacks packaging
Health claims on children’s food ‘confusing’, say researchers Birmingham Live 08/04/2019
Trading Standard Warnings over ‘five a day claims’ Food Manufacture 10/04/2019

Also in: Food Processing, Nutra Ingredients, FoodNavigator, BakeryAndSnacks, EnjoyTravelling + covered widely by UK regional news outlets

Puberty blockers: a transgender experiment built on sand Education News 10/04/2019
Here Is How Sugar Is Hiding In Your Snacks Forbes 11/04/2019

**BMJ Case Reports**

Man Has Part Of His Penis Amputated After Painful Two-Day Erection Medical Health News 08/04/2019
Also in: The Malta Independent, Concise News, IFL Science

INFESTATION Scans show HUNDREDS of tapeworm eggs burrowing through man's brain and body The Sun 08/04/2019
Countless Tapeworm Eggs Inside Brain, Body Of Man Who Ate Uncooked Meat International Business Times 09/04/2019

This Man Died After Developing Huge Lesions on His Skin From Rectal Cancer (misattributed to The BMJ) Daily Magazine 10/04/2019
Also in: Health Online, Yahoo News

A man had chicken pox so severe he developed gangrene and then his body went into organ failure Insider 11/04/2019

Kiwi pop musician choosing cannabis oil over chemo in cancer battle Stuff NZ 13/04/2019
Also in: The Cannabis Radar

Further coverage for open water swimming and depression Come in, ladies, the water's fine! (misattributed to The BMJ) The Scottish Daily Mail 14/04/2019

**BMJ Evidence-Based Medicine**

We need new rules for defining who is sick. Step 1: remove vested interests The Conversation 08/04/2019
Role of vested interests in hypertension overdiagnosis criticized Medical Xpress 09/04/2019

**BMJ Global Health**

Hungry People and an 'Abandoned' Hospital: Puerto Rico Waits as Washington Bickers MSN Nyheter 08/04/2019
Also in: MSN Suomi + MSN IE, MSN News Canada, Toronto Star

Flora and pharma: A better landscape on prescription drug costs begins to bloom Star Tribune 12/04/2019

**BMJ Open**

How toxic air makes you vulnerable for COPD? Blogarama 08/04/2019
Also in: eHealth 08/04/2019

This one habit could help prevent dementia AOL UK 09/04/2019

People with Fibromyalgia May Be Prone to Migraines and Vice Versa, Study Suggests Fibromyalgia News Today 09/04/19

The health benefits of seeing the same doctor for a long time Komo News 10/04/2019
Existing CV disease confers high short-term vascular risk in type 2 diabetes MedWire News 10/04/2019

Sunshine Act Has Not Increased Number of Patients Who Know Whether Their Own Physician Receives Industry Payments MedicalResearch.com 11/04/2019

The pleasure of leisurely reading Deccan Chronicle 10/04/2019
Also in: My Times Now, MarketWatch

Why I’ve Joined the Board of Open Humans QuantifiedSelf 11/04/2019

COPD Patients More Likely to Sustain Fracture Docwire 12/04/2019

How Can You Avoid Dementia? We Just Don’t Know — So Why Not Try a Healthy Life? (misattributed to The BMJ) TheTyee.ca 14/04/2019

BMJ Open Diabetes Research & Care
Real-world benefits of flash glucose monitoring confirmed in high-risk cases MedWire News 08/04/2019

BMJ Open Gastroenterology
Gene Predicts Recovery from Decompensated HCV Cirrhosis MD Magazine 10/04/2019

BMJ Quality & Safety
Support in residential care homes can significantly reduce hospital visits HSJ 08/04/2019

Uncertainty on nurse staffing despite regs, research APC Hospitalist 08/04/2019

British Journal of Ophthalmology
The Leading Impacts of Telehealth on Healthcare Quality Metrics Vision Monday 08/04/2019

British Journal of Sports Medicine
Alcohol and Athletic Performance Trail Runner 08/04/2019

Caffeine could boost exercise performance Win 98.5 09/04/2019

Women encouraged to 'get into golf' Wharfedale Advisor 09/04/2019
Also covered by numerous local UK news outlets

The Role Of Exercise In Weight Management: Exercise Does NOT Lead To Weight Gain Science Trends 09/04/2019

What is load management and why do the Raptors use it on Kawhi Leonard? Sportsnet Canada 09/04/2019
Further coverage for benefits of leisure time activity

*Turns Out, Your Indoor Plant Obsession Is As Good As Going To The Gym* Elle Australia 09/04/2019
*Turns Out, Gardening Is Just as Good as Hitting the Treadmill* Domino 09/04/2019
*Gardening could reduce your risk of a heart attack, study finds* Today 10/04/2019

Also in: MSN Lifestyle, Today Show (NBC), MarketWatch, Morningstar StockInvestor, First for Women


Further coverage for interval training and weight loss

*What’s the best type of exercise for weight loss?* Cuenca High Life 10/04/2019
*Interval training for weight loss better than jogging* Healthcare Asia 10/04/2019
*HIIT for weight loss* Jamaica Observer 14/04/2019

The 35 Best Workout Tips of All Time Shape Magazine 10/04/2019
Also in: Att.net

Horse racing is more dangerous than football for concussions. Why isn't the US doing more? USA Today 10/04/2019
Also in: The Courier-Journal, Medical Health News

Further coverage for benefits of exercise for high blood pressure

*Bring down your blood pressure and sharpen your brain with these exercises* (misattributed to The BMJ) The Health Site 12/04/2019

Elite hospitals plunge into unproven stem cell treatments Medical Xpress 11/04/2019
Also in: Bioedge + covered widely by local US news outlets

Get in Fighting Fitness for Game of Thrones Psychology Today 11/04/2019

6 reasons everyone should lift weights Red Bull 12/04/2019

Red shoe, blue shoe, which running shoe is right for you? (misattributed to The BMJ) Record Gazette 14/04/2019
Also widely covered by Canadian local news outlets

ESMO Open
As Pharma-flow of funds in the science – view kxan36news.com 13/04/2019

Gut

Research: Assessing telephone-delivered cognitive behavioural therapy (CBT) and web-delivered CBT versus treatment as usual in irritable bowel syndrome (ACTIB): a multicentre randomized trial (External PR)

Let's talk about IBS: Therapy 'is a better cure than medicine'. Daily Mail 11/04/2019 + tweeted by Health and Social Care Secretary Matt Hancock 11/04/19
Therapy over phone or online could help people with IBS – study The Guardian 11/04/2019
Web therapy ‘calmed my irritable bowels’ BBC News 11/04/2019
Also in: Daily Telegraph, Mirror, News-Medical.net, The Independent, IFL Science, HuffPost

UK, Medical News Today

Healthy gut, healthy body? The latest on supplements promoting digestive health Today Online 13/04/2019

Journal of Epidemiology & Community Health
Further coverage for stricter gun laws
Students may feel safer with stricter gun laws MD Alert 08/04/2019
Students may feel safer with stricter gun laws Daily Mail 08/04/2019
Also in: Intnet, TheDrive, Netscape, Physician’s Weekly, Channel NewsAsia, Business Insider, Reuters, Reuters India, Thomson Reuters, Yahoo Singapore, Conservative Angle, SRNNews, New Hampshire Union Leader + widely covered by US local TV outlets

Spring Cleaning 2019: 5 Tips To Detoxify Your Home Environment Medical Daily 09/04/2019

Further coverage for sedentary behaviour and premature deaths
Sitting for long periods could cause 70,000 UK deaths each year British Safety Council 09/04/2019
Also in: FM World, National Herald (India)

Lower retirement pay, shorter lifespan News-Medical.Net 11/04/2019
Lower Pension, Shorter Life Scienmag 11/04/2019
Also in: Phys.org, idw, mpg, ScienceDaily, bionity.com

Women who work 55 hrs a week more prone to depression: Study The Khaleej Times 13/04/2019
UAE- Women who work 55 hrs a week more prone to depression: Study MENAFN 13/04/2019
Also in: MSN Arabia

Eviction rapidly becoming a serious suicide risk for Oregonians Statesman Journal 14/04/2019

Journal of Medical Ethics
Assisted dying: Response to Chris O’Brien Gizborne Herald 09/04/2019

9 Absolutely Evil Human Medical Experiments Pattaya Today 10/04/2019

Journal of NeuroInterventional Surgery
Direct Carotid Puncture; Indian Stent Market Evolution; Stopping DAPT in Anemia MedPage Today 11/04/2019

Journal of the Royal Army Medical Corps
New Simulator Could Replace Deadly Explosion Tests on Live Pigs Peta 09/04/2019

Occupational & Environmental Medicine
Shift Work Reportedly Causally Related to Increase Risk of Diabetes and Heart Disease
Further coverage for night shifts and miscarriage
Night shifts during pregnancy ups miscarriage risk, says new study MSN India 09/04/2019
Working At Night Increases The Risk Of Miscarriage (misattributed to The BMJ) The Talking Democrat 09/04/2019
Miscarriage Risk in Night Work (print only) The New York Times 09/04/2019
Also in: Health24

Study: Dichlorophenol, a chemical often found in chlorinated drinking water, may cause cancer and heart disease Health Breaking News 14/04/2019
Also in: NaturalNews, CHEMICAL NEWS

Postgraduate Medical Journal
20 Heart Disease Risk Factors That May Surprise You Best Life 08/04/2019

Regional Anesthesia & Pain Medicine
Study of SPR Therapeutics' Peripheral Nerve Stimulation System Demonstrates Significant and Sustained Relief of Post-Amputation Pain MENAFN 08/04/2019

Sexually Transmitted Infections
Racism, marginalisation and PrEP stereotypes affect PrEP uptake for black MSM in London namAidsmap 09/04/2019

Thorax
Health IT Roundup—Google, IBM team with industry groups on AI standards FierceHealthcare 08/04/2019

Tobacco Control
MD legislature votes to increase legal age of purchasing tobacco products Campus Current 08/04/2019
Rising number of shops selling cigarettes in poorest areas, research shows Helensburgh Advertiser 09/04/2019

Vet Record
Ceva reveals animal welfare winners Pet Business World 08/04/19

Vet Record in war of words with CVS chief over vet nurses VetSurgeon.org 12/04/2019
Also in: VetNurse.co.uk