BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 23 journals were picked up in the media last week (25 - 31 March) - our highlights include:

● A study published in the *Journal of Epidemiology & Community Health* linking sedentary behaviour and premature death was covered widely, including *The Guardian, Sky News* and *Vogue*.

● Research published in *Occupational & Environmental Medicine* suggesting that pregnant women who regularly work night shifts are more likely to suffer a miscarriage was picked up globally, including *Daily Mail, SBS Australia* and *NBC News*.

● An opinion piece in *The BMJ* arguing that the legal purchase age of tobacco should be bumped to 21 was picked up by *BBC News, Daily Mail* and *The Irish Sun*.

● Fiona Godlee’s *BBC Radio 4 Today* interview with Hugh Pym discussing anti-vaccine posts on social media was picked up by *BBC News* and *The Times*.

**PRESS RELEASES**

*The BMJ* | *BMJ Case Reports*

*Journal of Epidemiology & Community Health* | *Occupational & Environmental Medicine*

**EXTERNAL PRESS RELEASES**

*BMJ Open*

**OTHER COVERAGE**

*The BMJ* | *Annals of the Rheumatic Diseases*

*Archives of Disease in Childhood* | *BMJ Evidence-Based Medicine*

*BMJ Global Health* | *BMJ Open Diabetes Research & Care*

*BMJ Open Sport & Exercise Medicine* | *BMJ Sexual & Reproductive Health*

*British Journal of Ophthalmology* | *British Journal of Sports Medicine*

*Gut* | *Heart*

*Journal of Clinical Pathology* | *Journal of Medical Ethics*

*Journal of NeuroInterventional Surgery* | *Journal of Neurology, Neurosurgery &*
Expat doctors mentoring recruits to ease 'frustrating' transition to N.S. (BMJ Careers Fair mentioned) CBC 25/03/2019

Minister targets anti-vaccination websites (Fiona Godlee quoted) BBC News 26/03/2019
BBC Radio 4 Today (Fiona Godlee interviewed 2:46:35 - 2:51:40) 26/03/2019
Anti-vaccine posts could be banned from social media The Times 26/03/2019


The Entrepreneur Medics Helping To Tackle The NHS Staffing Crisis Forbes 26/03/2019

The BMJ

Investigation: NHS joint working with industry is out of public sight (PR)

Fifth of NHS organisations hid drug company deals worth up to £7.5million, investigation finds Daily Mail 27/03/2019
Many NHS partnerships with drug companies out of public sight: BMJ investigation Express Pharma 27/03/2019

Also in: Medical Health News, Sciencecodex.com, Mogaz News, MyHeadlinez, Express Digest, Medical Xpress, Capital Journal online, LongRoom.com, Practice Business, Health Medicine Network,

Research: Comparative efficacy and acceptability of non-surgical brain stimulation for the acute treatment of major depressive episodes in adults: systematic review and network meta-analysis (PR)

MIL-OSI United Kingdom: expert reaction to systematic review and network meta-analysis on non-surgical brain stimulation for acute treatment of major depressive episodes Foreign Affairs NZ 27/03/2019


Opinion: Keep out of reach of children - the case for Tobacco 21 (PR)

Is it time to raise the smoking age to 21? BBC News 28/03/2019
Bumping the legal age to buy cigarettes to 21 would slash smoking rates among teenagers, leading expert argues Daily Mail 27/03/2019
SMOKING GUN Ban sale of cigarettes to under 21s to save young adults’ lives, MPs and doctors demand The Irish Sun 27/03/2019

Editorial: Abandon the term “second victim” (PR)

Abandon the term 'second victim' say families of patients who died after medical errors
Medical Express 27/03/2019
Also in: BrightSurf, Becker's Hospital Review Online, Medindia.com

Opinion: Stop the exploitation of migrant agricultural workers in Italy (PR)

Stop the exploitation of migrant agricultural workers across Italy: doctors Medical Express 27/03/2019
Doctors say over 1,500 migrant farm workers have died in Italian fields Info Migrants 29/03/2019
Stop exploitation of migrant agricultural workers across Italy, say doctors Post Online 28/03/2019

Other coverage for The BMJ

Further coverage for health apps and medical data
Your health app could be leaking medical data Times of India 25/03/2019
Also in: Japan Today, Physician's Weekly, The New Daily

Senate HELP to push beyond 21st Century Cures Politico 25/03/2019

Nobel peace prizewinning doctors warn killer autonomous robots must be banned The Times 25/03/2019
Ban killer robots while you still can, Nobel doctors urge The Irish Times 26/03/2019
Ban killer robots, while you still can: Nobel prize winners call for UN to outlaw autonomous weapons before 'a third revolution in warfare' is waged by criminals and terrorists Daily Mail 26/03/2019
Also in: WS Tale

Further coverage for testosterone levels in female athletes
Caster Semenya: United Nations criticises 'humiliating' IAAF rule BBC Sport 25/03/2019
Plans to class female athletes such as Caster Semenya by their testosterone levels 'contravene human rights' and are 'humiliating', UN warns Daily Mail 25/03/2019
Further coverage for DIY smear tests
Everything you need to know about DIY smear tests Stylist 25/03/2019

Microsoft will be adding AI ethics to its standard checklist for product release Geekwire 25/03/2019
Google gathers an external panel to consider AI challenges Venturebeat 26/03/2019
Also in: The Breaking News

How primary care is a prescription for healing hallway medicine The Star 25/03/2019
Improving Patient Safety with Collaboration and Vigilance HITTech Answers 25/03/2019
What Are the Complications of Hernia Mesh? Top Class Action 25/03/2019
Combining Mirtazapine with Existing SSRI or SNRI Does Not Improve Depressive Symptoms Mad in America 25/03/2019
Mother, 38, gives birth to her miracle baby after EIGHT miscarriages Daily Mail 25/03/2019
Also in: Express Digest, Health Medicine Network

Further coverage for withdrawal of infant milk formula ads
EVE SIMMONS: Spare us from the smug mums like Kate who say breast is the ONLY way LongRoom 25/03/2019
Also in: Mail on Sunday

Further coverage of formula milk investigation (Chris van Tuleken)
Danone’s facility outlay banking on baby allergy rise to fuel product demand NutraIngredients 27/03/2019

Is it safe to take Humira and alcohol together? Medical News Today 25/03/2019
Also in: Sharjah Clinics
Here’s what the government’s dietary guidelines should really say The Washington Post 26/03/2019
Also in: SFGate
Ghost in the Machine Part 6: Mainstream Media Censors News That Threatens Its Financial Interests Mercola 26/03/2019

Further coverage for fried food
Ask the Doctors: Study links fried foods to overall mortality Times Standard 26/03/2019
Also in: Redwood Times

The health benefits of eating apples The Laurinburg Exchange 26/03/2019
Also in: The Chicago Tribune
Happy Patient, Happy Hospital: Increase Patient Engagement With Advocates Medical Health News 26/03/2019
Confessions of a pot grower: Why one man decided to ditch legal pain relief for home-harvested cannabis stuff.co.nz
Here’s what the government’s dietary guidelines should really say News India Times 26/03/2019
Why doctors should not weep at work ... a doctor writes The Sydney Morning Herald 26/03/2019
Also in: WSTale, The Age Australia, WA Today, Brisbane Time, The Look CA

Lifestyle Changes to Prevent or Help Manage Gout U.S. News & World Report 26/03/2019
Fact Check: Why some babies are born with a twin stuck inside The Indian Express 26/03/2019

The vax of the matter Medical Health News 27/03/2019

Murder Suspect Arrested While Biking Without a Helmet Bicycling 28/03/2019

Also in: Daily Magazine, Yahoo News, Popular Mechanics

Further coverage for older fathers
The Risks Faced by Babies of Older Fathers The New York Times 26/03/2019

GPs fear patient exodus to Babylon as CCG confirms cuts to extended hours funding Medical Health News 28/03/2019

The FGM panic is harming our African communities Spiked 28/03/2019

Further coverage for HRT and Alzheimer's Disease
Qatar- Long-term hormone use tied to Alzheimer's risk MENAFN 27/03/2019

Thousands and thousands of ladies who take HRT tablets might face a larger danger of Alzheimer’s, warns examine Infosurhoy 29/03/2019

Happy Patient, Happy Hospital: Increase Patient Engagement With Advocates Patient Safety & Quality Healthcare 27/03/2019

How To Deal With Anti-Vaccinators Youth are Awesome 27/03/2019

Further coverage for flawed blood test
Blood Test to Diagnose Heart Attacks Can Be Misleading LabMedica.com 27/03/2019

Further coverage for link between early-life pesticide exposure and autism
Study links pesticide exposure to autism The New Telegraph Nigeria 28/03/2019

Exposure To Roundup, Chlorpyrifos, Other Pesticides During Pregnancy Increase Autism Risk: Study AboutLawsuits.com 29/03/2019

Also in: World Health Network

Further coverage of eating breakfast
Breakfast is not the meal of champions Daily Mirror 29/03/2019

The Enigma of Adrenal Fatigue and Chronic Stress The Epoch Times 28/03/2019

White Lies: The Health Risks Of Dairy Plant-Based News 28/03/2019

Surgeons planning world's first HEAD transplant claim they repaired 'irreversible' spinal cord injuries in monkeys and dogs - which they say is proof they can start human trials Daily Mail 28/03/2019

Further coverage for testosterone levels and heart failure
Excessive testosterone ranges may very well be killing males by inflicting blood clots and coronary heart failure, examine claims Infosurhoy 29/03/2019

An Anti-Vaxxer & A Doctor Argue Their Case On The Vaccine 'Debate' Yahoo Style 29/03/2019

Further coverage for antibiotics and sepsis
Immediate Antibiotic Prescription for UTI in Older Patients Increases Survival Infectious Disease Advisor 29/03/2019
Dump ‘Statistical Significance,’ Then Teach Scientists Statistics

3 Signs Your Migraine Is Actually Something More Serious

The Ultra-Processed Food Health Controversy

The pharma industry has failed stroke, so doctors are looking elsewhere

Fat? Why your body is not a problem to be fixed

Cryptic pregnancies: ‘I didn’t know I was having a baby until I saw its head’

Ambushed by Antidepressants for 30 Years

JOURNALS

BMJ Case Reports

Research: Acute liver injury induced by red yeast rice supplement

Woman's skin turns yellow from liver damage after taking a natural alternative to cholesterol-busting statins that can be bought online for less than £10

Red Yeast Rice Supplements Likely Damaged This Woman's Liver

How Red Yeast Supplement Damaged One Woman's Liver

Cautionary tale: Cotton swab stuck in ear leads to skull infection

This Man Cleaned His Ears with a Cotton Swab—And Got a Brain Infection

Constipated pensioner's bowels nearly 'explode' from a build-up of faeces after he didn't go to the toilet for a week

FULL UP Doctors remove 1ft of OAP's bowel after it 'nearly exploded' due to severe constipation

Woman, 21, whose stomach was so swollen she struggled to tie her shoes discovers she has a football-sized ovarian CYST 'taking up most of her abdomen'

8 Unexpected Injuries You Can Get While Eating

Journal of Epidemiology & Community Health

Research: Direct healthcare costs of sedentary behaviour in the UK
Sitting down for too long may be causing 70,000 UK deaths a year The Guardian 26/03/2019
One in 10 premature deaths linked to sitting, study finds Sky News 26/03/2019
Your Office Chair Is Trying To Kill You Vogue 26/03/2019


International
European News, Gizmodo, Yahoo! India Style, WS Tale, MSN Philippines, MedIndia.net, Inverse, Cosmos Magazine, Information-Analytic Agency News, Quartz, El-Balad.com

Other

Further coverage for long working hours and depression
Women who work after office hours are more prone to depression Times of India 26/03/2019
Also in: AdomOnline

Further coverage for austerity and infant mortality
House of Commons Live Health and Social Care Problems (06:30-07:00) BBC Parliament - Dr Paul Williams used the research to address a question to Matt Hancock (Health and Social Care Secretary)

Lack of exercise could double the risk of type 2 diabetes MSN Lifestyle 27/03/2019
Do Walls Change How We Think? The New Yorker 28/03/2019
Is austerity reducing life expectancy? Channel 4 29/03/2019
How climate change is hurting our health The National Student 30/03/19

Occupational & Environmental Medicine

Research: Night work and miscarriage: a Danish nationwide register-based cohort study

Pregnant women who regularly work night shifts are more likely to suffer a miscarriage 'because it disrupts their body’s internal clock' Daily Mail 25/03/2019
Night shift raises miscarriage risk: study SBS Australia 26/03/2019
Pregnant women who work night shifts have higher risk of miscarriage study suggests NBC
Shaken, Not Stirred: U.K. Markets Phlegmatic In The Face of Latest May Defeat  Forbes 29/03/19

Four healthy habits to adopt at work  Dealer Support Magazine 29/03/19

Pregnancy safe within a year of stillbirth  The Week India 30/03/19

Annals of the Rheumatic Diseases
Consensus Group Determines Clinical Relevance of HEp-2 Indirect Immunofluorescent Patterns  Rheumatology Advisor 25/03/2019

Inflammatory disease linked to higher depression, anxiety rates  Heali Rheumatology 28/03/2019

Also in: Medical Health News

Archives of Disease in Childhood
Further coverage for kids’ multivitamins
Lack of vitamin D in kids’ supplements  (print only) Daily Mail 26/03/2019

Bronchiolitis Hospitalization in Infancy Predicts More Admissions  Infectious Disease Advisor 27/03/2019
BMJ Evidence-Based Medicine

**Kids Aren’t Born Transgender, So Don’t Let Advocates Bamboozle You** The Daily Signal 29/03/2019

*Further coverage for mindfulness easing symptoms of chronic pain*

**What does science say about the effects of meditation?** Medical News Today 29/03/2019

BMJ Global Health

**EDITORIAL: What Eli Lilly's new insulin says about our health care system** Indiana Daily Student 27/03/2019

BMJ Open

**Research: Prelegalisation patterns and trends of cannabis use among Canadian youth: results from the COMPASS prospective cohort study** (External PR)

*Surge in cannabis use among youth preceded legalization in Canada* Medical Xpress 15/03/2019

*U of Waterloo: Surge in cannabis use among youth preceded legalization in Canada*

NationTalk 26/03/2019

**Also in:** Bioengineer

**Research: Prevalence of and risk factors for chronic kidney disease of unknown aetiology in India: secondary data analysis of three population-based cross-sectional studies** (External PR)

*Chronic Kidney Disease Of Undetermined Causes, Described Originally In Central America And Sri Lanka* Scienmag 29/03/2019

**Also in:** MedIndia, BrightSurf, Bioengineer, Health Medicine Network, News-Medical.Net, LankaWeb

**Review of hospital doctors’ working conditions ‘critical’** Irish Medical Times 25/03/2019

**Headscarf wearing Muslim females healthcare professionals experience ‘bullying’** Asian Image 25/03/2019

**Caesareans ‘do not lead to obesity’** The Times 26/03/2019

**The truth is coconut oil probably isn't helping you lose weight, here's why** mybody+soul.au 26/03/2019

**Researchers suggest negative media representation of these services could affect patient outcomes** Medical Xpress 26/03/2019

**Australian parents susceptible to anti-vaccination messaging from politicians** Mirage News 26/03/2019

**Also in:** Medianet Australian, Medical Xpress

**10 Unhealthiest Food Brands on the Planet** MSN UK 26/03/2019

**Also in:** Eat This Not that!

*Further coverage for knife crime among UK students*
How evening classes could protect students from knife crime (misattributed to The BMJ) Times Educational Supplement 27/03/2019

Is living organ donation safe? Foster's Daily Democrat 28/03/2019

Does cupping therapy work and what are the benefits? Medical News Today 29/03/2019

Teenage Psychotic Experiences Linked To Air Pollution, Study Finds Tech Times 30/03/2019

BMJ Open Diabetes Research & Care
Over 40? Here Are 40 Health Symptoms You Need to Know About BestLife 25/03/2019

Diabetes Injection Pens Market is expected to reach a value of US$9.7 bn by 2024 Honest Version 28/03/2019

BMJ Open Sport & Exercise Medicine
Ingesting water after train may really CAUSE cramps – not stop them Infosurhoy 27/03/2019

BMJ Sexual & Reproductive Health
Further coverage for sportiness and number of sexual partners
Gym bunnies hop into bed with more lovers CTlive.info - South Africa News 25/03/2019
Bisexual Women, Homosexual Men Have Multiple Sexual Partners: Study EavesRock 31/03/2019
Also in: Safrica24, IOL South Africa

British Journal of Ophthalmology
What Is Age-Related Macular Degeneration? All About Vision 31/03/2019

British Journal of Sports Medicine
Further coverage for leisure-time activity and longevity
Moderate physical activity may extend life Telangana Today 26/03/2019
Short walks boost health Bangkok Post 26/03/2019
Also in: Cooking with Kathy Man, Health 24 South Africa, Daily Star, The Indian Express, Iran-Daily

Further coverage of the benefit of HIIT for weight loss
This is the smart new way to work out this summer Vogue India 26/03/2019
Fat burning leg workout to strengthen and tone the body Healthista 29/03/2019
Also in: Newsfeed.co

Further coverage for exercise and high blood pressure
Exercise found as good as drugs to reduce blood pressure, fat The Star Advertiser 25/03/2019
Also in: The Straits Times

This anxiety-inducing fitness test purports to tell you how long you’ll live. We investigated MSN Lifestyle 26/03/2019

Is ‘HIIPA’ the New HIIT? It May Be Just As Effective—but There’s a Catch Bicycling 27/03/2019
Serum from lupus patients affects enzyme responsible for producing nitric oxide: Study
Business Standard 25/03/2019
Also in: The Health Site, The Siasat Daily

Tobacco Control
Passive smoking dangerous for pregnant women, causes stillbirths Asian Tribune
25/03/2019

Vet Record
VMA winners unveiled Vet Times 25/03/2019