BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 21 journals were picked up in the media last week (15-21 April) - our highlights include:

- Research in Heart suggesting that half of patients on statins don’t reach healthy cholesterol levels after two years generated global coverage, including BBC, CNN, Radio New Zealand and the Times of Malta

- Research in Open Heart on the link between resting heart rate and early death was covered by several UK newspapers and specialist medical outlets, including the Daily Mail, The Sun, Newsweek and WebMD

- A study in the British Journal of Sports Medicine indicating that doubles badminton players are at heightened risk of serious eye injuries attracted international and specialist medical coverage, including Business Insider, Channel News Asia, and the Mirror

PRESS RELEASES

The BMJ | British Journal of Sports Medicine
Heart | Journal of Medical Ethics
Open Heart

EXTERNAL PRESS RELEASES

Occupational & Environmental Medicine

OTHER COVERAGE

The BMJ
Annals of the Rheumatic Diseases
Archives of Disease in Childhood | BMJ Case Reports
BMJ Global Health | BMJ Innovations
BMJ Open | BMJ Open Sport & Exercise Medicine
BMJ Sexual & Reproductive Health | Gut
Journal of Epidemiology & Community Health | Journal of NeuroInterventional Surgery
Journal of Neurology, Neurosurgery & Psychiatry | Lupus Science & Medicine
Medical Humanities | Postgraduate Medical Journal
Regional Pain & Anaesthesia Medicine
The BMJ

Research: Estimating the potential impact of the UK government’s sugar reduction programme on child and adult health: modelling study + Editorial: UK government’s sugar reduction programme on test (PR)

Food giants will cause thousands of needless cases of diabetes, heart disease and bowel cancer if they fail to hit Government’s sugar reduction targets, academics warn - Daily Mail 17/04/2019

'Save £286m by enforcing sugar targets' - The Times / The Irish Times (print only) 18/04/2019

Also in: Follow News, BrightSurf.com, MyHeadlinz.com

Further coverage for mother’s age, pregnancy history and risk of miscarriage
Here are the risk factors for miscarriage Star2 15/04/2019

Also in: wn.com, MyHeadlinenz.com

Further coverage for stress-related disorders
Stress-related disorders increase risk of cardiovascular disease by 60% News-Medical.Net 15/04/2019


Further coverage for low carb diet
Will a Keto Diet Help Eliminate Your Knee Pain? The People’s Pharmacy 15/04/2019

Further coverage for breakfast and weight control
Been following these rules to stay healthy? You can stop now. NorthJersey.com 16/04/2019

Further coverage of fried foods
Fried foods linked to earlier death - Harvard Health Letter Online 19/04/2019

Further coverage of fried foods
How to protect your data when using health apps - One News Page 19/04/2019

Other coverage for The BMJ

What to do if the physical intimacy disappears from your relationship Blogarama 15/04/2019

When Doctors Thought ‘Wanderlust’ Was a Psychological Condition Atlas Obscura 15/04/2019

Prostate Drug Link to Diabetes Not a Concern, Experts Say Technology Networks 15/04/2019

Also in: News-Medical.Net
Benign prostatic hypertrophy: certain drugs can promote diabetes NAVVA 15/04/2019

Also in: News-Medical.Net
How to implement healthy eating habits in the workplace HR Magazine 15/04/2019

Coping with Brexit ‘trauma’: Britons turn to meditation, therapy Times of News 15/04/2019
Coping with Brexit 'trauma': Britons turn to meditation, therapy  CBC News 15/04/2019
Is legalisation the answer to Norfolk's drug problem?  Eastern Daily Press 16/04/2019
Sitting Can Be Hazardous to Your Health: 7 of the Best Standing Desk Accessories You Need Now.  Inverse 16/04/2019
Polypharmacy and Premature Deaths Especially in Older People  People's Pharmacy 15/04/2019
Plot twist: When trying to conceive, dad's age matters too  Parent24 16/04/2019
Fact/Fiction: Are asthma inhalers as polluting as a 180-mile car journey?  The Big Issue 16/04/2019
Hernia Mesh Implant Problems Call Safety of their Use into Question  Top Class Actions 16/04/2019
WHO Withdraws Support of Planetary Health Diet  Whole Foods Magazine 16/04/2019
Are Carbs the Enemy? 6 Myths About Carbs  Chicago Health 16/04/2019
False Alarms: Are they well-intentioned killers?  Evaluation Engineering 16/04/2019
Going vegetarian could reduce your risk of gout: Scientists find those who cut out meat have lower blood levels of the substance known to cause the agonising condition  Daily Mail 16/04/2019
Regular cannabis users need more surgical anesthesia — study  Digital Journal 16/04/2019
Analysis: 20 years on from the MMR scare children are paying the price for pseudoscience  The Herald 16/04/2019
Want to Live to 100? Try This Health-Boosting Eastern Diet  Byrdie 16/04/2019
Napp: Reducing the burden of chronic conditions through partnership  Open Access 16/04/2019
BMJ: Mammography skeptics attack AgeX trial design  AuntMinnie Europe 16/04/2019
Drug Company payments to doctors may influence prescription choices  Chicago Tribune 17/04/2019
From lay summaries to patient engagement programmes: how patient-centricity is finally becoming a reality - PMLive 18/04/2019
Baby girl was left fighting for her life in hospital after catching measles as her mother releases shocking pictures of her ordeal and begs other parents to vaccinate their children  - Daily Mail 18/04/2019
Rwanda: This is our hope  - The New Times: Rwanda's Leading Daily 18/04/2019
Doctors be careful in giving e-consultations - Daily Excelsior (Jammu & Kashmir) 18/04/2019
As experts give another terrifying warning, is it really time to give meat the chop?  Daily Telegraph 18/04/2019
PT professor works with research team to improve common shoulder surgery  - The Reflector 17/04/2019
Physical Inactivity Not Tied to Dementia  - NEJM Journal Watch 18/04/2019
Statins: the 3p pill that continues to cause uproar in the medical world  - inews 19/04/2019
The grim stories behind seven of medtech’s worst failures  - Medical Design & Outsourcing 19/04/2019
Eating Apples And Pears Can Reduce Your Risk Of Type 2 Diabetes  - Brunei News (BruDirect.com) 20/04/2019
Be careful what you put in the brown paper bag  - Toronto Sun 20/04/2019
WHY ARE WE STILL QUESTIONING VACCINES? - Florida Courier 20/04/2019
Millennial Burnout: Building Resilience Is No Answer – We Need To Overhaul How We Work - Forbes Africa 20/04/2019
Best Medical Journals - 2 Minute Medicine 22/04/2019

JOURNALS

British Journal of Sports Medicine

Research: Doubles trouble–85 cases of ocular trauma in badminton: clinical features and prevention (PR)

Wear protective goggles if you are going to play badminton, players are urged as eye experts warn shuttlecocks 'can cause irreversible vision loss' Daily Mail 15/04/2019
Watch the birdie: Badminton players at risk for eye injuries Business Insider 17/04/19
Watch the birdie: Badminton players at risk for eye injuries Channel News Asia 18/04/19


11 Health Benefits of Cycling That Aren't Just Physical MSN Arabia Lifestyle 15/04/2019
Caffeine could boost exercise performance The New Paper (Singapore) 15/04/19
A Body in Motion: Exercise and Cognition Psychology Today 15/04/19

After an Epic Masters, continue celebrating with this year's Golf and Health Week Golf Online 16/04/2019
Golfers live longer Golf Canada 15/04/2019

Elite Hospitals Plunge Into Unproven Stem Cell Treatments California Healthline 16/04/2019
Also in: Pain News Network, The Crescent News Online

Further coverage for leisure-time activity
Study: Gardening is Just As Good for You As Going to the Gym TipHero 15/04/2019
Also in: First For Women, Lead Stories

Here's Why You Crave Certain Foods 10 Daily 17/04/2019
What is football's concussion protocol? Symptoms, rules & health risks to head injuries - Goal.com 17/04/2019
Also in: Medical Health News

You Can Still Have An Active Lifestyle Even When Busy, Experts Say  Business Times (China) 17/04/19

How to Make Walking Actually Worth Your Time  Bicycling News 19/04/19

IS SITTING REALLY THE NEW SMOKING?  Health Magazine (Arab Emirates) 21/04/19

Heart

Research: Sub-optimal cholesterol response to initiation of statins and future risk of cardiovascular disease
Editorial: Statin dose in primary prevention: aim for the target  (PR)

Statins 'don't work well for one in two people'  BBC News 15/04/2019
15/04/2019
Statins lack desired effect for half of patients, study finds  The Guardian 16/04/2019
Half of people prescribed statins don't reach cholesterol goals after two years, study says  CNN 16/04/2019

Also in: BBC1 Breakfast, BBC R4 Today Programme, iNews, Capital Radio, Daily Mail, The Times x 2, Yahoo News UK, Daily Telegraph, The Sun (+ tweeted by Shaun Wooler, health and science correspondent), Mirror, Daily Express, MSN UK + IE, Metro, Wales Online, The Scotsman, Aberdeen Evening Express, Nottinghamshire Live, North Wales Online

International

Other

Journal of Medical Ethics

Viewpoint: Gatekeeping hormone replacement therapy for transgender patients is dehumanising  (PR)

Drop 'dehumanizing' mental health assessments for trans youth wanting body-altering hormone  Medical Health News 21/04/19
Also in: Medical Xpress, MyHeadlinez, Bioethics Pundit , Pajamas Media

Euthanasia and the slippery slope  A Medley of Potpourri (blog) 19/04/19
Open Heart

Research: Impact of changes in heart rate with age on all-cause death and cardiovascular events in 50-year old men from the general population (PR)

Having a resting heart rate of 75 beats per minute in your fifties 'could DOUBLE your risk of an early death' Daily Mail 15/04/2019
KNOW YOUR NUMBER Your resting heartbeat can predict if you’re at risk of dying young, doctors warn The Sun 15/04/2019
HEART RATE OF 75 BEATS PER MINUTE LINKED TO DOUBLED RISK OF EARLY DEATH Newsweek 15/04/19


Occupational & Environmental Medicine

Research: Injuries associated with long working hours among employees in the US mining industry: risk factors and adverse outcomes (External PR)

Irregular schedules, being new on the job raises risk of injury for miners working long hours Medical Xpress 15/04/2019
Irregular Work Schedules May Up Injury Risk for Long-shift Miners MedIndia 16/04/2019

Poor workplace wellbeing – a cost we cannot ignore The Irish News 16/04/2019

British military has used chromium-based paint linked to cancer on its tanks, 4x4s and armoured personnel carriers despite the substance being banned for many lines of manufacturing in 2003 (wrongly attributed to The BMJ) - Daily Mail 17/04/2019

Hormone therapy linked to Alzheimer’s The Week (India) 20/04/19

Annals of the Rheumatic Diseases

RA flare rates unaffected by tapering strategy Medwire News 17/04/19

More Data for Treat to Target: Post-hoc analysis of large RA clinical trials supports treat-to-target recommendations The-Rheumatologist.org 18/04/2019

Archives of Disease in Childhood

REST EASY Kids older than two don’t need a daytime nap, scientists claim saying it could impact their behaviour and physical health (print only) The Sun + Scottish Sun + Irish Sun15/04/2019
Also in: The News Amed, The Amed Post, Heart Radio

Autistic Children in Transgender Experiments Veterans Today 15/04/2019
Beware sharing stories of ill children - Daily Telegraph (print only) 18/04/2019
Doctors face more rows over dying children - The Times (print only) 18/04/2019
Also in: ITV News, Daily Mail, Yahoo News UK, Belfast Telegraph, Dundee Evening Telegraph, + extensive UK regional print coverage, Times of News

BMJ Case Reports
Put the cotton buds down! How to clean your ears without them (misattributed to The BMJ) The Times + Irish Times 15/04/2019

Doctors remove a ‘foul-smelling’ nasal stone from 15-year-old girl's nose that had been slowly growing for around a decade Daily Mail 16/04/2019
15-Year-Old Contracts Rare Disease After Getting a Toy Stuck Up Her Nose for Years (misattributed to The BMJ) Health 16/04/2019

OCULAR INFLAMMATION FOLLOWING CATERPILLAR ENCOUNTER Optometry Today 16/04/2019
AIIMS doctors remove caterpillar hair from eye of 11-year-old girl (misattributed to The BMJ) - Times of India 21/04/2019

BMJ Global Health
Tracking Global Trends In The Effectiveness Of Antibiotic Therapy Using The Drug Resistance Index - ScienMag 17/04/2019
Also in: Medical XPress, Bioengineer, Infection Control Today Online, BrightSurf.com

Bad Easter Bunny Caribbean Business 18/04/19

BMJ Innovations
GP practices could stop patients waiting weeks to get an appointment 'by adding a simple phone message that tells them how to treat a cold' - Daily Mail 17/04/2019
Also in: expressdigest.com, Mogaz News, Medical Health News

BMJ Open
Surgery may lead to opioid dependency for more than 13,000 Australians each year Mirage News 16/03/2019
Also in: Newswise, Australian Journal of Pharmacy, Medical Xpress

Capillary and Venous Lactate Compared in ED Patients LabMedica 16/04/2019

Predictors of Poor Pain Control Following Surgery Clinical Advisor 17/04/19

Migraine patients at increased risk for ischaemic stroke Specialty Medical Dialogues 18/04/19
Also in: AJMC Managed Markets Network

10 Strange Arthritis Treatments That May Actually Work Reader's Digest 19/04/19
Also in: Daily Magazine (US)

How These Medical Centers Beat the "Revolving Door" of Healthcare with a Wellness-Oriented Approach Daily Magazine 20/04/19
Also in: Robb Report
This is the real reason people lose interest in sex  Press from (US) 20/04/19

Also in: MSN US

**BMJ Open Respiratory Research**
IPF Patients Live Longer on Ofev Compared with Placebo, Analysis Suggests  Pulmonary Fibrosis News 16/04/2019

**BMJ Sexual & Reproductive Health**
Are periods really necessary? - The Kit 17/04/2019

**Gut**
Phone and web counseling outperform medications at relieving IBS symptoms, study finds  MinnPost 15/04/2019

Researchers develop ‘potentially life changing’ oesophageal cancer test  ITV News Ulster 18/04/19

**Journal of Epidemiology & Community Health**
What’s Wrong with Jack Ma Calling 996 A ‘Huge Blessing’  Entrepreneur 15/04/19

Should you have more fruits or vegetables for weight loss?  Times of India 16/04/2019

Brexit: A French Doctor Working in London Sees Unrest  Medscape 16/04/19

Addressing Inuit housing shortage will be key to eliminating TB, says study  Nunatsiaq News (Quebec, Canada) 18/04/19

Dogs are the secret weapon to staying active  Mother Nature Network 19/04/19

State public records laws help uncover corruption, wrongdoing at public universities  US Right To Know 19/04/19

**Journal of NeuroInterventional Surgery**
Terumo’s Microvention touts Web aneurysm embolization study  Mass Device Today 18/04/19

**Journal of Neurology, Neurosurgery & Psychiatry**
Here are 12 quirky mental disorders you’ve probably never heard of  Raw Story 16/04/2019

Electrodiagnostic Clustering Identifies Prognostic Patient Subgroups in CIDP  Neurology Advisor 18/04/19

**Lupus Science & Medicine**
200 mg Limit to Hydroxychloroquine Tablets Challenging for SLE Patients, Study Says  Lupus News Today 15/04/2019

**Medical Humanities**
Has your doctor ever fat-shamed you? This Philly cardiologist wants his colleagues to knock it off (wrongly attributed to The BMJ) - Philly.com 17/04/2019
Postgraduate Medical Journal
Study looking at gender diversity in surgery “an important message for HSE” Irish Examiner
18/04/19

Female medical students more intimidated than male students, finds study New Kerala
21/04/19
Also in: New Indian Express, Medical Xpress, ANI News

Regional Pain & Anaesthesia Medicine
Tapping patients’ wisdom for C-section pain management - Stanford Medicine 18/04/2019
Also in: Medical Newser