BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 21 journals were picked up in the media last week (1-7 April) - our highlights include:

- A study in *The BMJ* finding that routine HPV vaccination has led to a dramatic reduction in cervical disease among young women in Scotland was covered extensively, including *BBC Radio 4 Today, The Guardian* and *Cosmopolitan*.

- Research in *Tobacco control* suggesting that vaping has not re-normalised tobacco smoking among teens was picked up by *The Independent, The Irish Times* and *The South China Morning Post*.

- A paper in the *Archives of Disease in Childhood* on misleading health claims on kids’ snacks packaging was picked up by *The Times, BBC News* and *The Daily Telegraph*.

PRESS RELEASES

*BMJ* | *The BMJ*
*Thorax* | *Tobacco Control*
*Archives of Disease in Childhood* | *Vet Record*

EXTERNAL PRESS RELEASES

*The BMJ*

OTHER COVERAGE

*The BMJ* | *Annals of the Rheumatic Diseases*
*BMJ Case Reports* | *BMJ Global Health*
*BMJ Nutrition, Prevention & Health* | *BMJ Open*
*BMJ Open Quality* | *BMJ Open Sport & Exercise Medicine*
*British Journal of Sports Medicine* | *Heart*
*Journal of Epidemiology & Community Health* | *Journal of Investigative Medicine*
*Journal of Medical Ethics* | *Journal of Medical Genetics*
*Journal of Neurology Neurosurgery & Psychiatry*
*Journal of the Royal Army Medical Corps* | *Occupational & Environmental Medicine*
New Editor-in-Chief for BMJ Open Sport & Exercise Medicine journal  InPublishing 02/04/2019 (PR)

Health Education England chooses BMJ Best Practice  InPublishing 03/04/19 (PR)

Antiseptics and Disinfectants Market Size Worth $27.99 Billion by 2026: Grand View Research, Inc.  MarketInsider 01/04/2019

Also in: Benzinga, Finanzen, Spoke + widely covered by US local online and TV news outlets

Further coverage for infant formula milk
Medical journals will no longer carry adverts for baby formula  Sustain 02/04/2019
‘Alva wasn’t diagnosed until seven months’ - Dietitian Aoife Hearne reveals breastfeeding struggles ahead of film screening  Independent.ie 07/04/2019

The BMJ

Research: Prevalence of cervical disease at age 20 after immunisation with bivalent HPV vaccine at age 12-13 in Scotland: retrospective population study

Editorial: The remarkable impact of bivalent HPV vaccine in Scotland

HPV rates tumble after routine vaccination  The Guardian 04/04/2019
The HPV vaccination is proven to be wiping out cervical cancer  Cosmopolitan 04/04/2019
There has been a dramatic drop in sign of cervical cancer among women in Scotland who were given the vaccine for HPV when they were at school  BBC Radio 4 Today (3:23-04:15, 1:05:30 -1:06-27)


International
Gizmodo, CTLive, Naaju, Yahoo! India Style, Times of Malta, Yahoo! India Style, Broadcast Communications, iNews Cayman, The Amed Post, New Delhi News, Foreign Affairs, Yahoo News Australia & NZ, PanArmenian, Fox News, TodayChan, Guyana Chronicle, Global Citizen (US), The USA Times

Other
Practice: Medicinal use of cannabis based products and cannabinoids (External PR)

**Fresh guidance to fill ‘information vacuum’ on new cannabis products for medicinal use**
Sciencecodex 06/04/2019

**Also in:** MyHeadlinez, Medical Xpress, Medical Health News, Health Medicine Network, BrightSurf, ScienceDaily, Bioengineer, Scienmag, MSN

### Other coverage for The BMJ

**Further coverage for prolonged treatment courses of antibiotics**

**GPs the target in the fight against antimicrobial resistance** Pulse 01/04/2019

**Also in:** Medical Health News

### Further coverage for non-surgical brain stimulation

**Non-surgical brain stimulation could treat severe depression, says BMJ** Practice Business 01/04/2019

**How brain stimulation may soothe severe depression** Health24 South Africa 01/04/2019

**Also in:** Medical Newser, MD Alert, PsychCongress

### Drugs before sex more common in UK than in Europe or US – study

**The Guardian** 02/04/2019

**Brits Are More Likely To Mix Drugs & Sex Than People From Other Countries, A Study Finds** Bustle 05/04/2019

**Also in:** Yahoo UK, Report News Today

**Night time urination could mean your blood pressure's up** CBC Radio 01/04/2019

**Is drinking wine as bad for you as smoking cigarettes? Study examines cancer risk** Springfield News-Sun 01/04/2019

**Also in:** News Live, 17Ok News, Journal News Online + covered widely by US local online and radio news outlets

**What Is Evidence-Based Addiction Treatment?** The Fix 02/04/2019

**Lung Cancer Caused by Asbestos Exposure May Take Decades to Materialize** Top Class Actions 01/03/2019

**The best ways to eat healthy and feel better have nothing to do with calories** MSN Lifestyle 01/03/2019

**Sugary drinks marketed to children using same tactics as cigarette companies** Healio 01/04/2019

**BBC journalist Jeremy Bowen goes public on his bowel cancer diagnoses and gives this advice** Gloucestershire Live 01/04/2019

**Cryptic pregnancies: ‘I didn’t know I was having a baby until I saw its head’** MyJoy 01/04/2019

**Also in:** MSN Lifestyle, MSN South Africa, MSN Philippines, Mirror, The World News, Get Reading, The Malta Independent

**Drug company payments to doctors may influence prescription choices** The Sheridan Press 01/04/2019

**Trudy Lieberman: Drug company payments to doctors may influence prescription choices** Daily Journal 04/04/2019

**Also in:** The Daily Citizen, Kearney Hub, Tribune

**New checks that could soon replace those 'embarrassing' smear tests** Daily Mail 01/04/2019

**DIY TESTS Smear tests to screen for cervical cancer could be replaced by DIY tampon swabs** The Irish Sun + The Sun + Scottish Sun 02/04/2019

**Also in:** Mogaz News, Express Digest, Health Medicine Network, Hello Daily News, The Stars Post
Further coverage for HRT and Alzheimer’s

**HRT linked to increased Alzheimer’s disease risk in women** Pharmaceutical Journal
01/04/2019

**Also in:** Medical Health News

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**We need permanent summer time to lift our mood** Financial Times 01/04/2019

**Also in:** MSN Lifestyle

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Further coverage for older fathers

**Biological clock also ticks** (print) Bangkok Post 02/04/2019

**The risks in older fatherhood** (print) The New York Times 05/04/2019

**Also in:** HerFamily.ie

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Further coverage for non-sugar sweeteners

**Christopher Labos: Do diet drinks help with weight loss? It’s unclear** Standard Freeholder
02/04/2019

**GUT ROT Six artificial sweeteners in diet drinks are ‘TOXIC to your gut bacteria’** The Irish Sun 03/04/2019

**Also in:** Paris Star, Today’s Farmer, The Vancouver Sun, The Amed Post + covered widely by US local news outlets

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Further coverage for the second victim

**Are Healthcare Providers ‘Second Victims’ Of Medical Errors?** Bioengineer.org 02/04/2019

**Also in:** Health Medicine Network, Scienmag, BrightSurf, FierceHealthcare, HealthNewsDigest, MedIndia.net

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Further coverage for health apps

**Patient data at risk from healthcare apps, researchers claim** Building Better Healthcare
02/04/2019

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Further coverage for increasing the legal purchase age of tobacco from 18 to 21

**Increase the purchase age to reduce smoking rates in young people, expert urges** Practice Business 02/04/2019

**Also in:** NewsroomPost

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**Abortion is destroying Spain’s future, new study finds** LifeSite 02/04/2019

**Freshest ways to beat air pollution** Irish Daily Mail 02/04/2019

**Delay in Radiation Therapy Increases Risk of Breast Cancer Recurrence** Cancer Connect 02/04/2019

**Aortic Aneurysm: a Side Effect of Certain Antibiotics?** Top Class Actions 02/04/2019

**Spinal manipulation can help ease low back pain** MD Alert 02/04/2019

**Also in:** Thomson Reuters, Reuters, Physician’s Weekly, Channel NewsAsia, Yahoo Singapore, Netscape, Business Insider, Yerepouni Daily News, Medical Health News + covered widely by US local online news and radio outlets

**Dairy Industry Creates ‘Calcium Crisis’ to Sell Cow’s Milk** Vegan Magazine 02/04/2019

**Sam Allen: Supporting women into leadership roles—men must act as “allies” – The BMJ** Ladies Want More 02/04/2019

**Iodised salt not necessarily be good for health** New Kerala 03/04/2019

**Also in:** NewsDog, INDIA New England, IndianBloom, Austin Indian, Kentucky Indian, ProKerala, Can-India News, Orissa TV, Daily World India, Window to News, Business
Funny, but I get more laughs from surgeons than comedians  The Conservative Woman 03/04/2019

*Further coverage for breakfast and weight loss*

**BREAKFAST ISN'T IMPORTANT** WND 03/04/2019

**Also in:** The Burning Platform, Reason, Jewish World Review, Fox News, Rasmussen Reports, Northwest Florida Daily News, Minot Daily News, Valley Morning Star,

*Further coverage for withholding antibiotics and sepsis*

**Does Your UTI Need an Antibiotic? What Older Adults Need to Know** Bottom Line Inc 03/04/2019

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**How to address the challenge of multimorbidity?** Nuffield Trust 02/04/2019

**Doctors use campaign to sound the alarm on antibiotics resistance** PR Week 03/04/2019

**Family colon cancer risk similar for siblings and half siblings** Radio USA 03/04/2019

**Also in:** Reuters + Thomson Reuters, TheDrive, Yerepouni Daily News, Channel NewsAsia, Physician’s Weekly, Successful Farming, Business Insider, Netscape + widely covered by US local radio outlets

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**Epileptic girl, three, whose family couldn't get medicinal cannabis on the NHS is 'saved' after Canadian firm gives her the drug for free meaning she no longer suffers 30 seizures a day** Daily Mail 03/04/2019

**What it’s like to be a doula: ‘People think we bang drums, chant or use incense’** The Independent 03/04/2019

**Also in:** MSN UK + IE

**Stem Cell Therapies: Are Hospitals Going to the Dark Side?** MedPage Today 03/04/2019

**Parshat Tazria: The greenest of greens** The Times of Israel 03/04/2019

**Interview with Sleaford Mods’ Jason Williamson ahead of their sold-out Norwich show** Norwich Evening News 03/04/2019

**As Brexit delayed, wannabe next PM wants to slash trial regulations** FierceBioTech 03/04/2019

**In It Together: Peer-Support Programs Help Physicians After Stressful Events** The Rheumatologist 03/04/2019

**Ellis: Why Are We Still Questioning Vaccines?** BirminghamTimes.com 04/04/2019

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**Epileptic girl, whose family couldn't get medicinal cannabis on the NHS is 'saved' after Canadian firm gives her the drug for free** 420 Intel 04/04/2019

**Coping With Different Types of Depression** U.S. News & World Report 04/04/2019

**Also in:** MSN Health US

**A Teacher Shared an Image of a Tongue 'Eaten Away' by Energy Drinks** Men’s Health 04/04/2019

**Research Claims, Having A Pet Can Help Older People Stay Physically Active** Newsgram 04/04/2019

**New study finds that screening could help prevent rare types of cervical cancer** News-Medical.Net 04/04/2019

**How to deliver new medicine without bankrupting the health system** RTE 04/04/2019

**Explainer: Vaccines are not linked to autism** Science News for Students 04/04/2019
Archives of Disease in Childhood

Research: Confused health and nutrition claims in food marketing to children could adversely affect food choice and increased risk of obesity (PR)

Three quarters of children's snacks which claim 'one of your five a day' are inaccurate The Daily Telegraph 04/04/2019
Manipulative' health claims fuel childhood obesity The Times 05/04/2019
Parents being misled over kids' snacks, says child health expert BBC News 05/04/2019


Vitamin A intake reduces death rates in infants born of Vit A deficient mothers Specialty Medical Dialogues 05/04/19

Vet Record

Research summary: Leishmaniosis in a dog with no travel history outside of the UK
Letter: Leishmaniosis in a dog with no history of travel outside the UK (PR)

Vigilance urged after first UK case of leishmaniasis caught from another dog VetSurgeon News 04/04/2019
Warning to dog owners as first UK pet dies from a tropical disease that can be passed to humans Daily Mail 05/04/2019
Tropical disease which can be caught by humans kills first pet in the UK Metro 05/04/2019

Also in: Mirror, Daily Express, The Sun + Irish Sun, Daily Star, Birmingham Live, Wales Online, The Scotsman, Scottish Daily Record, Yahoo News UK, News Lliver, Phys.org,
Ceva Animal Welfare Awards 2019 – winners announced! Zenopa 04/04/2019
Wicklow Animal Charity wins Charitable Contribution of the Year Award at the Ceva Animal Welfare Awards WicklowNews.net 04/04/2019

Annals of the Rheumatic Diseases
Skin Fibrosis Scores Can Be Surrogate Marker for dcSSc Severity, Study Finds Scleroderma News 01/04/19

Management of systemic lupus erythematosus-2019 EULAR Guidelines Specialty Medical Dialogues 01/04/2019
EULAR recommends core data set to standardize giant cell arteritis registries Healio 03/04/2019

Also in: Medical Health News

Skin Fibrosis Scores Can Be Surrogate Marker for dcSSc Severity, Study Finds Scleroderma 01/04/2019

BMJ Case Reports
Woman's 'foul-smelling' ovarian cyst contained traces of a VEGETABLE and hair after 'her bowel perforated' Daily Mail 01/04/2019
Doctors Found Something Truly Bizarre Inside One Woman's Cyst IFLScience 03/04/2019

Also in: Medical Health News

The Benefits of Taking the Plunge: Cold Water Swimming (misattributed to The British Medical Journal) Spirituality & Health 02/04/2019

Man who had a two-day erection has to have the tip of his penis AMPUTATED after 'bungling doctors failed to remove a catheter from his urethra' and it developed GANGRENE Daily Mail 04/04/2019
HARD TIMES Man with two day erection has part of his penis amputated after developing gangrene The Sun 04/04/2019
Also in: Mirror, LatestLY, Get Reading, Archy Worldys, LailasNews, Meaww, Prime News Ghana, Sunday Sport, Uncova

BMJ Global Health
Fact check: President Trump misleads on disaster aid to Puerto Rico after Hurricane Maria USA Today 02/04/2019
Trump lashes out at Democrats over Puerto Rico aid vote New York Post 02/04/2019
Also in: Inquisitir + covered widely by US local news outlets

Further coverage for falling FGM rates in East Africa
I Survived FGM at Age 5 and Forced Marriage at 13. Now I'm a Supermodel, Author, and Activist (misattributed to The BMJ) Global Citizen 03/04/2019

Hunger and an 'Abandoned' Hospital: Puerto Rico Waits as Washington Bickers The New York Times 07/04/2019
BMJ Nutrition, Prevention & Health
Further coverage for the gap between eating and going to bed
How to Take Control of Your Emotional Eating Habits FromPress 03/04/2019

BMJ Open
Further coverage for Brexit and fruit/veg prices
Green isle: Ireland ranks high in EU table of fruit and veg consumers Irish Times 01/04/2019
Also in: European News

Chronic kidney disease of undetermined causes described originally in Central America and Sri Lanka Medical Xpress 01/03/2019
Also in: Health Medicine Network, News-Medical.Net

How having a family doctor improves your life MPR News 02/04/2019

QUICK VISUAL RECOGNITION TEST COULD SCREEN FOR DEMENTIA WITH VISUAL SYMPTOMS Optometry Today 02/04/2019
College research raises awareness of dementia that has early visual symptoms Vision UK 02/04/2019

Risks of the paperless office – lower productivity and fatigued workers! Graphic Hearts 03/04/2019

How to Lose Weight on a Budget EatingWell 03/04/2019

Catheters Market – Detailed account of growth drivers, trends, opportunities, and challenges impacting by 2025 Market Research Gazette 04/04/2019

When Your Partner Has Prostate Cancer wtop 04/04/2019

How Bad is Screen Time for Kids, Really? Medium 05/04/2019

How toxic air makes you vulnerable for COPD? EHealth 07/04/2019

Nearly half of prostate cancers in Australia are over-diagnosed The Senior 07/04/2019

BMJ Open Quality
CCG saves £200,000 per year by optimising chronic disease monitoring test requests Pulse 04/04/2019
Improved chronic disease monitoring saves CCG £200,000 (misattributed to BMJ Open) Nursing in Practice 05/04/2019

BMJ Open Sport & Exercise Medicine
Try These Simple Exercises To Help Reduce Neck Pain HealthWorksCollective 02/04/2019

British Journal of Sports Medicine
Elite Hospitals Plunge Into Unproven Stem Cell Treatments Kaiser Health News 01/04/2019
Also in: Medical Health News, Pain News Network, Daily Beast, The Mighty

Head Injuries in Soccer U.S. News & World Report 01/04/2019
Concussion research sets national standard The Union Times 02/04/2019
Also in: Medical Health News

Further coverage for exercise to lower blood pressure
If exercise is medicine, what's the dose? Herald Tribune 02/04/2019
Also in: SportyBel, Sarasota Herald, Baptist Health Resource, Berkeley Wellness

Further coverage for leisure time activity cutting risk of early death
Ten minutes' exercise each week cuts risk of early death (print only) The Times 01/04/2019
Apparently, Gardening Can Be Just as Good for You as Going to the Gym The Oprah Magazine 05/04/2019

Walking Is Considered Exercise—But Only If You Take This Many Steps Per Hour
FromPress 02/04/2019
Also in: MSN Health CA

Beginner's Guide to Training for a Half Marathon BestHealth 03/04/2019

Play Golf And Live Longer British Columbia Golf 03/04/2019
Also in: Canadian Golf Directory, The Golf Business


Why expensive, unproven stem cell treatments are a new health care trend PBS News Hour 04/04/2019

I Tried Fasted Cardio For 2 Weeks – Here's What Happened Women’s Health 04/04/2019

Can Stem Cells Cure Your Chronic Pain? Experts Say Not So Fast Kaiser Health News 05/04/19
Also in: Yahoo News, The Mighty

No Time for the Gym? Here’s How to Sneak a Workout into Your Day SheKnows 06/04/2019

Heart
Running to an early grave Philly.com 03/04/2019

Often deadly, ‘flutters’ are the new peril attacking the ailing hearts of an unfit nation The New Daily 05/04/2019

Are eggs bad for your health again? The Australian 05/04/2019

Journal of Epidemiology & Community Health
Further coverage for sedentary behaviour and premature death
Alarming new research claims 70,000 deaths a year are caused by our ... Mogaz News 01/04/2019
Is sitting really the new smoking? Irish Daily Mail 02/04/2019
Also in: News-Medical.Net, HR Director, MedPage Today

**Smoking men expose the unborn to heart defects** Business Daily Africa 02/04/2019

Further coverage for long working hours and depression

**Want a happier Monday? Adjust your weekend mindset** Biz Women 02/04/2019

Also in: The Business Journals

Further coverage for stricter gun laws

**Stricter State Gun Laws Associated With Increased School Safety** Medical Bag 02/04/2019

17 Things the World’s Healthiest People Have in Common Reader’s Digest 04/04/2019

Also in: The Business Journals

**Burden of chronic headaches is “substantial”** Personnel Today (Occupational Health Roundup) 04/04/19

Journal of Investigative Medicine

Further coverage for osteoporosis treatment

**Older Women Far More Likely Than Older Men to Be Tested, Treated for Osteoporosis** AJMC Managed Market Networks 04/04/2019

Journal of Medical Ethics

'I feel much younger than I look' BioEdge 01/04/2019

Journal of Medical Genetics

**Researchers ID Genetic Factor That Predisposes Carriers of Specific Mutation to Familial PAH** Pulmonary Hypertension News 03/04/19

Journal of Neurology, Neurosurgery & Psychiatry

**Testosterone May Underlie Rare Blindness Condition in Women** Medscape 01/04/19

Anti-Snoring Devices and Snoring Surgery Market with 42.2% market share and is expected to reach USD 8123.71 million by 2024 The Journal Dairy 04/04/19

Journal of the Royal Army Medical Corps

**Mathematician helps surgeon save those injured in explosive blasts** Medical Xpress 03/04/19

Occupational & Environmental Medicine

Further coverage for night shifts and risk of miscarriage

**Night Shifts May Raise the Risk of Miscarriage** The New York Times 05/04/2019

Also in: IOL (South Africa), Safrica24, CTlive, Medical Health News, HealthLine, Irish Medical Times, Business Standard, Clinical Advisor, Moms.com, Asharq Al-awsat English

**Radiology techs assisting with fluoroscopy may risk cataracts** MD Alert 02/04/2019

Chronic bronchitis associated with occupational metal exposure Personnel Today (Occupational Health Roundup) 04/04/19