



for Nurses

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Provides access whether you are in the surgery, on the ward, at home, or on call, with online, mobile and offline access via the BMJ Best Practice app.

A 25-year-old woman presents with shortness of breath when walking quickly. She experiences the same symptoms when she visits her friend who has a cat. Her symptoms have progressively worsened over the past year.

She has a history of asthma and takes a steroid inhaler and a beta-agonist inhaler. She is not too sure of the dose of the inhalers and says that sometimes she forgets to take them. She also finds herself wheezing when waking from sleep approximately twice a week.



What is most likely to be going on?



What would you do?



What is the priority for management?

Log in to BMJ Best Practice to find the answers to these questions.

"I am so impressed about the accessibility, quality and layout of the website... I am really enjoying using this and it will really help me look after my patients better."

Anna-Marie Bell, Trainee Advanced Nurse Practitioner, UK



How to access

1. Visit **bestpractice.bmj.com/nhsinengland**
2. Enter your **OpenAthens username and password** and click '**Sign in**'*
3. If you are a new user, you will need to now register for a BMJ Best Practice personal account. Use your personal account to download the app for access anywhere, anytime, even offline.

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