BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 19 journals were picked up in the media last week (25 Feb - 3 March) - our highlights include:

- Research in Journal of Epidemiology & Community Health warning that long working hours are linked to depression in women generated extensive UK and international headlines, including The Times of India, Iran Daily, Health24 South Africa, and The HuffPost Canada
- Research in Archives of Disease in Childhood warning that child multivitamin supplements don’t deliver the recommended daily vitamin D dose generated global coverage, including BBC, Malay Mail, Daily Times (Pakistan) and was widely covered by local US TV outlets
- Two studies in The BMJ on use of antibiotics were covered by UK and medical news outlets, including The Daily Telegraph, OnMedica, International Medicine News and The Pharmaceutical Journal

The BMJ Awards

A Barking, Havering and Redbridge University Hospital NHS Trust stroke team has been shortlisted for a British Medical Journal national award - East London and West Essex Guardian 02/03/2019

PRESS RELEASES

The BMJ | Archives of Disease in Childhood
BMJ Paediatrics Open | Journal of Epidemiology & Community Health

EXTERNAL PRESS RELEASES

BMJ Open

OTHER COVERAGE

The BMJ | Annals of the Rheumatic Diseases
BMJ Case Reports | BMJ Innovations
BMJ Nutrition, Prevention & Health | BMJ Quality & Safety
BMJ Supportive & Palliative Care | British Journal of Ophthalmology
British Journal of Sports Medicine | Evidence-Based Mental Health
Gut | Journal of Clinical Pathology | Journal of Investigative Medicine
Journal of Medical Ethics | Journal of Neurology, Neurosurgery & Psychiatry
Occupational and Environmental Medicine | RMD Open
Hospital chief’s plea to Theresa May over No Deal Brexit’s ‘alarming risks’ to patients
Worcester News 26/02/2019
Also covered widely by regional UK local news outlets

Viral infectious diseases: Specialist perspectives on learning about diagnosis and differential diagnosis (BMJ Best Practice) Medical Health News 26/02/2019

The BMJ

Research: Antibiotic management of urinary tract infection in the elderly in primary care and its association with bloodstream infections and all-cause mortality: a population-based cohort study
Editorial: Antibiotic prescribing in primary care (PR)

Withholding antibiotics from over-65s may increases cases of deadly sepsis, study shows
The Telegraph 27/02/2019

War on superbugs is putting elderly people at risk of dying with SEPSIS because GPs are under too much pressure to stop doling out antibiotics Daily Mail 27/02/2019

Prescribe antibiotics immediately for elderly with UTI OnMedica 28/02/2019


Research: Duration of antibiotic treatment for common infections in English primary care: cross sectional analysis and comparison with guidelines
Editorial: Antibiotic prescribing in primary care (PR)

80% of GP antibiotic prescriptions for respiratory conditions ‘are too long’ Pulse 27/02/2019

Patients take ‘antibiotics for too long’ (print) Daily Express 28/02/2019

Antibiotics courses often longer than guidelines OnMedica 28/02/2019


Other coverage for The BMJ

Revision Surgery Common Among Middle-Aged Men After Shoulder Replacement, Study Finds Forbes 25/02/2019

Also in: Latest Nigerian News, 3NoviceAsia, Follow News, Today’s Geriatric Medicine Online

Healthy lifestyle does not depend on high-impact exercise The Daily Illini 25/02/2019

The Psychiatrist Who Believed People Could Tell the Future The New Yorker 25/02/2019
Further coverage for breakfast and weight loss/gain

The No. 1 Diet Rule You Can Now Feel Free to Break Reader’s Digest 26/02/2019
Lunch of champions: how to skip breakfast and power-up your midday meal The Telegraph 01/03/2019
Also in: Yahoo News UK

Pros and cons of knee replacement options reviewed Medical Health News 27/02/2019
Training before surgery helps with your recovery Welland Tribune 27/02/2019
Also in: The Hamilton Spectator
Clinical Guideline for Shoulder Pain Clinical Pain Advisor 27/02/2019
GP staff taught self-defence amid patient violence fears BBC News 27/02/2019
Also in: Simple News, UK News Desk, Medical Health News, Health Medicine Network
Diabulimia Is the Lesser-Known Eating Disorder That Affects Diabetics Yahoo UK 27/02/2019
Also in: Allure, Daily Magazine
What is measles and why is it making a comeback? A guide The Globe and Mail 27/02/2019
My mother’s vegetarian diet contributed to her early death. We should all learn from it i news 27/02/2019
Also in: Signs of the Times
Top medical journals are failing — and both they and authors are full of excuses Medical Brief 27/02/2019
Further coverage for fried food
Too Much Fried Food May Shorten Your Life Lady Clever 27/02/2019
Also in: Grocery Business online
Cholera, water quality and public health in early Victorian cities Open Access Government 28/02/2019
The Hidden Costs of Stressed-Out Workers The Wall Street Journal 28/02/2019
Science: Regular consumption of marijuana keeps you fit and active The Growth Op 28/02/2019
5 Signs Your Body is Aging Faster Than It Should Be Good Housekeeping 28/02/2019
Also in: MSN, Yahoo! Canada Style
Will AI Make Doctors Obsolete? Circuit Insight 28/02/2019
Diet Culture Dangers: Could your Child Be Heading for an Eating Disorder? U.S. News & World Report 28/02/2019
Also in: MSN Health US + covered by numerous US local radio outlets
This is what it feels like to live with chronic pain Patient 28/02/2019
Medical students wanted: Only the ethical need apply Boston Globe 01/03/2019
10 foods to eat to cut your breast cancer risk - Women's Lifestyle DearJulius 01/03/2019
Protected bike lane network should be transit priority - The Province 01/03/2019
Also in: The London Free Press online
New guidance supports short-term dual antiplatelet therapy - American Pharmacists Association Foundation 01/03/2019
How to beat type 2 diabetes – disease affecting millions CAN be reversed - The Mirror 01/03/2019
Tears at Work? - MedPage Today 01/03/2019
Why Chinese mothers turned away from C-sections - BBC News online 02/03/2019
Also in: Medical Health News
The deadly propaganda of the statin deniers - Mail on Sunday 03/03/2019
Also in: expressdigest.com

JOURNALS
Archives of Disease in Childhood

Research: Vitamin D supplementation: are multivitamins sufficient? (PR)

- Child supplements 'mislead parents' over vitamin D - BBC News 26/02/2019
- Multivitamins don’t deliver recommended child doses - The Times 25/02/2019
- Many children's multivitamins lack recommended amount of vitamin D - Consumer Affairs 27/02/19


International


Other


White Noise Can Help Your Baby Get A Better Sleep (Here's How) - Babygaga.com 01/03/19

Three hours of daily screen time significantly increases your child’s chance of developing Type 2 diabetes - Health Breaking News 01/03/19

BMJ Paediatrics Open

Research: Adverse health effects of recruiting child soldiers (PR)

- Life in Army 'harmful for teenagers' - i news 25/02/2019
- UK army should stop recruiting children, health experts say - The Guardian 26/02/2019
- Christian retired general: Nothing wrong with children joining the Army - Premier (Christian news) 26/02/2019


Journal of Epidemiology & Community Health

Research: Long work hours, weekend working and depressive symptoms in men and women: findings from a UK population-based study (PR)

- Long hours linked to depression in women but not men, study suggests - The Daily Telegraph
Long Hours At Work Was Linked To Depression In Women In A New Study  Bustle
Alert! Women who work extra long hours face higher risk of depression  Times of India


International

Other

Further coverage for body size and longevity
Women over 5ft 9in set to live longer – and that’s no tall tale  Women Want More 25/02/2019

Is growing inequality behind the rise in mental diseases in India?  The Telegraph India
28/02/2019

What is the ‘happy marriage’ gene?  The Week UK 01/03/19
Insomniac? Blame it on your genes  The Tribune India 02/03/19

Annals of the Rheumatic Diseases
IL-6 Biologic and Older TNF Drugs Have Similar Infection Rate, with One Exception  Creaky Joints 25/02/2019

Lupus Low Disease Activity State Discriminates Between Belimumab and Placebo in SLE Trials  Medical Health News 26/02/2019
Gut Microbes May Predict Lupus Flares Medscape 26/02/2019
Abnormal Gut Bacteria May Participate in Lupus Disease Activity, Study Suggests Lupus News Today 27/02/2019
Also in: Health24

Amyloid PET may help facilitate diagnosis of inclusion body myositis MD Edge 27/02/2019

Hit Harder Early in PsA? MedPage Today 28/02/2019
Also in: Medical Health News

Assessing Pneumococcal Vaccine Immunogenicity in Systemic Lupus Erythematosus Infectious Disease Advisor 01/03/19

BMJ Case Reports
Man left with agonising 22-hour erection from illegal tanning injection Big World Tale 25/2/2019
IMPO-TANNED Man left with agonising 22-hour erection from illegal tanning injection The Sun +IE + Scottish Sun 25/02/2019

MAN'S BLOCKED NOSE TURNED OUT TO BE TOOTH GROWING IN HIS NASAL CAVITY Newsweek 27/02/2019
Man Loses Sense Of Smell, Tooth Growing Inside Nose The Culprit International Business Times 01/03/2019

Tumour weighing 22kg removed from TN woman's uterus The Times of India 27/02/2019

Office worker, 69, who ate fish every day of his two-week Alaskan cruise becomes confused and forgetful after developing mercury poisoning Daily Mail 27/02/2019
Also in: Express digest, Health Medicine Network

BMJ Innovations
https://www.bbc.co.uk/iplayer/episode/b0c4qrcl/house-of-commons-26022019 (credited to ‘a British medical journal’) Mr Alan Mak 10 minute rule notion (NHS prohibition of fax machine and pagers) 02:02:09 - 2:16:00, BBC House of Commons 26/02/2019
Matt Hancock's plan to purge NHS pagers is pretty dumb. Here's why (misattributed to The BMJ) WIRED 28/02/2019

BMJ Nutrition, Prevention and Health
Further coverage for eating before bedtime
Experts debunk claim that you should wait to go to bed after eating RSVP Live (Ireland) 03/03/19

BMJ Open

Research: GP retention in the UK: a worsening crisis. Findings from a cross-sectional survey (External PR)
Almost half of GPs plan to quit NHS within five years amid criticism of Skype consultations
The Telegraph 28/02/2019

NHS crisis deepens as 40% of GPs set to quit over next five years in mass exodus
Mirror 27/02/2019

Four out of ten GPs want to quit in the next five years
Metro 28/02/2019


What Do People Google Before Going to the ER?
Medical Health News 25/02/2019

Further coverage for acupuncture and menopausal symptoms
Acupuncture Alleviates Moderate-to-Severe Menopause Symptoms
Endocrinology Advisor 25/02/2019

Dispensing GPs are more likely to prescribe high-cost drugs, research reveals
Pharmacy Business 25/02/2019

Prostate care and prostate cancer from the perspectives of undiagnosed men: a systematic review of qualitative research.
Uro Today 25/02/2019

Cosy Fires could raise your risk of dementia
Irish Daily Mail 26/02/2019

Personalized interventions improve BP medication adherence
(no link available) Healio 26/02/2019

Online CBT Delivery With Therapist Guidance Effective in Treatment of Body Dysmorphic Disorder
Psychiatry Advisor 26/02/2019

Spirituality and religious involvement could promote mental health
Kuensel (Bhutan) 27/02/2019

The Makers Of Oscar Winner 'Period' Violated Child Rights, Used Wrong Data
HuffPost 27/02/2019

Ketogenic diet improves NAFLD, fibrosis in patients with type 2 diabetes
Healio 28/02/2019

Gaucher Patients Have More Complications, Illnesses than the General Population, Israeli Study Suggests
Gaucher Disease News 28/02/2019

Patients On Diuretics Might See More Benefits By Increasing Potassium
Medical Health News 28/02/2019
Canadian Scammers-Engineered ‘Cool Holdings’ Not So Cool Anymore  Bitcoin Warrior 28/02/2019
Also in: Tech Talk, ValueWalk

Former Ireland team doctor Éanna Falvey joins World Rugby as Deputy Chief Medical Officer  Irish Independent 28/02/19

This Is What We Can Learn From The World's Healthiest Countries  MindBodyGreen 01/03/19

8 Simple Habits That'll Add Years To Your Life  Att.net 02/03/19
Also in: Good Housekeeping.com

Sports Medicine Market 2019 by Major Key Players  Digital Journal 03/03/19
Also in: Marketscreener.com

Evidence-Based Mental Health
Further coverage of mindfulness and chronic pain
Mindfulness-based stress reduction may help ease chronic pain  Reuters 27/02/2019

Gut
Further coverage for microbiome and fat intake
Our fat, our bacteria  The Star Malaysia 03/03/19 (link unavailable)
Also in: Cooking Light, Healthline

Journal of Clinical Pathology
Biocartis Group NV: BIOCARTIS ANNOUNCES 2018 RESULTS AND 2019 OUTLOOK  Markets Insider 28/02/2019

Journal of Investigative Medicine
Further coverage for osteoporosis treatment in older men and women
Low Rates of Osteoporosis Evaluation and Treatment in Older Men  Medical Health News 25/02/2019
Also in: Endocrinology Advisor, Annals of Long Term Care, Today’s Geriatric Medicine, The Doctor Will See You Now, Fat Pitch Financials, Daily Times Leader

Journal of Medical Ethics
Should cigarettes be banned?  Cleveland.com
Also covered by numerous regional US news outlets

Infanticide Makes a Comeback  Conservative Angle 26/02/2019
Also in: The American Spectator

Bioethicists Urge Animal Research into Male Uterus Transplants  National Review 28/02/2019

Scientists are Conducting Experiments Into Male Uterus Transplants  Conservative Angle 28/02/2019
Also in: LifeNews.com, The National Review

Why Many Doctors Are Authoritarians – and Harmful Mad in America 28/02/2019

Womb transplants could be a “vital medical service” for transgender women BioEdge 02/03/19

Florida House Speaker apologizes after referring to pregnant women as ‘host bodies’ WFLA 03/03/19 (link unavailable)

Journal of Neurology, Neurosurgery & Psychiatry
Further coverage for MS and food allergies
New Link Between Multiple Sclerosis And Food Allergies Found Medical Health News 26/02/2019
Multiple sclerosis linked to food allergies What Doctors Don’t Tell you 26/02/2019
Also in: Lab Manager Magazine

The neurologist who put migraine on the map The Sydney Morning Herald 28/02/2019
Also in: Medical Health News, Brisbane Times, WAtoday.com.au, The Illawarra Mercury

Pesticide exposure contributes to faster ALS progression Science Daily 28/02/2019
Also in: Neuroscience News, Medical Xpress, Medical News Today, Newswise, ENN, ALS News Today, Technology Networks,

Occupational and Environmental Medicine
Further coverage for active workstations
WORKING AT A TREADMILL DESK (print only) Irish Daily Mail 26/02/2019

Childhood Environmental Asbestos Exposure and Malignant Mesothelioma Surviving Mesothelioma 27/02/2019

Organisational change and psychotropic prescribing Personnel Today (occupational research round-up) 01/03/19

RMD Open
Concomitant Peripheral, Axial Disease Significantly Affects Disease Burden in Spondyloarthritis Rheumatology Advisor 26/02/2019

Tobacco Control
Vaping related to long term health hazards The Asian Age 03/03/19
E-cigarettes ‘are NOT safe for your lungs’ Daily Mail 01/03/19

Vet Record
Should a veterinary scam be allowed to perpetuate in the name of ‘balance’? Vetsurgeon.org 25/02/2019