BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 21 journals were picked up in the media last week (28 Jan-3 Feb) - our highlights include:

- A study in *The BMJ* on the effect of eating breakfast on weight and energy intake generated global coverage, including *The Times*, *Forbes* and *The Australian Financial Review*.

- Research published in *BMJ Open* on the link between Brexit and heart disease was picked up widely, including *The Independent*, *Inverse* and *Xinhua*.

- A study in *Occupational and Environmental Medicine* on active workstations made global headlines, including *Daily Mail*, *Xinhua* and *Herald Sun*.

**PRESS RELEASES**

[BMJ](https://www.bmj.com) | [The BMJ](https://www.bmj.com)
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[BMJ Open](https://www.bmj.com) | [Emergency Medicine Journal](https://www.bmj.com)
[Occupational and Environmental Medicine](https://www.bmj.com) | [Evidence Based Mental Health](https://www.bmj.com)

**OTHER COVERAGE**

[The BMJ](https://www.bmj.com) | [Annals of the Rheumatic Diseases](https://www.bmj.com)
---|---
[BMJ Case Reports](https://www.bmj.com) | [BMJ Global Health](https://www.bmj.com)
[BMJ Nutrition, Prevention & Health](https://www.bmj.com) | [BMJ Open Diabetes Research & Care](https://www.bmj.com)
[BMJ Open Sport & Exercise Medicine](https://www.bmj.com) | [BMJ Paediatrics Open](https://www.bmj.com)
[BMJ Quality & Safety](https://www.bmj.com) | [BMJ Sexual & Reproductive Health](https://www.bmj.com)
[BMJ Supportive & Palliative Care](https://www.bmj.com) | [British Journal of Sports Medicine](https://www.bmj.com)
[Heart](https://www.bmj.com) | [Journal of Epidemiology & Community Health](https://www.bmj.com)
[Journal of Medical Ethics](https://www.bmj.com) | [Journal of Neurology, Neurosurgery & Psychiatry](https://www.bmj.com)
[Vet Record](https://www.bmj.com)

**BMJ**

[BMJ launches open access journal in family medicine](https://www.bmj.com) InPublishing 30/01/2019

**The BMJ**

Research: *Effect of breakfast on weight and energy intake: systematic review and*
meta-analysis of randomised controlled trials (PR)

Skipping breakfast ‘can help you to lose weight’ The Times 31/01/2019
For Weight Loss, Breakfast May Not Be The Most Important Meal Of The Day Forbes 31/01/2019
Breakfast is not that important and will make you put on weight, says new study The Australian Financial Review 01/02/2019


International

Other

Research: Scribes in Emergency Medicine: a multi-centre, randomised trial evaluating the impact of scribes on emergency doctor productivity and patient throughput (PR)

Scribes save doctors time and hospitals money, new study finds Fiercehealthcare 31/01/2019
Medical Scribes Could Help Improve ER Care WebMD 31/01/2019

Head to Head: **Should we stop using electroconvulsive therapy?** (PR)

No role of electroconvulsive therapy in depression, claim experts  Specialty Medical Dialogues 31/01/2019

Controversial electric shock therapy approved on the NHS to treat depression is not safe and should be stopped, leading researcher argues  Daily Mail 30/01/2019

**Also in:** IFL Science, Medical Xpress, Health Medici Net, Express Digest, LongRoom, MyHeadlinez, MediBulletin, Popular Science, ECT Statistics, MyHeadlinez

**Other coverage for The BMJ**

Further coverage for the implant investigation

Drugs firm blocks data on implant side-effects  The Times 28/01/2019

**Also in:** The Irish Times

Further coverage for fried food

Loving fried chicken will probably kill you  New York Post 28/01/2019

Fried Foods and Heart Disease (print)  The New York Times 29/01/2019

**Also in:** Thomson Reuters, Times of India, mbg food, myjoyonline, mindbodygreen, Drugs.com, Graf Fiotech, New Telegraph, MD Alert, Fitness Health Yoga, Sharjah24, MSN Video, Asia One, Foodmate, CNA Lifestyle, Français Express, Channel NewsAsia, Physician’s Weekly, Health Central, News Dog, Ahram Online, Jakarta Post + numerous US local radio outlets

Feeling isolated? You can now be prescribed a trip to the museum  The Star 28/01/2019

**Also in:** The Toronto Star, Canada 24 News, Street Level Pundit

Axsome: Reasons For Caution Following MDD Data  Seeking Alpha 28/01/2019

Further coverage for chain restaurant meals

McDonald's is changing its Big Mac recipe for the first time in 50 years  Yahoo News UK 28/01/2019

Oversized meals have been shown to be a factor in obesity  Science Daily 29/01/2019


Further coverage for non-sugar sweeteners

No health benefits for non-sugar sweeteners  Training Matters 28/01/2019

Further coverage for Coca-Cola and China’s obesity policy

Obesity/food companies: bun fight  Financial Times 28/01/2019

Lancet report blames 'Big Food' firms for fuelling obesity, climate change  Business Standard 28/01/2019

**Also in:** Yahoo Finance, Att net, Bloomberg Quint, Laredo Morning Times, SF Gate,
Why you shouldn't be avoiding gluten, unless you're coeliac  Runner’s World 28/01/2019
For the Love of God, Stop Avoiding Gluten Unless You Have a Legit Medical Reason to Do So  Bicycling 31/01/2019
Acclaimed Best-Selling Author, Speaker Exposes Doctor Error Epidemic in Blockbuster Novel, ‘MEDICAL MANSLAUGHTER’  Kuam News 28/01/2019
Also in: One News Page, Benzinga, BioPortfolio, PR Web, SF Gate + numerous US regional news outlets

No US Childhood Vaccines Were Placebo Tested: Why the Pharma/Government Complex Is Getting Desperate To Shut Down The Web  Age of Autism 28/01/2019
How autism myths came to fuel anti-vaccination movements  Popular Science 01/02/2019

The Tories’ NHS plan papers over the cracks they created  Progress Online 28/01/2019
From night terrors to insomnia: how to improve sleep issues  Evening Standard 29/01/2019
Also in: MSN UK + IE

Further coverage for inappropriate prescribing
25% of antibiotics inappropriately prescribed  The Columbian 28/01/2019
Also in: Social Underground, The Daily Star

Further coverage for renaming low-risk cancers
Is now the time to rename low-risk cancers?  Health Imaging 28/01/2019
The Breast Cancer Remedies That Women Never Hear About  Knowledge of Health 30/01/2019
Also in: MedPage Today

BMJ Series Focuses On Solutions For NCD Prevention, Control  KFF 29/01/2019
Millennial burnout: building resilience is no answer – we need to overhaul how we work  The Mandarin 29/01/2019
Also in: Business LIVE
8 Things You Need To Do For a Great Bedtime Beauty Routine  Life in a Breakdown 29/01/2019
Organizational Culture Has No Place in Healthcare: What Changes Are Being Made  HubPages 29/01/2019
The Culture of Death Is Never Satisfied  The Daily Signal 30/01/2019
Kidney function worsens as people get more obese: Study  Channel NewsAsia 30/01/2019
Also in: Intnet, Asia One, MD Alert, Reuters, Physician’s Weekly, Business Insider, Jordan Times + covered widely by local US radio stations

TrialAssure Creates Higher Education Discount Pricing Model for Clinical Trial Disclosure Reporting Software  Pharmiweb 30/01/2019
Also in: Renewable Energy World North America, Daily Times Leader, Physician Family, MedIndia, Market Insider, Yahoo Finance, Spoke, PR Newswire, Clinical Leader + numerous US regional radio and online news outlets

Diabetes Drug Farxiga Associated with Amputations, Study Reports  Top Class Actions
Further coverage for common gene disorder and ‘stealth’ disease
Common Gene Disorder Causes Serious "Stealth" Disease, but Could Be Easily Treated
Digital Journal 30/01/2019
Also in: Global Banking & Finance Review, Associated Press, Business Wire + covered widely by US local TV and online news outlets

Further coverage for HRT pills
The Most Dangerous Form of Hormone Therapy The Doctor will see you now 30/01/2019

Recalls Causing Shortages of Blood Pressure Drugs: What You Can Do Healthline 30/01/2019
Breaking The Cycle Of Shame Associated With Postpartum Depression Parents Canada 30/01/2019
UK’s 5-year action plan to fight super-bug threat Medical Brief 30/01/2019

6 cold weather myths you should not believe NewsCaf 31/01/2019
Also in: Global News Online

Knee replacement regret: Procedure oversold as solution to pain, arthritis The Beacon 01/02/2019
Also in: The London Free Press + covered by numerous US regional news outlets
Civil servant, 22, who tried ‘every skin care product under the sun’ to get rid of his acne reveals the controversial drug Roaccutane was a 'miracle' and made his spots vanish Daily Mail 01/02/2019
Also in: Mogaz News, Health Medicine Network
6 Ways Tai Chi Boosts Your Health MSN 01/02/2019
Medical crisis in Gaza is ‘grotesque’ warn European health professionals Middle East Monitor 02/02/2019
Also in: Aroundworld24, Milano All News, Easy Branches World News
Spending More Time Between the Sheets Can Add Years to Your Life Memphis Health and Fitness 03/01/2019

JOURNALS

BMJ Open

Research: Impacts of Brexit on fruit and vegetable intake and cardiovascular disease in England: a modelling study (PR)

Brexit will increase deaths from heart disease by making fruit and veg more expensive, study warns The Independent 28/01/2019
Brexit Is Going to Cause Unexpected Health Risks, Warn British Doctors Inverse 28/01/2019
No-deal Brexit a new trigger of cardiovascular deaths: study Xinhua 30/01/2019

International

Other

Could This Be The Reason You’re Losing Your Sex Drive? Sportluluxe 28/01/2019

40 Fattening Food Habits We Learn as Kids Post News 28/01/2019

100 Anti-Aging Secrets for Looking and Feeling Younger Than Ever MSN Lifestyle 28/01/2019

Further coverage for female surgeons
Currents: Women in Dermatology Practical Dermatology 28/01/2019
Also in: Medical Bag

Mortality rates up to 10 times higher for homeless people Irish Examiner 29/01/2019
Drugs and alcohol main causes of homeless deaths The Times 02/02/2019
Also in: the journal.ie, The Irish Times

Fluoroquinolone Antibiotics Side Effects Linked to Increased Risk of Aortic Dissection or Aneurysm Top Class Actions 29/01/2019

Hold Up: Is Chocolate Actually Good For Your Cold? PopSugar 29/01/2019
Also in: News Dog

Why You Should Be Using A Sit Stand Desk MarketPlace 29/01/2019
Also in: Yahoo Finance, PR Newswire + covered widely local US news outlets

Families Sue Banks Due to Fatal IED Attacks in Afghanistan Top Class Actions 30/01/2019

'Physician Associates' an asset to hospital medical and surgical teams, study finds Medical Xpress 31/01/2019

UH Professor Helps Build China’s First Global Health Curriculum Big Island Now 31/01/2019

Air pollution is so depressing: New study shows high levels of particulates impact mental health Natural News 03/02/2019

Emergency Medicine Journal
Research: **Compliance with hand hygiene in emergency medical services: an international observational study** (PR)

**Paramedics failing on hand hygiene: study** Daily Mail 29/01/2019  
**Australian paramedics fail on hand hygiene, study finds** Perth Now 30/01/19  
**Many paramedics ignore hand hygiene rules, study finds** UPI 03/02/19


**Hospitals in Birmingham divert A&E patients due to winter pressures on NHS** Birmingham Live 30/01/2019  
**Also in:** Coventry Telegraph

**Occupational and Environmental Medicine**

Research: **Health and productivity at work: which active workstation for which benefits: a systematic review** (PR)

**Treadmills and cycling machines should be built into our desks** Daily Mail x2 29/01/2019  
**Ramp up the Daily Grind** (print) Herald Sun 30/01/2019  
**No-deal Brexit a new trigger of cardiovascular deaths: study** Xinhua 30/01/2019


**Evidence-Based Mental Health**

Research: **Comparative evaluation of group-based mindfulness-based stress reduction and cognitive behavioural therapy for the treatment and management of chronic pain: A systematic review and network meta-analysis** (PR)

**Mindfulness is a natural painkiller: Trendy meditation that focuses the mind on the present moment helps sufferers cope with their discomfort** Daily Mail 31/01/2019  
**Is Mindfulness A Promising Option For Treating Chronic Pain?** Forbes 31/09/19  
**Mindfulness meditation could ease chronic pain** Business Standard 01/02/19

**Also in:** The Independent, The Sun, AOL UK, The London Economic, UPI, US News & World Report, SBS News, Mindbodygreen, Inquirer.net, Yahoo News India +UK+ Singapore,
Women with RA should expect a reduced success rate after assisted reproduction

Belimumab with standard care reduces organ damage in lupus

Novel Disease Activity Tool Validated to Detect Changes in SLE

Twin Study Identifies NFIL3 Gene Mutation as Potential Driver of Juvenile Arthritis

IBD ‘uncommon’ in patients treated with secukinumab

Mycophenolate mofetil noninferior to cyclophosphamide in ANCA-associated vasculitis

Wait: Is the Ketogenic Diet Good for Gout?

Infection Risks Similar for Biologics in RA

Imaware to match $10K in donations for Rheumatoid Awareness Day

A Woman Returned from Vacation with a Fly Larva Living in Her Forehead

28-YEAR-OLD WOMAN SUFFERS VISION LOSS FROM TB INFECTION

Bank manager, 67, suffered a stroke that made him believe it was fine to masturbate ‘without shame’ in front of his relatives

States Lead the Way on Insulin Pricing Transparency Laws

Further coverage for the gap between eating and going to bed

Going to Bed Right After Dinner May Raise Diabetes Risk
Eating right before sleep will not make you gain weight, Japanese study suggests


BMJ Open Diabetes Research & Care
Further coverage for a vegan diet and type 2 diabetes
Type-2 diabetes: Making this ONE simple diet swap could reduce blood sugar levels Daily Star 28/01/2019


BMJ Open Sport & Exercise Medicine
Can Low-Impact Sports Like Cycling Be Putting Your Bones at Risk? The New York Times 30/01/2019
Also in: Medical Health News, Channel NewsAsia, Cna Lifestyle

BMJ Paediatrics Open
New research links road traffic law changes to fall in child deaths Irish Legal News 30/01/2019

BMJ Quality & Safety
6 Epidemics That Changed History Mental Floss 28/01/2019

BMJ Sexual & Reproductive Health
Has birth control for men moved a step closer? Daily Mail 30/01/19

Sex robot addiction WARNING: Couples hooked on ‘violent romps’ risk injury and DEATH Daily Star 02/02/2019
Also in: The World News

BMJ Supportive & Palliative Care
Flower power oil that eases chemotherapy (print) Daily Mail 28/01/2019

Further coverage for consultant led bereavement service
Bereavement service with hospital representatives reduces complaints MD Alert 01/01/2019
Also in: ZMR Market Journal

British Journal of Sports Medicine
Physiotherapy works better when you believe it will help you – new study The Conversation UK 28/01/2019
Also in: MENAFN, Times of Malta, Econotimes, Doctors Lounge

Opioids for Osteoarthritis Seem Scary! How About Topical NSAIDS Instead? The People’s Pharmacy 28/01/2019

How does vitamin D-3 kill mice and rats? The Vindicator 29/01/2019