BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 22 journals were picked up in the media last week (18-24 Feb) - our highlights include:

- A study in *BMJ Open* on the possibility of using acupuncture to ease menopausal symptoms was picked up widely, including *Prima, The Sun* and *Business Standard*.

- Research published *Gut* about the link between a high fat diet and unfavourable changes in gut bacteria was covered by *Daily Mail, New Zealand Herald* and *The Star Kenya*.

- A paper published in the *British Journal of Sports Medicine* on ‘HIIPA’ (high intensity incidental physical activity) being the new HIIT made global headlines, including *The Conversation, Sydney Morning Herald* and *Bustle*.

**PRESS RELEASES**

*The BMJ | BMJ Open | Gut*

**EXTERNAL PRESS RELEASES**

*Annals of the Rheumatic Diseases | BMJ Open x 2 British Journal of Sports Medicine*

**OTHER COVERAGE**


**BMJ**

*No-Deal Brexit Poses Grave Risk to Patients, Health Leaders Warn*  Bloomberg 22/02/2019
The BMJ

Research: Serious adverse events and lifetime risk of reoperation after elective shoulder replacement: population based cohort study using hospital episode statistics for England (PR)

Shoulder replacement 'more dangerous' than previously thought and may not be worth the risk Daily Telegraph 20/02/2019
Shoulder-replacement surgery leads to blood clots, infections and even DEATH in one in 28 patients: Scientists discover the operation is risky and the benefits often don't last Daily Mail 21/02/2019

Also in: Medical Health News, NEJM Journal Watch, Follow News, Yahoo UK, Medical Dialogues, MyHeadlinez, Medical Xpress, Practice Business, Medscape, OnMedica, Express Digest, People's Pharmacy, Doctor's Lounge, Drugs.com, Health Medical Network

Research: Induction of labour at 41 weeks versus expectant management until 42 weeks (INDEX): multicentre, randomised non-inferiority trial
Editorial: Optimising the management of late term pregnancies (PR)

Inducing labour has little benefit in late-term pregnancies MediBulletin 23/02/2019

Also in: Follow News, Medical Dialogues, MyHeadlinez, Medical Xpress, MedIndia

Other coverage for The BMJ
Patients flock to govt hospitals in Telangana Telangana Today 18/02/2019
We need to tackle later life stress Daily Telegraph 18/02/2019

Further coverage for implant investigation
'Sue your surgeons': Health minister urges women injured in vaginal mesh scandal to take legal action against medics as well as manufacturers Daily Mail 18/02/2019
UK government considers creating compulsory medical implant register Verdict 22/02/2019
Also in: Mogaz News, Medical Device Developments, Health Medical Network

Further coverage for breakfast and weight control
Does eating breakfast help you lose weight? What research says? The Health Journal 18/02/2019
Was your mom wrong about breakfast being the most important meal of the day? MarketWatch 18/02/2019
Also in: Morningstar Stock Investor, Academia (Pakistan), Jeremy Vine BBC 2, BBC Radio Lincolnshire, New Haven Register, Edwardsville Intelligencer

A nurse's mistake killed a Tennessee patient. But is charging her with reckless homicide going too far? Crima 18/02/2019
Why female surgeons are being driven out of the industry (Greta McLachlan interview, 13.24 and 17.39-22:30) BBC World Service 18/02/2019
Just SIX patients have been prescribed medical cannabis since it was legalised in the UK – and none were on the NHS, professor claims Medical Health News 18/02/2019
Medical cannabis access 'appalling' since drug was legalised in UK Eveyo.com 18/02/2019
Further coverage for non-sugar sweeteners

Will Sugar Substitutes Help You Lose Weight? U.S. News & World Report 18/02/2019
Also in: Clinical Connection, Piedmont Health Care Womens Center, Dental Tribune, The Health Cast, Health on the Net Foundation, Drugs.com, Medical Xpress, HealthDay, Doctors Lounge, HealingWell, Weekly Sauce, nutrition insight, Newsmax, Lady Clever, The Independent (Bangladesh), Health24 South Africa,

Graphic Content: Comedy and tragedy in the NHS. Ian Williams on his new graphic novel The Lady Doctor Medical Health News 18/02/2019

Pain Management Drugs Market – Global Forecast to 2026 Pharmamkt 18/02/2019
Concern an end of vaping ban will encourage children to try it The National UAE 18/02/2019
Admitting that vaccinology is imperfect science may be better way to defeat sceptics Times of Malta 18/02/2019

Dedifferentiated Liposarcoma Treatment Market Technological Advancements, Growth Opportunity and Forecast 2028-2026 Honest Version 19/02/2019

Further coverage for heart failure survival rates

Only 'modest' improvement in heart failure survival rates since 2000 Practice Business 19/02/2019

Devastated Risca parents speak out about five-year-old daughter's extremely rare terminal illness South Wales Argus 19/02/2019
Blame Academia For Junk Science And Media Hype? American Council on Science and Health 19/02/2019
Cannabis Culture Los Angeles Blade 19/02/2019
Also in: The Leaf
Old drugs in a new avatar DNA India 19/02/2019
Also in: Medical Health News
Opioids Market Increasing the Growth Worldwide: Industry Analysis, Growth, Drivers, Limitations, Regions, Forecast 2025 Honest Version 19/02/2019
Volunteers Jumped with or without a Parachute to Gauge Its Effectiveness Scientific American 19/02/2019
The Hill Says Vaccine Injuries Are Exaggerated Personal Anecdotes Mercola 19/02/2019
How strong are the anti-vaxxers in SA? MSN Lifestyle 19/02/2019
Also in: Safrica 24
Measles deaths: A tragedy from the 'circus' Sun Star 19/02/2019
10 health myths diet experts and doctors want you to stop believing Vogue India 19/02/2019
Doctors told to 'resist' patients trying to stock up on medication in fear of running out in Brexit Long Room 19/02/2019

Further coverage for enterovirus and coeliac disease
Researchers eye common childhood virus as the trigger that leads to coeliac disease The New Daily 20/02/2019
Also in: Gluten-Free Living, POST Online Media

Unequal nation Dawn 20/02/2019
Ready meals: The cost of convenience Anything goes Lifestyle 20/02/2019
World-famous cardiologist says: Saturated fats DO NOT cause heart disease and are not necessarily bad for you TVN 24/02/2019

JOURNALS

BMJ Open

Research: Efficacy of a standardised acupuncture approach for women with bothersome menopausal symptoms: a pragmatic randomised study in primary care (the ACOM study) (PR)

Could acupuncture ease the uncomfortable symptoms of the menopause? Prima 19/02/2019
Menopausal women could use ACUPUNCTURE as an alternative to HRT, study finds The Sun 20/02/2019
Acupuncture may ease menopausal symptoms Business Standard 23/02/2019


Research: Trends in self-poisoning and psychotropic drug use in people aged 5–19 years: a population-based retrospective cohort study in Australia (External PR)

Children deliberately overdosing on antidepressants and antipsychotics Sydney Morning Herald 21/02/2019
'Struggling to cope': child suicide rates may rise as intentional self-poisoning rates double The Guardian 21/02/2019


Research: Google search histories of patients presenting to an emergency department: an observational study (External PR)

Health-related Google searches doubled in week before ER visits Medical Health News 20/02/2019


BMJ study highlights Australia’s poor HMR uptake PN Pharmacy News 19/02/2019

Now they say cosy fires could give you DEMENTIA: They're the trendy way to heat homes -
but the pollution they cause may send your health up in smoke Daily Mail 18/02/2019


Further coverage for corporal punishment

Another top group calls for spanking ban, says it harms kids' mental health Medical Health News 18/02/2019

Also in: Big World Tale, The Daily Times, News Vire + widely covered by US local news outlets

Third of patients expect antibiotics during GP visits - survey Medical Health News 18/02/2019

Dispensing GPs are more likely to prescribe higher cost drugs, finds study Pulse 19/02/2019

GPs who dispense drugs from their own practices could be costing the NHS £7MILLION per year by 'choosing expensive medications' Daily Mail 21/02/2019

Also in: The Times, The Irish Times, RTÉ, Mogaz News, Express Digest, Health Medicine Network

Scientifically proven ways to lose weight and improve health Medical Health News 19/02/2019

Scientifically proven ways to lose weight and improve health CBS News 19/02/2019

Also in: Sporty Bel, MSN Philippines, Valley News Online

Catheters Market forecast 2017-2025 : Medtronics, Inc., Johnson & Johnson, and Abbott Laboratories OpenPR 19/02/2019

Patients taking diuretics may see more benefit by upping potassium Medical Xpress 19/02/2019

Patients taking diuretics may see more benefit by upping potassium intake Sciencecodex 20/02/2019

6 'Ultra-Processed' Foods You Probably Have In Your House Right Now Shape 19/02/2019

Also in: Medical Daily, MSN Philippines, Cooking Light, MSN IE, MSN South Africa

Drug-Induced Potassium Loss In Summer Can Be Controlled By Supplements MedIndia 19/02/2019

Morning mail: Paladin scandal, school climate row, UK Tory MPs quit The Guardian 20/02/2019

Retraction: why you can’t believe all ‘the science’ on abortion Mercatornet 21/02/2019

FDA Warns Aortic Aneurysm and Dissection Linked to Fluoroquinolone Side Effects Top Class Actions 21/02/2019

New Model Helps Estimate Risk of Pregnancy Complications in SLE Patients Lupus News Today 22/02/19

Gut

Research: Effects of dietary fat on gut microbiota and faecal metabolites, and their
relationship with cardiometabolic risk factors: a 6-month randomised controlled feeding trial (PR)

How a poor diet in your 20s lasts for life: People who eat more fat when they're young 'face diabetes and heart disease risk as they age' Daily Mail 19/02/2019
High-fat diets hurt the helpful bugs within us New Zealand Herald 19/02/19
Eating high-fat diet in your 20s increases the risk of ill-health later on The Star Kenya 21/02/19

Further coverage for childhood antibiotics and weight gain
Is This Making Your Baby Fat? Cape Cod.com 18/02/19

Annals of the Rheumatic Diseases

Research: Lupus nephritis is linked to disease-activity associated expansions and immunity to a gut commensal (External PR)

Lupus nephritis linked to severe gut microbiome imbalances Medical Health News 19/02/2019
How Gut Bacteria May Be Linked to Lupus HealthLine 19/02/2019


List of medications linked to drug-induced lupus expands MDEdge 19/02/2019

Gout Linked to Increased Healthcare Use After Total Knee Arthroplasty Medical Health News 20/02/2019

Get a Grip: Help for Hand Arthritis Berkeley Wellness 20/02/2019

Composite Infection Risk Similar for Tocilizumab vs Tumor Necrosis Factor Inhibitors in RA Rheumatology Advisor 21/02/2019

Women, less educated face worse SpA disease activity, physical function Heallio 21/02/19

Strong link emerges between gut bacteria and this chronic disease PhillyVoice 21/02/2019

Self-care tips to tackle osteoarthritis The Health Site 22/01/2019

Assessing Pneumococcal Vaccine Immunogenicity in Systemic Lupus Erythematosus Rheumatology Advisor 22/02/19

Archives of Disease in Childhood
America’s vaccine problem The Massachusetts Daily Collegian 21/02/2019
Transgender kids: no, it's not settled science! Mercatornet 21/02/19

**BMJ Case Reports**

How to ward off depression and feel better The Times + Irish Times 18/02/2019

The man whose testicle pain turned out to be TUBERCULOSIS: 38-year-old was wrongly feared to have cancer before doctors discovered the infection Daily Mail 20/02/2019

Also in: Mogaz News, Express Digest, Health Medicine Network

The man with a TOOTH growing in his nostril: ‘Rare’ condition left the 59-year-old with a blocked nose for 2 years Daily Mail 22/02/2019

**BMJ Open Gastroenterology**

Interpace Diagnostics Announces First Independent Publication Demonstrating Clinical Utility of ... Medical Health News 19/02/2019

Also in: Nasdaq, StockWatch, Yahoo Finance, Benzinga, MarketInsider, Einpresswire, Publicnow, Stock Market Summary for Today, Globe Newswire, Spoke

**BMJ Quality & Safety**

Medical error involvement linked to burnout among physician mothers Becker's Hospital Review 21/02/2019

**BMJ Supportive & Palliative Care**

Further coverage for bereavement services for patients Bereavement Service May Reduce Complaints and Litigation After Patient Deaths Endocrinology Advisor 20/02/2019

**British Journal of Ophthalmology**

Retinal neurovascular impairment precedes clinically detectable diabetic retinopathy MD Alert 20/02/2019

Penetrating keratoplasty effective for corneal complications of shingles MD Alert 21/02/2019

Cornea is shielded from bacteria in blood: paper Taipei Times 23/02/2019

**British Journal of Sports Medicine**

Research: Moving beyond the 10-minute bout in the 2018 US Physical Activity Guidelines: could high intensity incidental physical activity be the new HIIT? (External PR)

Don’t have time to exercise? Here’s a regime everyone can squeeze in The Conversation 21/02/2019

Good news for the time-poor, ‘HIIPA’ could solve your exercise issue Sydney Morning Herald 21/02/2019

High Intensity Exercise Is Easier To Achieve Than You'd Think, New Research Shows Bustle 22/02/2019

INTERVAL TRAINING MORE EFFECTIVE THAN JOGGING AND CYCLING FOR WEIGHT LOSS, STUDY FINDS The Independent 19/02/2019

Want to Lose Weight? Skip the Long Run for Interval Training. Men’s Health 19/02/2019

Court has Semenya’s career in its hands – and decision could affect all of sport The Guardian 18/02/2019
Female track star Caster Semenya in court to challenge gender ruling in landmark case on testosterone levels kwbe 19/02/2019

Is it better to be ‘fat but fit’ or ‘slim but sedentary’? - Not all scientists agree on recent research Independent.ie 19/02/2019

10 Postpartum Exercises to Help New Moms Return to Running Runner’s World 19/02/2019

Head injuries in collision sport: A silent killer? Medical Health News 21/02/2019
Sports Medicine Society Updates Concussion Guidelines Medical Bag 22/02/2019

Considering the health benefits of golf Newsandtribune 21/02/19 (link unavailable)

Saints staff have innovative research study published Southampton Football Club 22/02/2019

IS EXERCISE BAD FOR YOUR TEETH? YEGFitness 23/02/2019
Further coverage for exercise and high blood pressure

*Exercise could be as good as drugs at cutting high blood pressure*  
MSn 24/02/2019

**Drugs and Therapeutics Bulletin**

*On your marks... How pharmacy can support young parents*  
Pharmacy Magazine  
19/02/2019

**Emergency Medicine Journal**

*Study: Most Patients Don't Mind If Their Doctors Have Piercings, Tattoos*  
Medical Health News 19/02/2019

**Also in:** Study Finds

Doctors have been speaking up for gun control, but study finds medical PACs give more to pro-gun groups  
Fox2Now.com 22/02/19 (link unavailable)

**Journal of Epidemiology & Community Health**

*Further coverage for body size and longevity*  
*Body Size May Influence Women's Lifespan More Than It Does Men’s*  
Today's Geriatric Medicine 19/02/2019

**Also covered by numerous US local news outlets**

**Journal of Investigative Medicine**

*Further coverage for osteoporosis treatment in older men and women*  
*Osteoporosis Diagnosis, Care Suboptimal in Older Men*  
Medical Health News 19/02/2019

**Also in:** MedPage Today, Newsmax, Medscape, Physician’s Weekly, Cooking with Kathy Man

**Journal of Medical Ethics**

*Academics anonymous*  
Spiked 18/02/2019

*Why Get a Job When You Can be Paid to Get Malaria?*  
The Gryphon 18/02/2019

*Why Is this Fashion Model Making Headlines?*  
Christian Headlines 21/02/2019

*We need to protect abortion survivors*  
Bangor Daily News 22/02/2019

*Matt Hagee: No matter where you are on abortion debate, don't forget the girls who feel hopeless*  
Fox News 23/02/2019

*Bioethicists launch 'Journal of Controversial Ideas'*  
Bioedge 24/02/2019

**Journal of Neurology, Neurosurgery & Psychiatry**

*Further coverage for food allergies and MS*  
*Food allergies and multiple sclerosis: study reveals a new link*  
Medical Health News 19/02/2019

**Also in:** Science Daily, Technology Networks, Scienmag, NewsCaf, MyHeadlinez, Neuroscience News, Medical Xpress, News-Medical.Net, Technology Networks, MedIndia, Medical Newser, LabRoots, Foodprocessing, MS Focus, New Atlas

*Wellbeing: trend sufferer in tight pants experiences nerve and muscle harm*  
Infosurhoy
Lupus Science & Medicine
Nephrotic Syndrome Reduces Chances of Kidney Recovery in People with Lupus Nephritis, Study Says Lupus News Today 20/02/2019

Occupational and Environmental Medicine
Further coverage for active workstations
Moving up (and down) at work Arcamax 21/02/2019
Also in: Telegraph Herald, Newsmax, The Union Leader

Open Heart
Here’s How Genetics Can Dictate Your Food Cravings The Stars Post 22/02/2019
Also in: HuffPost India, MSN Philippines

Postgraduate Medical Journal
On-screen CPR: Heart-stopping drama doesn't always reflect reality Syracuse Journal Democrat 22/02/19

Regional Anesthesia & Pain Medicine
Recro Pharma Announces New IV Meloxicam Data Publication in the Journal Regional Anesthesia & Pain Medicine Market Place 20/02/2019