BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

A total of 25 journals were picked up in the media last week (11-17 Feb) - our highlights include:

- A study in the *British Journal of Sports Medicine* on the benefits of interval training for weight loss generated wide coverage, including *The Times*, *The Telegraph* and *Malay Mail*.

- Research published in *The BMJ* on the link between a common virus in childhood and later coeliac disease was picked up by *Daily Mail*, *OnMedica* and *Sydney Morning Herald*.

- A study published in the *British Journal of Sports Medicine* on whether female athletes with elevated testosterone levels gain a competitive advantage was covered globally, including *Sports Illustrated*, *Sydney Morning Herald* and *The Daily Telegraph*.

PRESS RELEASES

*BMJ | The BMJ*

*British Journal of Sports Medicine | Journal of Investigative Medicine*

EXTERNAL PRESS RELEASES

*The BMJ*

OTHER COVERAGE

*The BMJ | Annals of the Rheumatic Diseases*

*Bpj Case Reports | BMJ Global Health*

*Bpj Open | BMj Open Sport & Exercise Medicine*

*Bpj Quality & Safety | BMJ Sexual & Reproductive Health*

*Bpj Supportive & Palliative Care | British Journal of Ophthalmology*

*Emergency Medicine Journal | International Journal of Gynaecological Cancer*

*Journal of Clinical Pathology | Journal of Epidemiology & Community Health*

*Journal of Medical Ethics | Journal of NeuroInterventional Surgery*

*Journal of Neurology, Neurosurgery & Psychiatry | Medical Humanities*

*Occupational and Environmental Medicine | Open Heart*

*Postgraduate Medical Journal | Regional Anaesthesia and Pain Medicine*

*RMD Open*
BMJ
BMJ appoints Japanese agent InPublishing 14/02/2019 (PR)

Cambridge Science Festival examines the future of healthcare (Fiona Godlee Mentioned) Cambridge Network 12/02/2019

The global antiseptics and disinfectants market size is expected to reach USD 27.99 billion by 2026 Benzinga 13/02/2019

The 'war on drugs' is causing great damage (Fiona Godlee mentioned) The Guardian 14/02/2019

Launch of BMJ Author Services in Collaboration with Editage MarketPlace 15/02/2019

The BMJ


Heart failure survival rates have barely improved in TWO decades: Condition that affects nearly 1million Brits will kill a fifth of all sufferers within a year Daily Mail 13/02/2019
Heart failure survival rates improved only slightly over 18 years – study ITV 13/02/2019
Invest in GP services to improve heart failure survival OnMedica 14/02/2019


Research: Enterovirus as trigger of coeliac disease: nested case-control study within prospective birth cohort

Coeliac disease which stops victims eating bread, pasta and other foods containing gluten may be caused by a tummy bug in childhood, study claims Daily Mail 13/02/2019
Enterovirus associated with risk of coeliac disease OnMedica 14/02/2019
Childhood gastro linked with coeliac disease, 15-year study finds The Sydney Morning Herald 15/02/2019

Head to Head: Should we screen for atrial fibrillation?

Screening for Atrial Fibrillation: The Debate MedPage Today 15/02/2019
Should we screen people for irregular heartbeat? ScienceDaily 13/02/2019

Also in: Herald Scotland, MyHeadlinez, Medical Xpress, BrightSurf, Practice Business, MedIndia, Englemed Health News, Sciencecodex, Medicine Newsline, Sciencecodex, ScienceDaily,

Research: Effectiveness and safety of electronically delivered prescribing feedback and decision support on antibiotic use for respiratory illness in primary care: REDUCE cluster randomised trial (External PR)

Online support for GPs reduces unnecessary antibiotic prescriptions Medical Xpress 12/02/2019
Digital warnings help GPs cut down on antibiotics The Times 13/02/2019
Also in: Medical Health News, ScienceDaily, Sciencecodex, Pharmaceutical Journal, MedIndia.com, The National (UAE), CIDRAP

Other coverage for The BMJ
Sir David Weatherall Physician, scientist and researcher who focused on thalassaemia, a group of inherited blood conditions The Guardian 11/02/2019
5 Health Lessons To Learn From Italians Longevity 12/02/2019

Further coverage for breakfast and weight loss
Eating breakfast may not help you to lose weight – Study Punch 12/02/2019
Skip breakfast, eat dessert first: Diet hacks you’ll love New York Post 12/02/2019
Is It OK To Skip Breakfast? Research & Experts Say These Factors Are Important To Recognize Bustle 16/02/2019

Non-surgical solutions for herniated disc and sciatica The Davis Clipper 11/02/2019
WHO Proposes Downgrading Cannabis Under International Law For First Time IFLScience 11/02/2019
SNAKE BITES MAN, MAN BITES WIFE SO THEY CAN DIE TOGETHER, WIFE SURVIVES Newsweek 12/02/2019

Further coverage for shoulder surgery
Surgery for common shoulder problem doesn't work Medical Health News 12/02/2019
Experts advise against surgery for shoulder pain Gulf Times 14/02/2019
Also in: Medical Brief South Africa

‘God knows how I’m still alive’: Furager, 18, finally gets vaccinations and attacks his
anti-vaxxer parents for believing shots cause brain damage and autism - as outbreak of measles sweep the country Daily Mail x 2 11/02/2019

Also in: Georgia News Today, News Need News, Lipstick Alley, Express Digest, The Conversation, Health Medicine Network, Medical Xpress

Disabled people like me fear legal assisted suicide suggests that some lives are less worth living National Right to Life News 11/02/2019

Why I blocked the FGM Bill in Parliament The Telegraph 11/02/2019

Ricoh earns BLI PaceSetter award for Healthcare in the Hospital Networks category for its strong services, technology portfolio The CW WBCB 11/02/2019

Also in: Renewable Energy World North America + widely covered by US local news outlets and online tech sites

Study links abuse-deterrent OxyContin with rise in hepatitis C infections World Socialist Website 11/02/2019

How can Canada’s North get off diesel? The Narwhal 11/02/2019

One More Time Just to Kill the Pain: On Medical Marijuana and Post Stress Disorder HubPages 11/02/2019

Further coverage for global suicides

Suicide rate falls by a third Bangkok Post 12/02/2019

World suicide rate reduced Norway Today 13/02/2019

Dinosaur insult left on door of MP who blocked child FGM law Daily Mail 12/02/2019

More than 1.3MILLION people were fined last year for wrongly trying to claim NHS prescriptions for free Daily Mail 12/02/2019

Also in: Mogaz News, Express Digest, Health Medicine Network

Prostate cancer screening Irish Times 12/02/2019

Sports Drinks Are Overhyped, But They Work, Outside Online 12/02/2019

Also in: Medical Health News

Pain Management Drugs Market Trends Estimates High Demand by 2026 Honest Businessman 12/02/2019

What’s Current: Women in Congo say aid workers demanded sex in exchange for Ebola vaccine Feminist Current 12/02/2019

5 Health Lessons To Learn From Italians MSN 12/02/2019

Last One in the Office? This Is What Working Late Is Doing to Your Body Women’s Health 12/02/2019

Also in: Red, MSN UK + IE

Maternal supplementation can increase infant birth size, but access barriers remain, study warns Nutrition Insight 12/02/2019


Australian MPS learn more about low carb diet on visit to UK Diabetes.co.uk 12/02/2019

Further coverage for cervical cancer screening

HPV Testing for Primary Cervical Cancer Screening MedicalResearch.com 13/02/2019

Safe to extend screening interval for high-risk HPV MD Alert 13/02/2019

Chipotle Will Give You Burritos for Running, Pret’s Home for the Homeless and the Latest ‘it’ Trainer Launch Women’s Health 13/02/2019

Leave our law that protects vulnerable Daily Express 13/02/2019
Labour blames Conservative austerity for 120,000 excess deaths in party broadcast

SENIOR GARDENING MADE EASIER

Best Hangover Cures That Really Work

Blundering hospital medics who failed to spot cancer cost the NHS £46.9million in compensation

Also in: Express Digest, Health Medicine Network

What to Eat (and What to Skip) If You’ve Got Gout

11 Squeaky-Clean Facts About Spit

Why Cigarette Butts Are Still Among the Worst Forms of Pollution

Medical Marijuana: Data for Dummies

Plant of the week: Plant used to ward off evil spirits used as mood enhancer

Type 2 diabetes: One food you should always limit on your plate to control blood sugar

Also in: News Llive, Daily Express

Structural Heart Devices Market Five Years Forecast Skeleton With Key Companies Abbott Laboratories, Medtronic, Edwards Lifesciences Corporation, Boston Scientific Corporation, CryoLife, LivaNova

Further coverage for regularly eating fried food

Nutrition: Why keto and other diets are not necessarily the healthiest approach to food

Also in: The Sun + covered by numerous US local news outlets

How many more booze-addled South Tyneside children have to be wheeled into hospital before the Government acts on cheap drinks?

Your Crazy-Annoying Hiccups Could Be A Sign Of A Stroke

Also in: MSN South Africa

9 Surprising Health Benefits of Birth Control Pills Besides Better Skin

TURNS OUT BIRTH CONTROL PILLS DO A LOT MORE THAN PREVENT PREGNANCY

Outcomes better with arthroscopy for femoroacetabular impingement

Sierra Leone: Technologies of trust in epidemic response: openness, reflexivity and accountability during the 2014–2016 Ebola outbreak in West Africa

Graeme McGarry: Players should be the judges over artificial pitches as turf war kicks off again

Further coverage for non-sugar sweeteners

Have you ever wondered if sweeteners are healthier than sugar? (print only)

The truth about artificial sweeteners: are they really that bad?

Further coverage for sweetened drinks

Study: Daily diet drinks linked to strokes, heart attacks, and early death

What we know about diet soda’s connection to heart disease, stroke, and early death

Also in: News Llive, MSN Philippines
Further coverage for ‘stealth disease’

Ageing poorly? Perhaps you are ‘rusting’ from too much iron in your system

Australian Financial Review 15/02/2019

Major medical journals don’t follow their own rules for reporting results from clinical trials

ScienceMag 15/02/2019
Also in: Medical Health News, LongRoom, NewsCaf

Sexually transmitted infections are on the rise. Here’s what you need to know to protect yourself

Medical Xpress 15/02/2019

World Oncology Forum calls for more Investment in Cancer Care

Real News Magazine 15/02/2019

Despite the tired narratives, chiropractic is backed by evidence

The Globe and Mail 16/02/2019
Also in: Medical Health News

AI shows promise as a physician assistant

TODAY 16/02/2019

Going the distance: How long travel is impeding TB patients’ recovery

The Hindu 17/02/2019

Dr Miriam Stoppard: Liquid diets may be the way to cure diabetes

Mirror 17/02/2019

JOURNALS

British Journal of Sports Medicine

Research: Is interval training the magic bullet for fat loss? A systematic review and meta-analysis comparing moderate intensity continuous training with high intensity interval training (HIIT)

Take a breather to lose weight (print) The Times 15/02/2019

Short bursts of intensive exercise better than lengthy gym sessions for shedding the pounds

The Telegraph 15/02/2019 + 16/02/19 +17/02/19

Interval training may be even better for weight loss than continuous moderate intensity workout

Malay Mail 15/02/2019


How science has improved performances and health in tennis

Tennis World 10/02/2019

Sports Medicine Market Industry Report By 2030: Top Players

Medical Health News 11/02/2019

EverWalk takes health, friendship in stride

The Columbian 11/02/2019

Does Running Hurt Your Knees?

Triathlete 12/02/2019
Deepika Padukone’s fitness routine will inspire you The Health Site 13/02/2019

Men With Physically Demanding Jobs At Greater Risk Of Early Death, Study Finds Study Finds 13/02/2019

IAAF Denies Report They Will Argue Caster Semenya Should Be Classified As ‘Biological Male’ Sports Illustrated 13/02/2019

Blameless champion finds herself on trial again (print) The Daily Telegraph 15/02/2019

Cruel ordeal continues for Semenya Sydney Morning Herald 15/02/19


Golfer Defends Paying Caddie $5,000 After Winning $1 Million in Tournament The Epoch Times 15/02/2019

Sweat it out with these apps LiveMint (India) 16/02/19

Sports medicine society updates concussion guidelines Medical Xpress 16/02/2019

Also in: Doctors Lounge

The Average American Takes 5,117 Steps per Day. How 10,000 Steps Helped Me Reach My Weight-Loss Goal Cancer.com 16/02/2019

Is it better to be ‘fat but fit’ or ‘slim but sedentary’? The Telegraph x 2 17/02/2019

Journal of Investigative Medicine

Research: Suboptimal osteoporosis evaluation and treatment in older men with and without additional high-risk factors for fractures (US Focus)

Osteoporosis Often Missed in Elderly Men US News & World Report 15/02/19

Osteoporosis Often Missed in Elderly Men WebMD 15/02/19


Annals of the Rheumatic Diseases

Venous thromboembolism risk elevated in ankylosing spondylitis patients MD Edge
Confront your local MP over 'brutal' Tory welfare regime, John McDonnell declares Mirror 14/02/2019

Further coverage for Brexit and extra deaths
Brexit warning: No-deal vegetable tariffs could cause 12,400 EXTRA deaths - shock study Daily Express 15/02/2019

Processed Foods Linked to Shorter Life Span, Study Finds Everyday Health 15/02/2019

BMJ Open Sport & Exercise Medicine
Are serious cyclists putting their bone health at risk? Irish Times 11/02/2019

One of the game's greatest minds believes rugby needs 'radical change' RugbyPass 16/02/2019

BMJ Quality & Safety
WATCH: Her cancer went undetected, now this grandmother wants to help others get the right diagnosis Republican Eagle 13/02/2019
Also covered by numerous US local news outlets

Texting Succeeds for Remote HTN Care in Black Women MedPage Today 17/02/2019

BMJ Sexual & Reproductive Health
Further coverage for first time sex
What Is The Right Age To Lose Your Virginity? Within Nigeria 12/02/2019

BMJ Supportive & Palliative Care
Bereavement Service May Reduce Complaints and Litigation After Patient Deaths Medical Bag 14/02/2019

British Journal of Ophthalmology
Pr3vent, Inc. Completes Series A Financing Led By InFocus Capital Partners 12/02/2019

5 Ways to Keep Your Eyes Healthy Every Day Parade 15/02/2019

Emergency Medicine Journal
Further coverage for paramedics’ hand hygiene
Paramedics not washing their hands nearly enough Daily Mail 14/02/2019
Also in: Reuters + Reuters India, Thomson Reuters, MD Alert, Netscape, Business Insider, Physician’s Weekly Channel NewsAsia, Att net, Intnet, TheDrive.com, Medical Health News, DevDiscourse + widely covered by US local radio outlets

A&E waits were the worst on record in parts of Devon last month Devon Live 14/02/2019
Also in: The Mid Devon Gazette, Cornwall Today

International Journal of Gynaecological Cancer
Lynparza Plus Weekly Chemotherapy May Help Patients with Advanced Disease, Phase 1/2 Study Finds Ovarian Cancer News Today 13/02/2019

Journal of Clinical Pathology
Deep learning for detecting tumour-infiltrating lymphocytes in testicular germ cell tumours. UroToday 14/02/2019

Journal of Epidemiology & Community Health
Further coverage of body size and longevity
WHAT ARE THE CHANCES YOU'LL LIVE TO 90? HEIGHT, EXERCISE ARE FACTORS – SALON Sporty Bel 11/02/2019
Also in: Salon

Are endometriosis and birth weight linked? Contemporary OB/GYN 11/02/2019

Further coverage for CRP levels and housing
How renting could affect your health World Economic Forum 11/02/2019

High Levels Of Vitamin C Can Significantly Lower Your Risk Of Premature Death, Researchers Find BruDirect 14/02/2019
Also in: Nutrients Web

Study: Raising children linked to enhanced longevity Health Breaking News 12/02/2019

Journal of Medical Ethics
Late Term Abortion Laws: Crazy or Logical? Newsmax 13/02/2019

Abortion at Any Stage Is an Outrage The Conservative Angle 15/02/2019
Also in: The American Spectator

Journal of NeuroInterventional Surgery
Circulatory Support in PCI: TEVAR vs Surgery; Varying Thrombectomy Techniques MedPage Today 14/02/2019

Journal of Neurology, Neurosurgery & Psychiatry
MCI Risk Tied to Cerebral Small Vessel Disease in Older Adults Neurology Today 11/02/2019

Medical Humanities
New ways of thinking on health, arts and humanities are emerging in Africa The Conversation 13/02/2019
Also in: MENAFN, MyZA, ForeignAffairs

Occupational and Environmental Medicine
Marijuana improves fertility in men, beats colorectal cancer, chronic pain The Guardian Nigeria 13/02/2019

Open Heart
Insufficient Magnesium - Public Health Crisis Declared Wellness Resources 11/02/2019

Postgraduate Medical Journal
AHA News: Heart-Stopping Drama of On-Screen CPR Doesn't Always Reflect Reality
U.S. News & World Report 15/02/2019

Regional Anaesthesia and Pain Medicine
Postop complications with sleep apnea seen even after regional anesthesia
MD Alert 11/02/2019

RMD Open
Predictors of Treatment Adherence Assessed in Rheumatic Diseases