BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

Latest highlights (7 - 13 Jan)


- Research published in The BMJ on HRT tablets and the associated risk of blood clots was picked up widely, including The Guardian, The New York Times and PharmaTimes.

- A study published in BMJ Sexual & Reproductive Health on sexual coercion generated wide coverage, including Global Times (China), The Independent and The New Zealand Herald.

- A report in BMJ Case Reports about a woman who was mistakenly given erectile dysfunction cream for dry eyes generated extensive coverage, including The New York Post, Daily Mail and The Telegraph.

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BMJ | The BMJ
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British Journal of Sports Medicine | Emergency Medicine Journal
Evidence-Based Mental Health | Gut
Heart | Journal of Epidemiology & Community Health
Journal of Medical Ethics | Journal of Neurology, Neurosurgery and Psychology
Journal of NeuroInterventional Surgery | Thorax

BMJ
Denmark's UNSILO Working With BMJ; France's Vivendi Approved To Buy Editis Publishing Perspectives 07/01/2019

Recent News From the Sciences: Partnership between BMJ Open Science and Science Open Information Today 08/01/19

The BMJ
Research: **Use of hormone replacement therapy and risk of venous thromboembolism: nested case-control studies using the QResearch and CPRD databases**

*HRT tablets linked to higher risk of rare blood clots, study finds* The Guardian 09/01/2019

*Hormone Replacement Skin Patches Don’t Raise Risk for Blood Clots* The New York Times 09/01/2019

*HRT tablets associated with higher risk of blood clots* PharmaTimes 10/01/2019


Research: **Making China safe for Coke: how Coca-Cola shaped obesity science and policy in China**

*Research Details How Junk Food Companies Influence China’s Nutrition Policy* The New York Times (Front Page) 09/01/2019

*The real thing: how Coca-Cola shaped China's obesity policy* The Telegraph x 2 09/01/2019

*Food giants undermined China’s obesity fight, scholar says* The Washington Post 10/01/2019

**Also in:** The Guardian, Manchester Times, Yahoo News UK, Daily Mail

**International**


**Other**


**Other coverage for The BMJ**

*Further coverage for non-sugar sweeteners*
‘No Evidence’ Sugar Substitutes Have Health Benefits, Says Review  care2 07/01/2019
Choosing Diet Coke might not make a difference to your weight loss You Magazine 09/01/2019

Crowdfunding: The fuel for cancer quackery (part 2) Science-Based Medicine 07/01/2019
Midwives have been banned from using these everyday phrases Nottinghamshire Live 07/01/2019
Also covered by numerous UK regional news outlets
Up to a third of knee replacements pack pain and regret Saukvalley.com 07/01/2019
Pressure and the pain Gulf Times 09/01/2019
Also in: Naturopathic Doctor News & Review, Live Well Nebraska, Lab Soft News
Satirical ‘Parachute Study’ Reveals Serious Problems With RCTs And EBTs NewsBlaze 07/01/2019
Schoolchildren to be offered sleep lessons after rise in disorders The Guardian 07/01/2019
Also in: The Observer, South China Morning Post, The Irish Times, Treehugger, Medical Health News
A Former Java Junkie Ponders Coffee’s Upside Scientific American 07/01/2019
Not fade away: Older Canadians are having more sex than ever Ottowa Citizen 07/01/2019
Also covered by numerous local Canadian news outlets
7 Foods Rumored to Bring You Good Luck in the New Year MSN 07/01/2019
MARK MAY Dry January leads to f***ed-up February or mad for it March, so why don’t we call it Don’t Get Ridiculously Sauced Off Your Head January? The Irish Sun 08/01/2019
Ibuprofen could provide alternative to antibiotics for uncomplicated UTIs The Pharmaceutical Journal 08/01/2019
Surgeons should know when not to operate Medical Health News 08/01/2019
Osteopenia: When Does Decreased Bone Density Become a Disease Requiring Treatment? Science-Based Medicine 08/01/2019

Further coverage for CT scans
Radiation Dose in CT Scans Varies Due to Scanners’ Technical Settings Medical Health News 08/01/2019
CT radiation doses vary more than 50% due to scanner settings Health Management 08/09/2019
Also in: Life Extension Magazine

With sperm quality plummeting after 45 it’s not just women seeking to protect hopes of parenthood Health Medicine Network 08/01/2019
Men putting fertility on ice to protect parenthood The Kenya Star 09/01/2019
Also in: Express Digest, Brinkwire
Why I’m doing Dry January... and why you should as well Belfast Telegraph 08/01/2019
A properly funded NHS is not available on the Google Play store Progress Online 08/01/2019
Nigeria: Don’t Call Me Chief: The Need to Redefine Respect in Nigeria's Medical Community AllAfrica 08/01/2019
Shisha smoking linked to 'Obesity, metabolic syndrome, diabetes and dyslipidemia' Asian Image 08/01/2019
Anchorage rep pre-files bill on contraceptive access Peninsula Clarion 08/01/2019
Further coverage for low carb diet

Christopher Labos: There's no single true path to weight loss Montreal Gazette 08/01/2019


NHS cash is welcome but is it all an illusion? The Guardian 08/01/2019

Also in: Yahoo UK

Tick-tock – for healthy moms and kids, dad’s age counts Baby YumYum 09/01/2019

Is Surgery best option for Achilles rupture, explores BMJ study Specialty Medical Dialogues 09/01/2019

Toxic fumes threaten our children. We have to take on the pollution lobby The Guardian 09/01/2019

These are words and phrases used by midwives which are set to be BANNED in the maternity suite - to ensure women are 'empowered to make decisions'. Stoke on Trent Live 09/01/2019

11 FACTS YOU SHOULD KNOW ABOUT FAT Muscle and Fitness Hers 09/01/2019

Big Dairy Is About to Flood America’s School Lunches With Milk Milk Business 09/01/2019

Writing complaints against NHS doctors 'could lead them to suicide', leading … Mogaz News 09/01/2019

Also in: Brinkwire

Craft Beer is the Latest Casualty of the Government Shutdown Kopitiam Bot 09/01/2019

Why the FIFA 11+ Program May Be the World’s Best Warm-Up Stack 09/01/2019

Also in: Medical Health News

Bloomberg Scares Parents With 'Big Dairy' Conspiracy American Council of Science and Health 09/01/2019

Racial Equality Must Be An NHS New Year’s Resolution HuffPost UK 10/01/2019

MARIJUANA, MENTAL ILLNESS, AND CRIME Power Line 10/01/2019

Also in: Conservative Angle


Also widely covered by US local news outlets

WARNING SIGNS How the way you look can tell you about the state of your health — and give you hints of what’s to come The Irish Sun 10/01/2019

Also in: The Amed Post

"Dear Alcohol, I'm Breaking Up With You" Civilised 10/01/2019

The NHS Long Term Plan, prevention, and a century of promises Open Democracy 11/01/2019

Why we should be watching the sun, not the clock The Guardian 11/01/2019

What happens when the doctor blames you for your own cancer? The Washington Post 11/01/2019

Also in: The New Zealand Herald

Thousands to gather in London to call for a general election MorningStar UK 11/01/2019

The Department of Agriculture Is Forcing Schools to Serve More Dairy Products Mercy for Animals 11/01/2019

Further coverage for restaurant chain meals

Americas: Researchers find large food portion sizes prevail in five countries studied Food News International 11/01/2019

Justice Ruth Bader Ginsburg's cancer scare should not be used to require health screenings
**for judges** Think 11/01/2019

**Also in:** Medical Health News, News Vire

This Is Why We Get Scars — and How to Feel Positive About Yours  Brit + Co 12/01/2019

6 Ways Video Games May Improve MS Symptoms  Blogarmoda.com 12/01/2019

What We're Waiting To Learn About President Trump's Health One Year After His First Physical  CNN 12/01/2019

**Also in:** att.net, The World News, F3 NWS + numerous US local TV outlets

The case for being grumpy at work  Kopitiam Bot 12/01/2019

How X-Ray Mammography Is Accelerating The Epidemic of Cancer  People’s Trust Toronto 12/01/2019

**Further coverage for heart attacks over the holidays**

Unexpected heart attack triggers include national holidays  Medical News Bulletin 13/01/2019

Dr Miriam Stoppard: Why dementia gets more severe in the winter  The Mirror 13/01/2019

Swab left inside mum after childbirth at Medway Maritime Hospital  Kent Online 13/01/2019

Cancer Studies Are Fatally Flawed. Meet the Young Billionaire Who’s Exposing the Truth About Bad Science  Kopitiam Bot 13/01/2019

Dr Miriam Stoppard: Why dementia gets more severe in the winter  The Mirror 13/01/2019

**JOURNALS**

**BMJ Open**

Research: A woman's place is in theatre: women's perceptions and experiences of working in surgery from the Association of Surgeons of Great Britain and Ireland women in surgery working group

More than half of female surgeons have experienced discrimination, study claims  Belfast Telegraph 07/01/19

Female surgeons frustrated by male-dominated field – study  The Guardian 08/01/2019 x2

Women face discrimination in surgeons’ ‘old boys club’, research finds  Personnel Today 08/01/19


Automated phone calls may help patients to take medicines as prescribed, pilot study suggests  Medical Xpress 07/01/2019

**Also in:** Cambridge Network

Why painkillers may make your agony even WORSE: It's the latest troubling aspect of our prescription pill epidemic - patients given ever-larger doses that never seem to work  Daily Mail 07/01/2019

**Also in:** The Sun ( + Scottish and Irish versions), Mogaz News, Brinkwire, Worcester Business Journal
20 Superfoods That Everyone Thinks Are Bad for You  Men’s Health 07/01/2019

UK Doctors: Screens Aren’t Necessarily Bad for Childrens’ Health  One News Page (+ Australian edition) 08/01/2019

HARMFUL EFFECTS OF SCREEN TIME IN CHILDREN “OVERSTATED”  Optometry Today 08/01/2019

Proximity to a GP practice cuts A&E attendance rates in disadvantaged area  Medical Health News 09/01/2019

New research to study whether cannabis can help lower cholesterol  PanArmenian 09/01/2019

Can using cannabis help lower my cholesterol?  The Growth Op 09/01/2019

The growing problem of suicide in the medical profession  The Medical Independent 10/01/2019

Fit for success: Boost job performance with a healthy mind and body  Japan Today 11/01/2019

Point-of-care testing reduced GP antibiotic prescribing by 7%, says study  Pulse 11/01/2019

Struggling to Keep Up Dry January? Remember These Health Benefits  Brit + Co 13/01/2019

BMJ Sexual & Reproductive Health

Research: Reproductive control by others: means, perpetrators and effects

Calls for screenings in UK as quarter of US women subject to control or coercion over pregnancy  The Independent 07/01/2019
American women face abuse from partners over contraception choices  Global Times (China) 08/01/2019
How men are controlling women’s reproductive lives  New Zealand Herald 09/01/2019

Annals of Rheumatic Diseases

Children with JIA May Reach Inactive Disease After Treatment-to-Target Strategy, Trial Shows  Juvenile Arthritis News 08/01/2019
Single-infusion rituximab slows RA development in at-risk patients
Medical Health News 10/01/2019

Hip Exercises to Ease Arthritis Pain: How Exercise Helps Your Hips, and 7 Daily Exercises to Try
Creaky Joints 11/01/2019

Archives of Disease in Childhood
How Bullying Affects Mental Health
The Fix 09/01/2019

BMJ Case Reports
Woman given erectile dysfunction cream for dry eye in prescription mix-up
The Daily Telegraph 07/01/2019
Woman suffered chemical injury after being mistakenly prescribed erectile dysfunction cream for a dry eye
Daily Mail 08/01/2019
Woman with dry eye accidentally prescribed erectile dysfunction cream
The New York Post 09/01/2019


International + other

BMJ Open Diabetes Research & Care
What are the best nuts for diabetes?
Medical News Today 09/01/2019

British Journal of Sports Medicine
The government now knows that golf is good for you
The Golf Business UK 06/01/19

I'm a Trainer, and These Are the 13 Upper-Body Exercises I Love For Strength and Muscle
POPSUGAR 07/01/2019
Also in: MSN UK

Further coverage for exercise and high blood pressure
Exercise Can Consistently Lower Blood Pressure
Doctor's Lounge 07/01/2019
More natural ways to lower blood pressure
The Guardian 10/01/2019
High blood pressure
Inside Health BBC R4 08/01/19 + 09/01/19
Also in: Drugs.com, Clinical Advisor, Renal & Urology News Online, MedicalBrief South Africa, Cardiology Advisor, The Pharmaceutical Journal, BioPortfolio, Healio

What to eat after a workout
GQ 08/01/2019
4 Tips for Finding the Ideal Exercise Program  Baptist Health South Florida 08/01/2019

The average American takes 5117 steps a day: how 10 000 steps helped me reach my ideal weight  Chicago Tribune 10/01/19 (link unavailable)

15 Ways Exercise Makes You Look and Feel Younger  MSN 11/01/2019

Emergency Medicine Journal
Figures reveal how many patients were treated in city hospitals over Christmas  Medical Health News 07/01/2019
How did hospitals cope over Christmas?  Coventry Live 11/01/2019

Superbug MRSA found on ambulance oxygen tanks, floors, doorknob raising need for vigilance in prehospital setting, study shows  Healthcare Finance 07/01/2019

Birmingham patients are waiting more than four hours at A&E  Birmingham Live 11/01/2019
Also in:  Medical Health News, Birmingham Post, MSN UK

Jiu-jitsu move may be lifesaver for trauma victims — "Knee mount" maneuver reduces blood-flow velocity in major arteries, pilot test shows  Northwest Asian Weekly 11/01/2019

Evidence-Based Mental Health
Can a Leona Lewis story really help you sleep at night?  BBC News 08/01/2019

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Sustained Virologic Response Lowers Health Care Burden Caused by Hepatitis C  Specialty Pharmacy Times 07/01/2019

Women with IBD may be at higher risk for mental illness  UPI news 10/01/19

Heart
Further coverage for pesticides and heart disease
Pesticides Associated With Increased Heart Disease Risk  Healthline 02/01/19
Also in:  Reuters

Journal of Epidemiology & Community Health
YOUTUBE MUSIC VIDEOS 'POSE HEALTH RISK TO TEENS'  Newsonia 10/01/2019

Journal of Medical Ethics
What is Contributory Injustice in Psychiatry?  Mad in America 08/01/2019

‘Unconstitutional’ US anti-FGM law exposes hypocrisy in child protection  The Conversation US 11/01/2019
Also in:  MENAFN

Journal of Neurology, Neurosurgery and Psychology
MS News that Caught My Eye Last Week: Stem Cell Transplant, Cooling Therapy and Exercise, FDA OK for Generic Tecfidera, Top Stories of 2018  Multiple Sclerosis Today
Journal of NeuroInterventional Surgery
Clot-Picking in STEMI Loses Popularity; Hybrid Option for Carotid; Lotus PPM MedPage Today 10/01/2019

Thorax
Here’s another reason to treat vitamin D deficiency Business Standard 11/01/18
Vitamin D reduces COPD exacerbations, study finds Nursing in Practice 11/01/18